



Dickson
990 Pomona Road Dickson, TN 37055
615-446-5990
691 Hwy 70 East | Dickson, TN 37055
615-446-2445

White Bluff
2005 Hwy 47 N | White Bluff, TN 37187
615-797-3216

McEwen
10041 Hwy 70 East | McEwen, TN 37101
931-299-7815

Centerville
1795 Hwy 100 | Centerville, TN 37033
931-729-9038



ALL SALE ITEMS MAY NOT BE AVAILABLE IN ALL STORES

FAMILY OWNED AND
OPERATED 1962-2026



Family Pack
**Fresh
Ground Beef**

3.99
lb.

16 Oz., Selected Varieties
**Field Hot Dogs, Franks
or Sliced Bologna**

10/\$10

Family Pack, Fresh
**Bone-In Sirloin
Pork Chops**

1.59
lb.

USDA Select, Black Canyon Angus Beef
**Boneless
Top Round Roast**

6.39
lb.



Family Pack, USDA Select
Black Canyon Angus
**Boneless Beef
Top Sirloin Steaks**

8.99
lb.



3.49
lb.
Sanderson Farms
**Fresh Boneless
Skinless
Chicken Breast**



2.99
lb.
Prairie Fresh
**Whole Pork
Tenderloin**

**fresh
Specials
on
every
aisle**



3.99
14 Oz. or 3 Ct.
Selected Varieties
**Haagen-Dazs
Ice Cream or Bars**



2.99
48 Oz.
Selected Varieties
**Best Choice
Ice Cream**



3.99
12 Ct., Selected Varieties
**Best Choice Ice
Cream Bars or
Sandwiches**



FIRST OF THE *Season!*



2.99
1 Lb.
Florida
**Fresh
Strawberries**

PICKED AT *Peak!*



1.99
lb.
Imported
**Seedless
Green Grapes**

BUY 5 \$SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8-14 Oz. or 4-10 Ct., Selected Varieties
**General Mills Cereal, Nature Valley,
Fiber One Bars or Betty Crocker Fruit Snacks**

2.49
~~-1.00~~
1.49 EA



50 Ct., Selected Varieties
Totino's Pizza Rolls

3.99
~~-1.00~~
2.99 EA

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION, WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Hot DEAL

**10 for
\$10!**

7 Oz.
Selected Varieties
**Banquet Fruit,
Pot Pies or
Swanson Pot
Pies**



**10 for
\$10!**

2.6 Oz.
Selected Varieties
**Starkist
Chicken Pouches**



2.39
12 Oz.
Selected Varieties
**PRAIRIE FARMS
SOUR CREAM**



2/\$5
16 Oz.
Selected Varieties
**PRAIRIE FARMS
COTTAGE
CHEESE**



59 Oz.
Selected Varieties
**Minute Maid
Orange Juice**

3.99



5.5-14.25 Oz.
Selected Varieties
**Frito-Lay Ruffles
or Tostitos**

2/\$7



10-15.75 Oz.
Selected Varieties
**Frito-Lay
Dips**

3.99



15.5 Oz.
Selected Varieties
**Tostito's
Salsa**

3.49



128 Oz.
Selected Varieties
**Blue Ribbon
Classics Frozen
Dairy Dessert**

5.99

12 Pk./12 Oz. Cans
Selected Varieties
Coca Cola Products

2/\$14.99

16 Oz. Cans, Selected Varieties
**Monster or Reign
Energy Drinks**

2/\$5

**STOCK UP
& SAVE**

PRICES EFFECTIVE MONDAY, JANUARY 26 - SUNDAY, FEBRUARY 1, 2026

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8-16.3 Oz., Selected Varieties
**Pillsbury Grands!, Crescents
or Cinnamon Rolls**

2.99 EA.
-1.00

1.99 EA.



18-19 Oz.
Selected Varieties
**Progresso or
Old El Paso Soup**

2.49 EA.
-1.00

1.49 EA.



16 Ct.
Selected Varieties
**Yoplait
GoGurt**

4.99 EA.
-1.00

3.99 EA.



8 Ct.
Selected Varieties
**Yoplait
Yogurt**

4.99 EA.
-1.00

3.99 EA.



9.3-19.1 Oz., Selected Varieties
**Betty Crocker
Brownie, Cookie or
Muffin Mix or Old El
Paso Corn Bread Mix**

2.99 EA.
-1.00

1.99 EA.



7-8.6 Oz.
Selected Varieties
**General Mills
Chex Mix, Bugles
or Gardetto's**

2.49 EA.
-1.00

1.49 EA.



2.01-6 Oz.
Selected Varieties
**Annie's Macaroni
and Cheese**

1.99 EA.
-1.00

99¢ EA.



6-11 Oz.
Selected Varieties
**Annie's Deluxe
Macaroni
and Cheese**

3.49 EA.
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
**Old El Paso Refried
Beans, Green Chiles
or Enchilada Sauce**

1.99 EA.
-1.00

99¢ EA.



6.25-19 oz. or 8-10 Ct.
Selected Varieties
**Old El Paso Kits,
Shells or Sauce**

3.49 EA.
-1.00

2.49 EA.



4.7-8.8 Oz. or 8-12 Ct.
Selected Varieties
**Old El Paso Tortillas,
Shells or Rice**

2.49 EA.
-1.00

1.49 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



6 Pk. or 128 Oz.
Selected Varieties
**Sunny D
Punch**

3.49



3-16 Oz.
**McCormick Black
Pepper or Lawry's
Seasoned Salt**

3.99

**10 for
\$10!**



3.26-3.42 Oz.
Selected Varieties
**Nissin
Ramen Bowls**



1-2 Oz.
Selected Varieties
**Post
Cereal Cups**



0.85-1 Oz.
Selected Varieties
**Old El Paso Taco
Seasoning**



4.8 Oz. or 1 Ct., Selected Varieties
**Mt. Olive Single Serve
Munchies or Whole Pickles**



1.4 Oz., Selected Varieties
**Delectables
Cat Treats**



2.29
8.5-13.4 Oz.
Selected Varieties
**Keebler
Cookies**



1.99
20 Oz.
Original
**Heinz
Ketchup**



3/\$9
13.8-15.8 Oz.
Selected Varieties
**Jack's
Pizza**

**3 DAY Only
SALE**

Thursday, Jan 29 -
Saturday, Jan 31

SAVE ON *Home & Health*



18-31 Ct. or 36.7-141 Oz., Selected Varieties
**GAIN OR DREFT
LAUNDRY DETERGENT**

9.99



240 Ct. or 10.7-12.2 Oz.
Selected Varieties
**GAIN OR DOWNY FABRIC
SOFTENER OR BOUNCE
DRYER SHEETS**

9.99



28 Oz., Selected Varieties
**AJAX
DISH SOAP**

2.69



2-6 Rolls
Selected Varieties
**Charmin Bath
Tissue or Bounty
Paper Towels**

7.99



14 Lb.
Selected Varieties
**Gravy Train
Dog Food**

12.99



13.2 Oz.
Selected Varieties
**Gravy Train
Wet Dog Food**

3/\$4



19-29 Lb.
Selected Varieties
**Arm & Hammer
Cat Litter**

12.99

FRESH FINDS *Great Prices*



12⁹⁹

22-27.9 Oz.
Selected Varieties
Maxwell House
Coffee



2/\$3

2.05-11 Oz.
Selected Varieties
Kraft or Velveeta
Macaroni &
Cheese



2⁹⁹

9.4-14 Oz.
Selected Varieties
Kraft or Velveeta
Macaroni &
Cheese

Hot DEAL

2⁹⁹

15-24 Oz.
Selected Varieties
Classico Pasta
or Pesto Sauce



6-12 Rolls
Scott Comfort Plus
Bath Tissue or
Paper Towels

4⁹⁹



45-105 Oz. or 32-42 Ct.
Selected Varieties
Arm and Hammer
Laundry Detergent

6⁹⁹



18⁹⁹

52-100 Ct.
Selected Varieties
Luvs Diapers



112-116 Ct.
Selected Varieties
Pampers
Wipes

6⁹⁹



11-14 Ct.
Selected Varieties
Pampers
Ninjamas Diapers

9⁹⁹



15-22 Ct.
Selected Varieties
Pampers Easy Ups
Diapers

9⁹⁹



52-72 Ct.
Selected Varieties
Pampers
Wipes

2⁴⁹



16 Oz.
Selected Varieties
Mr. Clean Clean Freak
Household Cleaner

4⁹⁹



41 Oz.
Selected Varieties
Mr. Clean
Household Cleaner

5⁹⁹



18 Oz.
Selected Varieties
Candle-Lite
Candles

5⁹⁹



24-44 Ct.
Selected Varieties
Always
Feminine Care

7²⁹



26-38 Ct.
Selected Varieties
Tampax
Feminine Care

8⁹⁹



3.5-4.3 Oz.
Selected Varieties
Crest Pro-Health
Toothpaste

3⁹⁹



21.99

48 Ct. or 24 Oz., Selected Varieties
NyQuil or DayQuil
Cold and Flu



19.99

4 Ct., Selected Varieties
Gillette
Fusion 5 Razors



2.49

16-24 Oz., Selected Varieties
Vlasic
Pickles



1.79

10 Oz., Selected Varieties
Vlasic
Relish



2.99

32 Oz., Selected Varieties
Vlasic
Sauerkraut

GLOBAL *Favorites*



10-11.5 Oz.
Selected Varieties
Kikkoman Soy, Sweet & Sour
or Teriyaki Sauce

2³⁹



10-12.1 Oz.
Selected Varieties
Kikkoman Low Sodium Soy,
Teriyaki Baste or Stir Fry Sauce

2⁹⁹



10 Oz.
Kikkoman
Sesame Oil

5⁹⁹



2 Lb.
Selected Varieties
Mahatma
Rice

1⁹⁹



2/\$4
15.2 Oz.
Selected Varieties
Rosarita Refried
Beans Pouches



3⁴⁹

5 Oz.
Selected Varieties
Cholula
Hot Sauce



10.5-11.1 Oz.
Selected Varieties
Pace
Signature Sauce

3⁴⁹

FRESH PICKS *Family Favorites*



15 Oz.
Selected Varieties
Healthy Choice
Soup

2/\$3



38-39 Oz.
Selected Varieties
Hanover
Green Beans

2⁷⁹



15 Oz.
Selected Varieties
Libby's
Country Gravy

1⁷⁹

DON'T MISS *Deals!*



15 Oz.
Wendy's Chili
With Beans

4⁴⁹



15 Oz.
Wendy's Chili
No Beans

4⁹⁹



2/\$5

4.5 Oz.
Swanson
Canned Chicken



10/\$5

2.25 Oz.
Selected Varieties
Nissin
Cup Noodles



1.79

18 Oz.
Selected Varieties
Top Ramen
Noodles



99¢

10 Oz.
Selected Varieties
Castleberry's
Hot Dog Chili



1.99

8 Ct.
Selected Varieties
Nestlé
Hot Cocoa



2/\$3

2.2-2.4 Oz.
Selected Varieties
Ben's Original
Rice Cups



2/\$5

6-8.8 Oz.
Selected Varieties
Ben's Original
Ready Rice



3.99

10 Oz.
Selected Varieties
Heinz Flavor
Tour Sauces



1 Oz., Original
Williams
Chili Seasoning

4/\$5



89¢

1.25 Oz., Original
Williams
Taco Seasoning



99¢

1 Oz.
Hormel
Chili Seasoning



6⁹⁹

16 Oz.
Diamond
Shelled
Walnuts



2⁹⁹

15 Oz.
Famous
Dave's Corn
Bread Mix



79¢

1.61 Oz.
Pioneer
Brown
Gravy Mix



2⁹⁹

13.5-14 Oz.
Selected Varieties
Heinz Flavor
Ketchup

BEST CHOICE *Exceptional Prices*



5 Oz., Selected Varieties
BEST CHOICE
PORK SKINS

1.99



7.5-8 Oz.
Selected Varieties
Best Choice
Potato Chips

1.99



8 Oz.
Selected Varieties
Best Choice
Parmesan Cheese

2.99



32 Oz.
Best Choice
Vegetable or
Canola Oil

2/\$5



28-32 Oz.
Selected Varieties
Best Choice
Pancake or
Waffle Mix

2.99



2⁹⁹

24 Oz., Selected Varieties
Best Choice
Pancake or
Waffle Syrup



3⁹⁹

21 Oz., Selected Varieties
Best Choice
Frozen Skillet
Meals



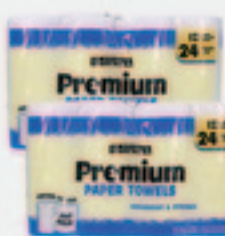
79¢

5 Oz.
Best Choice
Chunk Light
Tuna in Water



3⁸⁹

8 Rolls
Selected Varieties
Best Choice
Bath Tissue



10⁴⁹

12 Rolls
Best Choice
Paper Towels



4⁹⁹

3 Pack
Best Choice
Facial
Tissue



7⁹⁹

32 Oz.
Selected Varieties
Best Choice
Shredded Cheese



1⁹⁹

8 Oz.
Selected Varieties
Best Choice
Cream Cheese

DON'T MISS OUT ON THESE *Great Savings!*

6⁹⁹

12 Ct. or 30-34.9 Oz.
Selected Varieties
**Orville Redenbacher's
Popcorn**



4⁹⁹

12-21 Oz.
Selected Varieties
**Keebler Family
Size Crackers**



4⁴⁹

11-14.4 Oz.
Selected Varieties
**Nabisco Wafers
or Graham Crackers**



3⁵⁹

16 Oz.
Selected Varieties
**Olive Garden
Salad Dressing**



13³⁹

30.04-35.9 Oz.
Selected Varieties
**Hershey's Party
Bag Candy**



4/\$5

7-7.6 Oz.
Selected Varieties
**Martha White
Muffin Mix**



8⁹⁹

12.91-13.79 Oz.
Selected Varieties
**Pringles Snack
Stacks or Grab
N Go**



2⁹⁹

6.75-7.3 Oz., Selected Varieties
**Stacy's
Pita Chips**



2.29

12 Oz.
Selected Varieties
Arby's Sauces



2/\$3

15.25-18.4 Oz., Selected Varieties
**Pillsbury Cake or
Brownie Mix**



1.79

12-16 Oz.
Selected Varieties
Pillsbury Frosting



6.99

10-13 Oz., Selected Varieties
Harmony Trail Mix

DAIRY & Frozen

6⁹⁹

40-48 Oz.
Arby's or
Checker's
Famous Fries



6⁹⁹

64 Oz.
Selected Varieties
**Coffee-mate
Creamer**



5/\$5

5.3 Oz.
Selected Varieties
**Chobani
Greek Yogurt**



2/\$5

5-8 Oz., Selected Varieties
**Sargento
Shreds**



3/\$5

7.4-11.88 Oz.
Selected Varieties
**Banquet Classic
Dinners**

Chill DEAL

2/\$5

7 Oz.
Selected Varieties
**Bagel Bites
Pizza Bagels**



2⁹⁹

6.67-8 Oz., Selected Varieties
**Sargento
Sliced Cheese**



5⁴⁹

16 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**



5⁹⁹

24 Ct., Selected Varieties
**Eggo
Waffles**



3/\$5

10-14.4 Oz.
Selected Varieties
**Birds Eye
Frozen
Vegetables**



3.59

12 Oz., Selected Varieties
**Kraft
String Cheese**



19.8-22.2 Oz.
Selected Varieties
**Homebake
Entrées**

9⁹⁹



15-22.2 Oz.
Selected Varieties
**Homebake
Sides**

4⁹⁹



45 Oz.
**Imperial
Margarine Spread**

3⁴⁹



8.8-11.72 Oz., Selected Varieties
**Red Baron Single
Serve Pizzas or
Breakfast Scrambles**

2/\$7



18 Oz.
Selected Varieties
**White Castle
Burger Bites**

4⁴⁹



10 Ct.
Selected Varieties
**Capri Sun
Juice Pouches**

3⁴⁹



2.25-3 Oz.
Selected Varieties
**Just Crack An
Egg Scrambles
or Oscar Mayer
Scrambles**

2/\$4



15 Oz.
Selected Varieties
**Velveeta
Queso**

3⁴⁹



15 Oz.
Selected Varieties
**Galbani
Ricotta Cheese**

1⁹⁹



10-17 Oz.
Selected Varieties
**Birds Eye
Vegetable Blends**

2/\$6

PREMIUM QUALITY Meat Selections



Springer Mountain Farms
**FRESH
WHOLE CHICKEN**

In-Ad
Coupon

1.79 lb.



Family Pack, USDA Select
Black Canyon Angus Beef
**BONELESS BEEF
CUBE STEAKS**

6.99 lb.



Fresh
**COARSE GROUND
CHILI MEAT**

4.29 lb.



Family Pack
**Fresh Ground
Beef Patties**

4.49 lb.



Prairie Fresh
**Sliced Pork
Tenderloin**

3.49 lb.



Family Pack, USDA Select
Black Canyon Angus Beef
**Boneless Top
Round Steaks**

6.79 lb.

2/\$7 12 Oz., Selected Varieties
Ballard's Protein Salads

4.79 14 Oz., Selected Varieties
Lil Butcher Shoppe Smoked Sausage

4.99 15-16 Oz., Selected Varieties
Curly's Pulled BBQ

6.99 20-29 Oz., Nuggets, Patties or Popcorn Chicken
Tyson Frozen Fully Cooked Chicken

4/\$5 1.3-1.9 Oz., Selected Varieties
Oscar Mayer Value Lunchables

2/\$7 10-16 Oz., Selected Varieties
Ballard's Fresh Pork Sausage



3.69 10-16 Oz., Selected Varieties
**Wampler's Pork
Sausage Rolls, Patties,
Links, Taco Meat or
Sausage Balls**



12.99 40 Oz.
**Wright Brand
Sliced Bacon**



2.99 8.3-14 Oz., Selected Varieties
**Eckrich Fully Cooked
Smoked Rope, Sausage,
Links or Li'l Smokies**



10/\$10 16 Oz., Selected Varieties
**Fischer's Hot Dogs,
Franks or Sliced
Bologna**

10/\$10 2.4-2.9 Oz., Selected Varieties
Armour LunchMakers

10/\$10 3.8-4 Oz., Selected Varieties
El Monterey Single Serve Burritos

2.99 14 Oz., Selected Varieties
Armour Meatballs

9.99 45 Oz.
**Swaggerty's Frozen
Pork Sausage Patties**

8.99 26-29 Oz., Selected Varieties
**Tennessee Pride Frozen
Breakfast Sandwiches**

6.49 15-16 Oz., Selected Varieties
**Oscar Mayer Deli Shaved
Family Size Lunch Meat**

7.99 28 Oz., Selected Varieties
**Oscar Mayer
Sub Kits**

3.99 12-14 Oz., Selected Varieties
**Hillshire Farm
Li'l Smokies**

5.00 6 Oz., Selected Varieties
**Mowi Fresh Single
Serve Salmon Fillets**

4.99 10 Oz., 50-60 Ct.
**Sea Best Frozen Fully
Cooked Shrimp**

5.99 16 Oz., Frozen
Sea Best Flounder Fillets

3.99 19.2-20 Oz., Selected Varieties
Delimex Taquitos

2/\$7 20-24 Oz., Selected Varieties
Reser's Side Dishes

2/\$7 16 Oz., Sliced Cracker Bologna or
Elm Hill Smoked Hot Dogs

**3 DAY Only
SALE**

Thursday, Jan 29 - Saturday, Jan 31



Sold in 10 Lb. Bag
**Fresh Fryer
Leg Quarters**

4.99 lb.



16 Oz., Selected Varieties
**Kentucky Legend
Sliced Bacon**

3.99



Kentucky Legend, Selected Varieties
**Sliced Quartered
Boneless Smoked Ham**

3.99 lb.

PRODUCE FRESH from the Farm!

1.99 lb.

Imported
**Fresh
Peaches**

3.99 lb.

Imported
**Fresh
Cherries**



Imported
**FRESH
NECTARINES**

1.99 lb.

1.99 10 Oz.
**Dole Classic
Caesar Salad Kit**



4.99 lb.
Medium
**Yellow
Onions**



1.59 lb.
Washington
**Gala
Apples**



1.99

8 Oz.
**Giorgio Whole
White Mushrooms**



1.29 lb.
**Beefsteak
Tomatoes**



3.99 10 Lb. Bag
**Best Choice
Russet
Potatoes**



3/\$2
for
**Fresh
Cucumbers**



Bakery

Not Available at
All Locations.



6 Ct., Selected Varieties
Toufayan Bagels

2.89



4 Ct., Selected Varieties
Café Valley Muffins

4.99



33 Oz., Double Layer
Rich's Red Velvet Cake

12.99



12 Ct.
Clyde's Variety Pack Donuts

4.99



12.7 Oz., Original
Stonefire Naan Rounds

3.49



13.5 Oz., Selected Varieties
Shirley's No Bake Cookies

2.99



Selected Varieties
Tyson Chicken Tenders

10/\$10



4-4.25 Oz., Selected Varieties
Cloverhill Bakery Pastries

10/\$10

11.99
12 Pk./12 Oz. Cans
Select Varieties
**Miller High
Life Beer**



9.99
6 Pk./12 Oz. Bottles
Selected Varieties
**Corona
Beer**



**We
STILL CUT
MEAT**
*The Old
Fashioned Way
In Our Stores*

**Need A
Special Cut?**

**CALL OUR MEAT
DEPARTMENT**
We still cut &
grind fresh daily.

Manufacturer's Coupon Expires 02/28/2026

\$1.50 OFF ANY ONE
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

Springer Mountain Farms Chicken Products are sold in the United States and are not for sale outside the United States. This coupon is valid only on the purchase of one (1) Springer Mountain Farms Chicken Product. The coupon must be presented at the time of purchase and cannot be used in conjunction with any other offer, discount or promotion. The coupon is void where prohibited. ©2025 Springer Mountain Farms, Inc. All rights reserved.

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