

BUY ONE GET ONE
FREE SALE!

X550CFC COUPON



Boneless Pork Country Style Ribs
Fresh
BUY 1 PKG GET 1 PKG OF EQUAL OR LESSER VALUE
FREE



005500

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X551CFC COUPON



Gold'n Plump Chicken Thighs or Drumsticks
Fresh, Family Pack
BUY 1 PKG GET 1 PKG OF EQUAL OR LESSER VALUE
FREE



005510

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X552CFC COUPON



Hormel Seasoned Pork Shoulder Roast
1.5 lb pkg, Selected Varieties
BUY ONE GET ONE
FREE



005520

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X553CFC COUPON



Ambassador Natural Casing Wieners
9.75-15 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005530

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X554CFC COUPON



Sheboygan Bratwurst
16 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005540

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X555CFC COUPON



Sugardale Sliced Bacon
12 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005550

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X556CFC COUPON



Kretschmar Cherrywood Smoked Ham
Deli Fresh
BUY 1/2 LB GET 1/2 LB
FREE



005560

Customer must buy 1/2 lb. Limit 1/2 lb FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X557CFC COUPON



BelGioioso Fresh Mozzarella
8 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005570

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X558CFC COUPON



Grape Tomatoes
Pint
BUY ONE GET ONE
FREE



005580

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X559CFC COUPON



Fresh Express Shredded Lettuce or Old Fashioned Coleslaw
8 oz Shredded Lettuce or 14 oz Old Fashioned Coleslaw
BUY ONE GET ONE
FREE



005590

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X560CFC COUPON



The Little Potato Company Potatoes
1 lb pkg, Selected Varieties
BUY ONE GET ONE
FREE



005600

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X561CFC COUPON



Mini Cucumbers
14 oz pkg
BUY ONE GET ONE
FREE



005610

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X562CFC COUPON



Bellatoria Ultra Thin Crust Pizza, Sunday Brunch or Garlic Bread
11.81-19.41 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005620

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X563CFC COUPON



Totino's Party Pizza
9.8-10.9 oz pkg, Selected Varieties
BUY ONE GET ONE
FREE



005630

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X564CFC COUPON



Essential Everyday Bagels
5 ct pkg, Selected Varieties
BUY ONE GET ONE
FREE



005640

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X565CFC COUPON



Essential Everyday Dressing
16 oz btl, Selected Varieties
BUY ONE GET ONE
FREE



005650

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X566CFC COUPON



Essential Everyday Steamable Vegetables
12 oz bag, Selected Varieties
BUY ONE GET ONE
FREE



005660

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X567CFC COUPON



Old Dutch Restaurant Style Tortilla Chips
9-13 oz bag, Selected Varieties
BUY ONE GET ONE
FREE



005670

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

X568CFC COUPON



Creamette Pasta
12-16 oz box, Selected Varieties
BUY ONE GET ONE
FREE



005680

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X569CFC COUPON



Post Honey Bunches of Oats Cereal
11-12 oz box, Selected Varieties
BUY ONE GET ONE
FREE



005690

Customer must buy one. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., July 8 thru Tues., July 14, 2026. Valid only at Chamberlain Food Center.

Chamberlain Food Center
River City's Hometown Grocery
Locally Owned & Operated

Open Monday-Sunday 7 AM - 9 PM
100 PAUL GUST RD
CHAMBERLAIN, SD
605-234-5559

Sign Up FOR EXCLUSIVE EMAIL OFFERS ON OUR WEBSITE
CHAMBERLAINFOODCENTER.COM



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PRICES EFFECTIVE JULY						
WED	THUR	FRI	SAT	SUN	MON	TUES
8	9	10	11	12	13	14

01-VER # 14 Chamberlain

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Kaiser or Hoagie Rolls
6 ct pkg, Bakery Fresh

3.99



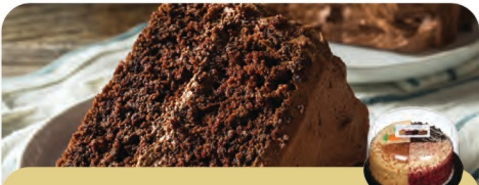
8 Piece Deli Chicken
2 Breasts, 2 Thighs,
2 Legs, 2 Wings

9.99



Deviled Egg Potato Salad
Deli Fresh

3.99lb



Double Layer 4 Flavor Cake
8 inch

17.99



Coleslaw
Deli Fresh

2.49lb



Ellsworth Cheese Curds
16 oz pkg,
Selected Varieties

5.99



Bakery Fresh Turnovers
2 ct pkg,
Selected Varieties

2.99



Better Butter
3-3.7 oz pkg,
Selected Varieties

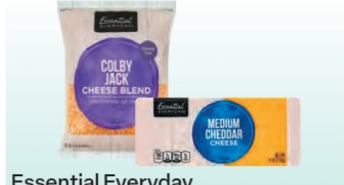
2.99



Crunchmaster Crackers
4 oz pkg,
Selected Varieties

3.49

FROZEN & DAIRY



Essential Everyday
Chunk or Shredded
Cheese
6-8 oz pkg,
Selected Varieties

2/4.44



Culinary Circle
Pizza
13.95-28.9 oz pkg,
Selected Varieties

2/\$10



Totino's
Pizza Rolls
100 ct pkg,
Selected Varieties

9.99



Chobani
Yogurt
4 ct pkg,
Selected Varieties

2/8.88



Simply Lemonade,
Juice or Punch
52 oz btl,
Selected Varieties

2.88



Essential Everyday
Natural Sliced
Cheese
6-8 oz pkg,
Selected Varieties

2/\$5



Essential Everyday
Cream
Cheese
8 oz tub,
Selected Varieties

2/4.44



Ben & Jerry's
Ice Cream
14.4-16 oz pkg,
Selected Varieties

4.99



Nestlé Drumstick Sundae Cones,
Toll House Ice Cream Sandwiches
or Oreo Cones, Bars
or Cups
5-20 ct pkg,
Selected Varieties

7.99



Stone Ridge
Creamery
Ice Cream Cups
12 ct pkg,
Selected Varieties

4.99



Talent
Gelato
16 oz pkg,
Selected Varieties

4.99



Essential Everyday
Country Style
Spread
45 oz tub

4.99



Chobani
Oatmilk or
Creamer
52 oz Oatmilk or
24 oz Creamer,
Selected Varieties

4.99



Kraft
Grated
Parmesan
Cheese
8 oz pkg,
Selected Varieties

4.59



Essential Everyday
String
Cheese
24 oz pkg

6.99



Fage
Yogurt
32 oz tub,
Selected Varieties

6.49

BABY



Gerber
Natural
Baby Food
4 oz jar,
Selected Varieties

99¢

HOUSEHOLD GOODS



Bounty
Paper Towels
6 ct Double Rolls

14.99



Charmin Ultra
Strong or Ultra
Soft Bath Tissue
6 ct Super Mega or 9 ct Mega
Rolls, Selected Varieties

14.99



Gain
Liquid Laundry
Detergent
81 oz btl,
Selected Varieties

10.99



Essential Everyday
Bleach
43 oz btl

2.99



Downy
Liquid Fabric
Softener
88 oz btl

9.99



Dawn
EZ-Squeeze
Dishwashing Liquid
18-22 oz btl,
Selected Varieties

3.99



Essential Everyday
Aluminum Foil
50 sq ft pkg

3.99



Essential Everyday
Premium Competition
Blend Hardwood
Pellets
20 lb bag

9.99

PET



Meow Mix
Cat Food
14.2-16 lb bag,
Selected Varieties

18.99



9 Lives
Cat Food
2.5-3.15 lb bag,
Selected Varieties

5.99



9 Lives
Cat Food
4 pk/5.5 oz cans,
Selected Varieties

2/\$6



Essential Everyday
Cat Food
5.5 oz can,
Selected Varieties

5/\$4



Essential Everyday
Dog Food
13.2 oz can,
Selected Varieties

2/\$3

HEALTH & BEAUTY



Colgate
Toothpaste
4 oz pkg,
Selected Varieties

2/\$3



Head & Shoulders
Shampoo or
2 In 1
12.5 oz btl,
Selected Varieties

6.99



Old Spice or
Secret
Deodorant
2.6-3 oz pkg,
Selected Varieties

6.99



Equaline
24 Hour
Allergy Relief
30 ct pkg

3.99



BIC Mens
or Womens
Disposable
Razors
2-4 ct pkg,
Selected Varieties

6.99



Carefree
Daily Liners
36-54 ct pkg,
Selected Varieties

3.79

GROCERY SPECIALS



Frito Lay
Natural Snacks,
Ruffles Potato Chips,
Tostitos Tortilla Chips,
Dip or Salsa
5-14.2 oz bag or
10-15.75 oz jar,
Selected Varieties

2/\$7



Old Dutch
Traditional
Potato Chips,
Dutch Crunch
Kettle Chips
or Pretzels
8.5-15 oz bag,
Selected Varieties

2/\$7



Nabisco
Family Size
Cookies or
Crackers
8.5-19.5 oz pkg,
Selected Varieties

4.49



Hershey's
Candy Bars
6 ct pkg

8.99



Nabisco
Grahams
Crackers
7.04-14.4 oz pkg,
Selected Varieties

3.99



Jet-Puffed
Marshmallows
12 oz bag

2/\$4



Sweet Baby Ray's
Barbecue or
Dipping Sauce
14-18 oz btl,
Selected Varieties

2/\$4



Bush's Best
Baked or
Grillin' Beans
21.7-28 oz can,
Selected Varieties

2.88



Velveeta Shells & Cheese or
Kraft Mac & Cheese
Deluxe
3 ct boxes,
Selected Varieties

7.99



Velveeta Shells & Cheese
or Kraft Mac & Cheese
Microwave Cup
8 pk cups,
Selected Varieties

7.99



Nature Valley or Fiber One
Protein Bars
4.8-8.85 oz box,
Selected Varieties

3.99



Heinz
Yellow Mustard
20 oz btl

2.29



Hershey's
Miniatures
Candy
24.05-30 oz pkg,
Selected Varieties

14.99



Super Snack Pack
Pudding or
Juicy Gels
6 ct pkg,
Selected Varieties

2.99



Capri Sun
Fruit Waves
100% Juice
10 pk/6 oz pouches,
Selected Varieties

4.99



San Pellegrino
Sparkling Water
33.8 oz btl

2/\$5

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential
Everyday
Hamburger
Dill Chips
32 oz jar

2.99



Essential
Everyday
Ketchup
38 oz btl

2.49



Essential
Everyday
Crackers
7.5-13.7 oz pkg,
Selected Varieties

2.99



Essential
Everyday
Toaster
Pastries
8 ct pkg,
Selected Varieties

2/\$5



Essential Everyday
Peanuts
12 oz pkg,
Selected Varieties

2.99



Essential Everyday
Microwave Popcorn
3 ct pkg,
Selected Varieties

1.99



Essential Everyday Quick
or Old Fashioned Oats
42 oz pkg

4.99



Essential Everyday
Mushrooms
4 oz can,
Selected Varieties

4/\$5



Essential Everyday
Mandarin Oranges
11 oz can

4/\$5

X570

REDEEMABLE COUPON

RV0100



Blue Ribbon Classics
Frozen Dairy Dessert
128 oz pail,
Selected Varieties

4.99

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD,
ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES



005700

Limit one with this coupon.
Limit one coupon per family.
Prices effective Wed., July 8 thru Tues., July 14, 2026.
Valid only at stores listed on the front page.

X571

REDEEMABLE COUPON

RV0300



Kellogg's Family Size Cereal
15.6-18 oz Special K, 16.4 oz Corn Pops,
16.6 oz Apple Jacks or Froot Loops, 19 oz Cocoa
Krispies, 20.7-22.1 oz Raisin Bran, 21.7 oz Frosted
Flakes or 24 oz Frosted Mini Wheats, Selected Varieties

2/\$9

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD,
ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES



005710

Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
Prices effective Wed., July 8 thru Tues., July 14, 2026.
Valid only at stores listed on the front page.

FRESH MEAT & SEAFOOD



Boneless Top Sirloin Steak
SWIFT BLACK ANGUS

9.99^{lb}



Boneless Top Round Steak
SWIFT BLACK ANGUS

7.99^{lb}



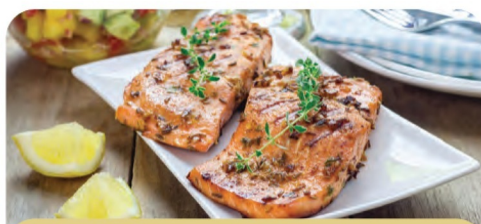
Boneless Top Round Roast
SWIFT BLACK ANGUS

7.49^{lb}



Pork Tenderloin
Fresh

3.29^{lb}



Atlantic Salmon Fillets
Fresh

8.99^{lb}



Arctic Shores Raw Shrimp
16 oz pkg, 16-20, Deveined

8.99



Just Bare Chicken Bites, Strips or Fillets
24 oz pkg, Selected Varieties

11.99



Hormel Ground Pork
1 lb pkg, Fresh

3.49



Schweigert Flavored Chicken Wings
2 lb pkg, Selected Varieties

13.99



Schweigert Summer Sausage
9 oz pkg, Selected Varieties

4.99



Schweigert Sauerkraut
32 oz bag

3.49



Prime Fresh Deli Style Lunchmeat
7-8 oz pkg, Selected Varieties

4.49



Land O Frost Mega Pack or Sub Kit Lunchmeat
20-22 oz pkg, Selected Varieties

7.99



Oscar Mayer Lunchables, P3 Packs or Dunkables
2-4.4 oz pkg, Selected Varieties

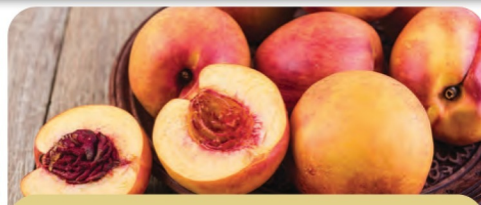
2/\$4

FARM FRESH PRODUCE



Fresh Express Premium Romaine or Green & Crisp Iceberg Lettuce
9-11 oz bag

2/\$4



Peaches or Nectarines
Juicy

2.99^{lb}



On The Vine Tomatoes
Fresh

1.99^{lb}



Red, Yellow or Orange Bell Peppers
Sweet, Crunchy

3/\$4



Vidalia Onions
Sweet

99¢^{lb}



Dole Celery
Crisp

1.99^{ea}



Taylor Farms Snow or Snap Peas or Brussels Sprouts
8-12 oz bag, Selected Varieties

2.99

FLORAL
All items not available at all locations.



Morning Mist Bouquet

9.99



Sunflower Gift Box
4 inch

8.99

HEALTHY SIPS



Woodstock Banana Water
11.2-16.9 oz can, Selected Varieties

2/\$5



Coke Products
6 pk-.5 ltr btl or 6 pk-7.5 oz cans, Selected Varieties

3/\$12



Powerade, Body Armor, Body Armor Sportswater or Powerade Powerwater
28 oz Powerade, 16 oz Body Armor or 700 ml Sportswater or 20 oz Powerwater, Selected Varieties

10/\$10



Pepsi Products or Pepsi Prebiotic Cola
12 pk-12 oz cans, 12 pk-.5 ltr btl or 6 pk-24 oz btl Pepsi or 8 pk-12 oz cans Prebiotic Cola, Selected Varieties

7.49



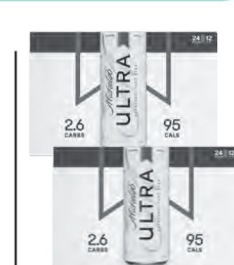
Budweiser, Bud Light, Golden Light or Select 55
24 pk-12 oz cans, Selected Varieties

20.99



Busch Light Beer
30 pk-12 oz cans

21.59



Michelob Ultra Beer
24 pk-12 oz cans

23.99



Mars Candy Bars
1.69-2.17 oz pkg, Selected Varieties

125pts



Grey Poupon Dijon Mustard
10 oz btl

325pts



Hostess Donettes Frosted or Powdered Donuts
10 oz pkg

275pts



Bounty Paper Towels
4 ct double rolls, Selected Varieties

Spend 400pts Get \$5.00 Off

