

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

We accept USDA Food Stamps
We also accept AMEX

We reserve the right to limit & substitute similar items and to contact you for a change. All items may not be available. #294

Winter Weather
SAVINGS!

PRICES GOOD FEBRUARY-MARCH 2026

WED	THU	FRI	SAT	SUN	MON	TUE
25	26	27	28	1	2	3



\$1⁹⁹
Lb.
Pork Chops
Fresh Boneless Value Pack



\$2⁹⁹
Lb.
Chicken Breast
Frozen Boneless Skinless



\$3⁹⁹
Sunkist Clementines
3 Lb. Bag



\$9⁹⁹
Aqua Star Salmon Fillets
20 Oz.



\$2⁹⁹
Strawberries
1 Lb. Pkg.

\$3⁹⁹
Lb.
Green Asparagus



2/\$7

Best Choice Quartered Butter
16 Oz.
Selected Varieties



3/\$10

Jack's Pizza
13.8-15.8 Oz.
Selected Varieties



\$3⁴⁹

Turkey Hill Ice Cream
1.44 Qt.
Selected Varieties



2/\$3

Best Choice Shredded or Chunk Cheese
6-8 Oz.
Selected Varieties



\$1⁴⁹

Best Choice Broth or Stock
32 Oz.
Selected Varieties



88¢

Best Choice Vegetables
14.5-15.25 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Boneless Beef Arm Roast



\$2⁴⁹
Lb.
Boneless Pork Country Style Pork for BBQ



\$1⁹⁹
Yellow Onions
3 Lb. Bag



\$1⁹⁹
7-Up Products
2 Liter Bottle



\$1⁷⁹
Boneless Pork Loin
Sold Whole COV

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce

Enjoy Spend LESS!
MORE



Red or Green
Seedless Grapes

\$2⁹⁹ Honeycrisp
Lb. Apples

\$1⁹⁹ Lb.



89¢ Ea.
Cara Cara
Navel Oranges



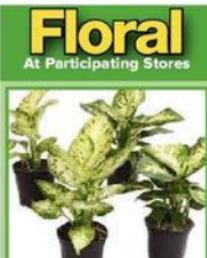
2/\$3
Dole
Coleslaw 14 Oz. or
Garden Salad 12 Oz.



\$1⁹⁹
Yellow
Onions
3 Lb. Bag



\$2⁹⁹
Cherub
Tomatoes
10 Oz.



Floral
At Participating Stores

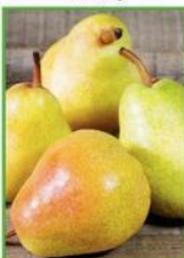
\$6⁹⁹
Dieffenbachia



88¢ Ea.
Green or Red
Peppers



69¢ Lb.
Green
Cabbage



\$1⁴⁹ Lb.
Bartlett
Pears



\$3⁹⁹
Avocados
2 Lb. Bag



\$9⁹⁹
Petite and Sweet
Bouquet

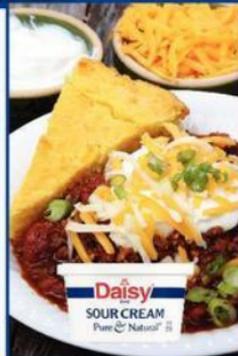
\$13⁹⁹
Megabunch
Spring Poms

Dairy & Frozen

Enjoy Spend LESS!
MORE



\$3⁹⁹
Red Diamond
Sweet Tea
128 Oz.
Selected Varieties



2/\$3
Daisy
Sour Cream 8 Oz. or
Cottage Cheese 6 Oz.
Selected Varieties



2/\$5
Bagel Bites
7 Oz.
Selected Varieties



\$3⁹⁹
Best Choice
Frozen Potatoes
20-32 Oz.
Selected Varieties



2/\$7
Pillsbury
Cookies, Grands or
Filled Crescents, Pizza Crust,
Cinni Stix, Combread Swirls
or French Bread
8-16.8 Oz.
Selected Varieties



\$2⁴⁹
Best Choice
Swiss Singles
12 Oz.
Selected Varieties



2/\$4
Best Choice
Original Cream Cheese
8 Oz.
Selected Varieties



10/\$12
Dannon,
Oikos or
Too Good Yogurt
4.5-5.3 Oz.
Selected Varieties



\$4⁴⁹
Louisa
Ravioli, Tortellini, Bites
or Stuffed Nachos
14-19 Oz.
Selected Varieties



2/\$6
Boston Market
Entrees or
Chicken Pot Pie
13-15 Oz.
Selected Varieties



\$4⁹⁹
Yoplait
Yogurt
48 Oz.
Selected Varieties



\$4⁹⁹
Yoplait
Gogurt
32 Oz.
Selected Varieties



\$1⁷⁹
Best Choice
Vegetables
16-20 Oz.
Selected Varieties



\$2⁹⁹
Best Choice
Sundae Cones
4 Ct.
Selected Varieties



\$3⁴⁹
Best Choice
Sherbet
64 Oz.

Grocery

Enjoy Spend LESS!
MORE



Frito Lay
Doritos 6-15 Oz.,
Funyuns 5.2-5.25 Oz. or
Lay's and Kettle
4.75-9.62 Oz.
Selected Varieties

\$3.99

Kellogg's
Cereal
10-17.3 Oz.
Selected Varieties

2/\$7

Old Orchard
Juice
64 Oz.
Selected Varieties

\$2.79

\$3.49



\$2.99



\$4.99



\$2.99



\$4.99



\$4.99



\$4.99



\$2.99



\$3.29



2/\$5



\$2.99



\$11.99



2/\$5



\$1.59



\$3.99



\$6.79



\$5.49



\$8.99



\$12.99



\$11.99



\$11.99



Best Choice

Save on Our Brands

\$2.69



2/\$3



\$1.99



3/\$5



\$16.99



2/\$5



4/\$5



\$1.79



2/\$3



\$3.49



\$7.99



Home & Health

Enjoy Spend LESS!
MORE

\$4.99



\$12.99



\$12.99



\$12.99



\$12.99



\$8.99



\$4.49



\$12.99



\$29.99



Fresh Cut Meat

Enjoy **MORE** Spend **LESS!**



\$5.99
Lb.
Shoulder Arm
Roast
Fresh Boneless Beef



\$6.49
Lb.
Charcoal
Steak
Fresh Boneless Beef
Value Pack



\$6.99
Lb.
Patio
Steak
Fresh Boneless Beef



\$8.99
Lb.
Top Sirloin
Steak
Fresh Boneless Beef
Value Pack



\$2.99
Ground Pork
Rolls
1 Lb.



\$1.79
Lb.
Pork
Loin
Whole Boneless
Sold in C.O.V Bag



\$2.49
Lb.
Country Style
Ribs For BBQ
Fresh Boneless Pork



\$1.59
Lb.
Chicken
Whole Fryers
Frozen

\$3.99
Oscar Mayer
Turkey Bacon
12 Oz.

\$2.99
Oscar Mayer
Bologna or
Cotto Salami
16 Oz.
Selected Varieties

\$7.99
Oscar Mayer
Sub Kit
24 Oz.
Selected Varieties

\$3.49
Oscar Mayer
Uploaded
Lunchables
13.9-16.5 Oz.
Selected Varieties

\$11.99
Old Folks & Purnell
Sausage Patties
38 Oz.

\$3.99
Bob Evans
Sides
12-24 Oz.
Selected Varieties

\$4.49
Kentucky Legend
Smokemaster's
Beef Hot Dog
16 Oz.

\$4.49
Johnsonville
Breaded Brats
12-14 Oz.
Selected Varieties

\$7.99
El Monterey
Tacos
18-20.7 Oz.
Selected Varieties

\$6.99
Hart Chicken
Entrees
22-32 Oz.
Selected Varieties

\$10.99
Lb.
Kentucky Legend
Quarter Sliced
Turkey

\$5.99
Sea Best
Shrimp Ring
10 Oz.

\$6.99
Van de Kamp's
Breaded Fish
15-24.6 Oz.
Selected Varieties

\$3.99
Seafarer
Crab Flakes
16 Oz.
Selected Varieties

Seafood

Deli & Bakery

At Participating Stores

\$6.49
Lb.
Kretschmar
Ham
Virginia Smoked
or Honey



\$6.99
Cookies N Creme
8 Inch
Single Layer
Cake
18.5 Oz.

\$7.99
Ea.
Whole Roasted
or Slow Smoked
Chicken

\$3.49
Lb.
Rotelli
Italian Pasta

\$4.49
Sweet P's
Mini Filled
Donuts
9-10 Oz.
Selected Varieties

\$3.99
Shirley's
No Bake
Cookies
13.50 Oz.
Selected Varieties

\$6.49
Lb.
Kretschmar
Colby Cheese

\$8.49
Lb.
Kretschmar
Bacon
Encrusted
Turkey Breast

\$6.99
Jessie Lord
8 Inch
Cherry Pie
22 Oz.

\$3.99
Olson's
Golden
Pound Cake
16 Oz.

\$7.99
Reser's
Devil Egg
Potato Salad
3 Lb.

\$3.99
Cheesy Melt
Sandwiches
4.05-5.24 Oz.
Selected Varieties

\$3.49
Sweet P's
Decadent
Mini Croissants
4.5 Oz.
Selected Varieties

\$2.69
Rotella's
Italian
Sandwich Bread
17 Oz.

\$1.99
7-Up
Products
2 Liter
Selected Varieties

\$6.99
Coke
Products
12 Oz. Cans 12 Pack
Selected Varieties

\$15.99
On The
Rocksalt
750 ML
Selected Varieties

\$15.99
Wild Turkey
American Honey
750 ML
Selected Varieties

\$19.99
Skyy
Vodka
1.75 Liter

\$4.99
Coke
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties

\$2.99
Coke
Products
2 Liter
Selected Varieties

\$12.49
Joel Gott
Red Wines
750 ML
Selected Varieties

\$7.99
Bogle
Wines
750 ML
Selected Varieties

\$6.99
Cyt Frontera
Wines
1.5 Liter
Selected Varieties

2/\$3
Body Armor
16 Oz.
Selected Varieties

\$6.99
Powerade
20 Oz. Bottles 6 Pack
Selected Varieties

\$14.49
Dos Equis
12 Oz. Cans or Bottles 12 Pack
Selected Varieties

\$15.49
Busch Family
12 Oz. Cans 18 Pack
Selected Varieties

\$13.49
Yuengling
Core
12 Oz. Cans or Bottles 12 Pack
Selected Varieties

Mix n Match
Buy 5
Save \$5
Extra Savings with
General Mills

Prices Effective
FEBRUARY 25 - MARCH 3, 2025

~~\$1.99~~
~~-\$1.00~~
99¢

Pillsbury
 Grands Biscuits,
 Flaky Layer Biscuits,
 Crescents or
 Cinnamon Rolls
 4.12 Oz.
 Selected Varieties When You Buy 5



~~\$2.99~~
~~-\$1.00~~
\$1.99

Nature Valley,
 Fiber One,
 General Mills Treat or
 Mott's Bars
 5.6 Oz.
 Selected Varieties When You Buy 5



~~\$2.99~~
~~-\$1.00~~
\$1.99

Betty Crocker
 Fruit Snacks,
 Fruit Rolls Ups,
 Fruit By The Foot,
 Gushers or
 Mott's Fruit Snacks
 6-10 Oz.
 Selected Varieties When You Buy 5



~~\$1.99~~
~~-\$1.00~~
99¢

Betty Crocker
 Potatoes
 4 Oz.
 Selected Varieties When You Buy 5



~~\$1.99~~
~~-\$1.00~~
99¢

Annie's Mac & Cheese
 Dinner
 4 Oz.
 Selected Varieties When You Buy 5



~~\$3.49~~
~~-\$1.00~~
\$2.49

Annie's Organic or
 Gluten Free
 Mac & Cheese
 Dinner
 4 Oz.
 Selected Varieties When You Buy 5



~~\$2.99~~
~~-\$1.00~~
\$1.99

CheX Mix,
 Bugles or
 Gardetto's
 7.5-8 Oz.
 Selected Varieties When You Buy 5



Lent Specials

Prices Effective
FEBRUARY 25 - MARCH 3, 2025

\$1.89

Best Choice
 Cocktail Sauce
 and Tartar Sauce
 12 Oz.
 Selected Varieties



\$9.99

Sea Best
 Jumbo
 Breaded Shrimp
 1.5 Lb.



\$5.99

Best Choice
 Shrimp
 12 Oz. 100-150 Ct.



\$6.99

Aquasar
 Raw Shrimp
 16 Oz. 31-40 Ct.



\$9.99

Best Choice
 IQF Pollock
 Fillets
 2 Lb. Bag



\$2.99

Lemons
 2 Lb. Bag



\$2.99

The Little Potato
 Company
 DYNAMIC
 DUO
 24 Oz.
 Selected Varieties



10 for \$10

SALE

Mix and Match

Prices Effective **FEBRUARY 25 - MARCH 3, 2026**



10/\$10

Banquet Pot Pie
7 Oz.
Selected Varieties



10/\$10

Oscar Mayer Value Lunchables
1.3-1.9 Oz.
Selected Varieties



10/\$10

Chobani Yogurt
5.3 Oz.
Selected Varieties



10/\$10

Cracker Barrel Bites
1.58 Oz.



10/\$10

Best Choice Biscuits
7.5 Oz.
Selected Varieties



10/\$10

Best Choice Soda or Mixers
87.6 Oz.
Selected Varieties



10/\$10

Crunch N Munch
3.5 Oz.
Selected Varieties



10/\$10

Best Choice Cake Mix
15.25 Oz.
Selected Varieties



10/\$10

Best Choice Yeast
3 Oz.
Selected Varieties



10/\$10

Best Choice Baking Soda
16 Oz.



10/\$10

Best Choice Gelatin or Pudding Mix
0.3-3.9 Oz.
Selected Varieties



10/\$10

Best Choice Spices or Seasonings
0.05-1.5 Oz.
Selected Varieties



10/\$10

Post Cereal Cups
2 Oz.
Selected Varieties



10/\$10

Best Choice Cream of Chicken Soup
10.5-11.25 Oz.
Selected Varieties



10/\$10

Red Gold Tomatoes or Tomato Sauce
14.5-15 Oz.
Selected Varieties



10/\$10

Best Choice Tomato Paste
6 Oz.



10/\$10

Best Choice Rice
16 Oz.
Selected Varieties



10/\$10

Best Choice Potatoes
4 Oz.
Selected Varieties



10/\$10

American Beauty Pasta
12-16 Oz.
Selected Varieties



10/\$10

Best Choice Mac & Cheese Dinner
8.5-7.9 Oz. or
Fast Mac or Deluxe Mac & Cheese Cups
Selected Varieties



10/\$10

Best Choice Easy Skillet Dinner
5.2-6.8 Oz.
Selected Varieties



10/\$10

Best Choice Louisiana Hot Sauce
6 Oz.



10/\$10

No Yolk Sides
4.4 Oz.
Selected Varieties



10/\$10

Slim Jim Giant Meat Stick
0.97 Oz.
Selected Varieties



10/\$10

Cheez It Grab 'N Go Cups
2.2-3 Oz.
Selected Varieties



10/\$10

Pringles or Mingles Grab N Go Potato Crisps
Selected Varieties



10/\$10

Pure Wonder By Best Choice Dog Food
5.5 Oz.
Selected Varieties



10/\$10

Ghirardelli Chocolate Bunnies
0.69 Oz.
Selected Varieties



10/\$10

Easter Ring Pops
1.05 Oz.



10/\$10

Peeps Jelly Beans, Mike & Ike Treats or Sour Patch Bunnies
3.4-2.5 Oz.
Selected Varieties



10/\$10

Easter Peeps
5 Oz.
Selected Varieties



10/\$10

Junior Mint Eggs
3.5 Oz. or
Springtime Dots
6 Oz.
Selected Varieties