



7 DAYS A WEEK!
6:30 AM - 9:00 PM
Highway 19
Cuba, MO
885-6223



We reserve the right to limit quantities and correct printed errors.

DOUBLE UP FOOD DOLLARS

SNAP users: Double your food dollars!
Get more fruits & veggies!

BUY fresh fruits and veggies with your EBT card.

GET 50% OFF

How it works:

1 BUY fresh vegetables and fruit with your SNAP EBT card.

2 EARN an immediate 50% off the total amount of fruits and vegetables purchased.

Before paying, please let your cashier know that you would like to get the Double Up discount.

Questions? Call 816-701-8286 or visit www.DoubleUpHeartland.org.

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 16th - TUESDAY, SEPTEMBER 22nd, 2026



BREAKFAST FOR FAMILY FUELED FUN



\$2.99

Missouri
Jonathan or
Red Delicious
Apples
3 Lb. Bag



\$8.98 LB.

USDA Choice
Sirloin Steak



\$5.99

Selected Varieties
Dracula Navel or
Blood Oranges
2-3 Lb. Bag



\$2.59 LB.

Family Pack
Pork Chops



\$2.99

Selected Varieties
Tasteful
Selections
Potatoes
3 Lb. Bag



\$1.49 LB.

Chicken Wing
Tray Pack



Selected Varieties
Red Baron
Pizza
15.77-23.45 Oz.

\$3.99



Selected Varieties
Daisy Sour Cream
8 Oz. or
Cottage Cheese 6 Oz.

2/\$3



Selected Varieties
Simply Potatoes
20 Oz.

\$2.49



LOCALLY MADE

NATURALLY DELICIOUS

Hiland
Shredded
Cheese

2/\$4



Hiland
Coffee Creamers

2/\$5
32oz



Due to continuing supply chain issues, some items may have quantity limits or be temporarily unavailable. We reserve the right to limit quantities, correct printing errors, and/or establish minimum requirements. No rain checks. No sales to dealers or wholesalers.

Enjoy
MORE

GROCERY specials

Spend
LESS!



2/\$9

Frito Lay
Party Size
Chips or Snacks
8.125-18 Oz.



5/\$5

Selected Varieties
Kraft Mac And
Cheese Dinners
5.5-7.3 Oz.



3/\$1

Selected Varieties
Maruchan
Ramen
3 Oz.



2/\$3

Selected Varieties
Betty
Crocker
Potatoes
4 Oz.



\$4.99

Wendy's
Chili
15 Oz.



\$4.49

Selected Varieties
Wendy's
Chili with
Beans
15 Oz.



2/\$3

Selected Varieties
Zatarain's
Rice Sides
6.9 Oz.



\$3.49

Selected Varieties
Mary's
Kitchen
Hash
14 Oz.



\$2.99

Selected Varieties
Heinz
Dipping
Sauce
8 Oz.



\$2.49

Heinz
Yellow
Mustard
20 Oz.



\$4.99

Selected Varieties
Heinz
Ketchup
29.5-31 Oz.



\$2.29

Selected Varieties
American
Beauty
Pasta
8-24 Oz.



\$3.99

Selected Varieties
Nissin
Cup O'
Noodles
6 Ct.



\$3.99

Best Choice
Honey
12 Oz.



\$1.69

Selected Varieties
Always Save
Spaghetti
Sauce
24 Oz.



\$1.99

Selected Varieties
Always Save
Peanut
Butter
18 Oz.



\$2.49

Best Choice
Apple Juice
64 Oz.



\$3.49

Selected Varieties
Buffalo Wild
Wings Sauce
12 Oz.



\$3.99

Stevia
in the Raw
Sweetener
125 Ct.



\$9.99

Selected Varieties
Starbucks
Instant
Coffee 3.17 Oz. or
K-Cups 10 Ct.



\$2.69

Selected Varieties
Quest
Protein
Chips
1-2.01 Oz.



2/\$5

Selected Varieties
Little Debbie
Snack Cakes
10.6-16.2 Oz.



\$1.39

Selected Varieties
Always Save
Saltine
Crackers
16 Oz.



2/\$7

Selected Varieties
Chex Mix or
Bugles Snacks
9-14.5 Oz.



2/\$9

Selected Varieties
Cascadian
Farm Cereal
or Granola
9.2-11 Oz.



\$3.99

Selected Varieties
Nabisco
Ritz Toasted
Chips
8.1 Oz.



\$6.49

Selected Varieties
Nabisco Party
Size Cookies,
Crackers or
Grahams
23.7-28.8 Oz.



\$5.99

Selected Varieties
Nabisco Tray
Pack Cookies,
Crackers,
Wafers or
Grahams
10-16.36 Oz.



\$3.99

Niagara
Water
24 Pk. 16.9 Oz.



\$4.49

Selected Varieties
Snack Pack
Family Size
Pudding
Cups
12 Ct.



\$2.99

Selected Varieties
Pringles
Mega,
Mingles or
Party Stack
Potato Crisps
5.5-7.16 Oz.



\$3.99

Selected Varieties
Bubly
Sparkling
Water
8 Pk. 12 Oz.



\$2.29

Selected Varieties
Hi Chew
Candy
2.82-3.53 Oz.



\$1.79

Always
Save
Plastic Red
Cup
16 Oz.



\$5.49

Always
Save
Foam
Plate
150 Ct.



\$1.69

Best Choice
Aluminum
Foil
30 Sq. Ft.



\$6.99

Selected Varieties
Cottonelle or
Scott Bath
Tissue 4-12 Mega
Roll, Scott or
Viva Paper
Towels 2-6 Roll or
Cottonelle
Wipes 168 Ct.



\$10.99

Pure
Wonder by
Best Choice
Kit N Bits
Cat Food or
Gravy Time
Dog Food
13-14 Lb.



\$7.49

Selected Varieties
Rachael Ray
Nutrish
Cat Food
2.5-3 Lb.



\$2.39

Selected Varieties
Rachael Ray
Nutrish Dog
Food
13 Oz.



\$11.99

Selected Varieties
Nature's
Recipe
Dog Food
4 Lb.



\$14.99

Selected Varieties
Vicks
Dayquil or
Nyquil
Liquid 12 Oz. or
Capsules
24 Ct.



\$15.99

Selected Varieties
Poise Pads or
Depends
Undergarments
12-66 Ct.



\$6.99

Selected Varieties
Pepto Bismol
Tablets or
Caplets
12-30 Ct.



\$5.49

Selected Varieties
Pepto Bismol
Liquid
8 Oz.



\$5.99

Oral B
Toothbrush
1 Ct.

Enjoy
MORE

PRODUCE farm fresh

Spend
LESS!



\$2⁴⁹

Yellow Cooking
Onions
3 Lb. Bag



\$1⁹⁹

Sweet Grape
Tomatoes
10 Oz.



\$3⁹⁹

Selected Varieties
Dole Salads
7.1-13.25 Oz.



\$2⁹⁹

Mighty Minis
Mini Sweet Peppers
1 Lb. Bag



\$1²⁹

Hot House
Cucumbers



\$2⁴⁹

Giorgio Sliced
White Mushrooms
8 Oz.



2/\$4
Selected Varieties
POM Teas
12 Oz.

\$2⁹⁹

Fresh Blackberries
6 Oz.



\$1⁶⁹

Fancy Zucchini
or Yellow Squash
1 Lb. Bag

DAIRY



10/\$10

Selected Varieties
Chobani Flips
4.5 Oz.



10/\$10

Selected Varieties
Chobani Yogurt
5.3 Oz.



\$4⁴⁹

Kraft Deluxe
American Slices
12 Oz.



\$6⁹⁹

Selected Varieties
Kraft Natural
Shredded or
Chunk Cheese
24 Oz.



2/\$3

Selected Varieties
Kraft Philly-
2 Go Dips
2.6 Oz.



\$3⁴⁹

Selected Varieties
Kraft Soft
Philadelphia
Cream Cheese
7.5-8 Oz.



\$3⁴⁹

Selected Varieties
Velveeta
Queso
Cheese Dip
15 Oz.

FROZEN



\$3⁹⁹

Selected Varieties
Hot
Pockets
4 Ct.



2/\$5

Selected Varieties
Pictsweet
Farms
Vegetables
9-12 Oz.



\$7⁹⁹

Selected Varieties
Smucker's
Uncrustables
8-10 Ct.



3/\$9

Bibigo or
Pagoda
Spring Rolls,
Dumplings,
Crab
Rangoons or
Wontons
6-9.8 Oz.



\$3⁹⁹

Selected Varieties
Birds
Eye Voila
21 Oz.



\$3⁹⁹

Selected Varieties
Rana Ravioli
or Tortellini
Pasta
8-10 Oz.
or Alfredo
Sauce 11 oz.



\$2⁹⁹

Selected Varieties
Best Choice
Superior
Frozen Fruit
12-16 Oz.



\$3⁴⁹

Selected Varieties
Devour
Entrees or
Bowls or
Delimex
Bowls
9-14 Oz.



\$5⁴⁹

Texas
Roadhouse
Mini Rolls
14 Oz.



\$2⁹⁹

Selected Varieties
Blue Bunny
Bomb Pops
12 Ct.



\$3⁹⁹

Selected Varieties
Blue Bunny
Mini Ice
Cream
Cones or
Bars
6-8 Ct.



2/\$5

Selected Varieties
Edwards
Pies
2 Ct.



\$1⁰⁹

Always
Save
Frozen
Whipped
Topping
8 Oz.

Enjoy
MORE

MEAT *best quality*

Spend
LESS!



USDA Choice
Bottom Round Roast

\$5⁹⁹
LB.



Baby Back Ribs

\$3⁹⁹
LB.



USDA Choice
Bottom Round Steak

\$6⁴⁹
LB.



Whole Pork Butts

\$2¹⁹
LB.

SEAFOOD *captain's choice*



\$9⁹⁹

Catch of the Day
Cooked Shrimp
31/40 Ct.
24 Oz.



\$7⁹⁹

Sea Best
Ahi Tuna Steaks
1Lb.



\$8⁹⁹

Orange
Roughy Fillets
1Lb.



Certified Fine
Ground Chuck

\$5⁹⁹
LB.



Boneless
Skinless
Chicken Breasts

\$2⁹⁹
LB.



Chicken
Breast Tenders

\$2⁹⁹
LB.



Selected Varieties
Oscar Mayer
Bacon
12-16 Oz.

\$5⁴⁹



Selected Varieties
Smithfield Sausage
Roll, Link, Patties or
Fully Cooked Sausage
12-16 Oz.

\$3⁹⁹



Selected Varieties
Prairie Fresh
Marinated Loins
18.4-22 Oz.

\$6⁹⁹



Selected Varieties
Johnsonville
Smoked Brats
12-14 Oz.

\$3⁹⁹



Selected Varieties
Eckrich Lunch Meat
or Franks
7-12 Oz.

\$1⁷⁹



Selected Varieties
Armour Pepperoni
or Hard Salami
4-5 Oz.

\$2⁹⁹



Selected Varieties
Oscar Mayer Fun Pack
Lunchables or
Snackables
2.64-10.7 Oz.

2/\$5



Selected Varieties
Oscar Mayer
Deli Fresh Shaved
Meats
15-16 Oz.

\$4⁹⁹



Oscar Mayer Ham
& Turkey Sub Kit
28 Oz.

\$7⁹⁹



Selected Varieties
Oscar Mayer
Uploaded Lunchables
13.9-16.1 Oz.

\$3⁴⁹



Selected Varieties
Kingsford Pork
Burnt Ends or
Pulled Pork or Chicken
16 Oz.

\$6⁹⁹



Selected Varieties
Cook's Bone-In
Ham Steaks
1Lb.

\$5⁰⁰

DELI *deals*

BAKERY *deals*



Kretschmar
Turkey Off
The Bone

\$8⁹⁹
LB.



Kretschmar
Ham Off The
Bone

\$5⁹⁹
LB.



Kretschmar
Colby Jack or
Provolone
Cheese

\$6⁹⁹
LB.



Selected Varieties
Better
Butter
3-3.7 Oz.

\$2⁷⁹



Selected Varieties
Boursin
Crumbles
4 Oz.

\$2²⁹



2/\$5

Selected Varieties
Clyde's
Donut Holes
7.5 - 12 oz



Selected Varieties
Two-Bite
Brownies or
Cinnamon Rolls
10.5-12 Oz.

\$3⁵⁹



Selected Varieties
The Father's Table
Cake Rolls
18 Oz.

\$4⁷⁹



Coca-Cola
Dr. Pepper
16.9oz 6pk

\$4⁶⁹



Mountain Dew
Pepsi 12 packs

\$7⁶⁸



Mountain Dew
Pepsi
12oz 8 packs

\$5⁶⁸



7-UP
12 packs

\$7⁴⁹



7-UP
2 Liters

\$2¹⁹
2 liter



Best Choice
Soda 12 packs

\$3⁹⁷

September Spectacular Savings

September Spectacular Savings



\$3⁹⁹

Selected Varieties
Farmland Bacon
12-16 Oz.



\$1⁸⁹
LB

California Red or Green
Seedless Grapes



3/\$5

Selected Varieties
Oscar Mayer Basic
Lunchables
2.25-4.4 Oz.



\$2⁴⁹

Idaho Farmer's Promise
Russet Potatoes
5 Lb.



2/\$5

Selected Varieties
Campbell's Chunky Soup
18.6-19 Oz.



75¢

Selected Varieties
Best Choice Pasta
16 Oz.



\$1⁹⁹

Old Orchard Apple Juice
64 Oz.



99¢

Selected Varieties
Banquet Pot Pies
7 Oz.



2/\$4

New York Garlic Toast or
Garlic Breadstick
6-8 Ct.



\$5⁹⁹

Selected Varieties
Xtra Laundry Detergent
136.4-139.2 Oz.



BREAKFAST FOR FAMILY FUELED FUN



2/\$5

Selected Varieties
Pillsbury
Grands Biscuits, Crescents
or Cinnamon Rolls
8-16.3 Oz.



\$3.99

Selected Varieties
Tropicana
Premium Orange Juice
46 Oz.



\$3.49

Selected Varieties
Mr. Dell's Potatoes
24-32 Oz.



2/\$9

Selected Varieties
Chobani Liquid Coffee
Creamer or La Colombe
Cold Brew
24 Oz. or 48 Oz.



\$3.49

Eggland's Best
Large Grade A Eggs
Dozen



\$3.49

Selected Varieties
General Mills Cereal
11.2-16.8 Oz.



\$5.49

Selected Varieties
Crav'n Flavor
Breakfast Biscuits,
Croissants or Muffins
14.56-19.6 Oz.



\$2.99

Selected Varieties
Eggo Waffles
8 - 10 Ct.



\$4.99

Selected Varieties
Post Cereal
18-25 Oz.



\$2.69

Selected Varieties
Jimmy Dean
Breakfast Bowls
7-9 Oz.



\$5.49

Selected Varieties
Quaker Instant Oatmeal
6 Ct.



\$4.29

Selected Varieties
Bisquick Baking Mix
40 Oz.



\$3.49

Quaker Oats
Old Fashioned or
Quick Oats
18 Oz.



\$2.99

Best Choice
French Toast or
French Toast Sticks
16 Oz.



\$2.99

Selected Varieties
Hungry Jack or
Pillsbury Pancake Mix
28-32 Oz.



\$3.49

Hungry Jack Syrup
Original or Lite
24 Oz.



\$2.49

Banquet Brown N Serve
Sausage
Original or Maple
6.4 Oz.



\$3.49

Selected Varieties
Bay's English Muffins
6 Ct.



\$3.49

Selected Varieties
Jimmy Dean
Protein Bowls
7.22-7.25 Oz.



2/\$4

Selected Varieties
Just Crack An Egg
Scrambles or Oscar
Mayer Scramblers
2.25-3 Oz.

