



119 N Main, North English, IA • 319.664.3453  
268 8th Ave, Wellman, IA • 319.646.6721

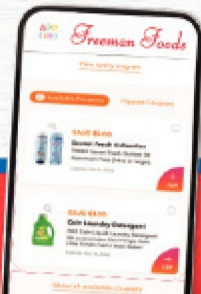
Open 7 Days A Week!  
Mon.-Sat. 7 AM - 8 PM  
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps  
Full Liquor & Wine Department & Walk In Beer Cooler  
Locally Owned & Operated!



APP CARD GET THE APP



Save Even More  
With Our App!

- 1 Scan the Code and Download the AppCard App
- 2 Search for Freeman Foods & Select Go to Store
- 3 Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!

www.northenglish.freemanfoods.net  
www.wellman.freemanfoods.net

ONE WEEK ONLY! PRICES EFFECTIVE:  
TUESDAY, MAY 5 THRU MONDAY, MAY 11, 2026

**10 YEARS ANNIVERSARY CELEBRATION**  
FREEMAN FOODS OF NORTH ENGLISH IS TURNING 10!

**RIBEYE STEAK**

**11.99**  
lb.



**5.49**  
lb.  
**80% LEAN GROUND BEEF**



**3.49**  
lb.  
**BABY BACK RIBS**



**10.99**  
24 Pk. Cans  
**COCA COLA PRODUCTS**



**2/\$10**  
23-30 Oz.  
**LOTZZA MOTZZA PIZZA**



**6.99**  
4 Quart/Pail  
**BEST CHOICE ICE CREAM**



**2/\$3**  
24 Oz.  
**BEST CHOICE KETCHUP**



**2/\$5**  
28 Oz.  
**BEST CHOICE BAKED BEANS**



**4/\$3**  
15 Oz.  
**ALWAYS SAVE CANNED VEGETABLES**



**2/\$7**  
16 Oz. Quarters  
**BEST CHOICE BUTTER**



**2/\$7**  
Family Size  
**GENERAL MILLS CEREAL**

**ADDITIONAL 3-DAY SALE! MAY 9 - MAY 11, 2026**

**Whole Ribeye**  
**9.99**  
lb.

**10 Lb. Tube 80% Lean Ground Beef**  
**4.49**  
lb.

**Whole Pork Shoulders or Whole Pork Loin**  
**1.99**  
lb.

**24 Pk. Busch Light Beer**  
**20.99**



119 N Main, North English, IA • 319.664.3453  
268 8th Ave, Wellman, IA • 319.646.6721

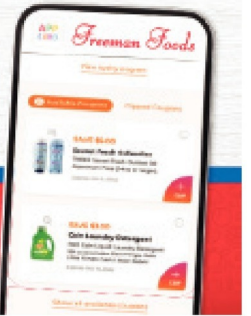
Open 7 Days A Week!  
Mon.-Sat. 7 AM - 8 PM  
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps  
Full Liquor & Wine Department & Walk In Beer Cooler  
Locally Owned & Operated!



GET THE APP



Save Even More  
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



**HAPPY**  
*Mother's Day!*  
MAKE MOM'S DAY SPECIAL!

**Boneless  
Pork Chops**

**2.99**  
lb.

USDA Bagged  
**Whole Beef  
Tenderloins**

**14.99**  
lb.

93% Lean  
**Ground  
Beef**

**6.99**  
lb.

**Pork  
Tenderloins**

**3.99**  
lb.



**Whole  
Bagged Chicken**

**1.89**  
lb.



**13.99**  
lb.

USDA Choice  
Family Pack  
**Beef T-Bone  
Steaks**



**6.99**  
lb.

**Chuck  
Roast**

**FRESH PICKS For Mom!**

**2/\$6**

16 Oz. **Strawberries**  
Pint **Blueberries**  
or 6 Oz. **Raspberries**

13.5 Oz.  
**Marzetti  
Strawberry Glaze**

**1.99**

**Seasonal FRESHNESS**

**88¢**  
lb.

Vidalia  
**Sweet  
Onions**

**Fresh  
Mangos**

**99¢**  
ea.

**MOTHER'S DAY Must-Haves!**



**3/\$5**

4-7.5 Oz.  
Selected Varieties  
**Hamburger  
Helper**



**2/\$4**

8.9-11 Oz.  
Selected Varieties  
**General Mills  
Cheerios**

**\$2.00**

24 Pk.  
Selected Varieties  
**Michelob  
Ultra Beer**



**2/\$5**

8 Ct.  
Selected Varieties  
**Best Choice  
Buns**



**3.99**

24 Oz.  
Selected Varieties  
**AE Cottage  
Cheese**



**2/\$3**

8 Oz.  
Selected Varieties  
**AE Sour  
Cream**



**2/\$5**

8 Oz.  
Selected Varieties  
**UTZ  
Chips**



**2/\$7**

10 Oz.  
Selected Varieties  
**Sterzings  
Chips**



**2/\$8**

7.25-10.25 Oz.  
Selected Varieties  
**Ruffles  
Potato Chips**



**2/\$8**

9-10.75 Oz.  
Selected Varieties  
**Frito-Lay  
Doritos**



**4.99**

3-10 Ct., Selected Varieties  
**Snickers, Twix,  
Dove, M&M Ice  
Cream Bars, Minis  
or Sandwiches**



**2/\$6**

8 Oz.  
Selected Varieties  
**Philadelphia  
Cream Cheese**



**5/\$5**

7 Oz.  
Selected Varieties  
**Banquet or Swanson  
Fruit or Pot Pies**



**3.49**

46-48 Oz.  
Selected Varieties  
**Blue Bunny  
Ice Cream**



**3.49**

6 Ct.  
Selected Varieties  
**Luigi's  
Italian Ice**



8-16.3 Oz.  
Selected Varieties  
**Pillsbury  
Grands,  
Crescents or  
Cinnamon Rolls**

**2/\$4**



15-16 Oz.  
Selected Varieties  
**Bush's Best  
Beans**

**4/\$5**



11.9 - 16.30 Oz.  
Selected Varieties  
**Betty Crocker  
Cake, Brownie,  
Cookie Mix or  
Frosting**

**2/\$3**



14.6 - 29.3 Oz.  
Selected Varieties  
**DiGiorno  
Pizza**

**4.99**



6-12 Rolls  
Selected Varieties  
**Scott Comfort  
Plus Bath Tissue**

**4.99**

6-9 Ct.  
Selected Varieties  
**Blue Bunny Ice Cream Cones,  
Bars or Sandwiches**

**3.49**

16 Ct.  
Selected Varieties  
**Minute Maid Juice Pops**

**4.49**

6 Ct.  
Selected Varieties  
**Klondike Ice Cream Bars or  
Sandwiches**

**4.49**

www.northenglish.freemanfoods.net  
www.wellman.freemanfoods.net

PRICES EFFECTIVE TUESDAY, MAY 5 - MONDAY, MAY 11, 2026

# GREAT DEALS DOWN Every Aisle!

**2/\$3**  
15 Oz. Selected Varieties Chef Boyardee Pasta

**99¢**  
4.6 Oz. Original Armour Vienna Sausage

**2/\$5**  
6-8.8 Oz. Selected Varieties Ben's Original Ready Rice

**3<sup>99</sup>**  
38 Oz. Heinz Ketchup

**4<sup>99</sup>**  
29.5-31 Oz. Heinz Simply Ketchup

**1<sup>79</sup>**  
2-8 Oz. Selected Varieties Zatarain's Dinners

**5<sup>49</sup>**  
24 Oz. Selected Varieties Hidden Valley Ranch Salad Dressing

**5<sup>19</sup>**  
20 Oz. Selected Varieties Hidden Valley Ranch Salad Dressing

**1<sup>49</sup>**  
5 Oz. Selected Varieties Texas Toast Croissants

**4/\$5**  
1.41-2.75 Oz. Selected Varieties Pioneer Roasted or White Gravy Mix

**3<sup>69</sup>**  
4 Lb. Crystal Granulated Sugar

**2<sup>99</sup>**  
2 Lb. Selected Varieties Crystal Baking Sugar

**1<sup>89</sup>**  
4.8-18 Oz. Selected Varieties Nissin or Top Ramen Noodles

**1<sup>79</sup>**  
15 Oz. Libby's Gravy

**2<sup>99</sup>**  
5-12 Oz. Selected Varieties Cholula Hot Sauce

**2<sup>99</sup>**  
11.36 Oz. Red Lobster Cheddar Biscuits Mix

**2<sup>99</sup>**  
12-15 Oz. Selected Varieties Kraft Mayo

**3<sup>99</sup>**  
12-15 Oz. Kraft Miracle Whip or Aioli

**1<sup>49</sup>**  
.71-1.25 Oz. Selected Varieties Grill Mates Marinades

**2/\$3**  
2.05-11 Oz. Kraft or Velveeta Macaroni and Cheese or Cups

**1<sup>00</sup>**  
8 Oz. Selected Varieties Kraft Salad Dressing

**4<sup>99</sup>**  
42 Oz. Minute Rice White Rice

**3<sup>99</sup>**  
17.3 Oz. Selected Varieties Ben's Original Family Size Rice

## SAVE ON Home & Health

**8<sup>79</sup>**  
2-6 Roll Selected Varieties Charmin Bath Tissue or Bounty Paper Towels

**9<sup>99</sup>**  
64-117 Oz. Selected Varieties Tide Simply Detergent or Downy Fabric Softener

**6<sup>99</sup>**  
4 Pk. Selected Varieties Puffs Facial Tissue

**5<sup>29</sup>**  
24 Oz. Selected Varieties Milk Bone Dog Treats

**15<sup>99</sup>**  
18.5 Lb. Selected Varieties Purina Dog Chow

**14<sup>99</sup>**  
15.4-22.5 Lb. Selected Varieties Fresh Step Cat Litter

**2/\$4**  
3 Oz. Selected Varieties Temptations Cat Treats

# DEALS DOWN *Every Aisle*



16.9 Oz.  
Selected Varieties  
**Bertolli**  
Olive Oil

**8<sup>49</sup>**



5 Lb.  
**Mahatma**  
Jasmine Rice

**6<sup>99</sup>**



1.25 Oz.  
**Williams**  
Taco Seasoning

**99¢**



**2<sup>99</sup>**

22-24 Ct.  
Selected Varieties  
**Lipton**  
Family Size  
Tea Bags



**2/\$6**

15.4-21 Oz.  
Selected Varieties  
**Krusteaz**  
Cinnamon  
Crumb Cake  
or Muffin Mix



**2<sup>99</sup>**

24 Oz.  
**Wesson**  
Vegetable Oil



**2/\$9**

3.1-14 Oz.  
Selected Varieties  
**Shaq-A-Licious**  
or **Jolly Rancher**  
Gummies

# FRESH PICKS *Family Favorites*



5.5-6 Oz.  
**Skippy**  
Peanut Butter  
Bites

**2/\$6**



24 Ct.  
**Luzianne** Decaf  
Tea Bags

**4<sup>49</sup>**



28 Quart  
**Lipton**  
Iced Tea Mix

**8<sup>99</sup>**



23-24 Oz.  
Selected Varieties  
**Mott's**  
Applesauce

**2<sup>99</sup>**



6 Ct.  
**Jiffy**  
Corn Muffin Mix

**4<sup>49</sup>**



16 Oz.  
**InnMaid**  
Noodles

**3<sup>29</sup>**

# BIG FLAVOR, *Made Easy*



8 Oz.  
Selected Varieties  
**Zatarain's  
Crab Boil**

**2<sup>99</sup>**



16-20 Ct.  
Selected Varieties  
**Celestial Seasonings  
Tea**

**4<sup>99</sup>**



40 Ct.  
Selected Varieties  
**Bigelow  
Tea**

**4<sup>99</sup>**

## EVEN MORE SAVINGS ON *Home & Health*



136.4-139.2 Oz.  
Selected Varieties  
**Xtra Liquid  
Laundry Detergent**

**6<sup>49</sup>**



9-32 Ct.  
Selected Varieties  
**Huggies  
Goodnites**

**10<sup>49</sup>**



168-192 Ct.  
Selected Varieties  
**Huggies  
Wipes**

**7<sup>79</sup>**



19-33 Ct. or 38-70 Oz.  
Selected Varieties  
**Cascade Action  
Pacs or Dawn Dish  
Soap**

**9<sup>99</sup>**



15-22 Ct.  
Selected Varieties  
**Solo  
Plates or Bowls**

**3<sup>99</sup>**



30-40 Ct.  
Selected Varieties  
**Solo  
Cups**

**4<sup>29</sup>**



**3<sup>29</sup>**  
4 Pk.  
Selected Varieties  
**9Lives Wet  
Cat Food**



**1<sup>69</sup>**  
4 Oz.  
Selected Varieties  
**Colgate  
Toothpaste**



**7<sup>69</sup>**  
12-48 Ct.  
Selected Varieties  
**Poise Pads  
or Liners**



**1<sup>69</sup>**  
6.4 Oz.  
Selected Varieties  
**Irish Spring  
Bar Soap**



**3/\$5**  
7.5 Oz.  
Selected Varieties  
**Softsoap  
Hand Soap**



**3/\$5**  
1.4-1.8 Oz.  
Selected Varieties  
**Speed Stick  
Deodorant**

## BEST CHOICE *The Right Choice*



**2<sup>29</sup>**  
8 Ct.  
Selected Varieties  
**Best Choice  
Toaster Pastries**



**6<sup>99</sup>**  
16 Lb.  
Selected Varieties  
**Best Choice  
Charcoal**



**2<sup>99</sup>**  
15 Oz.  
**Best Choice  
Steak Sauce**



**2<sup>99</sup>**  
81 Oz.  
Selected Varieties  
**Best Choice  
Bleach**



**69¢**  
16 Oz.  
**Best Choice  
Pork & Beans**



**3<sup>29</sup>**  
12-16 Oz.  
Selected Varieties  
**Best Choice  
Frozen Fruit**



**1<sup>69</sup>**  
6 Ct.  
**Best Choice  
Mini Cob Corn**



**6<sup>99</sup>**  
17 Oz.  
Selected Varieties  
**Best Choice  
Olive Oil**



**2/\$5**  
5-8 Oz.  
Selected Varieties  
**Best Choice  
Cooking Spray**



**3<sup>99</sup>**  
16 Ct.  
**Best Choice  
Garlic Toast**



**2<sup>79</sup>**  
4 Ct.  
Selected Varieties  
**Best Choice  
Fruit Cups**



**2/\$5**  
17.5 Oz.  
Selected Varieties  
**Best Choice  
Cookie Mix**



**2/\$4**  
12 Ct.  
Selected Varieties  
**Best Choice  
Sugar Cones**

**DON'T MISS OUT ON THESE Great Savings!**

**2.99**  
4-8 Ct. Selected Varieties Nature Valley, Fiber One or General Mills Bars

**3.99**  
7.8-14.03 Oz Selected Varieties Oreo Cookies or Ritz Toasted Chips

**\$5.99**  
7.1-10.6 Oz. Selected Varieties Hershey's Stand-Up Bags, Kisses or Miniatures

**2.19**  
64 Oz. Selected Varieties Sunny D Punch

**3.49**  
10 Ct. Selected Varieties CapriSun Drinks

**2/\$6**  
6 Ct. Selected Varieties Act II Popcorn

**3.99**  
24 Oz. Selected Varieties Pearl Milling Company Syrup

**3.99**  
32 Oz., Selected Varieties Pearl Milling Company Pancake Mix

**7.79**  
6 Pk. Hershey's Milk Chocolate Bars

**3.99**  
10-16 Oz. Selected Varieties Twizzlers Licorice or Jolly Rancher Ropes

**4.99**  
3.24 Oz. Selected Varieties Mio Liquid Drink Mix

**2/\$5**  
4 Pk. Selected Varieties Libby's Fruit Cups

**5.99**  
12 Ct. Selected Varieties Pringles Snack Stacks

**4.99**  
16 Ct. Selected Varieties Nutri-Grain Bars or Rice Krispies Treats

**4/\$5**  
.97 Oz. Selected Varieties Slim Jim Giant Meat Sticks

**2/\$5**  
4 Pk. Selected Varieties Libby's Fruit Cups

**DAIRY**

**4/\$5**  
6-8 Oz. Selected Varieties Daisy Sour Cream or Cottage Cheese

**1.79**  
16 Oz. Selected Varieties Blue Bonnet Margarine Sticks

**4.49**  
45 Oz. Selected Varieties Blue Bonnet Margarine Bowl

**6.99**  
24 Oz. Selected Varieties Kraft Shredded or Chunk Cheese

**1.99**  
59 Oz. Selected Varieties Minute Maid Lemonade or Punch

**7.79**  
89 Oz. Selected Varieties Florida's Natural Orange Juice

**Chill DEAL**

**4.99**

96 Oz. Selected Varieties Almond Breeze Milk

**4.99**  
8-16 Ct. Selected Varieties Yoplait Yogurt or GoGurt

**5.99**  
40-48 Oz. Selected Varieties Starbucks Iced Coffee

**3.99**  
10 Oz. Selected Varieties Crystal Farms String Cheese

**12.99**  
38-40 Oz. Rana Lasagna, Enchilada Bake or Tuscan Meal Kit

**2/\$8**  
7-11 Oz. Selected Varieties Rana Pasta or Sauce

**5.49**  
25.4 Oz. Selected Varieties Califia Farms Almond Creamers

**6.99**  
67.5 Oz. Country Crock Vegetable Spread

**Frozen**

**3/\$10**  
18.56-20.6 Oz. Selected Varieties Tony's Pizzeria Pizza

**1.79**  
10-10.8 Oz. Selected Varieties Birds Eye Vegetables

**1.99**  
6.49-10.25 Oz. Selected Varieties Smart Ones Entrées

**4/\$5**  
4.5-8.5 Oz. Selected Varieties Michelina's Entrées

**3.99**  
10.5-15 Oz. Marie Callender's Dinners or Pot Pies

**3.49**  
5-40 Ct. Selected Varieties Eggo Waffles, Pancakes or French Toast Sticks

**4.49**  
16-19 Oz. Selected Varieties Louisa Ravioli or Tortellini

**3.49**  
30-32 Oz. Selected Varieties Mr. Dell's Hashbrowns

**4.99**  
24-32 Oz. Selected Varieties Banquet Boneless Chicken

**2.79**  
5.2-6.8 Oz. Selected Varieties Edwards Single Serve Pie Slices

**5.99**  
19.6 Oz. Selected Varieties Pepperidge Farm Cakes

**6.99**  
40-48 Oz. Selected Varieties Arby's or Checkers Fries

**1.99**  
12 Oz. Selected Varieties Flav-R-Pac Vegetables

**2/\$7**  
9.7 Oz. Selected Varieties Kids Cuisine Level Up Dinners

**7.99**  
32 Oz. Dolly Parton's Peach Cobbler

# A CUT ABOVE: Celebrating the Best Mom!



**BONELESS CHICKEN TENDERS**

**2<sup>79</sup>** lb.



**CHUCK STEAK**

**7<sup>99</sup>** lb.



**BEEF SHORT RIBS**

**7<sup>99</sup>** lb.



**Thin Sliced Boneless Pork Chops**

**2<sup>99</sup>** lb.



**USDA Choice Boneless Beef Stew Meat**

**7<sup>79</sup>** lb.



**USDA Choice Boneless Beef Stir Fry**

**7<sup>99</sup>** lb.

**ON THE GRILL**  
**SATURDAY, MAY 9**  
**11 AM-1 PM**  
North Side of Freeman Foods  
in Wellman & North English



**3 Lb. Tray Pack Butterball Fresh 85% Lean Ground Turkey**

**11<sup>99</sup>**



**3<sup>99</sup>**  
19-20 Oz. Selected Varieties Hormel Side Dishes



**3/\$2**  
2 Oz. Selected Varieties Buddig Sliced Ham or Turkey



**2/\$7**  
7-8 Oz. Selected Varieties Smithfield Prime Lunch Meat



**3<sup>99</sup>**  
12 Oz. Selected Varieties Jimmy Dean Bacon

**4<sup>69</sup>** 16 Oz. Roll, Selected Varieties Tennessee Pride Pork Sausage

**9<sup>99</sup>** 2 Lbs., Selected Varieties Moo & Oink Links or Patties

**9<sup>99</sup>** 20-26 Oz., Selected Varieties Tyson Breaded Chicken Strips or Tenders

**4<sup>49</sup>** 14 Oz., Selected Varieties Oscar Mayer Wallet Pack Lunch Meat

**2/\$4** 2.25-4.4 Oz. Selected Varieties Oscar Mayer Basic Lunchables

**6<sup>99</sup>** 2.34 Lb. Family Pack Bar-S Corn Dogs

**14<sup>99</sup>** 4 Lbs. Jemm Burgers Jumbo Deluxe Quarter Pound Beef Patties

**7<sup>99</sup>** 30 Oz. Value Size Oscar Mayer Beef Franks

**2<sup>99</sup>** 10 Oz. Cacique Queso Fresco

**RIBEYE STEAK SANDWICH \$10.00**

**MARINATED CHICKEN BREAST \$5.00**

**SMOKED CHOP ON-A-STICK \$5.00**

**FRESH BRAT \$4.00**

**PORK BURGER \$4.00**

**HOT DOG \$1.00 OR \$3.00**

## MOM'S Fresh Favorites!



**6<sup>99</sup>** lb.  
**California Cherries**



**1<sup>49</sup>** lb.  
**Washington Red, Anjou or Bosc Pears**



**California JUMBO NAVEL ORANGES**

**99¢** ea.

**69¢** lb.  
**Fresh Crisp Cabbage**

**2/\$4**  
8 Oz. Creamini or White Sliced Mushrooms

**1<sup>29</sup>**  
16 Oz. Grimmway Baby Carrots

**3<sup>99</sup>**  
13.5 Oz. Original or Strawberry Marzetti Cream Cheese Fruit Dip



**5<sup>99</sup>**

**16 Oz. Cantaloupe Chunks, Watermelon Spears, Melon or Fruit Medley**

**1<sup>29</sup>** lb.  
Fresh Zucchini or Yellow Squash

**49¢** lb.  
Russet Baking Potatoes

**1<sup>49</sup>** lb.  
Red Ripe Tomatoes On The Vine

**3<sup>99</sup>**  
2 Lb. Bag Hass Avocados

**3<sup>49</sup>**  
16 Oz., Selected Varieties The Little Potato Co. Potatoes

**3<sup>29</sup>**  
9.12-13 Oz., Selected Varieties Fresh Express Salad Mix

**1<sup>79</sup>** ea.  
Crisp Mini Cucumbers

**2<sup>99</sup>**  
1 Lb. Mini Sweet Peppers

**17<sup>99</sup>**

750 mL Selected Varieties Tito's Vodka



**3<sup>49</sup>**

Gallon Selected Varieties Milo's Tea



**14<sup>99</sup>**

24 Pk. Cans Selected Varieties Pepsi Products



## Deli & Bakery



**Sliced To Order Virginia Ham**

Not Available at All Locations.  
**6<sup>49</sup>** lb.



**Sliced To Order Cheddar Cheese**

**5<sup>99</sup>** lb.



**7-8 Oz., Selected Varieties Sabra Hummus or Guacamole**

**2/\$5**



**5 Oz., Selected Varieties Belgioioso Cheese Cups**

**2<sup>49</sup>**



**Deviled Egg Potato Salad or Cheddar Broccoli Pasta Mrs. Gerry's Sides**

**3<sup>99</sup>** lb.



**11 Oz. Olson's Angel Food Bar**

**3<sup>49</sup>**



**24 Ct. Toufayan Mini Croissants**

**3<sup>99</sup>**



**16 Oz. The Father's Table New York Style Cheesecake**

**5<sup>99</sup>**



**12 Ct., Selected Varieties Café Valley Cake Bites**

**4<sup>99</sup>**