

Open Monday-Sunday 7 AM - 9 PM
100 PAUL GUST RD
CHAMBERLAIN, SD
605-234 -5559

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CHAMBERLAINFOODCENTER.COM

Chamberlain Food Center

River City's Hometown Grocery

Locally Owned & Operated

Sign Up FOR EXCLUSIVE EMAIL OFFERS ON OUR WEBSITE



**Boneless
Arm Cut Roast**
SWIFT BLACK ANGUS

5.99 lb



**Assorted
Pork Chops**
Fresh, Family Pack, Bone-In

1.99 lb



**Minnesota Grown
Honeycrisp Apples**
Fresh

1.99 lb



Clementines
3 lb bag

4.99



**Florida's Natural
Juice**
52 oz ctn,
Selected Varieties

3.99



**Kraft
Shredded or
Chunk Cheese**
7-8 oz pkg,
Selected Varieties

2/\$4



**Lean Cuisine
Signature or
Classic Entree**
6-11.5 oz pkg,
Selected Varieties

4/\$11



**Essential Everyday
Waffles**
10 ct pkg,
Selected Varieties

1.88



**Stone Ridge Creamery
Ice Cream or
Sherbet**
48 oz pkg,
Selected Varieties

2/\$7



**Essential Everyday
Pasta**
12-16 oz box,
Selected Varieties

99¢



**Frito Lay Lay's Potato or
Kettle Cooked Chips
or Natural Snacks**
5-9.26 oz bag,
Selected Varieties

2/\$6



**Angel Soft
Bath Tissue or
Sparkle Paper Towels**
12 ct Mega Rolls Angel Soft or
6 ct Double Rolls Sparkle,
Selected Varieties

7.99

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PRICES EFFECTIVE SEPTEMBER							
WED	THUR	FRI	SAT	SUN	MON	TUES	
23	24	25	26	27	28	29	

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Artisan French Loaf
Bakery Fresh

3.99ea



Kretschmar Seasoned Turkey Breast
Deli Fresh, Selected Varieties

8.99lb



Kretschmar Pepper Jack Cheese
Sliced Fresh in our Deli

6.99lb



Telera or Bolillo Rolls
4 ct. pkg.
Bakery Fresh

2.49



Chicken Tenders
Deli Fresh

5.99lb



Three Bean Salad
Deli Fresh

5.49lb



Bakery Fresh Cookies
10-12 ct pkg.
Selected Varieties

4.99



Parfait or Cheesecake Cup
4.5-5 oz pkg.
Selected Varieties

2.99



Panera Soup
16 oz pkg.
Selected Varieties

5.99

FROZEN & DAIRY



Culinary Circle Pizza
13.95-28.9 oz box.
Selected Varieties

2/\$10



Talenti Gelato or Sorbetto
16 oz pkg.
Selected Varieties

2/8.88



Nestlé Drumstick Sundae Cones, Toll House Ice Cream Sandwiches or Oreo Bars, Cones or Sandwiches
4-6 ct pkg, Selected Varieties

4.99



Dannon Oikos Pro 20g Yogurt
5.3 oz cup.
Selected Varieties

2/\$3



Essential Everyday Sour Cream
8 oz tub

99¢



Essential Everyday Almond Beverage
64 oz ctn.
Selected Varieties

2.99



Nestlé Coffee mate Natural Bliss or Starbucks Coffee Creamer
28-32 oz btl.
Selected Varieties

4.88



Noosa Yoghurt
4 ct pkg.
Selected Varieties

3.99



SuperPretzel Soft Pretzels or SoftStix
9-13 oz box.
Selected Varieties

2/\$7



Essential Everyday Asian Appetizers
5-12.2 oz pkg.
Selected Varieties

3.99



Essential Everyday Pasta
19-25 oz pkg.
Selected Varieties

3.99



Essential Everyday Jumbo Biscuits
16 oz pkg.
Selected Varieties

2/4.44

HOUSEHOLD GOODS



Tide Laundry Detergent or Fabric Rinse or Downy Rinse & Refresh or Unstoppables In-Wash Scent Booster
25-42 ct Pods, 73-84 oz Liquid, 48 oz Rinse or 18.2 oz Unstoppables.
Selected Varieties

12.99



Downy Ultra Fabric Conditioner or Gain Fabric Softener
140 oz btl

12.99



Xtra Laundry Detergent or Oxi Clean Laundry Stain Remover
56-57.6 oz Xtra or 6.2-21.5 oz Oxi Clean.
Selected Varieties

3.49



Cascade Actionpacs Dishwashing Detergent
19-33 ct pkg.
Selected Varieties

9.99



Essential Everyday Clear Plastic Party Cups
18-20 ct pkg.
Selected Varieties

1.99



Essential Everyday Premium or Dailiware Paper Plates
40-85 ct pkg.
Selected Varieties

4.99



Essential Everyday Large Heavy Duty Trash Bags
10 ct box

3.99



Essential Everyday Facial Tissue
60-70 ct box.
Selected Varieties

2/\$3

HEALTH & BEAUTY



Crest Complete Toothpaste
5.4 oz pkg.
Selected Varieties

3.99



Listerine Premium Mouthwash
33.8 oz btl
Selected Varieties

8.99



Head & Shoulders Shampoo or Conditioner
10.6-12.5 oz btl.
Selected Varieties

6.99



EQUALINE Extra Strength Pain Relief
100 ct pkg

3.99



Atkins Protein Shakes or Snack Bars
4-5 ct pkg.
Selected Varieties

7.49



Playtex Sport Tampons
18 ct pkg.
Selected Varieties

5.49

PET



Essential Everyday Dog Biscuits or Bacon & Cheese Flavored Strips
6-24 oz pkg.
Selected Varieties

2/\$7



Temptations Cat Treats
2-1-3 oz pkg.
Selected Varieties

2/\$4

GROCERY SPECIALS



Essential
Everyday
Condensed
Soup

10.5-11.25 oz can,
Selected Varieties

3/\$5



Essential
Everyday
Beans

15 oz can,
Selected Varieties

99¢



Kraft
Mac & Cheese
or Velveeta
Shells & Cheese

2.05-2.39 oz cup,
Selected Varieties

5/\$5



Capri Sun
Juice Drink

10 ct box,
Selected Varieties

3.99



Country Time
Lemonade

10 ct box,
Selected Varieties

3.99



Nabisco
Chips Ahoy!
Cookies

9.5-13 oz pkg,
Selected Varieties

2/\$7



Libby's
100% Pure
Pumpkin

15 oz can

2/\$5



Old Dutch Triple
Pack or Party Pack
Potato Chips,
Restaurante Style
Tortilla Chips,
Popcorn or Pretzels

12-20 oz pkg,
Selected Varieties

2/\$10



Pringles
Mingles

5.5 oz bag,
Selected Varieties

2.99



Heinz
Yellow
Mustard

14 oz btl

1.49



Betty Crocker
Specialty
Potatoes

4 oz pkg,
Selected Varieties

2/\$4



Pompeian
Olive Oil

25.4-32 oz btl,
Selected Varieties

14.99



Kraft
Caramels

11 oz pkg

2.99



Mott's
Applesauce

12 ct pkg,
Selected Varieties

6.99



Hostess
Donettes
Mini Donuts

9.5-10.75 oz pkg,
Selected Varieties

2/\$5

X500 STORE COUPON



Cloverdale
Bacon

12 oz pkg,
Selected Varieties

4.49



Limit one with this coupon.
Limit one coupon per family.
Prices effective Wed., September 23 thru
Tues., September 29, 2026.
Valid only at stores listed on the front page.

X501 STORE COUPON



Ambassador
Natural Casing
Wieners

19.5-24 oz pkg,
Selected Varieties

9.99



Limit one with this coupon.
Limit one coupon per family.
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X502 REDEEMABLE COUPON RV0150



Hershey's
XL Candy
Bars

3.5-4.4 oz pkg,
Selected Varieties

2/\$5

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.



Customer must purchase two. Limit two with this coupon.

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X503 STORE COUPON



Kellogg's
Cheez It
Crackers

7 oz box,
Selected Varieties

2/\$4



Customer must purchase two. Limit two with this coupon.

Limit one coupon per family.
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X504 STORE COUPON



Dot's
Homestyle
Pretzels

14-16 oz pkg,
Selected Varieties

4.99



Limit one with this coupon.
Limit one coupon per family.
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X505 STORE COUPON



Sargento
String Cheese or
Cheese Sticks

8.4-12 oz pkg,
Selected Varieties

3.99



Limit one with this coupon.
Limit one coupon per family.
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X506 STORE COUPON



Ben & Jerry's
Ice Cream

14.4-16 oz pkg,
Selected Varieties

2/8.88



Customer must purchase two. Limit two with this coupon.

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X507 STORE COUPON



Fiora Essentials
Bath Tissue or
Paper Towels

12 ct Double Plus Rolls Bath Tissue
or 6 ct Giant Rolls Paper Towels

2/8.88



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FRESH MEAT & SEAFOOD



T-Bone Steak
SWIFT BLACK ANGUS

13.99 lb



Boneless Arm Cut Steak
SWIFT BLACK ANGUS

6.99 lb



Just Bare Whole Chicken
4 lb pkg, Family Pack

7.99



Center Cut Pork Chops
Fresh, Bone-In

2.79 lb



St. Louis Style Pork Ribs
Previously Frozen

3.49 lb



Hormel Always Tender Pork Tenderloin
18.4 oz pkg, Selected Varieties

7.99



Essential Everyday Chicken Wings
3 lb pkg, Individually Quick Frozen

6.99



No Name Steakhouse Burgers
21.32-24 oz pkg, Selected Varieties

10.99



Lloyd's BBQ Ribs
24 oz pkg

13.99



Hormel Fully Cooked Bacon
2.52 oz pkg, Selected Varieties

4.99



Nathan's Beef Franks
10-14 oz pkg, Selected Varieties

5.99



Bob Evans Family Size Side
28-32 oz pkg, Selected Varieties

5.49



Land o Frost Premium Deli Lunchmeat
10-16 oz pkg, Selected Varieties

5.99



El Monterey Taquitos
18-20.7 oz pkg, Selected Varieties

7.99



Jennie O 93% Lean Ground Turkey or Patties
16 oz pkg, Selected Varieties

5.99



Arctic Shores Extra Large Raw Shrimp
16 oz pkg, 26-30, EZ-Peel

8.99

FARM FRESH PRODUCE



Fresh Express Salad Blend
5-11 oz bag, Selected Varieties

2.99



Tomatoes on the Vine
Fresh

1.99 lb



Giorgio Baby Bella Mushrooms
8 oz pkg, Whole or Sliced

2/\$4



Jumbo Sweet Onions
Fresh

99¢ lb



Peaches
Juicy

2.99 lb



DelMonte Pineapple
Sweet

3.99 ea



Cantaloupe
Vine Ripe

3.49 ea



Farmer's Promise Red Potatoes
5 lb bag

2.99

FLORAL

All items not available at all locations.



Pumpkin Bloom Bouquet

9.99



Blooming Assorted Mums
6 inch

11.99

HEALTHY SIPS



Bolthouse Farms Drinks
15.2 oz btl, Selected Varieties

2.99



Coke Products
6 pk/5 ltr btl or 6 pk/7.5 oz cans, Selected Varieties

3/\$12



Powerade, Body Armor or Body Armor Sportswater
28 oz Powerade, 16 oz Body Armor or 700 ml Sportswater, Selected Varieties

4/\$5



Bud, Bud Light or Busch Beer
12 pk-12 oz btl or cans

11.99



Michelob Ultra Beer
12 pk-12 oz cans

14.99



Good Boy Vodka Cocktails
8 pk/12 oz cans, Variety Pack

16.99



Kellogg's Rice Krispies Treats
60 ct box

850pts



Folgers Classic Roast Coffee
22.6 oz ctn

Spend 500pts
Get \$6 off



Minute Rice
14 oz pkg, White or Brown

225pts



Dawn Dish Soap
13-18 oz btl, Selected Varieties

275pts

≡ BACK TO ≡ BREAKFAST.

MORNINGS MADE EASY.

Post CONSUMER BRANDS

SAVE \$2 INSTANTLY

when you buy any four (4) participating
Post Consumer Brands grocery or
pet products with coupon



**Post
Honey Bunches
of Oats**

11-12 oz box,
Selected Varieties

2/\$6



**Malt O Meal
Family Size
Cereal**

22-30 oz bag,
Selected Varieties

4.49



**Mom's Best
Oats**

16 oz pkg,
Selected Varieties

1.79



**Peter Pan
Peanut Butter**

16.3 oz jar

2/\$5

X508 REDEEMABLE COUPON RV0200

**SAVE \$2
INSTANTLY**

when you buy any four (4) participating
Post Consumer Brands grocery or
pet products with coupon



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PURCHASED OR SOLD. ONE COUPON PER PURCHASE.
DO NOT DOUBLE. GOOD ONLY AT STORE NAME HERE.



Customer must purchase four. Limit four with this coupon.
Limit one coupon per family.

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Valid only at stores listed on the front page.

Essential
EVERYDAY®

BEST PRICES OF THE SEASON



Essential Everyday Natural Sliced Cheese or Cheese Singles

6-12 oz pkg,
Selected Varieties

2/\$5



Essential Everyday Snack Crackers

7.5-13.7 oz pkg,
Selected Varieties

2.99



Essential Everyday Tortilla Chips

10-12 oz bag,
Selected Varieties

2/\$5



Essential Everyday Salsa or Picante Sauce

16 oz jar,
Selected Varieties

2/\$5



Essential Everyday Taco Sauce

16 oz jar

2.99



Essential Everyday Refried Beans

16 oz can,
Selected Varieties

2/\$3



Essential Everyday Ketchup

24 oz btl

1.49



Essential Everyday Purified Water

24 pk/5 ltr btl or
24 pk/10 oz btl

3.49