

W. HWY 160  
Lockwood, MO 65682  
Phone: 417-232-4216

Monday - Sunday  
8:00 AM - 8:00 PM



112 E Boone St.  
Ash Grove MO 65604  
Phone: 417-751-2527

Monday - Sunday  
7:00 AM - 9:00 PM

We reserve the right to limit quantities. Items are subject to availability. We are not responsible for printer or typographical errors.

Get Your Ad At [muncyssupermarket.com](http://muncyssupermarket.com)  
Or Get the Muncy's App to Receive the Ad as Well

Sign up at [muncyssupermarket.com](http://muncyssupermarket.com) to get our ad emailed to you.

PRICES EFFECTIVE WEDNESDAY, MARCH 4th - TUESDAY, MARCH 10th, 2026



LET THE  
**GRILLING SEASON**  
BEGIN!



**\$1.98**  
LB  
Sunray's Red,  
Green or Black  
Seedless Grapes



**\$1.99**  
LB  
Family Pack  
Boneless  
Pork Chops



**98¢** EA  
Avocados



**\$2.49**  
LB  
Boneless  
Skinless  
Chicken Breast  
Tenders



**\$1.88**  
Best Choice  
Granulated  
Sugar  
4 LB



**\$7.79**  
LB  
USDA Choice  
Chuck Roast

USDA  
CHOICE



Selected Varieties  
Post  
Cereal  
10-14.75 Oz.

**SUPER  
DIGITAL  
DEAL**  
2/\$6  
-\$2.00  
OFF 2  
**2/\$4**

Final Price With Digital Coupon  
Limit 1 Coupon per Customer



Selected Varieties  
Tony's  
Pizza  
18.56-20.6 Oz.

**3/\$9**



Selected Varieties  
Fiora Paper  
Towels  
6 Triple Roll or  
Bath Tissue  
12 Mega Roll

**DIGITAL  
COUPON  
DEAL**  
**\$6.99**  
-\$1.00  
**\$5.99**

Final Price With Digital Coupon  
Limit 1 Coupon per Customer



Selected Varieties  
Maruchan  
Ramen  
Noodles  
12 Ct  
**\$3.69**



Best Choice  
Apple Juice  
64 Oz  
**\$1.99**



Best Choice  
Cream of  
Mushroom or  
Chicken Soup  
10.5 Oz  
**89¢**



Best Choice  
Vegetable  
Oil  
128 Oz  
**\$8.49**



Best Choice  
Pinto Beans  
15.5 Oz  
**89¢**

Due to continuing supply chain issues, some items may have quantity limits or be temporarily unavailable. We reserve the right to limit quantities, correct printing errors, and/or establish minimum requirements. No rain checks. No sales to dealers or wholesalers.

Enjoy MORE

# GROCERY specials Spend LESS!



2/\$6

Selected Varieties Ocean Spray Cranberry Juice 60-64 Oz.



2/\$5

Selected Varieties General Mills Cereal 9-10.8 Oz.



2/\$9

Selected Varieties Frito-Lay Party Size Snacks 8.125-18 Oz.

\$2.99

Selected Varieties Quaker Instant Oatmeal 6-10 Ct.



\$2.99

Selected Varieties Welch's Juice 64 Oz.



2/\$4

Selected Varieties Best Choice Fruit 14.5-15.25 Oz.



2/\$3

Selected Varieties Betty Crocker Cake, Cookie or Brownie Mix or Frosting 12-16.3 Oz.



\$9.99

Selected Varieties Oikos Protein Shakes 4 Pk.



\$3.69

Country Bob's All Purpose Sauce 13 Oz.



2/\$4

Selected Varieties Ragu Pasta Sauce 16-24 Oz.



\$3.99

Selected Varieties Spam Luncheon Meat 12 Oz.



\$1.99

Best Choice Chunk Light Tuna 6.4 Oz.



2/\$6

Selected Varieties Idahoan Family Size Potatoes 7.34-8.2 Oz.



2/\$4

Selected Varieties Best Choice Sweet & Tangy BBQ Sauce 18 Oz.



\$2.99

Niagara Purified Drinking Water 24 Pk. 16.9 Oz.



2/\$9

Selected Varieties Jolly Time Popcorn 6-10 Ct.



\$2.99

Selected Varieties Kellogg's Zesta or Krispy Saltine Crackers 7.5-16 Oz.



\$5.99

Selected Varieties Pringles Snack Stacks 12 Ct.



\$6.49

Selected Varieties Nabisco Party Size Cookies or Crackers 23.7-28.8 Oz.



\$5.99

Selected Varieties Kellogg's or Cheez-It Multi-Pack Snacks 9-12.7 Oz.



2/\$7

Selected Varieties Frito-Lay Dip, Queso or Salsa 90-15.75 Oz.



\$9.99

Selected Varieties Frito Lay Multipack 9-18 Oz.



2/\$5

Selected Varieties Little Debbie Snack Cakes 10.6-16.2 Oz.



\$4.99

Selected Varieties Dawn Powerwash or EZ-Squeeze Dish Soap 16-17.4 Oz.



\$2.99

Selected Varieties Arm & Hammer Liquid Laundry Detergent 32.5-33 Oz. OR Power Paks 14 Ct.



\$3.29

Selected Varieties 9Lives Cat Food 4 Ct.



\$5.99

Selected Varieties Royal Oak Charcoal 8-15.4 Lb.



\$5.99

Selected Varieties Best Choice Cat Litter 14 Lb.



\$7.99

Selected Varieties Nutrish Cat Food 3 Lb.



\$12.99

Pure Wonder by Best Choice Puppy Food 15 Lb.



\$2.49

Selected Varieties Crest Toothpaste 5.7 Oz.



**BUY 5, SAVE \$5**

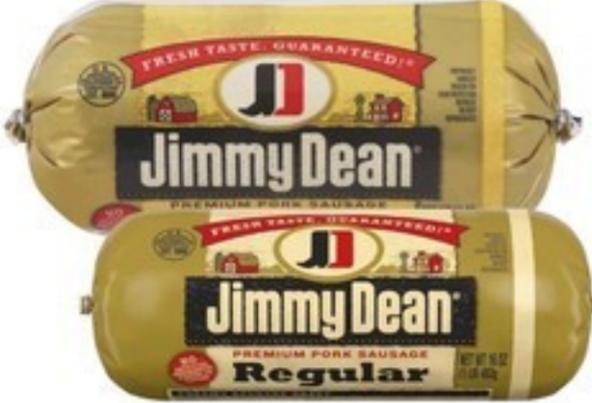
**Kraft**

**Kraft BUY 5 SAVE \$5**

 <p>Selected Varieties Kraft Natural Shredded, Chunk, or Crumbled Cheese 5-8 Oz.</p> <p><b>\$3.29</b> - \$1.00 <b>\$2.29</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Velveeta Loaf 32 Oz.</p> <p><b>\$7.99</b> - \$1.00 <b>\$6.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Smart Ones Entrees 6.49-10.25 Oz.</p> <p><b>\$1.99</b> - \$1.00 <b>99¢</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Oscar Mayer Hot Dogs or Smokies Sausages 14-16 Oz.</p> <p><b>\$3.79</b> - \$1.00 <b>\$2.79</b> When You Buy 5 Participating Items</p>
 <p>Selected Varieties Philadelphia Cream Cheese 8 Oz.</p> <p><b>\$3.49</b> - \$1.00 <b>\$2.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Ore-Ida Potatoes 22-32 Oz.</p> <p><b>\$4.49</b> - \$1.00 <b>\$3.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kraft Singles 10.7-12 Oz.</p> <p><b>\$3.99</b> - \$1.00 <b>\$2.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Home Bake Main Dishes 19.8 Oz.</p> <p><b>\$9.99</b> - \$1.00 <b>\$8.99</b> When You Buy 5 Participating Items</p>
 <p>Selected Varieties Home Bake Sides 15.5-22.2 Oz.</p> <p><b>\$5.99</b> - \$1.00 <b>\$4.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Devour Entrees or Bowls 9-14 Oz.</p> <p><b>\$3.79</b> - \$1.00 <b>\$2.79</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Hershey's Pudding or Jell-O 4 Ct.</p> <p><b>\$2.99</b> - \$1.00 <b>\$1.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kraft Cubed or Cracker Cut Cheese 6.4-7 Oz.</p> <p><b>\$3.69</b> - \$1.00 <b>\$2.69</b> When You Buy 5 Participating Items</p>
 <p>Jell-O Girl Scouts Pudding 2 Ct.</p> <p><b>\$2.99</b> - \$1.00 <b>\$1.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Classico Pasta Sauce 8.1-24 Oz.</p> <p><b>\$3.49</b> - \$1.00 <b>\$2.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kool-Aid Jammers 10 Ct.</p> <p><b>\$2.99</b> - \$1.00 <b>\$1.99</b> When You Buy 5 Participating Items</p>	 <p>Kraft Mac &amp; Cheese Dinner 5 Ct.</p> <p><b>\$4.49</b> - \$1.00 <b>\$3.49</b> When You Buy 5 Participating Items</p>
 <p>Selected Varieties Kraft Mayo 22-30 Oz.</p> <p><b>\$4.99</b> - \$1.00 <b>\$3.99</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kraft Deluxe Mac &amp; Cheese or Velveeta Shells &amp; Cheese Dinner 9.4-14 Oz.</p> <p><b>\$3.49</b> - \$1.00 <b>\$2.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kraft Mac &amp; Cheese or Velveeta Shells &amp; Cheese Cups 2-4 Ct.</p> <p><b>\$4.99</b> - \$1.00 <b>\$3.99</b> When You Buy 5 Participating Items</p>	 <p>Kraft Mac &amp; Cheese Spiral 4 Ct.</p> <p><b>\$4.79</b> - \$1.00 <b>\$3.79</b> When You Buy 5 Participating Items</p>
 <p>Selected Varieties Kraft Miracle Whip 19-30 Oz.</p> <p><b>\$5.49</b> - \$1.00 <b>\$4.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Kraft Salad Dressing 16 Oz.</p> <p><b>\$2.99</b> - \$1.00 <b>\$1.99</b> When You Buy 5 Participating Items</p>	 <p>Heinz Ketchup 32 Oz.</p> <p><b>\$5.49</b> - \$1.00 <b>\$4.49</b> When You Buy 5 Participating Items</p>	 <p>Selected Varieties Maxwell House Ground Coffee 23.1-27.9 Oz.</p> <p><b>\$13.99</b> - \$1.00 <b>\$12.99</b> When You Buy 5 Participating Items</p>

# Sensational SAVINGS!

# Sensational SAVINGS!



Selected Varieties  
**Jimmy Dean Sausage Rolls**  
 16 Oz. **\$3.49**



Selected Varieties  
**Catch of the Day 21/25 ct EZ Peel Shrimp**  
 24 Oz. **\$7.99**



**10 Lb. Bag**  
**Russet Potatoes**  
 10 Lb. Bag **\$1.99**



**Hormel Premium Chicken Breast**  
 10 Oz. **\$2.49**



Selected Varieties  
**Best Choice Cake Mix**  
 15.25 Oz. **75¢**



Selected Varieties  
**Eggo Waffles**  
 10 Ct. **\$1.99**



Selected Varieties  
**Old Orchard Apple Juice**  
 64 Oz. **\$2.00**



Selected Varieties  
**Best Choice Pasta**  
 16 Oz. **75¢**



Selected Varieties  
**Idahoan Potatoes**  
 4 Oz. **\$1.00**



Selected Varieties  
**Best Choice Biscuits**  
 7.5 Oz. **75¢**

**Enjoy MORE**

**PRODUCE** farm fresh

**Spend LESS!**



Selected Varieties  
**Dole Salad Kits**  
9.1-12.25 Oz.  
**\$2.99**

Produce for Kids



3 Lb. Bag  
California  
**Sunkist Seedless Mandarins**  
3 Lb. Bag  
**\$4.99**



Selected Varieties  
Willy's Salsa  
16 Oz.  
**\$3.99**

**\$1.49** LB.  
Large  
**Roma Tomatoes**



3 Lb. Bag  
California  
**Cara Cara Pink Navel Oranges**  
3 Lb. Bag  
**\$4.99**

Produce for Kids



**\$1.99**  
Giorgio  
**Whole White Mushrooms**  
8 Oz.



**79¢** LB.  
Texas  
**Green Cabbage**



**\$1.89** LB.  
Fancy  
**Yellow or Zucchini Squash**



**\$1.19** LB.  
Jumbo  
**Real Sweet Onions**

**DAIRY**



Selected Varieties  
**Daisy Cottage Cheese**  
24 Oz.  
**\$3.99**

Selected Varieties  
**Ratio or Yoplait OI Yogurt**  
5-5.3 Oz.  
**2/\$3**

Selected Varieties  
**Coffee-Mate Coffee Creamer or Iced Coffee**  
14-50 Oz.  
**2/\$7**

Selected Varieties  
**Oikos Vanilla Yogurt or Too Good Yogurt Pouches**  
4 Ct. or 32 Ct.  
**\$4.99**

**Country Crock Spread**  
15 Oz.  
**\$2.99**

Selected Varieties  
**Dunkin' or Silk Coffee Creamer**  
32 Oz.  
**\$4.49**

Selected Varieties  
**Best Choice Cinnamon Rolls**  
12.4 Oz.  
**2/\$5**

**Rana Meat Lasagna**  
40 Oz.  
**\$12.99**

**Turkey Hill Sweet Tea**  
128 Oz.  
**\$2.99**

Selected Varieties  
**Tropicana Refreshers**  
46 Oz.  
**\$2.99**

**FROZEN**



Selected Varieties  
**Lean Cuisine Entrees or Bowls**  
6-11.5 Oz.  
**4/\$12**

Selected Varieties  
**Pictsweet Farms Vegetables**  
8-12 Oz.  
**2/\$4**

Selected Varieties  
**DiGiorno Pizza**  
14.6-29.3 Oz.  
**2/\$10**

Selected Varieties  
**Vital Pursuit or Life Cuisine Pizza**  
6-6.3 Oz.  
**2/\$7**

Selected Varieties  
**Cholula Burrito Bowls or Enchiladas**  
8.5-9 Oz.  
**\$3.99**

Selected Varieties  
**MorningStar Farms Burgers, Grillers, Patties, Nuggets, Links or Strips**  
5.25-12 Oz.  
**\$4.49**

Selected Varieties  
**Best Choice Garlic Bread, Sticks, Texas Toast or Rolls**  
6-8 Ct. or 16 Oz.  
**2/\$5**

**Best Choice Corn Nuggets**  
32 Oz.  
**\$5.99**

Selected Varieties  
**Jonny Pops**  
8 Ct.  
**\$5.99**

**Enjoy MORE**

**MEAT** *best quality*

**Spend LESS!**



Corned Beef Points

**\$4<sup>99</sup>** LB.



Boneless Pork Loin Roast

**\$1<sup>99</sup>** LB.



USDA Choice Family Pack Chuck Steak

**\$7<sup>99</sup>** LB.



Pork Spare Ribs

**\$2<sup>99</sup>** LB.



USDA Choice Whole Tri-Tip

**\$7<sup>99</sup>** LB.



Certified Family Pack Fine Ground Chuck

**\$5<sup>29</sup>** LB.



Family Pack Chicken Drumsticks

**\$1<sup>29</sup>** LB.



Chicken Wing Drumettes

**\$1<sup>99</sup>** LB.

**LENTEN** *specials*

Fisher Boy Fish Sticks 60 Oz. **\$7<sup>99</sup>**



Selected Varieties Fisher Boy Fish Fillets or Sticks 16-22 Oz. **2/\$7**



Selected Varieties Dockside Lobster or Crab Cakes 10 Oz. **\$5<sup>99</sup>**



Frozen Catfish Fillets **\$4<sup>99</sup>** LB.



Sea Best Ahi Tuna 16 Oz. **\$6<sup>99</sup>**



Aqua Star Salmon 20 Oz. **\$9<sup>99</sup>**



Selected Varieties Bob Evans Sausage Rolls 12-16 Oz. **\$3<sup>99</sup>**



Selected Varieties Banquet Brown 'N Serve Sausage Links 6.4 Oz. **2/\$3**



Selected Varieties Nathan's Famous Beef Franks 12 Oz. **\$5<sup>49</sup>**



Selected Varieties Oscar Mayer Lunchables 5 Pk. **\$7<sup>49</sup>**



Selected Varieties Curly's Pulled Chicken or Pork 12-16 Oz. **\$4<sup>99</sup>**



Selected Varieties Zatarain's Smoked Sausage 14 Oz. **\$3<sup>99</sup>**



Selected Varieties Eckrich Lunch Meat or Franks 7-12 Oz. **\$1<sup>99</sup>**



Selected Varieties Smithfield Prime Fresh Lunchmeat 7-8 Oz. **\$3<sup>99</sup>**



Selected Varieties Reser's Mashed Potatoes or Macaroni & Cheese 20-24 Oz. **2/\$7**



Selected Varieties Farmland Diced, Cubed or Sliced Ham or Ham Steaks 16 Oz. **\$4<sup>99</sup>**



Selected Varieties Hidden Valley Ranch Toppers 6 Oz. **\$3<sup>99</sup>**



**DELI** *deals*

**BAKERY** *deals*

**Kretschmar**  
Kretschmar Turkey Breast **\$7<sup>49</sup>** LB.

**Kretschmar**  
Kretschmar Pepper Jack Cheese **\$5<sup>99</sup>** LB.

**Clyde's**  
Clyde's Glazed Donuts **\$4<sup>29</sup>** 12 Ct.

Selected Varieties Better Butter 3-3.7 Oz. **\$2<sup>29</sup>**

Stonefire Naan Dippers 7.05 oz. **\$3<sup>49</sup>**

**MJays**  
MJays Goopy Butter Cake **\$4<sup>99</sup>** 13 Oz.

Selected Varieties Rich's Scoop Cakes 9.2-9.5 Oz. **\$5<sup>49</sup>**

**2 Days of Daylight Savings - March 7th & 8th**

**2 DAYS ONLY!** **\$3<sup>99</sup>** LB.  
80/20 Ground Chuck 10 LB Roll

**2 DAYS ONLY!** **\$2<sup>89</sup>**  
Hiland Cottage Cheese 24 oz

**2 DAYS ONLY!** **\$2<sup>97</sup>**  
Selected Varieties Best Choice Waffles 24 count

**2 DAYS ONLY!** **\$1<sup>29</sup>**  
Russet Potatoes 5 LB

**2 DAYS ONLY!** **\$6<sup>99</sup>** LB.  
Whole Tri tip

**2 DAYS ONLY!** **\$9<sup>99</sup>**  
Folgers Classic Roast Coffee 25.9oz

**2 DAYS ONLY!** **5/\$10**  
Selected Varieties Family Pack Little Debbie Snack Cakes

**2 DAYS ONLY!** **\$1<sup>99</sup>** LB.  
Pork Spare Ribs

**2 DAYS ONLY!** **\$1<sup>99</sup>** LB.  
Whole Boneless Pork Loin

**FREEZER GIVEAWAY**

**ENTER  
FOR A CHANCE  
TO WIN!**

**MARCH 4 - 24, 2026**

**9  
GRAND PRIZE  
WINNERS**

Each winner  
will receive a

**\$500 VISA GIFT CARD**

towards the purchase  
of a new freezer

Grand Prize  
Total of \$4,500!



Register for your  
chance to WIN!  
Scan the QR Code or visit



**www.FROZENFOODGIVEAWAY.com**



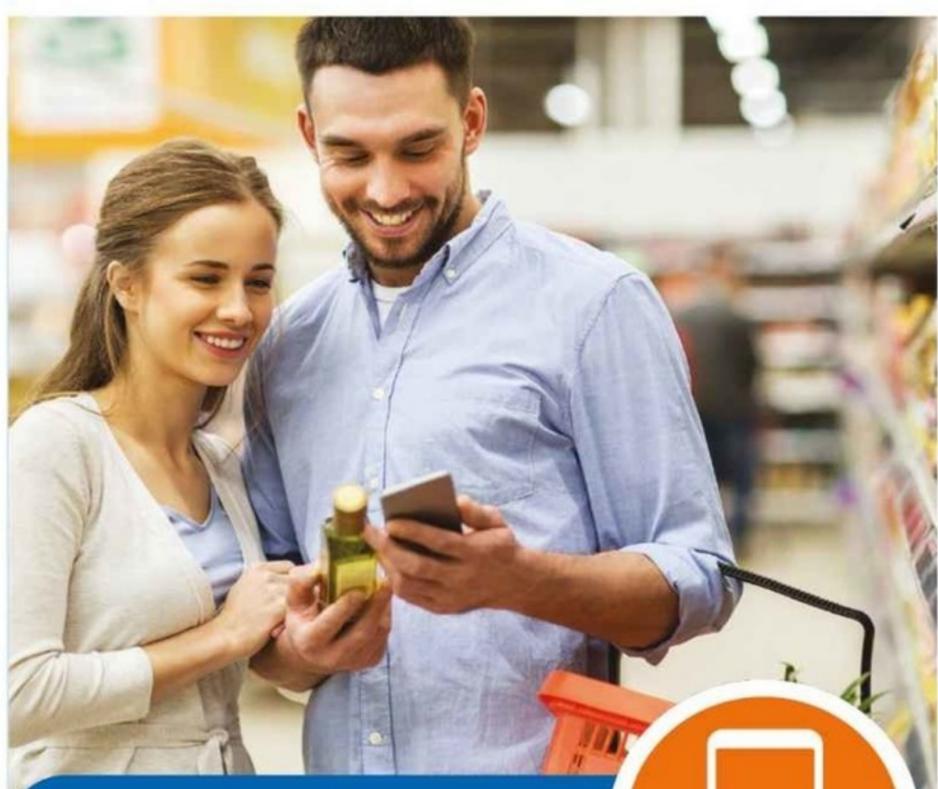
Selected Varieties  
**Blue Ribbon  
Classics  
Ice Cream**  
48 Oz.

**\$2.99**



Selected Varieties  
**Edwards  
Pies or  
Cheesecake**  
24-32 Oz.

**\$5.99**



# EXTRA SAVINGS WITH DIGITAL COUPONS

DOWNLOAD  
**OUR FREE APP!**

**DIGITAL COUPON DEAL**



**SUPER DIGITAL DEAL**

**2/\$4**

**-\$2.00 OFF 2**

Selected Varieties  
**Best Choice Sweet & Tangy Barbecue Sauce**  
18 Oz.

**2/\$2**

Final Price with Digital Coupon  
Limit 1 Coupon per Customer



**DIGITAL COUPON DEAL**

**\$2.99**

**-\$1.00**

**\$1.99**

**Country Crock Spread**  
15 Oz.

Final Price with Digital Coupon  
Limit 1 Coupon per Customer



**DIGITAL COUPON DEAL**

**2/\$5**

**-\$1.00 OFF 2**

**2/\$4**

Selected Varieties  
**Best Choice Cinnamon Rolls**  
12.4 Oz.

Final Price with Digital Coupon  
Limit 1 Coupon per Customer