

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

**We accept
USDA Food Stamps
We also accept AMEX**

We reserve the right to limit & substitute similar items and in correct any pricing errors. All items may not be available.

#294

**Grand Slam
STEALS**

PRICES GOOD MARCH 2026

WED 25	THU 26	FRI 27	SAT 28	SUN 29	MON 30	TUE 31
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\$2⁴⁹ Lb.
Best Choice
Spiral Sliced
Ham



\$1⁹⁹ Lb.
Sugardale
Ham Portions



\$2⁹⁹ Ea.
Strawberries
2 Lb.



\$1⁹⁹
Land O Frost
Lunchmeat
7.5-9 Oz.
Selected Varieties



\$1⁹⁹ Ea.
Blackberries
6 Oz.



\$5⁹⁹
Tyson
Frozen
Breaded Chicken
23-29 Oz.
Selected Varieties



\$3⁹⁹ Ea.
Sunkist
Mandarins
3 Lb.



88¢
Best Choice
Vegetables
14.5-15.25 Oz.
Selected Varieties



\$4⁹⁹
Fiora
Bath Tissue
12 Double Rolls
Selected Varieties



\$5⁹⁹
Blue Ribbon
Classics
Ice Cream
128 Oz.
Selected Varieties



\$5⁹⁹
Dolly Parton or
Marie Callender's
Pies
21.6-42 Oz.
Selected Varieties



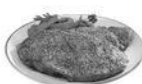
\$2⁹⁹
Best Choice
Drinking Water
16.9 Oz. Bottles 24 Pack



\$1³⁹
Best Choice
Grade A
Large Eggs
Dozen



\$1⁷⁹ Lb.
Pork
Loin
Boneless
Solid Whole C.O.V.



\$6⁹⁹ Lb.
Charcoal
Steak
Boneless Beef



\$2⁴⁹ Lb.
Country Style
Ribs for BBQ
Boneless Pork



\$20⁹⁹
Busch
Light
12 Oz. Cans 24 Pack



\$13⁹⁹
Coke
Products
12 Oz. Cans 24 Pack
Selected Varieties

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce

Enjoy **Spend LESS!**
MORE



Dole
Chopped Kits
9.1-12.25 Oz.,
Selected Varieties

\$3⁹⁹
Ea.



Best Choice
Russet Potatoes
10 lb. Bag

\$2⁹⁹
Ea.



\$2⁶⁹
Lb.
Sugar Bee
Apples



\$3⁹⁹
Lb.
Asparagus



79¢ Ea.
Hass
Avocado

Floral
At Participating Stores



\$9⁹⁹
10 Stem
Tulip Bunch



4/\$5
Extra Large
Red Peppers



\$3⁴⁹ Ea.
Bagged Lemons
2 Lb.



\$2⁹⁹ Ea.
Taylor Farms
Brussels Sprouts or Green Beans
12 Oz.



\$2⁹⁹ Ea.
Bolthouse
Selected Drinks
450 ML Bottle



\$11⁹⁹
Every Daisy
Bouquet
\$12⁹⁹
Easter Lily

Dairy & Frozen

Enjoy **Spend LESS!**
MORE



\$3⁹⁹
Tropicana
Orange Juice
46 Oz.
Selected Varieties



\$3⁶⁹
Hiland or
Prairie Farms
Cottage Cheese
24 Oz. Selected Varieties



\$3⁹⁹
Blue Bunny
Ice Cream Sandwiches
9 Ct.
Selected Varieties



\$1⁹⁹
Best Choice
Dice Potatoes or
Hash Browns
20 Oz. Selected Varieties



\$3⁹⁹
Violife
Just Like
Shredded, Sliced Cheese,
Original Cream Cheese
or Sour Cream
7.05-8.5 Oz.
Selected Varieties



\$2⁹⁹
I Can't Believe
It's Not Butter or
Butter Spray
8-15 Oz.
Selected Varieties



\$2⁴⁹
Sargento
Shredded Cheese
5-8 Oz.
Selected Varieties



\$4⁹⁹
Alecia
Potatoes
20 Oz.
Selected Varieties



\$4⁹⁹
Eggo
Waffles
24 Ct. or
Protein Waffles
8.4-12.3 Oz.
Selected Varieties



\$2⁹⁹
Sargento
Deli Style
Chunk or
Cheese Slices
Selected Varieties



\$4⁹⁹
Red Lobster
Biscuits
15-66 Oz.



2/\$5
Bagel Bites
7 Oz.
Selected Varieties



\$2⁴⁹
Best Choice
Cinnamon Rolls
13.4 Oz.
Selected Varieties



2/\$4
Best Choice
Crescent Rolls
8 Oz.
Selected Varieties



\$11⁹⁹
Hot Pockets
12 Ct.
Selected Varieties



\$3⁴⁹
Devour
Frozen Entrees
or Big Bowls
9-14 Oz.
Selected Varieties



\$5⁹⁹
Bertolli
Frozen Entrees
or Oven Bake
22-24 Oz.
Selected Varieties



\$3⁹⁹
Rana
Ravioli, Tortellini
or Pasta Sauce
7-15 Oz.
Selected Varieties



\$2⁹⁹
Turkey HBI
Sweet Tea or
Lemonade
128 Oz.
Selected Varieties



\$2⁹⁹
Silk
Almond Milk
64 Oz.
Selected Varieties



\$5⁹⁹
P.F. Chang's
Frozen Entrees
or Appetizers
16 Oz.
Selected Varieties



\$5⁹⁹
Blue Ribbon
Classics
Ice Cream Bars,
Sandwiches or
Sundae Cones
8-20 Ct.
Selected Varieties



\$3⁴⁹
Best Choice
Biscuits
12 Ct.
Selected Varieties



\$2⁹⁹
Dannon
Yogurt or
YoCrunch 4 Ct. or
Danimals Drink 6 Ct. 4-32 Oz.
Selected Varieties



\$7⁹⁹
Best Choice
Superior Selection
Frozen Fruit
32-48 Oz.
Selected Varieties
KCG3



\$5⁴⁹
Kraft
Philadelphia
Cream Cheese
16 Oz.
Selected Varieties



\$4⁴⁹
Best Choice
Ice Cream
Novelties
12 Ct.
Selected Varieties



\$2²⁹
Luigi's
Italian Ice
6 Ct.



\$4⁴⁹
Breyers
Ice Cream
48 Oz.
Selected Varieties
KCG3_BASE_PG2_032526

Grocery

Enjoy Spend LESS!
MORE

Little Debbie
Bagged Donuts
8.9-10.5 Oz.
Selected Varieties

\$2.29

Ragú
Pasta Sauce
16-24 Oz.
Selected Varieties

\$1.99

Campbell's
Soup
10.5-11.5 Oz.
Selected Varieties

2/\$3

\$8.99



\$3.99

Nabisco
Ritz Toasted or
Chips Snack Crackers
31-8.1 Oz.
Selected Varieties



\$5.29

Nabisco
Ritz Fresh Stack
Family Size Crackers
17.8 Oz.



\$2.99

Zesta or
Krispy Crackers 11-16 Oz. w/
Soup & Oyster
Crackers 3.6 Oz.
Selected Varieties



\$4.99



\$3.99

Nabisco
Oreo Cookies
10.68-18.71 Oz.
Selected Varieties



\$10.99

Pringles
Snack Stack
Potato Crisps
19.3 Oz.



2/\$4

Act II
Popcorn
3 CL
Selected Varieties



2/\$3

David
Sunflower Seeds
8.25 Oz.
Selected Varieties



\$6.99



4/\$5

Ranch Style
Beans
19 Oz.
Selected Varieties



4/\$5

Libby's
Vegetables
14.5-19.25 Oz.
Selected Varieties



2/\$3

Betty Crocker
Potatoes
4 Oz.
Selected Varieties



\$1.99

American Beauty
Pasta
34 Oz.
Selected Varieties



\$1.99



\$4.99

American Beauty
Extra Wide Noodles
32 Oz.



\$4.49

Heinz
S7 Sauce
10 Oz.
Selected Varieties



\$1.99

Heinz
Mustard
14 Oz.
Selected Varieties



2/\$5

Western or
Wish-Bone
Sauces
18 Oz.
Selected Varieties



\$5.99



\$2.79

Hungry Jack
Pancake Mix
28-32 Oz.
Selected Varieties



\$2.99

Hungry Jack
Syrup
24 Oz.
Selected Varieties



\$3.99

Wonder
Cupcakes,
Cinnamon Rolls
or Twists
6-16 CL
Selected Varieties



\$8.99

Slim Fast
Powder Drink
12.8 Oz.
Selected Varieties



\$10.49



\$3.99

Mott's
Juice
64 Oz. or 6-8 CL
Selected Varieties



\$6.99

Mott's
Apple Juice
128 Oz.



\$16.99

Kibbles 'N Bits
Dog Food
16 LB
Selected Varieties



\$5.99

Royal Oak
Briquettes or
Lump Charcoal
9-15.5 CL
Selected Varieties



Best Choice

Grand Slam STEALS

\$7.49



\$2.49

Best Choice
Vanilla Wafers
17 Oz.



99¢

Best Choice
Cream Soup
10.5-10.75 Oz.
Selected Varieties



2/\$3

Best Choice
Broth or Stock
32 Oz.
Selected Varieties



4/\$5

Best Choice
Sweet Potatoes
15 Oz.



\$2.49



\$1.99

Best Choice
Gravy
12 Oz.
Selected Varieties



\$1.79

Best Choice
Ripe Olives
5.75-6 Oz.
Selected Varieties



\$6.99

Best Choice
Superior Selection
Olive Oil
17 Oz.
Selected Varieties



\$3.99

Best Choice
Corn, Vegetable
or Cornish Oil
48 Oz.
Selected Varieties



\$2.79



\$2.99

Best Choice
Toaster Pastries
12 CL
Selected Varieties



\$6.49

Best Choice
Heavy Duty
Aluminum Foil
75 Sq. Ft.



\$1.99

Best Choice
Disinfecting Wipes
26 CL
Selected Varieties



\$2.49

Best Choice
Containers
2-4 CL
Selected Varieties



Home & Health

Enjoy Spend LESS!
MORE

A FRESH START

BUY \$30 GET \$10 REWARD*

FOR EVERY ROOM

Keep your home shining all season long.

SCAN FOR DETAILS AND TO CLAIM YOUR REWARD

*Terms apply. Ends 5/2/2025. Validated by 5/2/2025. Visit www.PKG3.com/seasonal/SpringCleaning for full details and Privacy Policy. ©2025 Procter & Gamble.

\$19.99



\$3.99

Dawn
EZ Squeeze
or Power Wash
16-22 Oz.
Selected Varieties



\$19.99



\$19.99



\$1.49



\$4.99

Clorox
Disinfecting Bath,
All Purpose or
Mold & Mildew Spray
35-32 Oz.
Selected Varieties



\$9.99



\$4.29



\$2.99



\$10.99

Pampers
Easy Ups
16-22 CL
Selected Varieties



\$3.99



\$1.49



Fresh Cut Meat

Enjoy Spend LESS!
MORE



\$5⁹⁹
Lb.
Shoulder Arm
Roast
Fresh Boneless Beef



\$6⁹⁹
Lb.
Charcoal
Steak
Fresh Boneless Beef
Value Pack



\$1⁷⁹
Lb.
Pork
Loin
Whole Boneless
Sold In C.O.V Bag



\$1⁹⁹
Lb.
Pork
Chops
Fresh Boneless
Value Pack



\$2⁴⁹
Lb.
Country Style
Ribs For BBQ
Fresh Boneless Pork



\$2⁹⁹
Lb.
Ground
Pork
Frozen



\$14⁹⁹
Farmland
Boneless Ham
4 Lb.



\$3⁹⁹
Prairie Fresh
Bacon
12 Oz.
Selected Varieties

2/\$3

Banquet
Links or
Patties
6.8 Oz.
Selected Varieties



\$3⁹⁹
Bob Evans
Family Sides
28-32 Oz.
Selected Varieties



\$7⁹⁹
El Monterey
Taquitos
19-20.7 Oz.
Selected Varieties



\$3⁹⁹
Johnsonville
Smoked Brats
12-14 Oz.
Selected Varieties



\$2⁴⁹
Ea.
Farmland
Rolls and
Links Sausage
Selected Varieties



\$3⁹⁹
Oscar Mayer
Deli Fresh Shaved
or Carving Board Meats
6.9 Oz.
Selected Varieties



\$2⁹⁹
Oscar Mayer
Bologna or
Cotto Salami
16 Oz.
Selected Varieties



\$3⁴⁹
Oscar Mayer
Uploaded
Lunchables
13.9-16.1 Oz.
Selected Varieties



\$6⁹⁹
Hart
Chicken Entrees
22-32 Oz.
Selected Varieties



\$2⁹⁹
Armour
Pepperoni
6.6 Oz.
Selected Varieties



Seafood

\$4⁹⁹
Best Choice
Raw Shrimp
12 Oz. 41-50 Oz.



\$5⁹⁹
Gorton's
Breaded Fish
11-11.4 Oz.
Selected Varieties



\$5⁹⁹
Sea Best
Shrimp Ring
10 Oz.



Deli & Bakery

At Participating Stores

\$9⁹⁹

8 Piece
Golden Fried
Chicken
2 Breast 2 Wings
2 Thighs 2 Legs



\$4⁴⁹

Cafe Valley
Creme Cakes
20 Oz.
Selected Varieties



\$2⁴⁹
Reser's
Classic Salads
15-16 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kretschmar
American
Cheese



\$4⁴⁹
2-Bite
Mini Donuts
8 Oz.
Selected Varieties



\$2⁵⁹
Bake Shop
Mini Cookies
8 Oz.
Selected Varieties



\$8⁴⁹
Lb.
Kretschmar
Chicken Breast
Buffalo or Rotisserie



\$5⁹⁹
Lb.
Egg
Salad



\$2⁹⁹
Olson's Angel
Food Bar
11 Oz.



\$2⁶⁹
Father's Table
2-Slice
Cheesecake
26 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kretschmar
Virginia
Honey or Smoked
Ham



\$3⁹⁹
Columbus
Pre-Sliced
Italian Meats
3-4 Oz.
Selected Varieties



\$4⁵⁹
Cafe Valley
Large Croissants
6 Oz.



\$2⁵⁹
Ozark Hearth
Honey Wheat
Bread
20 Oz.



\$2⁹⁹
Coke
Products
2 Liter
Selected Varieties



\$1⁶⁹
Body Armor
16 Oz.
Selected Varieties



\$25⁹⁹
Jim Beam
Whiskey
1.75 Liter
Selected Varieties



\$31⁹⁹
Jose Cuervo
Tequila
1.75 Liter
Selected Varieties



\$44⁹⁹
Crown Royal
1.75 Liter
Selected Varieties



\$6⁹⁹
Powerade
20 Oz. Bottles 6 Pack
Selected Varieties



\$13⁹⁹
Coke
Products
12 Oz. Cans 24 Pack
Selected Varieties



\$6²⁹
Dark Horse
Wines
750 ML
Selected Varieties



\$9⁹⁹
Josh Cellars
White Wines
750 ML
Selected Varieties



\$11⁹⁹
Kendall Jackson
Wines
750 ML
Selected Varieties



\$4⁹⁹
7-Up
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$7⁹⁹
7-Up
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$2⁴⁹
Snapple
64 Oz.
Selected Varieties



\$15⁹⁹
White Claw
Cans
12 Oz. Cans 12 Pack
Selected Varieties



\$8⁹⁹
Blue Moon or
Leinenschmugel
Craft Beer
12 Oz. Cans or Bottles 6 Pack
Selected Varieties



\$20⁹⁹
Busch Family
Beer
12 Oz. Cans 30 Pack
Selected Varieties



Lent Specials

Prices Effective
MARCH 25-31, 2026



\$9⁹⁹
Best Choice
Tilapia
2 Lb. Bag



\$9⁹⁹
Best Choice
Pollock Fillets
2 Lb. Bag



\$6⁹⁹
Sea Best
Bay Scallops
1 Lb.



2/\$3
Best Choice
Fish Fry Mix
10 Oz.



\$1⁸⁹
Best Choice
Cocktail Sauce or
Tartar Sauce
12 Oz.
Selected Varieties



2/\$3
Best Choice
Louisiana
Hot Sauce
12 Oz.

Grand Slam STEALS

Prices Effective
MARCH 25-31, 2026



\$4⁹⁹
Kentucky Legend
Smokemaster's
Beef Hot Dogs
16 Oz.



\$4⁹⁹
Bar S
Smoked
Sausage
Selected Varieties



\$11⁹⁹
Holtz
Smash Burgers
32 Oz.



3/\$9
Tony's
Pizza
18.56-20.6 Oz.
Selected Varieties



\$2⁹⁹
Frito Lay
Lay's and Kettle
Selected Varieties



\$2⁹⁹
Daisy
Cottage Cheese
or Dip
16 Oz.
Selected Varieties



\$3⁴⁹
Frito Lay
Tostitos and
Simply
4.5-14.4 Oz.
Selected Varieties



\$3⁹⁹
Nabisco Ritz
Crackers
8.8-13.7 Oz.
Selected Varieties



\$3⁴⁹
Best Choice
Cracker
Cut Cheese
10 Oz.
Selected Varieties



10/\$10
Powerade
28 Oz.
Selected Varieties



\$4⁹⁹
Coke
Products
16.9 Oz. Bottles & Pack
Selected Varieties

Pre-Easter Sale

Prices Effective **MARCH 25-31, 2026**



\$2⁹⁹

Land O' Lakes
Butter
13-16 Oz.
Selected Varieties



3/\$5

Best Choice
Cream Cheese
8 Oz.
Selected Varieties



\$2⁹⁹

Best Choice
Rolled Pie Crust
15 Oz.



\$2⁶⁹

Rhodes
Soft White Dinner Rolls or
Artisan French Rolls
6 Ct.
Selected Varieties



\$4⁶⁹

Rhodes
Rolls
6-36 Ct.
Selected Varieties



99¢

Best Choice
Whipped Topping
8 Oz.
Selected Varieties



\$2⁹⁹

Country Crock
Heavy Whipping Cream
16.9 Oz.



\$1⁹⁹

Duncan Hines
Frosting
16-16 Oz.
Selected Varieties



2/\$3

Duncan Hines
Cake or Brownie Mix
16.25-16.3 Oz.
Selected Varieties



\$3⁹⁹

Best Choice
Almond Bark
20 Oz.
Selected Varieties



\$3⁷⁹

Best Choice
Baking Chips
10-12 Oz.
Selected Varieties



\$2⁹⁹

Best Choice
Walnuts
6 Oz.
Selected Varieties



\$1⁴⁹

Best Choice
Coconut
7 Oz.
Selected Varieties



\$3⁴⁹

Best Choice
Almonds
6 Oz.
Selected Varieties



\$4⁴⁹

Best Choice
Pecans
6 Oz.
Selected Varieties



\$2⁴⁹

Kraft
Caramels
11 Oz.
Selected Varieties



4/\$5

Best Choice
Marshmallows 10 Oz. or
Marshmallow Creme 7 oz.
Selected Varieties



\$2⁴⁹

Best Choice
Graham or
Chocolate Pie Crust 6-9 Oz. or
Graham Cracker Crumbs 0.5 Oz.
Selected Varieties



\$4⁴⁹

C&H
Granulated Sugar
4 Lb.



\$2⁹⁹

Best Choice
Self Rising Flour
5 Lb.



\$1⁹⁹

Best Choice
Unbleached or
All Purpose Flour
5 Lb.
Selected Varieties



2/\$3

Best Choice
Evaporated Milk
12 Oz.



\$2⁹⁹

Russell Stover
Easter Rabbits
3 Oz.
Selected Varieties



\$5⁴⁹

Hershey's
Easter Candy
7.6-10.8 Oz.
Selected Varieties



\$1⁶⁹

Best Choice
Pineapple
20 Oz.
Selected Varieties



\$2⁹⁹

Best Choice
Pie Filling
20-21 Oz.
Selected Varieties



\$2⁵⁹

Best Choice
Dinner Napkins
100 Ct.



\$2⁹⁹

Vanity Fair
Napkins
100 Ct.
Selected Varieties



\$4⁹⁹

Best Choice
Heavy Duty Plates
50 Ct.
Selected Varieties



\$3⁴⁹

Dixie Plates 20-50 Ct.,
Bowls 16-26 Ct. or
Cups 11 Ct.
Selected Varieties