

JOIN OUR REWARDS PROGRAM

REDEEM YOUR C&R REWARDS POINTS FOR MERCHANDISE & FREE GROCERIES

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**BIRDS EYE
FROZEN
VEGETABLES**

9.5-16 oz.
Select Var.

FREE

w/ 1200 POINTS



**EGG LAND'S
BEST LARGE EGGS**

Dozen
Select Var.

FREE

w/ 1500 POINTS



**HAWAIIAN
PUNCH**

Gallon
Select Var.

FREE

w/ 1500 POINTS



**MARUCHAN RAMEN
BOWL OR YAKISHIO
NOODLES**

3.31-4.12 oz.
Select Var.

FREE

w/ 500 POINTS

**C&R
REWARDS
SPECIALS**



PRICES EFFECTIVE WEDNESDAY, JULY 29th THROUGH TUESDAY, AUGUST 4th, 2026