

MIDTOWN MARKET

515 Main Street
Carbondale, KS
785.836.7178

Hours
8am to 7pm Mon. - Sat.
9am to 6pm on Sunday #189

Friendly Service, Quality Meat & Produce, Deli, Bakery, Money Orders

SPRING into Savings

PRICES GOOD MARCH 2026

WED	THU	FRI	SAT	SUN	MON	TUE
18	19	20	21	22	23	24



\$9⁹⁹
Lb.
Top Sirloin
Steak
Fresh Boneless Beef
Value Pack



\$2⁹⁹
Lb.
Chicken
Thighs
Frozen Boneless Skinless



\$1⁶⁹
Strawberries
1 Lb.



\$1⁹⁹
Lb.
Pork
Steak
Fresh Bone-In
Value Pack



99¢
Green Giant
Red Potatoes
3 Lb. Bag

2/\$4
Dole
Salad Blends
5-12 Oz.
Selected Varieties



\$3⁹⁹
Red Baron
Pizza
8.8/11.2 Oz.
Selected Varieties



\$1⁴⁹
Best Choice
Shredded or
Chunk Cheese
6-8 Oz.
Selected Varieties



\$2⁹⁹
Eggland's Best
Grade A
Large Eggs
Dozen



\$3⁴⁹
Simply
Juice
46-52 Oz.
Selected Varieties



\$4⁹⁹
Best Choice
Ice Cream
4 Oz.
Selected Varieties

More than shopping - it's community.

At your local grocer, you're more than a customer - you're family. We know your name, your kids' names, the activities you support, and your favorite cut of meat. Every purchase supports local jobs and keeps our community strong.

Fresh Produce

Enjoy Spend LESS!
MORE



**Autumn Crisp
Green Grapes**

\$3⁴⁹ Lb. Red, Yellow or Orange
Colored Peppers

3/\$5



\$1²⁹

**Always Save
Onions**

2 Lb. Bag Selected Varieties



\$3⁹⁹

**Cara Cara
Navel Oranges**

3 Lb. Bag



\$1²⁹

**Lb.
Pink Lady or
Granny Smith
Apples**



2/\$5

**Sweet Pop
Tomatoes**

10 Oz.

Floral

At Participating Stores



\$4⁹⁹

**Blooming
4 Inch**



2/\$1

**Sunkist
Large Lemons**



\$1⁴⁹

**Lb.
Tomatoes
on the Vine**



99¢

**Ea.
English
Cucumbers**



\$2⁹⁹

**Ea.
Wrapped
Broccoli**



\$10⁹⁹

**March Madness
Bouquet**

\$12⁹⁹

**Farmer's Market
Bouquet**

Dairy & Frozen

Enjoy Spend LESS!
MORE



2/\$5

**Kraft
Natural Slices**

7-8 Oz.
Selected Varieties



4/\$5

**Oikos
Protein Yogurt**

5.3 Oz.
Selected Varieties



\$6⁹⁹

**Voila or
Chef Boyardee
Family Size Frozen Entrees**

40-42 Oz. Selected Varieties



\$1²⁹

**Best Choice
Frozen Vegetables**

16 Oz.
Selected Varieties



\$4⁴⁹

**Kraft
Deli Deluxe
American Slices**

12 Oz.



\$3²⁹

**Best Choice
String Cheese**

10 Oz.



\$6⁴⁹

**Kraft
Twin Pack
American Singles**

24 Oz.



\$4⁷⁹

**White Castle
Burger Bites**

Selected Varieties



\$7⁹⁹

**Best Choice
Pizza Bites**

Selected Varieties



2/\$5

**Best Choice
Yogurt**

32 Oz.
Selected Varieties



2/\$3

**Best Choice
Corn Tortilla
24 Oz. or
Flour Tortilla
48 Oz.**

Selected Varieties



\$2⁹⁹

**Kraft
Philadelphia
Cream Cheese**

8 Oz.
Selected Varieties



\$2⁴⁹

**Best Choice
Whipped
Dairy Topping**

8.8 Oz.
Selected Varieties



\$8⁹⁹

**White Castle
Chicken Rings**

20 Oz.



\$1⁹⁹

**Best Choice
Frozen
Mini Corn
On The Cob**

6 Ct.



\$2⁹⁹

**Best Choice
Garlic Knots 8 ct.
Texas Toast 8 ct.
Breadsticks 5 ct. or
Garlic Bread 10.75 Oz.
Selected Varieties**



2/\$5

**Simply Aides or
Punch,
Minute Maid Zero
or Gold Peak Tea**

52 Oz.
Selected Varieties



2/\$8

**Silk
High Protein
Soy Milk**

48 Oz.
Selected Varieties



\$3⁹⁹

**Too Good
Liquid Coffee
Creamer**

28.4 Oz.
Selected Varieties



\$3⁶⁹

**HiLand or
Prairie Farms
Cottage Cheese**

Selected Varieties



\$3²⁹

**Mr. Delf's
Hash Browns**

24.3 Oz.
Selected Varieties



\$2⁴⁹

**Best Choice
Whipped Topping**

16 Oz.



\$4⁴⁹

**Dove
Buns 3 Ct. or
Minis 10 Ct.**

Selected Varieties

Grocery

Enjoy Spend LESS!
MORE



Frito Lay
Cheetos and Fritos
6.5-10 Oz.
or Tostitos Cantina
8-13 Oz. Selected Varieties
\$3.49

Kraft
Mac & Cheese
Dinner
5.5-7.3 Oz.
Selected Varieties
4/\$5

Kellogg's
Cereal
8.8-16 Oz.
Selected Varieties
2/\$6

\$4.49
Frito Lay
Doritos and
Santitas
8.5-13 Oz.
Selected Varieties



\$3.99
Frito Lay
Lay's and Kettle
4.75-8.82 Oz.
Selected Varieties



\$8.99
Pringles
Snack Stack or
Grab N Go
Potato Crisps
12.91-13.79 Oz.
Selected Varieties



\$2.49
Uncle Ray's
Chips
8.8-9.5 Oz.
Selected Varieties



\$3.99
Nabisco
Chips Ahoy!
Cookies
9.5-13 Oz.
Selected Varieties



2/\$3
Act II
Popcorn
3 Oz.
Selected Varieties



\$6.99
Planters
Cashews
8 Oz.
Selected Varieties



\$5.99
Planters
Mixed Nuts
10-10.3 Oz.
Selected Varieties



\$4.99
Planters
Duos
8 Oz.
Selected Varieties



\$3.49
Nabisco
Ritz Sandwich
Crackers 8 Oz. or
Teddy Grahams 10 Oz.
Selected Varieties



\$3.99
Cheez-It
Snack Crackers
6.5-12.4 Oz.
Selected Varieties



\$3.99
Nabisco
Belvita
8.8-8 Oz.
Selected Varieties



\$2.99
Keelbar
Sandwich
Crackers
8 Oz.
Selected Varieties



\$3.99
Nabisco
Premium or
Soup & Oyster
Crackers
9-16 Oz.
Selected Varieties



\$2.99
Velveeta
Cheesy Skillets
11.5-13.6 Oz.
Selected Varieties



\$6.99
Pompeian
Olive Oil
16 Oz.
Selected Varieties



\$3.49
Frank's
Sauce
12 Oz.
Selected Varieties



\$1.49
Knorr
Sides
4-8.8 Oz.
Selected Varieties



\$3.49
Kraft
Salad Dressing
16 Oz.
Selected Varieties



\$3.49
Kraft
Salad Dressing
24 Oz.
Selected Varieties



4/\$5
No Yolk
Sides
4.4 Oz.
Selected Varieties



\$1.99
No Yolk
Cups
2.64 Oz.
Selected Varieties



\$2.49
Heinz
Gravy
12 Oz.
Selected Varieties



2/\$7
Ragu
Pasta Sauce
45 Oz. or
Beefroll Pasta
Sauce 16.9 Oz.
Selected Varieties



\$2.19
Green Mountain,
McCafé, Krispy Kreme,
Donut Shop, Caribou or
New Man's Own Coffee
K Cups
32 Ct. Selected Varieties



\$2.99
Kellogg's
Rice Krispies
Treats
7-8 Ct.
Selected Varieties



\$2.49
Libby's
Canned Fruit
14.5-16.25 Oz.
Selected Varieties



\$2.99
Nalgene
Water
16.9 Oz. Bottles 24 Pack



2/\$6
On the Border
RTD Protein
Shake
12 Oz.
Selected Varieties



\$2.49
Capri Sun
64 Oz.
Selected Varieties



\$3.99
Capri Sun
10 Ct.
Selected Varieties



2/\$1
Big Hugs
Juice
16 Oz.
Selected Varieties



\$9.99
Lil Hugs
Juice
8 Oz. Bottles 40 Pack



99¢
Rachael Ray
Nutrish
Cat Food
14 Oz.
Selected Varieties



\$2.39
Rachael Ray
Nutrish
Dog Food
13 Oz.
Selected Varieties



\$1.39
Gravy Train
Dog Food
13.2 Oz.
Selected Varieties



\$13.99
Gravy Train
Dog Food
14 Lb.
Selected Varieties



\$6.99
Puffs
Cube
Facial Tissue
4 Ct.
Selected Varieties



\$4.99
Sparkle
Paper Towels
4 Double Rolls or
Angel Soft
Bath Tissue
6-8 Mega Rolls
Selected Varieties



\$7.49
Angel Soft
Bath Tissue
6-8 Mega Rolls
Selected Varieties



Best Choice.

Spring SALE!

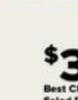
\$6.99
Best Choice
Superior Selections
Filled Pretzels
24 Oz.



\$4.49
Best Choice
Ketchup
64 Oz.



\$3.49
Best Choice
Salad Dressing
24 Oz.
Selected Varieties



\$2.79
Best Choice
Chunk or
Shredded Chicken
10 Oz.
Selected Varieties



4/\$5
Best Choice
Easy Skillet
Dinner Mix
5.3-8.8 Oz.
Selected Varieties



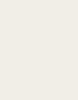
\$1.99
Best Choice
Gravy
12 Oz.
Selected Varieties



\$1.99
Best Choice
Soup
18.6-19 Oz.
Selected Varieties



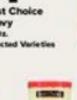
\$1.99
Best Choice
Tomato or
Tomato Sauce
28-29 Oz.
Selected Varieties



\$2.29
Best Choice
Toaster Pastries
8 Ct.
Selected Varieties



\$4.49
Best Choice
Quick or
Old Fashioned Oats
43 Oz.
Selected Varieties



4/\$5
Best Choice
Marshmallows
10 Oz.
Selected Varieties



2/\$3
Best Choice
Mandarin Oranges or
Tropical Fruit Salad
19 Oz.
Selected Varieties



\$2.99
Best Choice
No Bake
Cheesecake
11.2 Oz.



\$1.99
Best Choice
Pound Cake
Mix
16 Oz.



\$3.89
Best Choice
Mixers
164 Oz.
Selected Varieties



\$3.69
Best Choice
Grape or
Cranberry Juice
64 Oz.
Selected Varieties



\$5.49
Best Choice
Heavy Duty
Pliers
80 Ct.
Selected Varieties



\$5.99
Best Choice
Trash Bags
40 Ct.
Selected Varieties



\$1.99
Best Choice
Aluminum Foil
30 Sq.Ft.
Selected Varieties



\$3.99
Best Choice
Bath Tissue
8 Rolls
Selected Varieties



\$2.29
Best Choice
Rinse Aid
8.45 Oz.



\$6.99
Hello World
By Best Choice
Jumbo Training Pants
or Pajama Pants
11-25 Ct.
Selected Varieties



\$1.59
Hello World
By Best Choice
Travel Pack or
Kid Flushable
Wipes
40-43 Ct.
Selected Varieties



Home & Health

Enjoy Spend LESS!
MORE

\$12.99
Tide
Simply Liquid
Laundry Detergent
137-151 Oz.
Selected Varieties



\$9.99
Dawn
Ultra
Dish Soap
70 Oz.



\$9.99
Dawn
Powerwash
Dish Spray
43 Oz.
Selected Varieties



\$9.99
Dawn
Powerwash
Dish Spray
43 Oz.
Selected Varieties



\$9.99
Dawn
Powerwash
Dish Soap
19-38 Oz.
Selected Varieties



Fresh Cut Meat

Enjoy **SPEND LESS!**
MORE



\$5.99
Lb.
Bottom Round
Roast
Fresh Boneless Beef



\$6.49
Lb.
Bottom Round
Steak
Fresh Boneless Beef
Value Pack



\$6.99
Lb.
Cube
Steak
Fresh Boneless Beef



\$5.49
Lb.
80% Lean
Ground Beef
Value Pack



\$1.79
Lb.
Pork
Butt
Whole Bone-In 2Pc
Sold In C.O.V Bag



\$2.49
Lb.
Country Style
Ribs For BBQ
Fresh Bone-In Pork



\$2.49
Lb.
Pork
Spareribs
Frozen



\$4.99
Sugardale
Bacon
16 Oz.
Selected Varieties

\$3.99
Land O' Frost
Bistro
6-8 Oz.
Selected Varieties

2/\$5
Oscar Mayer
Snack Plates
3.3 Oz.
Selected Varieties

\$8.99
Cooked Perfect
Meatballs
16-18 Oz.
Selected Varieties

\$4.49
Johnsonville
Breakfast Patties
and Links
12 Oz. Selected Varieties

2/\$4
Oscar Mayer
P3 Protein
Packs
2.3.3 Oz. Selected Varieties

\$4.99
Ea.
Paradise Kitchens
Chicken Items
Selected Varieties

\$3.99
Oscar Mayer
Economy
Well Meats
16 Oz. Selected Varieties

\$1.79
Sugardale
Hot Dogs
16 Oz.

\$5.99
Lb.
Kentucky Legend
Quarter Sliced
Ham Items

2/\$5
Oscar Mayer
Fun Pack
Lunchables
8.9-10.7 Oz. Selected Varieties

\$2.99
Earl Campbell
Sausage Link
Items
14 Oz. Selected Varieties

\$5.49
Johnsonville
Summer Sausage
12 Oz.
Selected Varieties

Seafood

\$17.99
Sea Best
Argentine
Red Shrimp
2 Lb. 16-20 CL

\$2.99
Lb.
Swal
Fillets
TOP

\$9.99
Sea Best
Jumbo
Breaded Shrimp
1.5 Lb.

\$8.99
Best Choice
Cooked Shrimp
16 Oz. 41-50 CL

\$8.49
Lb.
Kretschmar
Turkey Breast
Mesquite,
Oven Roasted or Cajun

\$5.49
Sweet P's
Chocolate or
Strawberry
Swiss Rolls
14.1 Oz.
Selected Varieties

\$5.99
Slow Smoked or
Baked Chicken
Leg Quarters
4 Ct.

\$4.49
Lb.
Cucumber and
Onion Salad

\$8.99
Treat Shop
Glazed Donuts
12 Ct.

\$3.49
Olson's
Angel Food
Bar
11 Oz.

\$6.49
Lb.
Kretschmar
Mild Cheddar
Cheese

\$6.99
Lb.
Kretschmar
Black Forest
Ham

\$5.49
Filled
Cannolis
6.5-7.5 Oz.
Selected Varieties

\$6.99
Cookies N Creme
Single Layer
Cake
18.5 Oz.

\$3.49
Zarda
BBQ Baked
Beans
16 Oz.
Selected Varieties

\$2.49
Chicken
Nuggets
12 Ct.

\$2.99
Ozark Hearth
Sandwich Rolls
24 Oz.

\$3.49
Rotella's
Sliced Vienna
Bread
17 Oz.

\$7.99
Pepsi
Products
12 Oz. Cans 12 Pack
Selected Varieties

\$6.99
Pepsi
Products
12 Oz. Bottles 8 Pack
Selected Varieties

\$4.99
Pepsi
Products
7.5 Oz. Mini Cans 10 Pack
Selected Varieties

\$3.99
Pepsi
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties

DIGITAL COUPONS!

COUPON PRICES EFFECTIVE MARCH 18-24, 2026

DIGITAL COUPON DEAL
2/\$2.98
- \$1.00
2/\$1.98

DIGITAL COUPON DEAL
\$4.99
- \$1.50
\$3.49

DIGITAL COUPON DEAL
\$12.99
- \$1.00
\$11.99

FREEZER GIVEAWAY

ENTER FOR A CHANCE TO WIN!

9 GRAND PRIZE WINNERS

MARCH 4 - 24, 2026

Each winner will receive a **\$500 VISA GIFT CARD** towards the purchase of a new freezer.

Register for your chance to WIN!
Scan the QR Code or visit

Partners: Nestlé, CORNAGIA, Meryma, Blue Bunny, etc.

Prices Effective
MARCH 18-24, 2026

3/\$10

Halo Top Ice Cream
16 Oz.
Selected Varieties

2/\$7

Sister Schubert's Hawaiian Rolls
8 Ct. or Dinner Rolls
10 Ct.
Selected Varieties

2/\$7

Stouffer's, Mings or Tapatio Entrees or Bowls
9-20 Oz.
Selected Varieties

4/\$12

Stouffer's Frozen Entrees
8.375-12.75 Oz.
Selected Varieties

2/\$8

Tombstone Pizza
19.3-21.5 Oz.
Selected Varieties

\$2.99

Eggo Waffles
9.8-10 Oz.
Selected Varieties

2/\$5

Edward's Pies
5.34-6.5 Oz.
Selected Varieties

SPRING into Savings

5 for \$5

Prices Effective
MARCH 18-24, 2026

5/\$5

Red Gold Tomato Sauce
15 Oz.
Selected Varieties

5/\$5

Best Choice Pasta
16 Oz.
Selected Varieties

5/\$5

Best Choice Soda or Mixers
2 Liter
Selected Varieties

5/\$5

Michelina's Frozen Entrees
4.5-8.5 Oz.
Selected Varieties

5/\$5

Best Choice Potatoes
4 Oz.
Selected Varieties

Hop into Sweetness

\$1.59

Easter Marshmallow Peeps
8-10 Ct.
Selected Varieties

\$3.79

Starburst or Skittles Easter Candy
10-14 Oz.
Selected Varieties

\$4.99

M&M's Easter Candy
7.44-10.53 Oz.
Selected Varieties

\$4.99

Dove Easter Candy
7.94-8.87 Oz.
Selected Varieties

Buy 3, Save \$3

Colgate®

Mix & Match

Prices Effective **MARCH 18-24, 2026**



Colgate
Optic White
Mint Mouthwash
16 Oz.
MUST BUY 3

~~\$4.99~~
~~-\$1.00~~
\$3.99



Colgate
Optic White
Toothpaste
3.2 Oz.
Selected Varieties
MUST BUY 3

~~\$5.99~~
~~-\$1.00~~
\$4.99



Colgate
Optic White
Advanced
Toothpaste
4.5 Oz.
Selected Varieties
MUST BUY 3

~~\$7.99~~
~~-\$1.00~~
\$6.99



Colgate
Adult Toothbrush
2 Ct.
Selected Varieties
MUST BUY 3

~~\$5.99~~
~~-\$1.00~~
\$4.99



Colgate
Advance Floss
2 Ct.
MUST BUY 3

~~\$8.29~~
~~-\$1.00~~
\$7.29



Colgate
Hp Adult
Toothbrush
Selected Varieties

~~\$3.99~~
~~-\$1.00~~
\$4.99



Colgate
Advance
Floss or
Toothbrush
Selected Varieties
MUST BUY 3

~~\$5.99~~
~~-\$1.00~~
\$4.99



Colgate
360 Toothbrush
Selected Varieties
MUST BUY 3

~~\$3.99~~
~~-\$1.00~~
\$2.99



Colgate
Optic White
Mint Mouthwash
32 Oz.
MUST BUY 3

~~\$6.99~~
~~-\$1.00~~
\$5.99



Colgate
Kids Mouthwash
16.9 Oz.
MUST BUY 3

~~\$3.49~~
~~-\$1.00~~
\$2.49



Colgate
Total
Mouthwash
or Gel
4.6-6 Oz.
Selected Varieties
MUST BUY 3

~~\$4.99~~
~~-\$1.00~~
\$3.99



Total
Mouthwash
33.8 Oz.
Selected Varieties
MUST BUY 3

~~\$4.99~~
~~-\$1.00~~
\$3.99



Irish Spring
Body Wash
20 Oz.
Selected Varieties
MUST BUY 3

~~\$4.99~~
~~-\$1.00~~
\$3.99



Irish Spring
Bar Soap
8 Ct. or
Body Wash
30 Oz.
Selected Varieties
MUST BUY 3

~~\$5.99~~
~~-\$1.00~~
\$4.99



Softsoap
Hand Soap
32-50 Oz. or
Body Wash
20 Oz.
Selected Varieties
MUST BUY 3

~~\$5.99~~
~~-\$1.00~~
\$4.99