

Minneapolis, KS

Gene's
**HEARTLAND
FOODS**

785-392-3014

www.HeartlandFoodsStores.com

Not all items available at all stores.
We reserve the right to limit quantities
and correct printing errors.

1707

Prices Effective: October 7-13, 2026

**LOOK WHAT'S
ON SALE!**



Chicken Thighs
boneless, skinless
previously frozen
\$1.49
lb.



**Sirloin Cut
Pork Chops**
bone-in, family pk.
small pk...\$1.99 lb.
\$1.79
lb.



**Choice Beef
Arm Roast**
boneless, family pk.
single pk...\$5.19 lb.
\$4.99
lb.

Cape Covelle
Raw Shrimp
16/20 ct., ez peel, tail on
(sold in a 2 lb. bag
for \$15.98)

\$7.99
lb.



**Extra Large
Red or Green
Grapes**
seedless
\$1.98
lb.

Food Club
Salad Dressing
Select Varieties
16 oz.

2/\$3



Tostitos
Tortilla Chips
Select Varieties
p.p. \$5.49

2/\$6



Blue Bunny
**Vanilla Bean Frozen
Yogurt or Ice Cream**
Select Varieties
46-48 oz.
\$3.88



Folgers
**Ground
Coffee**
Select Varieties
22.6-25.9 oz.
\$12.88



Food Club
Sodas or Mixers
Select Varieties
12 pk., 12 oz. cans
\$4.48

Ragu
Pasta Sauce
Select Varieties
16-24 oz.

\$2.12



MORE Grocery SAVINGS

Food Club
**Sandwich
Wheat Bread**
24 oz.

\$1⁶⁹



Lay's
Potato Chips
Regular or Kettle Cooked
Select Varieties
p.p. \$4.29

2/\$6



Duncan Hines
**Perfectly Moist
Cake Mix**
Select Varieties
15.25 oz.

2/\$4



Stubbs
Bar-B-Q Sauce
Select Varieties
18 oz.

\$3⁴⁹



Kellogg's
Cereal
Select Varieties
8.8-16.1 oz.

\$4⁴⁹



Crav'n Flavor
**Puffed Cheese
Snacks or
Potato Chips**
Select Varieties
8 oz.

\$1⁹⁹



McCormick
**Taco
Seasoning**
Select Varieties
1 oz.

79¢



Charmin
Bath Tissue
Ultra Soft or Ultra Strong
8 mega xl or
12 mega rolls

\$14⁹⁹



Welch's
Fruit Snacks
Select Varieties
4-5 oz.

\$1⁶⁹



King Arthur
**All-Purpose
Flour**
5 lb.

\$4⁹⁹



Crav'n Flavor
**Graham
Crackers**
Select Varieties
14.4 oz.

\$1⁹⁹



Nabisco
**Premium
Soup & Oyster
Crackers**
9 oz.

\$3⁹⁹



Food Club
Fruit Cups
Select Varieties
12 pk. 4 oz.

\$6⁴⁹



Green Giant
Vegetables
Select Varieties
14.5-15.25 oz.

2/\$3



Zatarain's
Cajun Sides
Select Varieties
8 oz.

\$1⁸⁹



Solo
**Insulated Cups
with Lids**
10 ct.

\$4⁹⁹



Cascade
**Dishwashing
Detergent**
Select Varieties
9-16 Action Pacs

\$4⁹⁹

Frozen & Dairy CASE



Daisy
Sour Cream **\$3⁴⁹**
24 oz.



Heluva Good!
Dips **\$2²⁹**
Select Varieties
12 oz.



Borden
Singles **\$2⁸⁹**
Select Varieties
10.67-12 oz.



Florida's Natural
Orange Juice **\$5⁴⁹**
Select Varieties
52 oz.



Panhandle Pure
Fresh Brewed Tea **\$2⁹⁹**
Sweet or Unsweet
gallon



Imperial
Quarters **2/\$3**
16 oz.



Banquet
Chicken **\$4⁹⁹**
Select Varieties
24-32 oz.



Zatarain's
Dinners **\$3⁶⁹**
Select Varieties
9-12 oz.



Stouffer's
Dinners **\$2⁹⁹**
Select Varieties
7.8-12.62 oz.



Hot Pockets
\$4⁹⁹
Select Varieties
4 ct.



Birds Eye
Vegetables **\$2⁶⁹**
Select Varieties
9-16 oz.



Food Club
Fish Sticks or Fillets **\$4⁹⁹**
Select Varieties
18.2-24 oz.

Non-Food *where available*



Tippy Toes
Diapers or Training Pants **\$6⁹⁹**
Select Sizes
18-44 ct.



TopCare
Nasal Spray **\$2³⁹**
Original 12 Hour or Nasal Four
1 oz.



TopCare
Omeprazole **\$4⁴⁹**
Acid Reducer
14 ct.



Simply Done
Reusable Gloves **\$1⁴⁹**
Select Varieties
1 pair

Bakery *where available*



Rustica
Ciabatta Rolls **\$3⁴⁹**
Classic or Asiago Cheese
4 ct.



JJ's Bakery
Mini Snack Pies **\$2⁹⁹**
Apple or Cherry
6 ct.



Cafe Valley
Bundt Cake **\$4⁹⁹**
Lemon or Chocolate
16 oz.



Pillsbury
Cinnamon Rolls **\$4⁹⁹**
14 oz.

Fresh MEAT



Sirloin End
Pork Roast
fresh
\$1²⁹
lb.



Owens
Sausage
Select Varieties
1 lb. roll
\$3⁴⁹



Choice Beef
Arm Steak
boneless, family pk.
small pk...\$6.19 lb.
\$5⁹⁹
lb.



Beef
Stew Meat
boneless
\$7⁹⁹
lb.



Choice Top
Blade Steak
boneless beef
\$8⁹⁹
lb.



Eckrich
Smoked Sausage,
Smok-y Links or
Li'l Smokies
Select Varieties
8.3-14 oz.
2/\$7



Oscar Mayer
Deli Fresh
Lunch Meat
Select Varieties
8-9 oz.
\$3⁹⁹



Owens
Sausage
Patties
regular or hot
30 ct.
\$9⁹⁹



Oscar Mayer
Lunchables
Select Varieties
8.9-10.7 oz.
2/\$6



John Morrell
or Peyton's
Meat Franks
12 oz.
2/\$4



Smithfield
Premium Bacon
Select Varieties
12 oz.
\$4⁹⁹



Nathan's
Beef Franks
Select Varieties
12 oz.
\$6⁴⁹



Curly's
Pulled Pork
original or bold & spicy
16 oz.
\$6⁹⁹



Foster Farms
Crispy Strips or Wings
Select Varieties
16-24 oz.
\$8⁹⁹

Fresh PRODUCE



Large
Gala Apples
\$1⁴⁹
lb.



Hass Avocados
5 ct. bag
\$2⁹⁹



Large Green
Bell Peppers
3/\$2
FOR



Large Red
Bell Peppers
99¢
ea.



Jack-O-Lantern
Pumpkins
\$4⁹⁹
ea.



Crisp
Celery
\$1²⁹
ea.



Mini
Cucumbers
12 oz.
\$2⁹⁹



Broccoli
Crowns
Garden Fresh
\$2⁴⁹
lb.

DELI where available



Deli Fresh
Fried
Chicken
8 pc.
\$10⁹⁹



Kretschmar
Cheese
Platters
Specialty or
Premium
12 oz.
\$6⁹⁹



Mrs. Gerry's
Steakhouse
Potato Salad
\$4⁹⁹
lb.



Reser's
Main St. Bistro
Sides
Select Varieties
17-20 oz.
\$4⁹⁹



Coca-Cola
Products
Select Varieties
12 pk., 12 oz.
\$6⁹⁹



From Our Bakery
Fresh Baked
Cookies
\$6⁴⁹
dozen



Fiora
Paper Towels
6 Value Rolls
\$6⁹⁹



Gold Peak
Real
Brewed Tea
Select Varieties
6 pk.
\$6⁴⁹



From Our Deli
Chef Salad
\$5⁹⁹



Sunny D
Tangy Original
64 oz.
\$1⁸⁹



Coca-Cola
Products
Select Varieties
2 liter btl.
\$2⁹⁹



From Our Deli
4-Pack
Sandwiches
Sloppy Joe
or Taco
\$7⁹⁹