

Minneapolis, KS

Gene's **HEARTLAND FOODS**

785-392-3014

www.HeartlandFoodsStores.com

Not all items available at all stores. We reserve the right to limit quantities and correct printing errors.

Prices Effective: March 18-24, 2026

# X-TREME MARKDOWNS



**Whole Fryer**

vac pac, previously frozen

**\$1<sup>19</sup>**  
lb.



**Boneless Beef Arm Roast**

choice, family pk. single pk...\$6.19 lb.

**\$5<sup>99</sup>**  
lb.



**Quarter Loin Pork Chops**

assorted

**\$1<sup>99</sup>**  
lb.



Cape Coveille **Raw Shrimp**  
16/20 ct., ez peel, tail-on, sold in a 2 lb. bag for \$15.98

**\$7<sup>99</sup>**  
lb.



**Dole Salads**

Select Varieties 7.1-11.3 oz.

**\$2<sup>98</sup>**



Lay's **Potato Chips**  
Select Varieties p.p. \$6.19

**\$3<sup>98</sup>**



Ore-Ida **Potatoes**  
Select Varieties 19-32 oz.

**\$3<sup>98</sup>**



Gorton's **Popcorn Shrimp or Fish**  
Select Varieties 14-19 oz.

**\$4<sup>98</sup>**



Malt O Meal **Cereal**  
Select Varieties 32-34.5 oz.

**\$4<sup>68</sup>**



Ragù **Pasta Sauce**  
Select Varieties 16-24 oz.

**\$1<sup>98</sup>**

# MORE Grocery SAVINGS

**Cheetos  
or Fritos**  
Select Varieties  
p.p. \$5.49

**2/\$7**



**Pop-Tarts**  
Select Varieties  
8 ct.

**\$2<sup>69</sup>**



Food Club  
**Peanut Butter**  
Creamy or Crunchy  
16 oz.

**2/\$3**



Santa Fe  
**Tortilla Chip**  
Original or  
Southwestern  
Seasoned  
9-11 oz.

**\$2<sup>49</sup>**



Food Club  
**Green Beans,  
Corn or Peas**  
Select Varieties  
14.5-15.25 oz.

**3/\$2**



Red Gold  
**Tomato Sauce  
or Tomatoes**  
Select Varieties  
14.5-15 oz.

**5/\$5**



American Beauty  
**Pasta**  
Select Varieties  
12-16 oz.

**2/\$3**

Viva  
**Paper Towels**  
Multi-Surface Cloth  
6 big rolls

**\$9<sup>89</sup>**



Food Club  
**Split Top  
Wheat Bread**  
24 oz.  
**\$1<sup>99</sup>**



Kellogg's  
**Nutri Grain Bars**  
Select Varieties  
8 ct.

**\$2<sup>99</sup>**



Musselman's  
**Original  
Apple Sauce**  
48 oz.  
**\$3<sup>89</sup>**



Manwich  
**Sloppy Joe  
Sauce**  
Original or Bold  
24 oz.  
**\$2<sup>99</sup>**



Ricos  
**Cheddar  
Cheese Sauce**  
Select Varieties  
15 oz.  
**\$2<sup>99</sup>**



Pace  
**Picante Sauce  
or Salsa**  
Select Varieties  
24 oz.  
**\$3<sup>69</sup>**



Chinnet  
**Paper Platters  
or Plates**  
Select Varieties  
18-22 ct.  
**\$3<sup>99</sup>**



Ziploc  
**Storage or  
Freezer Bags**  
Quart or Gallon  
16-29 ct.  
**\$3<sup>49</sup>**



Dawn  
**Dishwashing  
Liquid**  
Select Varieties  
26.8-30.8 oz.  
**\$4<sup>99</sup>**

# Frozen & Dairy CASE



Heluva Good!  
Dips  
Select Varieties  
12 oz.

**\$2<sup>19</sup>**



Oui  
French Style  
Yogurt  
Select Varieties  
5 oz.

**4/\$5**



Crystal Farms  
Cracker Cuts  
Cheese  
Select Varieties  
7 oz.

**\$3<sup>49</sup>**



Food Club  
Cream Cheese  
Orig. or 1/3 Less Fat  
8 oz.

**\$1<sup>69</sup>**



Rana  
Lasagna  
Meat or  
Chicken Alfredo  
40 oz.

**\$11<sup>99</sup>**



Challenge Butter  
Whipped  
Butter  
8 oz.

**\$2<sup>99</sup>**



CraV'n Flavor  
Ice Cream  
Select Varieties  
1 gal. pail

**\$6<sup>49</sup>**



Zatarain's  
Entrees  
Select Varieties  
9-12 oz.

**\$3<sup>99</sup>**



Smart Ones  
Dinners  
Select Varieties  
8-11.5 oz.

**2/\$4**



CraV'n Flavor  
Pasta Bake  
or Lasagna  
Meat, Five Cheese  
or Vegetable  
36-38 oz. Family Size

**\$7<sup>79</sup>**



Tai Pei  
Egg Rolls or  
Potstickers  
Select Varieties  
24-24.5 oz.

**\$5<sup>99</sup>**



Tombstone  
Pizza  
Select Varieties  
18.5-20.2 oz.

**\$4<sup>49</sup>**

## Non-Food *where available*



TopCare  
Cold & Flu Severe  
day time/night time  
24 oz.  
combination pack

**\$7<sup>99</sup>**



TopCare  
Electrolyte Powder  
Berry Froot or  
Variety Pack  
6-8 ct.

**\$4<sup>99</sup>**



TopCare  
Makeup Remover  
& Cleansing Cloths  
Select Varieties  
25-30 ct.

**\$2<sup>19</sup>**



Pampers  
Baby Wipes  
Select Varieties  
52-72 ct.

**\$2<sup>89</sup>**

## Bakery *where available*



Stonefire  
Naan  
Original or  
Garlic  
8.8 oz.

**\$2<sup>49</sup>**



J.J.'s Bakery  
Snack Pies  
Apple or Cherry  
6 ct.

**\$3<sup>49</sup>**



Donut Time  
Variety Gem Donuts  
Powdered Sugar,  
Cinnamon or  
Chocolate Frosted  
18 oz.

**\$4<sup>99</sup>**



Sweet P's  
Brownies  
10.5 oz.

**\$4<sup>49</sup>**

# Fresh MEAT



Center Cut  
Pork Loin Chops  
Bone In

**\$2<sup>49</sup>**  
lb.

Boneless Beef  
Arm Steaks  
choice, family pk.  
small pk...5.7, 19 lb.

**\$6<sup>99</sup>**  
lb.

Earl Campbell's  
Smoked Sausage  
original or polish  
40 oz. family pk.

**\$8<sup>99</sup>**

Cape Coveille  
Cooked Shrimp  
41/50 ct. p&d  
tail-on, 1 lb. bag

**\$7<sup>99</sup>**



Tilapia Fillets  
farm raised  
2 lb.

**\$8<sup>99</sup>**



Top Blade  
Steak  
choice, boneless  
beef

**\$8<sup>99</sup>**  
lb.



Primo Villari  
Pork Ribeyes  
vac pac,  
previously frozen  
2-8 oz. portions  
12 oz.

**\$7<sup>99</sup>**



Breaded Popcorn  
Chicken Nuggets  
fully cooked

**\$1<sup>99</sup>**  
lb.



Bar S  
Cotto Salami  
or Meat Bologna  
classic or thick sliced  
12 oz.

**2/\$4**



AF Branded Beef  
Hamburger  
Patties  
2 lb. box

**\$9<sup>99</sup>**



Bar S  
Chicken or  
Meat Franks  
classic or red  
12 oz.

**3/\$5**



Bar S  
Deli Shaved  
Ham  
Select Varieties  
9 oz.

**\$3<sup>69</sup>**



Bar S  
Classic Corn Dogs  
2.67 lb. box

**\$10<sup>99</sup>**



Taste Choice  
Entrees  
Select Varieties  
20 oz

**\$5<sup>99</sup>**



Johnsonville  
Ground Italian Sausage  
Select Varieties  
16 oz.

**\$4<sup>99</sup>**

# Fresh PRODUCE



Broccoli Crowns  
Garden Fresh

**\$1<sup>99</sup>**  
lb.



Seedless  
Red Grapes  
extra large

**\$2<sup>49</sup>**  
lb.



Super Select  
Cucumbers

**3/\$2**  
FOR



Sugar Bee  
Apples

**\$1<sup>49</sup>**  
lb.



Blackberries  
6 oz.

**\$2<sup>99</sup>**



Golden  
Pineapple

**\$3<sup>99</sup>**  
ea.



Mountain King  
Steak House  
Buttery Bites  
3 lb. bag

**\$2<sup>99</sup>**



Kiwifruit

**2/\$1**  
FOR

# DELI where available



Whole Smoked  
or Rotisserie  
Chicken

**\$6<sup>99</sup>**



Fiorucci  
Panino  
Select Varieties  
1.5 oz.

**\$2<sup>49</sup>**



Mrs. Gerry's  
Steakhouse  
Potato Salad

**\$4<sup>99</sup>**  
lb.



Farm Rich  
Appetizers  
Select Varieties  
12-22 oz.

**\$7<sup>99</sup>**



Pepsi  
Products  
Select Varieties  
6 pk., 16.9 oz.

**\$3<sup>99</sup>**



Flora  
Essentials  
Bath Tissue  
12 double plus  
rolls

**\$4<sup>89</sup>**



Coors Light  
Beer  
30 pk. cans

**\$25<sup>99</sup>**



Lipton  
Pure Leaf Tea  
Select Varieties  
6 pk.

**\$7<sup>49</sup>**



Keystone  
Light  
Beer  
18 pk.

**\$23<sup>99</sup>**



Bubbly  
Sparkling  
Water  
Select Varieties  
6 pk., 12 oz.

**\$4<sup>99</sup>**

From Our Bakery



Fresh Baked  
Jalapeno  
Cheese Bread

**\$4<sup>69</sup>**



Bud Light  
Beer  
30 pack cans

**\$25<sup>99</sup>**