

# Springs

**FOOD MARKET**

107 East Main  
Wessington Springs, SD 57382  
Phone 539-9661

"Your Hometown Grocer"

In Town  
Home Delivery!



If you would like case lots from this sale flyer, orders must be placed by Thursday this week to assure sale price.  
Thank you -Springs Food Market

**OPEN:**

**Monday-Friday**

7:00 am - 7:00 pm

**Saturday**

7:00 am - 5:30 pm

**CLOSED Sunday**

Wednesday Is Water Day 3 Gallon Refills \$1.25  
• We Welcome WIC and Food Stamps #9554

PRICES EFFECTIVE WEDNESDAY, MARCH 18 THROUGH TUESDAY, MARCH 24, 2026

## MAKE EVERY MEAL A SLAM DUNK

### Lent Specials!

Mixed Atlantic Skinless Salmon Fillets 2/54  
4 Oz Portions

Louis Kemp Crab Delights \$2.49  
8 Oz. Selected Varieties

Best Choice Raw Tail-Off Shrimp \$4.99  
40-50 Ct., 12 Oz.

Best Choice Cooked Tail-On Shrimp \$5.49  
21-30 Ct., 12 Oz.

Best Choice Cooked Shrimp \$5.49  
100-150 Ct., 12 Oz.

Best Choice Crunchy Fish Sticks or Filets \$5.99  
18-24 Ct., Selected Varieties



Fresh Chicken Drumsticks or Thighs \$1.39 Lb.  
Family Pack, Product of the USA



Fresh Bone-In Assorted Pork Loin Chops \$1.99 Lb.  
Product of the USA



Fresh 80% Lean Ground Beef \$4.89 Lb.  
Family Pack, Product of the USA



Fresh Boneless Beef Chuck Roast \$6.99 Lb.



Fresh Boneless Beef Chuck Steaks \$7.59 Lb.



Fresh Boneless Beef Top Sirloin Steaks \$8.99 Lb.

El Monterey Taquitos \$7.99  
18-20 Oz., Selected Varieties

Butterball 85% Lean All Natural Ground Turkey \$3.49  
16 Oz. Tray

Oscar Mayer Ham or Turkey Lunchmeat \$3.99  
16 Oz., Selected Varieties

Oscar Mayer Fun Pack Lunchables 2/5  
8.5-10.7 Oz., Selected Varieties

Cook's Bone-In Ham Steaks \$3.99 Lb.

Land O' Frost Deli Shaved Lunchmeat \$1.99  
7.5-9 Oz., Selected Varieties

PRICE DROP Bar 5 Frenks \$1.69  
16 Oz., Selected Varieties

CORN DOGS \$5.99  
12 Oz., Selected Varieties

Best Choice Corn Dogs \$3.99  
12 Oz., Selected Varieties

Smithfield Fully Cooked Pork Sausages Patties or Links \$3.99

Rainbow Bell Peppers \$3.99

Always Save Yellow, White or Red Onions \$1.49



Avocados \$59c Ea.  
Avocados MEXICO 100000



Hothouse Beefsteak Tomatoes \$1.49 Lb.



California Popples Mandarins \$3.99

California Navel Oranges 4 Lb. \$3.99



Dole Salad Blends 2/54  
5-12 Oz., Selected Varieties



Best Choice Russet Potatoes \$1.29  
5 Lb.



Mini Sweet Peppers \$2.99  
11.5 Bag



Fresh Red Ripe Strawberries 2/5  
16 Oz. or Blackberries 6 Oz.



Fresh Asparagus \$3.99 Lb.



Fiesta Salsa \$3.99  
16 Oz., Selected Varieties



Red, Boss or Anjou Pears \$1.59 Lb.



Imported Peaches, Nectarines or Plums \$2.79 Lb.



Michigan Apples \$3.69  
12 Oz., Selected Varieties

**DIGITAL COUPON OFFERS**

MORE AD SPECIALS  
MORE AD DIGITAL COUPONS  
MORE AD PAGES

**MORE SAVINGS!**

Sign Up Now!

See Store for Details

Brighter aisle

PRICES EFFECTIVE: All Week

2/3 Best Choice Shredded or Chunk Cheese \$1.00 OFF 2  
6-8 Oz., Selected Varieties  
FINAL PRICE MUST BUY 2, LIMIT 1 DIGITAL COUPON

2/52

**TOMBSTONE**

2/8 Tombstone Pizza \$1.00 OFF 2  
13-27 Oz., Selected Varieties  
FINAL PRICE MUST BUY 2, LIMIT 1 DIGITAL COUPON

2/57

**SUPER DEAL**

4/5 Kraft Mac & Cheese Dinner \$2.00 OFF 4  
13-27 Oz., Selected Varieties  
FINAL PRICE MUST BUY 4, LIMIT 1 DIGITAL COUPON

4/3

**SUPER DEAL**

Cheez-It Crackers or Snack Mix \$3.99  
9-12.4 Oz., Selected Varieties  
Snap'd, Puff'd or Crunch Snacks \$1.00 OFF 1  
Selected Varieties  
FINAL PRICE LIMIT 1 DIGITAL COUPON

2.99

**SUPER DEAL**

Best Choice Ice Cream \$4.99  
4 Qt. Pail, Selected Varieties  
FINAL PRICE \$3.49  
LIMIT 1 DIGITAL COUPON

**DELI & BAKERY**

Rer's Deviled Egg Potato or Macaroni Salad 3 Lb. \$7.49

Rotella's Italian Bakery Split Top Hoagies 9 Ct., Selected Varieties \$2.49

King's Hawaiian Slider Buns 9 Ct., Selected Varieties \$3.49

Pepsi Products \$11.99  
24 Pack 12 Oz. Cans, Selected Varieties

Gatorade 2/8  
16 Pack 12 Oz. Bottles, Selected Varieties

Hydly Sparkling Water 2/13  
6 Pack 12 Oz. Cans, Selected Varieties

Pure Leaf Tea 2/13  
6 Pack 16.9 Oz. Bottles, Selected Varieties

Coke Products \$5.99  
2 Pack 12 Oz. Cans or 8 Pack 5.9 Oz. Bottles, Selected Varieties

Cake \$7.49  
8 Pack 16 Oz. Cans or 8 Pack 5.9 Oz. Bottles, Selected Varieties

BodyArmor Super Drink \$5.99  
6 Pack 16 Oz. Bottles or 6 Pack 12 Oz. Bottles, Selected Varieties

Kraft Natural Cheese Slices 2/5  
16 Oz., Selected Varieties

Red Baron Deep Dish, French Bread or Scramblers Singles Pizza 2/7  
16 Oz., Selected Varieties

Kellogg's Cereal 2/6  
16 Oz., Selected Varieties

Angel Soft Bath Tissue \$7.49  
8.8 Single Rolls, Selected Varieties

Best Choice Heavy Duty Paper Plates \$4.99  
18 Ct., Selected Varieties

Dasani Water \$5.99  
24 Pack 16.9 Oz. Bottles or Gold Peak Tea 6 Pack 16.9 Oz. Bottles, Selected Varieties

Bartle Pasta \$1.49  
2 Lb., Selected Varieties

MEM's or Mars Easter Candy \$4.99  
7.44-10.53 Oz., Selected Varieties

Starburst or Skittles Soft Chews \$3.79  
10.14 Oz., Selected Varieties

Best Choice Heavy Duty Paper Plates \$4.99  
18 Ct., Selected Varieties

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.



**StarKist  
Chunk Light  
Tuna**  
5 Oz.,  
Selected Varieties  
**99¢**



**Knorr  
Rice or  
Pasta Sides**  
4-5.8 Oz.,  
Selected Varieties  
**\$1.49**



**Kraft  
Mac & Cheese  
Dinner**  
5.5-7.3 Oz.,  
Selected Varieties  
**4/\$5**



**StarKist  
Chunk Light  
Tuna, Tuna Creations  
or Smart Bowls**  
2.6-4.9 Oz. Pouch,  
Selected Varieties  
**4/\$5**



**Bush's Best  
Baked or  
Grillin' Beans**  
2.1-2.8 Oz.  
Selected Varieties  
**\$2.89**



**Best Choice  
Breast Of  
Chicken**  
10 Oz.  
Selected Varieties  
**\$2.79**



**Best Choice  
Chunky Soup**  
18.6-19 Oz.,  
Selected Varieties  
**2/\$4**



**Nabisco  
Premium  
Saltines or  
Soup & Oyster  
Crackers**  
9.8 Oz.,  
Selected Varieties  
**\$3.49**



**XTRA  
Laundry  
Detergent**  
66-57.8 Oz. Liquid,  
Selected Varieties  
**\$2.99**



**Folgers  
Coffee**  
8.8 Oz. Ground or  
10 Oz. 30-Cups or  
Café Bustelo  
10 Oz. Ground,  
Selected Varieties  
**\$6.99**



**Belvita  
Breakfast  
Biscuits**  
5-8.8 Oz.,  
Selected Varieties  
**\$3.99**



**Nabisco  
Teddy Grahams**  
10 Oz.,  
Selected Varieties  
**\$3.49**



**Kellogg's  
Rice Krispies  
Treats**  
7-8 Cl.,  
Selected Varieties  
**\$2.99**

# TIP-OFF TO TASTY SAVINGS



**Totino's  
Party Pizza**  
9.8-10.9 Oz. or  
Pizza Rolls  
7.5 Oz.,  
Selected Varieties  
**3/\$5**



**TGI Fridays  
Appetizers**  
8-8.8 Oz.,  
Selected Varieties  
**\$3.99**



**Kemps  
Dip or  
Sour Cream**  
12-16 Oz. or  
Mid-America Farms  
Top The Tater  
Chive Onion  
Sour Cream Dip  
12 Oz.,  
Selected Varieties  
**\$1.99**



**Cheez-It  
Crackers or  
Snack Mix**  
8-12.4 Oz. or  
Snap'd, Puff'd or  
Crunch Snacks  
7.75-7.8 Oz.,  
Selected Varieties  
**\$3.99**



**Best Choice  
Soda or Mixers**  
2 Liter Bottles,  
Selected Varieties,  
Plus 6-pack  
Where Available  
**3/\$4**



**Best Choice  
String Cheese**  
10 Oz.  
**\$2.99**



**Doritos  
SmartFood  
Popcorn**  
5.25-10 Oz.,  
Selected Varieties  
**\$4.49**



**Cheetos**  
6.5-10 Oz.,  
Fritos  
9-20 Oz. or  
Fritos Dip  
8.5-9 Oz.,  
Selected Varieties  
**2/\$7**



**Nabisco  
Chips Ahoy!  
Cookies**  
9.5-9.8 Oz.,  
Selected Varieties  
**\$3.99**



**Keebler  
Sandwich  
Crackers**  
8 Oz.,  
Selected Varieties  
**\$2.99**



**Act II  
Microwave  
Popcorn**  
3 Oz.,  
Selected Varieties  
**2/\$3**



**Planters  
Mixed Nuts**  
10.3 Oz. or  
Cashew  
Halves & Pieces  
8 Oz.,  
Selected Varieties  
**\$6.99**

**FREEZER GIVEAWAY**



**ENTER  
FOR A CHANCE  
TO WIN!**

**9 GRAND PRIZE  
WINNERS**

**MARCH 4 - 24, 2026**

Each winner will receive a

**\$500 VISA GIFT CARD**

towards the purchase  
of a new freezer

Grand Prize  
Total of \$4,500!



Register for your  
chance to WIN!  
Scan the QR Code or visit  
[www.FROZENFOODGIVEAWAY.com](http://www.FROZENFOODGIVEAWAY.com)



**Stouffer's  
Entrée**  
8.8-12.75 Oz.,  
Selected Varieties  
**4/\$12**



**New York Bakery  
Garlic  
Texas Toast**  
5.25-5.5 Oz. or  
Bread Sticks  
6 Cl.  
**\$2.69**

## FROZEN DEALS



**Tombstone  
Pizza**  
19.3-27 Oz.,  
Selected Varieties  
**2/\$8**



**Mr. Dell's  
Hash Browns  
or Potatoes  
O'Brien**  
24-32 Oz.,  
Selected Varieties  
**\$3.49**



**Best Choice  
Ice Cream**  
4 Oz. Pail,  
Selected Varieties  
**\$4.99**



**Best Choice  
Tortellini or Ravioli**  
19-20 Oz.,  
Selected Varieties  
**\$3.99**



**Best Choice  
Frozen  
Vegetables**  
16 Oz.,  
Selected Varieties  
**2/\$3**



**Michelin's  
Entrée**  
4.5-8.5 Oz.,  
Selected Varieties  
**5/\$5**



**Kemps  
Sherbet  
Ice Cream or  
Frozen Yogurt**  
4 Oz. Pail,  
Selected Varieties  
**\$3.99**

## DAIRY DEALS



**Best Choice  
Shredded or  
Chunk Cheese**  
6-8 Oz.,  
Selected Varieties  
**2/\$3**



**Simply  
Juice**  
46-52 Oz.,  
Selected Varieties  
**\$3.99**



**Gold Peak  
Tea,  
Minute Maid  
Zero Sugar  
Lemonade or  
Simply  
Lemonade,  
Limeade or  
Juice Drink**  
52 Oz.,  
Selected Varieties  
**2/\$5**



**Crystal Farms  
Butter**  
1 Lb.,  
Selected Varieties  
**\$3.49**



**Best Choice  
Corn Tortillas  
or  
Flour Tortillas**  
24 Cl. or  
10 Cl.  
**\$1.39**



**Chobani  
Greek Yogurt**  
5.3 Oz.,  
Selected Varieties  
**5/\$5**



**Best Choice  
Dairy Topping**  
6.5 Oz.,  
Selected Varieties  
**\$1.99**