

MIDTOWN MARKET

515 Main Street
Carbondale, KS
785.836.7178

Hours
8am to 7pm Mon. - Sat.
9am to 6pm on Sunday #189

Friendly Service, Quality Meat & Produce, Deli, Bakery, Money Orders

LET THE
**GRILLING
SEASON
BEGIN!**

PRICES GOOD MARCH 2026

WED	THU	FRI	SAT	SUN	MON	TUE
4	5	6	7	8	9	10

Don't Forget to
**SPRING
FORWARD**
Sunday
March 8th

\$4⁹⁹
Lb.
Corned Beef
Brisket Points

\$2⁹⁹
Lb.
Chicken
Tenderloin
Frozen

\$2⁹⁹
Dole
Chopped!
Kits
9.5-12.25 Oz.
Selected Varieties

\$1⁹⁹
Strawberries
1 Lb. Pkg.

\$2⁴⁹
Lb.
Pork
Tenderloin
Frozen

\$1⁹⁹
Lb.
Red
Grapes



\$2⁴⁹
General Mills
Cereal
9-10.8 Oz.
Selected Varieties



\$6⁹⁹
Fiora
Paper Towels
6 Triple Rolls or
Bath Tissue
12 Mega Rolls
Selected Varieties



\$3⁴⁹
Best Choice
Soda
12 Oz. Cans 12 Pack
Selected Varieties



\$2⁹⁹
Tropicana
Juice
46 Oz.
Selected Varieties

More than shopping - it's community.

At your local grocer, you're more than a customer - you're family. We know your name, your kids' names, the activities you support, and your favorite cut of meat. Every purchase supports local jobs and keeps our community strong.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce

Enjoy Spend LESS! MORE



Blackberries
6 Oz.

2/\$4

Sunkist
Navel Oranges 3 Lb. Bag or
Blood Oranges 2 Lb. Bag

\$3.99



\$3.99
Lb.
Cotton Candy
Grapes



\$2.99
Sweet Mini Peppers
1Lb.



\$1.29
Lb.
Extra Large
Roma Tomatoes



99¢ **Ea.**
Hot House
English Cucumbers



\$8.99
Lime Sugar
Bouquet



\$2.99
Best Choice
Idaho Russets
10 Lb. Bag



\$2.49
Scarlett Pearl
Tomatoes
10 Oz.



\$2.49
Lb.
Honeycrisp
Apples



\$2.99
Bolthouse
Drinks
450 ML. Selected Varieties



\$9.99
Shamrock
\$12.99
Uniquely Beautiful
Bouquet

Dairy & Frozen

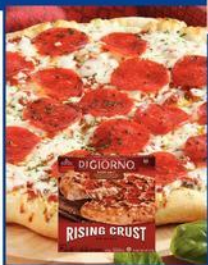
Enjoy Spend LESS! MORE



\$5.49
Eggland's Best
Grade A
Extra Large Eggs
18 Ct.



\$4.49
Best Choice
Spread
45 Oz.
Selected Varieties



2/\$10
Digiorno
Pizza
14.6-29.3 Oz.
Selected Varieties



\$2.49
Best Choice
Garlic Bread 16 Oz.,
Dinner Rolls or
Breadsticks 6 Ct. or
Texas Toast 8 Ct.
Selected Varieties

\$2.99
Country Crock
Spread
15 Oz.
Selected Varieties

\$2.99
Country Crock
Plant Based
Spread
14 Oz.

\$2.49
Best Choice
Cinnamon Rolls
12.4 Oz.
Selected Varieties

3/\$9
Tony's
Pizza
18.56-20.8 Oz.
Selected Varieties

2/\$4
Pictsweet
Vegetables
9-12 Oz.
Selected Varieties

\$3.49
Best Choice
Chub Cookie
Dough
16.5 Oz.
Selected Varieties

\$7.99
Take Home
Family Size
Entrees
21.8-22.8 Oz.
Selected Varieties

\$12.99
Rana or
Take Home
Family Size
Entrees
38-40 Oz.
Selected Varieties

\$3.99
Cholula
Bowls or
Enchiladas
8.5-9 Oz.
Selected Varieties

\$5.99
Best Choice
Corn Nuggets
32 Oz.

\$3.99
Daisy
Cottage Cheese
24 Oz.
Selected Varieties

\$2.99
Turkey Hill
Sweet Tea or
Lemonade
128 Oz.
Selected Varieties

2/\$3
Yoplait
Yogurt 5.3 Oz. or
Haagen Daz
Yogurt 4 Oz.
Selected Varieties

\$9.99
Best Choice
Mozzarella Sticks or
Cheddar Poppers
32 Oz.
Selected Varieties

2/\$7
Life Cuisine
Vital Pursuit
Entrees
6.8-8.5 Oz.
Selected Varieties

\$4.99
Dannon
Oikos Protein Drink 8 Ct.
Activia Dailies 8 Ct. or
Activia Proactive Yogurt 32 Oz. or
Dannon or Too Good Yogurt 32 Oz. or
Too Good Yogurt 4 Ct. Pouch Selected Varieties

\$4.49
International Delight
Iced Coffee
64 Oz.
Selected Varieties

\$4.49
Lean Cuisine
Entrees or Bowls
6-11.5 Oz.
Selected Varieties

4/\$12
Morningstar Farms
BBQ Ribs
10 Oz.

\$6.49
Incogmato
Chicken Tenders
13.5 Oz.

\$4.49
58k or
Dunkin' Liquid
Coffee Creamer
32 Oz.
Selected Varieties
KCO3

2/\$7
Coffeemate
Liquid Coffee
Creamer 28-32 Oz.
Cold Foam 16 Oz. or
Iced Coffee 50 Oz.
Selected Varieties

\$2.39
Hiland
Sour Cream
16 Oz.
Selected Varieties

\$2.99
Eggo
Waffles
8.8-10 Oz.
Selected Varieties

\$4.99
Jonnyrops
8 Ct.
Selected Varieties

Grocery



\$3.49

Frito Lay
Salsa and
Dairy Dips
16-15.75 Oz.
Selected Varieties



**Little Debbie
Cakes and
Cookies**
9.5-16.2 Oz.
Selected Varieties



**Post
Cereal**
10-14.75 Oz.
Selected Varieties

**Frito Lay
Lay's and
Kettle**
4.75-9.62 Oz.
Selected Varieties

\$3.99

\$2.79

\$2.99

\$4.49

Party Size
Lay's, Kettle
and Others
8.25-18 Oz.
Selected Varieties



\$9.99

Frito Lay
Multigrain
16-24 Oz.
Selected Varieties



\$2.49

Hershey's
King Size
Candy
18 Oz.
Selected Varieties



\$5.49

Hershey's
Easter Candy
7.6-10.8 Oz.
Selected Varieties



\$6.49

Nabisco
Party Size
Cookies or
Crackers
23.3-28.8 Oz.
Selected Varieties



\$2.99

Keebler
Zesta or
Krispy Satine
Crackers
12-16 Oz.
Selected Varieties



\$5.99

Pringles
Snack Stack
Potato Crisps
12 Oz.
Selected Varieties



\$5.99

Keebler
Caddies
13-14 Oz.
Selected Varieties



\$3.99

Jolly Time
Popcorn
6-10 Oz.
Selected Varieties



\$3.69

Country Bob's
All Purpose
Sauce
13 Oz.



\$3.99

Spam
12 Oz.
Selected Varieties



2/\$4

Ragu
Pasta Sauce
16-24 Oz.
Selected Varieties



2/\$3

Idahoan
Potatoes
13-14 Oz.
Selected Varieties



2/\$6

Idahoan
Family Size
Potatoes
13-14 Oz.
Selected Varieties



\$2.99

Quaker
Instant Oatmeal
6-10 Oz.
Selected Varieties



2/\$3

Betty Crocker
Brownie Mix
16.3 Oz. or
Betty Crocker
Frosting
13-16 Oz. or
Betty Crocker
Cake or
Cookie Mix
11.5-14.25 Oz.
Selected Varieties



\$2.79

Welch's
Juice
64 Oz.
Selected Varieties



\$2.99

Ocean Spray
Cranberry Juice
64 Oz.
Selected Varieties



\$9.99

Oikos
Ready To Drink
Protein Shakes
4 Oz.
Selected Varieties



\$8.99

Pure Protein
Ready To Drink
Shakes
4 Oz.
Selected Varieties



\$2.99

Niagara
Water
16.9 Oz. Bottles 24 Pack



\$3.29

9-Lives
Cat Food
4 Oz.
Selected Varieties



\$7.99

Rachael Ray
Nutrish
Cat Food
3 Oz.
Selected Varieties



\$5.99

Royal Oak
Charcoal Briquets
8-15.4 Lb.
Selected Varieties



Best Choice.

Save on Our Brands

\$2.49

Best Choice
Kettle Chips
8 Oz.
Selected Varieties



\$2.49

Best Choice
Superior Selection
Chicken Sandwich
Sauce
11 Oz.



2/\$1

Best Choice
Ranch Dressing or
Dip Mix
1-1.5 Oz.
Selected Varieties



2/\$5

Best Choice
Easy Skillet
Meals
11.6-12.8 Oz.
Selected Varieties



\$1.99

Best Choice
Chunk Light
Tuna Pouch
6.4 Oz.



5/\$5

Best Choice
Pasta
16 Oz.
Selected Varieties



\$1.69

Best Choice
Lasagna
12-16 Oz.
Selected Varieties



\$2.99

Best Choice
Jumbo
Marshmallows
24 Oz.



2/\$4

Best Choice
Canned Fruit
14.5-15.25 Oz.
Selected Varieties



\$2.79

Best Choice
Chocolate Syrup
24 Oz.



\$5.99

Pure Wonder
By Best Choice
Cat Litter
14 Lb.
Selected Varieties



\$12.99

Pure Wonder
By Best Choice
Puppy Food
15 Lb.



\$3.49

Best Choice
Lawn & Leaf
Bags
40 Oz.



\$9.99

Best Choice
Party Cups
16 Oz. 100 CL



\$1.99

Best Choice
All Purpose Cleaner,
Bathroom Spray,
Window Cleaner,
Mildew Remover or
Drain Opener
32 Oz.
Selected Varieties



\$1.99

Best Choice
Dust Cloths
16 CL or
Toilet Bowl
Cleaner 24 Oz.
Selected Varieties



Home & Health

Enjoy Spend LESS! MORE



\$4.99

Dawn
EZ Squeeze
Dish Soap
24.3 Oz.
Selected Varieties



\$4.99

Dawn
Powersuds
EZ Squeeze or
Powerwash
Dish Spray
16-17.4 Oz.
Selected Varieties



\$4.99

Dawn
Platinum or
Ultra Original
Dish Soap
24-30.8 Oz.
Selected Varieties



\$2.99

Arm & Hammer
Liquid Laundry
Detergent
32.5-33 Oz. or
Pods 14 CL
Selected Varieties



\$28.99

Huggies
Diapers or
Pull Ups
50-104 CL
Selected Varieties



\$2.49

Crest
Toothpaste
8.7 Oz.
Selected Varieties

Fresh Cut Meat

Enjoy **Spends LESS!**
MORE



\$6⁹⁹
Lb.
Cook's
Corned Beef
Brisket Flats



\$3⁹⁹
Claussen
Sauerkraut & Pickles
32 Oz.



\$4⁹⁹
Lb.
80% Lean
Ground Beef
Sold In 10 Lb. Roll



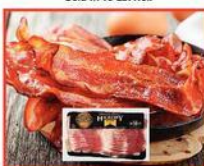
\$5⁴⁹
Lb.
80% Lean
Ground Beef
Value Pack



\$13⁹⁹
Lb.
KC Strip
Steak
Fresh Boneless Beef
Value Pack



\$1⁵⁹
Lb.
Chicken
Thighs
Frozen Bone-In



\$5⁹⁹
Kentucky Legend
Bacon
16 Oz.
Selected Varieties



\$2⁴⁹
Earl Campbell
Sausage Loop Items
12-13 Oz.
Selected Varieties

\$7⁴⁹
Oscar Mayer
Basic Lunchables
16-17.5 Oz.
Selected Varieties



\$1⁹⁹
Field Peppable
Loaf Items
6 Oz.
Selected Varieties



\$5⁹⁹
Land O Frost
Premium
9-16 Oz.
Selected Varieties



\$2⁹⁹
Bob Evans
Simply
24 Oz.
Selected Varieties



\$5⁴⁹
El Monterey
Burritos
30-4-32 Oz.
Selected Varieties



\$3⁴⁹
Smithfield
Diced and
Cubed Ham
8 Oz.
Selected Varieties

\$3⁹⁹
Williams
Sausage Rolls
1 Lb.
Selected Varieties



\$3⁹⁹
Carl Buddig
Luncheon
9 Oz.
Selected Varieties



\$2⁴⁹
Bar S
Bologna
1 Lb.
Selected Varieties



\$4⁹⁹
Curly's
BBQ Tub
12-16 Oz.
Selected Varieties



\$8⁹⁹
Johnsonville
Summer Sausage
20 Oz.
Selected Varieties



\$7⁹⁹
Foster Farm
Corn Dogs
2.67-29.3 Oz.
Selected Varieties



\$3⁴⁹
Sugardale
Sliced Pepperoni
8 Oz.
Selected Varieties



2/\$3
Banquet
Sausage Links
or Patties
6-8 Oz.
Selected Varieties



\$2⁹⁹
Farmland
Braunschweiger
12 Oz.
Selected Varieties



\$12⁹⁹
Curly's
Ribs
24 Oz.
Selected Varieties



Seafood

\$9⁹⁹
Aqua Star
Salmon Fillet
20 Oz.



\$6⁹⁹
Gorton's
Breaded Fish
9-24.9 Oz.
Selected Varieties



\$9⁹⁹
Best Choice
Cooked Shrimp
16 Oz. 41-50 Cl.
Selected Varieties



\$3⁴⁹
Seabest
Hushpuppies
16 Oz.
Selected Varieties



Deli & Bakery



\$8⁴⁹
Lb.
Kretschmar
Turkey Breast
Hickory Smoked,
Honey or Pepper



\$8⁹⁹
Treat Shop
Glazed Donuts
12 Ct.



\$9⁹⁹
8 Piece
Golden
Fried Chicken
2 Breast, 2 Wings,
2 Thighs, 2 Legs



\$7⁹⁹
Resers
Amish Potato or
Macaroni Salad
3 Lb.
Selected Varieties



\$5⁹⁹
Jessie Lord
Dutch
Apple Pie
22 Oz.



\$1¹⁹
Cloverhill
Pastries
4-4.25 Oz.
Selected Varieties



\$6⁹⁹
Lb.
Kretschmar
Ham
Off The Bone



\$5⁹⁹
Lb.
Kretschmar
American
Cheese



\$3⁴⁹
French
Twirls
4 Ct.
Selected Varieties



\$4⁴⁹
Bake Shop
Chunky
Cinnamon
Bread
18 Oz.



\$4⁴⁹
Lb.
Cucumber and
Onion Salad



\$2⁴⁹
Ozark Hearth
White or Wheat
Sandwich Bread
20 Oz.
Selected Varieties



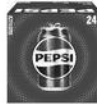
DIGITAL COUPONS!

COUPON PRICES EFFECTIVE
MARCH 4-10, 2026

\$3⁹⁹
7-Up
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$11⁹⁹
Pepsi
Products
12 Oz. Cans 24 Pack
Selected Varieties



\$5⁴⁹
Pepsi
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$2⁴⁹
Pepsi
Products
2 Liter
Selected Varieties



\$3⁹⁹
Garden of Eatin'
Thirst Quencher
12 Oz. Bottles 6 Pack
Selected Varieties



\$6⁹⁹
Lipton
Pure Leaf
Tea
16.9 Oz. Bottles 6 Pack
Selected Varieties



Lent Specials

Prices Effective
MARCH 4-10, 2026

\$9⁹⁹

**Best Choice
Tilapia Fillets**
2 Lb. Bag

\$9⁹⁹

**Best Choice
Pollock Fillets**
2 Lb. Bag

\$6⁹⁹

**Sea Best
Bay Scallops**
1 Lb.

\$17⁹⁹

**Sea Best
Argentine
Red Shrimp**
2 Lb. 16-20 Ct.

\$1⁸⁹

**Best Choice
Cocktail Sauce
and Tartar Sauce**
12 Oz.
Selected Varieties

FREEZER GIVEAWAY

ENTER FOR A CHANCE TO WIN!

9 GRAND PRIZE WINNERS

MARCH 4 - 24, 2026

Each winner will receive a **\$500 VISA GIFT CARD** towards the purchase of a new freezer.

Grand Prize Value: \$500.00

Register for your chance to WIN!
Scan the QR Code or visit

\$2⁹⁹

**Blue Ribbon
Classics
Ice Cream**
48 Oz.
Selected Varieties

\$5⁹⁹

**Edward's
Pie or
Cheesecake**
24-32 Oz.
Selected Varieties

LET THE GRILLING SEASON BEGIN!

Prices Effective
MARCH 4-10, 2026

\$1⁹⁹

**Bar S
Franks**
1 Lb.
Selected Varieties

\$5⁴⁹

**Johnsonville
Brats**
16-19 Oz.
Selected Varieties

\$3⁴⁹ Lb.

**Baby Back
Ribs**
Frozen Pork

2/\$4

**Ozark Hearth
Hamburger and
Hotdog Buns**
11-12 Oz.
Selected Varieties

\$1⁹⁹

**Best Choice
Sweet & Tangy
BBQ Sauce**
18 Oz.
Selected Varieties

\$1²⁹

**Best Choice
Mustard**
14 Oz.

\$1⁹⁹

**Best Choice
Ketchup**
32 Oz.
Selected Varieties

BUY 5 SAVE \$5

EXTRA SAVINGS WITH Kraft

MIX OR MATCH

Prices Effective March 4-10, 2026

16 Oz. Kraft Salad Dressing

~~\$2.99~~
~~-\$1.00~~
\$1.99

Final Price When You Purchase 5 Participating Items

19-30 Oz. Kraft Miracle Whip

~~\$5.49~~
~~-\$1.00~~
\$4.49

Final Price When You Purchase 5 Participating Items

32 Oz. Heinz Ketchup

~~\$5.49~~
~~-\$1.00~~
\$4.49

Final Price When You Purchase 5 Participating Items

9.4-14 Oz. Kraft Deluxe Mac & Cheese or Velveeta Shells & Cheese Dinner

~~\$3.49~~
~~-\$1.00~~
\$2.49

Final Price When You Purchase 5 Participating Items

10 Ct. Kool-Aid Jammers

~~\$2.99~~
~~-\$1.00~~
\$1.99

Final Price When You Purchase 5 Participating Items

22-30 Oz. Kraft Mayo

~~\$4.99~~
~~-\$1.00~~
\$3.99

Final Price When You Purchase 5 Participating Items

2-4 Ct. Kraft Easy Mac or Velveeta Shells & Cheese Cups

~~\$4.99~~
~~-\$1.00~~
\$3.99

Final Price When You Purchase 5 Participating Items

8.1-24 Oz. Classico Pasta Sauce

~~\$3.49~~
~~-\$1.00~~
\$2.49

Final Price When You Purchase 5 Participating Items

2 Lb. Velveeta Loaf

~~\$7.99~~
~~-\$1.00~~
\$6.99

Final Price When You Purchase 5 Participating Items

4 Ct. Jell-O Pudding Cups or Hershey Pudding Cups

~~\$2.99~~
~~-\$1.00~~
\$1.99

Final Price When You Purchase 5 Participating Items

14-16 Oz. Oscar Mayer Franks or Smokies Smoked Sausages

~~\$3.79~~
~~-\$1.00~~
\$2.79

Final Price When You Purchase 5 Participating Items

9-14 Oz. Devour Frozen Entrees or Bowls

~~\$3.79~~
~~-\$1.00~~
\$2.79

Final Price When You Purchase 5 Participating Items

6-10 Ct. Maxwell House Coffee K Cups

~~\$8.49~~
~~-\$1.00~~
\$7.49

Final Price When You Purchase 5 Participating Items

5 Ct. Kraft Mac & Cheese Dinner

~~\$4.49~~
~~-\$1.00~~
\$3.49

Final Price When You Purchase 5 Participating Items

4 Ct. Kraft Mac & Cheese Spiral Dinner

~~\$4.79~~
~~-\$1.00~~
\$3.79

Final Price When You Purchase 5 Participating Items

12 Oz. Gevalia Ground Coffee

~~\$9.49~~
~~-\$1.00~~
\$8.49

Final Price When You Purchase 5 Participating Items

6-10 Ct. Gevalia Coffee K Cups

~~\$7.49~~
~~-\$1.00~~
\$6.49

Final Price When You Purchase 5 Participating Items

23.1-27.9 Oz. Maxwell House or Yuban Ground Coffee

~~\$13.99~~
~~-\$1.00~~
\$12.99

Final Price When You Purchase 5 Participating Items

22-32 Oz. Ore-Ida Potatoes

~~\$4.49~~
~~-\$1.00~~
\$3.49

Final Price When You Purchase 5 Participating Items

19.8-22.2 Oz. Home Bake Frozen Entrees

~~\$9.99~~
~~-\$1.00~~
\$8.99

Final Price When You Purchase 5 Participating Items

15-22.2 Oz. Home Bake Frozen Sides

~~\$5.99~~
~~-\$1.00~~
\$4.99

Final Price When You Purchase 5 Participating Items

6.49-10.25 Oz. Smart Ones Entrées

~~\$9.99~~
~~-\$1.00~~
99¢

Final Price When You Purchase 5 Participating Items

6.4-7 Oz. Kraft Cube or Cracker Cut Cheese

~~\$3.69~~
~~-\$1.00~~
\$2.69

Final Price When You Purchase 5 Participating Items

5-8 Oz. Kraft Natural Shredded or Chunk Cheese

~~\$3.99~~
~~-\$1.00~~
\$2.99

Final Price When You Purchase 5 Participating Items

7 Oz. Jell-O Ready to Eat Girl Scout Pudding Cups

~~\$2.99~~
~~-\$1.00~~
\$1.99

Final Price When You Purchase 5 Participating Items

8 Oz. Kraft Philadelphia Cream Cheese

~~\$3.49~~
~~-\$1.00~~
\$2.49

Final Price When You Purchase 5 Participating Items

BUY 5 SAVE \$5 EXTRA SAVINGS WITH Kraft