



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

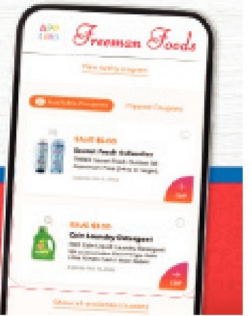
Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- 1 Scan the Code and Download the AppCard App
- 2 Search for Freeman Foods & Select Go to Store
- 3 Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Chuck Roast

6⁹⁹
Lb.

Family Pack
**Boneless Pork
Country Style Ribs**

3⁴⁹
Lb.

Family Pack
**Market Fresh 85%
Lean Ground Beef**

5⁹⁹
Lb.

**Chuck
Steak**

7⁹⁹
Lb.



**Boneless
Skinless
Chicken Breasts**

2⁷⁹
Lb.



2⁴⁹
Lb.

Family Pack
**Boneless
Sirloin Pork
Chops**



2⁵⁹
Lb.

**Lean & Meaty
Pork Spare
Ribs**

11⁹⁹
Lb.
**Premium
Sirloin Steak**



2/⁴
10 Oz.
Selected Varieties
**On the Border
Tortilla Chips**



3⁹⁹
15 Oz.
Selected Varieties
**Cheryl's
Salsa**



2/⁶
13 Oz.
Selected Varieties
**Old Dutch
Tortilla Chips**



PRODUCE Selections!

1²⁹
Lb.

**Tomatoes
On The Vine**



3/²
Ea.

Avocados



**Seedless
Watermelon**

6⁹⁹
Ea.

**White
Onions**

99¢
Lb.

**Vidalia
Sweet Onions**

99¢
Lb.

BUY 5 SAVE \$5 Save \$5 instantly when you purchase Any 5 participating products!



11-16.6 Oz.
Selected Varieties
**Post Honey
Bunches of Oats**
2.99 EA.
-1.00
1.99 EA.



18.56-20.6 Oz.
Selected Varieties
**Tony's
Pizzeria Pizza**
2.99 EA.
-1.00
1.99 EA.



4-12 Oz.
Selected Varieties
**Pillsbury Grands,
Crescents,
Cinnamon Rolls
or Flaky Layer
Biscuits**
1.99 EA.
-1.00
99¢ EA.



5-8 Oz.
Selected Varieties
**Kraft Chunk or
Shredded Cheese**
2.99 EA.
-1.00
1.99 EA.



76 Oz.
Selected Varieties
**Simply
Orange Juice**
6.99 EA.
-1.00
5.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

2/⁷
6.5-8.5 Oz.
Selected Varieties
**Frito-Lay
Cheetos**



2/⁵
5-8 Oz.
Selected Varieties
**Frito-Lay
Lay's
Potato Chips**



2/⁶
48 Oz.
Selected Varieties
**Turkey Hill
Premium
Ice Cream**



BUY 5 SAVE \$5
Save \$5 instantly when you purchase Any 5 participating products!

48 Oz.
Selected Varieties
**Kemps
Ice Cream
or Yogurt**
4.99 EA.
-1.00
3.99 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



4/⁵
4-5.7 Oz.
Selected Varieties
**Knorr Rice or
Pasta Sides**

4/⁵
10 Oz.
Selected Varieties
**Ro-Tel Diced
Tomatoes**



4/⁵
1.08-2.17 Oz.
Selected Varieties
**Mars
Candy Singles**



14.5-15.25 Oz.
Selected Varieties
**Libby's
Vegetables**

4/⁵

www.northenglish.freemanfoods.net
www.wellman.freemanfoods.net

PRICES EFFECTIVE TUESDAY, APRIL 28 - MONDAY, MAY 4, 2026

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Aug 5 participating products!



24 Oz.
Daisy
Sour Cream

3.49 EA.
-1.00

2.49



2-4 Pk.
Selected Varieties
Kraft Velveeta
Mac & Cheese Cups

4.99 EA.
-1.00

3.99



6.25-19 Oz. or 8-12 Ct.
Selected Varieties
Old El Paso Premium
Shells, Dinner Kits
or Sauces

3.49 EA.
-1.00

2.49



8.1-24 Oz.
Selected Varieties
Classico
Pasta Sauce

3.49 EA.
-1.00

2.49



8 Oz.
Selected Varieties
Philadelphia
Cream Cheese

3.49 EA.
-1.00

2.49



32 Oz.
Selected Varieties
Heinz
Ketchup

4.99 EA.
-1.00

3.99



64 Oz.
Selected Varieties
International
Delight Creamer

6.49 EA.
-1.00

5.49



22-32 Oz.
Selected Varieties
Ore-Ida
Frozen Potatoes

4.49 EA.
-1.00

3.49



4 Pk.
Selected Varieties
Jell-O Pudding, Gelatin,
Girl Scouts or
Hershey's Pudding

2.99 EA.
-1.00

1.99



4.7-12 Oz. or 8-12 Ct.
Selected Varieties
Old El Paso Shells,
Tostada, Rice or Beans

2.49 EA.
-1.00

1.49



12 Pk.
Selected Varieties
Snack Pack
Pudding

3.99 EA.
-1.00

2.99



22-30 Oz.
Selected Varieties
Kraft
Mayonnaise

4.99 EA.
-1.00

3.99



9.4-14 Oz.
Selected Varieties
Kraft Deluxe Mac &
Cheese or Velveeta
Shells & Cheese

3.49 EA.
-1.00

2.49



16 Oz.
Selected Varieties
Kraft Salad
Dressing

2.99 EA.
-1.00

1.99



4-16 Oz.
Selected Varieties
Old El Paso
Refried Beans,
Green Chiles or
Enchilada Sauce

1.99 EA.
-1.00

99¢



10 Ct.
Selected Varieties
Kool-Aid
Jammers

2.99 EA.
-1.00

1.99



19-30 Oz.
Selected Varieties
Kraft
Miracle Whip

5.49 EA.
-1.00

4.49



7.2-12 Oz.
Selected Varieties
Pillsbury
Toaster Strudels,
Scrambles, or
Mini Cinnis

2.99 EA.
-1.00

1.99



4 Pk.
Selected Varieties
Chobani
Yogurt

3.99 EA.
-1.00

2.99



10.7-12 Oz.
Selected Varieties
Kraft
Singles

3.99 EA.
-1.00

2.99



6-12 Rolls
Selected Varieties
Flora Essentials
Bath Tissue or
Paper Towels

4.99 EA.
-1.00

3.99



32 Oz.
Selected Varieties
Velveeta
Loaf

7.99 EA.
-1.00

6.99



14-20 Lb.
Selected Varieties
Arm & Hammer
Cat Litter

9.99 EA.
-1.00

8.99

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

SAVE ON Home & Health



2.5-3.15 Lb.
Selected Varieties
9LIVES
DRY CAT FOOD

5.49



18.5 Lb.
Selected Varieties
DOG CHOW
DRY DOG FOOD

16.99



16 Oz.
Selected Varieties
BLUE BUFFALO
NUDGES
DOG TREATS

12.99



4 Lb.
Selected Varieties
Nature's
Recipe
Dry Dog
Food

10⁹⁹



3.5 Lb.
Selected Varieties
Kibbles 'n
Bits Dry Dog
Food

6⁴⁹



7.8-66 Oz. or 20 Ct.
Selected Varieties
Tide Liquid
Detergent, Pods
or Downy
Fabric Softener

6⁹⁹



24 Oz.
Selected Varieties
Lysol
Toilet Bowl
Cleaner

2⁷⁹



32 Oz.
Selected Varieties
Lysol
All-Purpose
Cleaner

3⁹⁹

BRING THE FLAVOR THIS *Cinco De Mayo!*

79¢
1-1.25 Oz.
Selected Varieties
**McCormick
Taco Seasoning**

2.99
24 Oz.
Selected Varieties
**Pace Salsa or
Picante Sauce**

3/\$4
16 Oz., Selected Varieties
**Rosarita
Refried Beans**



64 Oz.
Selected Varieties
V8 Splash

2/\$4



25.2 - 32 Oz.
Selected Varieties
**Krusteaz
Pancake or
Waffle Mix**

2.99



12 Oz.
**Log Cabin
Syrup**

2.79



7-9 Oz.
Selected Varieties
**Jiffy Muffin,
Biscuit, Cake**

89¢



12 Oz.
Selected Varieties
**Heinz
Gravy**

2/\$5



10 Oz.
Selected Varieties
**Wiley Wallaby
Licorice**

3.49



16-20 Ct.
Selected Varieties
**Celestial
Tea**

3.79



32 Ct.
Selected Varieties
**Green
Mountain
Family of
Brands
K-Cups**

23.99



19.3-19.5 Oz.
**Pringles
Snack
Stacks**

10.99



19.1-20 Oz.
Selected Varieties
**Cheez-It
Caddy Packs**

8.99

BEST CHOICE *Favorites*

7.99
10 Lb.
**Best Choice or IGA
Granulated
Sugar**

2/\$3
2 Lb.
**Best Choice
Flour**



16.3 Oz.
**Best Choice
Brownie Mix**

1.69



12 Ct.
**Best Choice
Waffle Cones**

3.19



4 Ct.
Selected Varieties
**Best Choice
Sundae Cones**

2.79



16 Oz.
Selected Varieties
**Best Choice
Pickles**

2.39



15 Oz.
**Best Choice
Steak Sauce**

2.99



64 Oz.
Selected Varieties
**Best Choice
Cranberry Juice**

2.99



16 Oz.
Selected Varieties
**Best Choice
Peppers**

1.99

BUY 5 SAVE \$5

Save \$5 instantly when you purchase *Any 5* participating products!

 <p>15.6-24 Oz. Selected Varieties Kellogg's Cereal</p> <p>4.49 EA. -1.00 3.49 EA.</p>	 <p>6-10 Ct. Selected Varieties Betty Crocker Fruit Snacks</p> <p>2.99 EA. -1.00 1.99 EA.</p>	 <p>12 Pk. Selected Varieties Dannon Danimals</p> <p>5.99 EA. -1.00 4.99 EA.</p>
 <p>4 Ct. Selected Varieties Dannon Oikos, Light + Fit or Danimals Yogurt</p> <p>3.99 EA. -1.00 2.99 EA.</p>	 <p>4-5 Pk. Selected Varieties Kraft Mac & Cheese or Spirals</p> <p>5.49 EA. -1.00 4.49 EA.</p>	 <p>22-24 Oz. Selected Varieties Bertolli Frozen Meals</p> <p>7.49 EA. -1.00 6.49 EA.</p>
 <p>6-10 Ct. Selected Varieties Maxwell House or Gevalia K-Cups</p> <p>7.49 EA. -1.00 6.49 EA.</p>	 <p>12 Oz. Selected Varieties Gevalia Ground Coffee</p> <p>8.49 EA. -1.00 7.49 EA.</p>	 <p>30-35.3 Oz. Selected Varieties Coffee-Mate Powder</p> <p>6.99 EA. -1.00 5.99 EA.</p>
 <p>13 Oz. Selected Varieties Country Bob's All Purpose Sauce</p> <p>3.49 EA. -1.00 2.49 EA.</p>	 <p>4 Pk. Starkist Chunk Light Tuna</p> <p>4.99 EA. -1.00 3.99 EA.</p>	 <p>18.85 - 30.88 Oz. Selected Varieties Freschetta Pizza</p> <p>5.49 EA. -1.00 4.49 EA.</p>
 <p>28-29 Oz. Selected Varieties Green Giant Vegetables</p> <p>2.29 EA. -1.00 1.29 EA.</p>	 <p>6 Ct. Selected Varieties Kool-Aid Bursts</p> <p>2.19 EA. -1.00 1.19 EA.</p>	 <p>6-8 Quart Selected Varieties Kool-Aid, Country Time or Tang Drink Mix</p> <p>4.49 EA. -1.00 3.49 EA.</p>
 <p>6.4-7 Oz. Selected Varieties Kraft Cuts or Cubes</p> <p>3.69 EA. -1.00 2.69 EA.</p>	 <p>24 Oz. Selected Varieties Banquet MEGA Chicken Filets</p> <p>5.49 EA. -1.00 4.49 EA.</p>	 <p>76-90 Oz. Selected Varieties Marie Callender's Family Size Lasagna or Dolly Parton's Macaroni & Cheese</p> <p>14.99 EA. -1.00 13.99 EA.</p>
 <p>16 Oz. Selected Varieties Pompeian Olive Oil</p> <p>6.49 EA. -1.00 5.49 EA.</p>	 <p>12 PK. Selected Varieties San Pelligrino or Maison Perrier Sparkling Water</p> <p>12.99 EA. -1.00 11.99 EA.</p>	 <p>8 PK. Selected Varieties San Pelligrino or Maison Perrier Sparkling Water</p> <p>7.99 EA. -1.00 6.99 EA.</p>
		 <p>2-3 Ct. Selected Varieties Orville Redenbacher's Popcorn</p> <p>2.99 EA. -1.00 1.99 EA.</p>
		 <p>22-24 Oz. Selected Varieties Bibigo or Pagoda Appetizers</p> <p>6.49 EA. -1.00 5.49 EA.</p>
		 <p>5 Ct. Selected Varieties Fatsy Meat Sticks</p> <p>6.99 EA. -1.00 5.99 EA.</p>
		 <p>169 Oz. Fabuloso Household Cleaner</p> <p>10.99 EA. -1.00 9.99 EA.</p>

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

BIG SAVINGS Across the Store!

 <p>4⁹⁹ 70-80 Ct. Selected Varieties Lysol Wipes</p>	 <p>6⁹⁹ 41 Oz. Selected Varieties Lysol Laundry Sanitizer</p>	 <p>2⁹⁹ 28 Oz. Lysol Multi-Surface Household Cleaner</p>
 <p>12⁹⁹ 12-16 Lb. Selected Varieties Kingsford Charcoal</p>	 <p>6⁹⁹ 21-27 Ct. or 16 Oz. Selected Varieties Finish or Jet Dry Dish</p>	 <p>50-75 Ft., Selected Varieties Best Choice Aluminum Foil</p> <p>4⁴⁹</p>
 <p>2⁴⁹ 20-25 Ct Selected Varieties Best Choice Party Cups</p>	 <p>1⁹⁹ 16 Oz. Zatarain's Crab or Shrimp Boil Seasoning</p>	 <p>4/⁵ 3 Oz. Zatarain's Crab or Shrimp Boil Dry Seasoning</p>

DON'T MISS OUT ON THESE *Great Savings!*

3⁹⁹
9-15 Oz. Selected Varieties
Keebler Club, TownHouse or Graham Crackers

4⁹⁹
8-18.71 Oz. Selected Varieties
Nabisco Oreos

\$3⁹⁹
3.5-13.7 Oz. Selected Varieties
Nabisco Snack Crackers

2/3
1.5-4.1 Oz., Selected Varieties
Idahoan Mashed Potato Cups or Casserole

1⁶⁹
20 Oz. Selected Varieties
Hunt's Ketchup

1³⁹
24 Oz. Selected Varieties
Hunt's Pasta Sauce

4/\$5
17.5-18 Oz., Selected Varieties
Kraft BBQ Sauce

2/3
1.5-4.1 Oz., Selected Varieties
Idahoan Mashed Potato Cups or Casserole

5⁹⁸
30 Oz. Selected Varieties
Hellmann's Mayonnaise

2⁹⁹
64 Oz. Selected Varieties
Old Orchard Juice

99¢
15 Oz., Selected Varieties
Van Camp's Pork and Beans

2.99
15 Oz. Selected Varieties
Ricos Nacho Cheese

4.29
28 Oz. Selected Varieties
Minute White Rice

3/\$5
3 Ct. Selected Varieties
Cousin Willie's Popcorn

2.99
7-8 Ct. Selected Varieties
Kellogg's Rice Krispies Treats

DAIRY

3⁷⁹
46 Oz. Selected Varieties
Tropicana Orange Juice

6⁹⁹
64 Oz. Selected Varieties
Coffee-Mate Creamers

Chill DEAL

2⁷⁹
20 Oz. Selected Varieties
Simply Potatoes

2/\$3
5.3 Oz. Selected Varieties
Yoplait Ratio Yogurt

1.99
64 Oz. Selected Varieties
Turkey Hill Sweet Tea or Lemonade

2/\$4
2.25-3 Oz. Selected Varieties
Ore-Ida Just Crack An Egg Scrambles or Oscar Mayer Scramblers

7.99
45 Oz. Selected Varieties
I Can't Believe It's Not Butter Spread

1.99
4 Oz. Selected Varieties
Best Choice Cheese Crumbles

1.99
15-16 Oz. Selected Varieties
Best Choice Margarine

Frozen

3⁹⁹
24-28 Oz. Selected Varieties
Banquet Family Size Entrées

4⁷⁹
15.39-24.45 Oz. Selected Varieties
Red Baron Pizza

3/\$9
6-12.75 Oz. Selected Varieties
Stouffer's or Lean Cuisine Entrées

3.29
11-20 Oz. or 4 Ct. Selected Varieties
PicSweet Farms Grilling, Roasting, Skillet or Air Fryer Vegetables

4.49
21 Oz. Selected Varieties
Birds Eye Voila! Meals

5.39
10.5-11 Oz. Selected Varieties
Delimex Burrito Bowls

3/\$4
5 Oz. Selected Varieties
José Olé Chimichangas

3.99
15 Oz. Selected Varieties
Marie Callender's Pot Pies

2.29
12.3-16.5 Oz. Selected Varieties
Best Choice Pancakes or Waffles

1.69
16 Oz. Selected Varieties
Best Choice Spinach

1.79
12.5-14 Oz. Selected Varieties
Micheline's Grande Entrées

2/\$7
5 Ct. or 10 Oz. Selected Varieties
New York Garlic Toast, Rolls or Knots

4.49
5.25-12 Oz. or 4 Ct. Selected Varieties
MorningStar Farms Entrées

2/\$7
7.8 Oz. Selected Varieties
Egg-Land's Best Omelets

3.99
12.5 Oz. Selected Varieties
Pepperidge Farm Turnovers

4.49
14-28 Oz. Selected Varieties
Arby's, Checkers, Sonic, Grown In Idaho, Paw Patrol, Red Robin Fries, Tots, Potatoes or Nathan's Onion Rings

4.29
8-9.8 Oz. Selected Varieties
Hola Churros

GRILL FAVORITES FOR *Cinco De Mayo!*



PORK SIRLOIN ROAST **2²⁹** Lb.



WHOLE SIRLOIN STEAK **9⁹⁹** Lb.



USDA Choice BONELESS BEEF THIN SLICED FAJITA MEAT **7⁹⁹** Lb.



Gourmet Pub Burgers **6⁹⁹** Lb.



Pork Cutlets **2⁹⁹** Lb.



Minute Steak **7⁹⁹** Lb.



Family Pack Boneless Pork Thin Sliced Fajita Meat **3⁹⁹** Lb.



4⁴⁹ 16 Oz., Selected Varieties **Kentucky Legend Sliced Bacon**



2/\$5 15 Oz., Selected Varieties **Cacique Mexicana Crema**



4/\$5 9 Oz., Selected Varieties **Cacique Chorizo**



2⁹⁹ 10 Oz., Selected Varieties **Cacique Queso Fresco**

6⁹⁹ 15 Oz., Selected Varieties **Herdez Entrées**

2/\$3 12 Oz., Selected Varieties **Bar-S Meat Franks or Bologna**

7⁹⁹ 39-42 Oz., Selected Varieties **Eckrich Family Pack Smoked Sausage**

4⁴⁹ 14 Oz., Selected Varieties **Oscar Mayer Wallet Pack Lunch Meats**

6⁹⁹ 16 Oz., Selected Varieties **Nathan's Pretzel or Bagel Dogs**

5⁹⁹ 18.1-24.6 Oz., Selected Varieties **Van De Kamp's Breaded Fish**

3⁹⁹ 8-20 Oz., Selected Varieties **Delimex Taquitos or Quesadillas**

4⁹⁹ 30.4-32 Oz., Selected Varieties **El Monterey Burritos or Chimichangas**

9⁹⁹ 26-30 Ct., 16 Oz. **Sea Best Cooked, Peeled and Tail-Off Shrimp**

BUY 5 SAVE \$5

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4.49 EA. **-1.00**
3.49 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

3.79 EA. **-1.00**
2.79 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

2.99 EA. **-1.00**
1.99 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

2.99 EA. **-1.00**
1.99 EA. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

ON THE GRILL SATURDAY, MAY 2 11 AM-1 PM
North Side of Freeman Foods in Wellman & North English

RIBEYE STEAK SANDWICH \$10.00

MARINATED CHICKEN BREAST \$5.00

RIB ON-A STICK \$4.00

GRILLED TENDERLOIN \$4.00

HAMBURGER \$5.00

HOT DOG \$1.00 OR \$3.00

2/\$25 24 Pk. Selected Varieties **Coca Cola Products**

23⁹⁹ 24 Pk. Selected Varieties **BUSCH LIGHT BEER**

31⁹⁹ 1.75 Liter Selected Varieties **Captain Morgan Rum**

FARM-TO-FIESTA Favorites!

2⁹⁹ Lb. **Jalapeño Peppers**

59¢ Ea. **Bunch Cilantro**

3⁹⁹ 2 Lb. Bag **HASS AVOCADOS**

1⁴⁹ Lb. **Tomatillos**

79¢ Ea. **Seedless Limes**

3²⁹ 6 Oz. **Raspberries or Blackberries**

3/\$3⁹⁹ **Orange, Yellow or Red Bell Peppers**

4/\$5 **Mangos**

79¢ Ea. **1 Lb. Strawberries**

2/\$5

1⁹⁹ 1 Lb. **Radishes**

2/\$6 7-12 Oz., Selected Varieties **Fresh Express Salad**

2/\$1 **Honey Mangos**

3²⁹ 15 Oz., Selected Varieties **¡Yo Quiero! Guacamole**

1⁷⁹ Lb. **Washington Premium Cosmic Crisp Apples**

2⁴⁹ 5 Lb. Bag **Best Choice Red or Gold Potatoes**

Deli & Bakery

7⁹⁹ Lb. **Sliced to Order, Selected Varieties Kretschmar Turkey Breast**

5⁹⁹ Lb. **Sliced to Order, Selected Varieties Kretschmar Mini Horn Cheese**

6⁹⁹ **16 Oz., Variety Sampler The Father's Table Cheesecake**

3⁹⁹ **8 Oz. Selected Varieties Olson's Angel Food Cake**

3⁹⁹ **16 Oz. Gonnella French Bread**

4⁹⁹ **16 Oz., Selected Varieties Jenny Lee Chunky Cinnamon Bread**

1⁹⁹ **12 Oz., Selected Varieties Toufayan Pita Bread**

4⁹⁹ **4 Ct. 37th Street Bakery Cinnamon Rolls with Cream Cheese Icing**