



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Chuck Roast

5⁹⁹
lb.

Whole
Sirloin Steaks

8⁹⁹
lb.

Family Pack
Boneless
Pork Chops

2⁹⁹
lb.

Chuck Steak

6⁹⁹
lb.



Boneless Skinless
Chicken Breast

2⁷⁹
lb.



1⁹⁹
lb.

Whole
Boneless
Pork Loin



7⁹⁹

10lb. Bag
Chicken Leg
Quarters

2/\$6

13 Oz.
Selected Varieties
Old Dutch
Tortilla Chips



2/\$6

15-16 Oz.
Selected Varieties
Old Dutch
Salsa



2/\$5

8 Oz.
Selected Varieties
UTZ
Chips



2/\$3

8 Oz.
Selected Varieties
AE
Chip Dip



10/\$9

6 Oz.
Selected Varieties
AE
Yogurt



3⁹⁹

10-15.5 Oz.
Selected Varieties
Frito-Lay
Dips



3⁴⁹

15.5 Oz.
Selected Varieties
Tostitos
Salsa



5⁹⁹

128 Oz.
Selected Varieties
Blue Ribbon
Classics Frozen
Dairy Dessert



2⁹⁹

48 Oz.
Selected Varieties
Best Choice
Ice Cream



3⁹⁹

12 Ct.
Selected Varieties
Best Choice
Ice Cream Bars
or Sandwiches



FIRST OF THE Season!

1⁴⁹
lb.

Michigan
Honeycrisp
Apples



MICHIGAN
APPLES

11lb. Selected Varieties
The Little Potato Company Potatoes

2/\$5

PICKED AT Peak!

2⁹⁹

Pint
Blueberries
or 6 Oz. Dipsco's
Raspberries or
Blackberries



3 Lb. Bag
Navel Oranges

2⁹⁹

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



5.34-14 Oz. or 4-10 Ct., Selected Varieties
General Mills Cereal, Nature Valley,
Fiber One Bars or Betty Crocker Fruit Snacks

2.49 EA
-1.00
1.49 EA



50 Ct., Selected Varieties
Totino's Pizza Rolls

3.99 EA
-1.00
2.99 EA

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION, WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Hot DEAL

10 for \$10!

7 Oz.
Selected Varieties
Banquet Fruit,
Pot Pies or
Swanson Pot
Pies



10 for \$10!

2.6 Oz.
Selected Varieties
Starkist
Chicken Pouches



9.9 Oz.
Selected Varieties
Minute Maid
Orange Juice

3⁹⁹

1.25-14.25 Oz.
Selected Varieties
Frito-Lay Bites
or Ruffles

3⁹⁹

5-8 Oz.
Selected Varieties
Sargento Chunks
or Shredded Cheese

2/\$5

10-13.5 Oz.
Selected Varieties
Jack's
Pizza

3/\$9

5.3 Oz.
Selected Varieties
Chobani
Greek Yogurt

5/\$5

www.northenglish.freemanfoods.net
www.wellman.freemanfoods.net

PRICES EFFECTIVE TUESDAY, JANUARY 27 - MONDAY, FEBRUARY 3, 2026

BUY 5 SAVE \$5

Save \$5 instantly when you purchase Any 5 participating products!



8-16.3 Oz., Selected Varieties
Pillsbury Grands!, Crescents or Cinnamon Rolls

2.99 EA.
-1.00

1.99 EA.



18-19 Oz.
Selected Varieties
Progresso or Old El Paso Soup

2.49 EA.
-1.00

1.49 EA.



16 Oz.
Selected Varieties
Go-Gurt

4.99 EA.
-1.00

3.99 EA.



8 Ct.
Selected Varieties
Yoplait Yogurt

4.99 EA.
-1.00

3.99 EA.



9-9.19 Oz., Selected Varieties
Betty Crocker Brownie, Cookie or Muffin Mix or Old El Paso Corn Bread Mix

2.99 EA.
-1.00

1.99 EA.



7-8.6 Oz.
Selected Varieties
General Mills Chex Mix, Bugles or Gardetto's

2.49 EA.
-1.00

1.49 EA.



2.01-6 Oz.
Selected Varieties
Annie's Macaroni and Cheese

1.99 EA.
-1.00

99¢ EA.



6-11 Oz.
Selected Varieties
Annie's Deluxe Macaroni and Cheese

3.49 EA.
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
Old El Paso Refried Beans, Green Chiles or Enchilada Sauce

1.99 EA.
-1.00

99¢ EA.



6-25-19 oz. or 8-10 Ct.
Selected Varieties
Old El Paso Kits, Shells or Sauce

3.49 EA.
-1.00

2.49 EA.



8-8 Oz. or 8-12 Ct.
Selected Varieties
Old El Paso Tortillas, Shells or Rice

2.49 EA.
-1.00

1.49 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



6 Pk. or 128 Oz.
Selected Varieties
Sunny D Punch

3.49



3-16 Oz.
McCormick Black Pepper or Lawry's Seasoned Salt

3.99

10 for \$10!



3.27-3.42 Oz.
Selected Varieties
Nissin Ramen Bowls



0.85-1 Oz.
Selected Varieties
Old El Paso Taco Seasoning



4.8 Oz. or 1 Ct., Selected Varieties
Mt. Olive Single Serve Munchies or Whole Pickles



1.4 Oz., Selected Varieties
Delectables Cat Treats



2.29
8.5-13.4 Oz.
Selected Varieties
Keebler Cookies



1.99
20 Oz.
Original
Heinz Ketchup

3 DAYS Only SALE

Thursday, Jan 29 - Saturday, Jan 31

SAVE ON Home & Health



18-31 Ct. or 36.7-141 Oz., Selected Varieties
GAIN OR DREFT LAUNDRY DETERGENT

9.99



240 Ct. or 10.7-12.2 Oz.
Selected Varieties
GAIN OR DOWNY FABRIC SOFTENER OR BOUNCE DRYER SHEETS

9.99



28 Oz., Selected Varieties
AJAX DISH SOAP

2.69



2-6 Rolls
Selected Varieties
Charmin Bath Tissue or Bounty Paper Towels

8/9



14 Lb.
Selected Varieties
Gravy Train Dog Food

12/99



13.2 Oz.
Selected Varieties
Gravy Train Wet Dog Food

3/\$4



19-20 Lb.
Selected Varieties
Arm & Hammer Cat Litter

12/99

FRESH FINDS *Great Prices*



12⁹⁹

22-27.9 Oz.
Selected Varieties
Maxwell House
Coffee



2/\$3

2.05-11 Oz.
Selected Varieties
Kraft or Velveeta
Macaroni &
Cheese



2⁹⁹

8.4-14 Oz.
Selected Varieties
Kraft or Velveeta
Macaroni &
Cheese

Hot DEAL

2⁹⁹

8.1-24 Oz.
Selected Varieties
Classico Pasta
or Pesto Sauce



6-12 Rolls
Scott Comfort Plus
Bath Tissue or
Paper Towels

4⁹⁹



45-105 Oz. or 32-42 Ct.
Selected Varieties
Arm and Hammer
Laundry Detergent

7⁴⁹



18⁹⁹

52-100 Ct.
Selected Varieties
Luvs Diapers



102-116 Ct.
Selected Varieties
Pampers
Wipes

7⁴⁹



11-14 Ct.
Selected Varieties
Pampers
Ninjas Diapers

9⁹⁹



15-22 Ct.
Selected Varieties
Pampers Easy Ups
Diapers

9⁹⁹



52-72 Ct.
Selected Varieties
Pampers
Wipes

2⁷⁹



16 Oz.
Selected Varieties
Mr. Clean Clean Freak
Household Cleaner

4⁹⁹



41 Oz.
Selected Varieties
Mr. Clean
Household Cleaner

5⁹⁹



16 Oz.
Selected Varieties
Candle-Lite
Candles

5⁹⁹



16-24 Oz.
Selected Varieties
Viasic Pickles
or Relish

2⁷⁹



10 Oz.
Selected Varieties
Viasic
Relish

1⁹⁹



32 Oz.
Selected Varieties
Viasic
Sauerkraut

2⁹⁹

GLOBAL *Favorites*



10-11.5 Oz.
Selected Varieties
Kikkoman Soy, Sweet & Sour
or Teriyaki Sauce

2³⁹



10-12.1 Oz.
Selected Varieties
Kikkoman Low Sodium Soy,
Teriyaki Baste or Stir Fry Sauce

2⁹⁹



10 Oz.
Kikkoman
Sesame Oil

5⁹⁹



21 lb.
Selected Varieties
Mahatma
Rice

1⁹⁹



5 Oz.
Selected Varieties
Cholula
Hot Sauce

3²⁹

FRESH PICKS Family Favorites



15 Oz.
Selected Varieties
Healthy Choice
Soup

1.69



4.5 Oz.
Swanson
Canned Chicken

2.99



15 Oz.
Selected Varieties
Libby's
Country Gravy

1.79

DON'T MISS Deals!



15 Oz.
Wendy's Chili
With Beans

4.49



15 Oz.
Wendy's Chili
No Beans

4.99



59¢

2.25 Oz.
Selected Varieties
Nissin
Cup Noodles



2.29

8 Ct.
Selected Varieties
Nestlé
Hot Cocoa



1.69

2.40 Oz.
Spanish Style
Ben's Original
Rice Cups



2/\$5

6-8.8 Oz.
Selected Varieties
Ben's Original
Ready Rice



1.79

18 Oz.
Selected Varieties
Top Ramen
Noodles



99¢

10 Oz.
Selected Varieties
Castleberry's
Hot Dog Chili



3.99

10 Oz.
Selected Varieties
Heinz Flavor
Tour Sauces



15 Oz.
Famous Dave's Corn
Bread Mix

2.99



10 Oz.
Hormel Chili
Seasoning

99¢



16.1 Oz.
Pioneer Brown
Gravy Mix

79¢



6.99

16 Oz.
Diamond
Shelled
Walnuts



2.99

13.5-14 Oz.
Selected Varieties
Heinz Flavor
Ketchup

BEST CHOICE Exceptional Prices



5 Oz., Selected Varieties
BEST CHOICE
PORK SKINS

1.99



7.5-8 Oz.
Selected Varieties
Best Choice
Potato Chips

1.99



32 Oz.
Best Choice
Vegetable or
Canola Oil

2.79



8 Oz.
Selected Varieties
Best Choice
Parnesan Cheese

2.99



28-32 Oz.
Selected Varieties
Best Choice
Pancake or
Waffle Mix

2.99



2.99

24 Oz., Selected Varieties
Best Choice
Pancake or
Waffle Syrup



3.99

21 Oz., Selected Varieties
Best Choice
Frozen Skillet
Meals



79¢

5 Oz.
Best Choice
Chunk Light
Tuna in Water



4.19

8 Rolls
Selected Varieties
Best Choice
Bath Tissue



10.99

12 Rolls
Best Choice
Paper Towels



4.99

3 Pack
Best Choice
Facial
Tissue



7.99

32 Oz.
Selected Varieties
Best Choice
Shredded Cheese



1.99

8 Oz., Selected Varieties
Best Choice
Soft Cream
Cheese

DON'T MISS OUT ON THESE *Great Savings!*

6⁹⁹

12 Ct. or 30 Oz.
Selected Varieties
**Orville Redenbacher's
Popcorn**



5⁴⁹

12-21 Oz.
Selected Varieties
**Keebler Family
Size Crackers**



4⁴⁹

11-14.4 Oz.
Selected Varieties
**Nabisco Wafers
or Graham Crackers**



3⁷⁹

16 Oz.
Selected Varieties
**Olive Garden
Salad Dressing**



14⁴⁹

30.05-35.9 Oz.
Selected Varieties
**Hershey's Party
Bag Candy**



3/\$4

7-7.6 Oz.
Selected Varieties
**Pillsbury
Muffin Mix**



8⁹⁹

12.91-13.79 Oz.
Selected Varieties
**Pillbury Snack
Stacks or Grab
N Go**



2⁹⁹

6.75-7.3 Oz.
Selected Varieties
**Stacy's
Pita Chips**



2.29

12 Oz.
Selected Varieties
Arby's Sauces



2/\$3
for

15.25-18.4 Oz. Selected Varieties
**Pillsbury Cake or
Brownie Mix**



1.79

12-16 Oz.
Selected Varieties
Pillsbury Frosting



6.99

10-13 Oz. Selected Varieties
Harmony Trail Mix

DAIRY & Frozen



6⁹⁹

40-48 Oz.
Arby's or
Checkers
Famous Fries



6⁹⁹

64 Oz.
Selected Varieties
**Coffee-mate
Creamer**



5⁴⁹

22 Oz.
**Bob Evans
Egg Whites**



2⁹⁹

5-8 Oz.
Selected Varieties
**Sargento
Sliced Cheese**



1⁸⁹

2-11.88 Oz.
Selected Varieties
**Banquet Classic
Dinners**



5⁴⁹

16 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**



Chill DEAL

2/\$5

7 Oz.
Selected Varieties
**Bagel Bites
Pizza Bagels**



5⁹⁹

12-24 Ct. Selected Varieties
**Eggo
Waffles**



1⁷⁹

10-14.4 Oz.
Selected Varieties
**Birds Eye
Frozen
Vegetables**



3.59

12 Oz. Selected Varieties
**Kraft
String Cheese**



9⁹⁹

18-22.2 Oz.
Selected Varieties
**Home Bake
Entrées**



4⁹⁹

15-22.2 Oz.
Selected Varieties
**Home Bake
Sides**



3⁴⁹

45 Oz.
**Imperial
Margarine Spread**



3⁹⁹

8-11.72 Oz. Selected Varieties
**Red Baron Single
Serve Pizzas or
Breakfast Scrambles**



5²⁹

18 Oz.
Selected Varieties
**White Castle
Burger Bites**



3⁴⁹

10 Oz.
Selected Varieties
**Capri Sun
Juice Pouches**



2/\$4

2.25-3 Oz.
Selected Varieties
**Just Crack An
Egg Scrambles
or Oscar Mayer
Scrambles**



3⁴⁹

15 Oz.
Selected Varieties
**Velveeta
Queso**



1⁹⁹

15 Oz.
Selected Varieties
**Galbani
Ricotta Cheese**



3²⁹

10-17 Oz.
Selected Varieties
**Fusions
Vegetable Blends**

PREMIUM QUALITY Meat Selections



Size Details, Selected Varieties

**93% LEAN
GROUND BEEF**

6⁹⁹ lb.



**LEAN & MEATY
PORK SPARE RIBS**

2⁴⁹ lb.



**BONELESS
PORK LOIN ROAST**

2⁴⁹ lb.



**USDA Choice
Boneless Beef
Stir Fry**

7⁹⁹ lb.



**Family Pack
Boneless Country
Style Ribs**

3⁴⁹ lb.



**Pork
Tenderloins**

3⁹⁹ lb.



11.99 lb.

**Premium
Sirloin Steak**



Minute Steak

7⁹⁹ lb.



10/\$10

**24-28 Oz. Selected Varieties
Armour LunchMakers**

10/\$10

**12 Oz. Selected Varieties
Bar-S Meat Franks
or Bologna**



**3 DAY Only
SALE**

Thursday, Jan 29 - Saturday, Jan 31

**Kentucky Legend
Selected Varieties
Quarter Sliced
Boneless
Smoked Ham**

3⁹⁹ lb.

2/\$6

4⁹⁹

3⁹⁹

**15 Oz., Selected Varieties
Ball Park Meat Franks**

**10-12 Oz., Selected Varieties
Johnsonville Summer Sausage**

**16 Oz., Selected Varieties
Kentucky Legend
Sliced Bacon**



2/\$10

**Selected Varieties
Sweetee-Pie
Dessert Pizza**

PRODUCE FRESH from the Farm!



3⁹⁹

**10 Oz. or Pink
Selected Varieties
NatureSweet
Grape Tomatoes**



2⁹⁹ lb.

**Imported
Red, Green or
Black Seedless
Grapes**



**1 lb.
FRESH
STRAWBERRIES**

3⁹⁹

2/\$4

**8 Oz.
Highline
Sliced White
Mushrooms**

3⁹⁹

**4 Pk./2 Oz. Cups
Selected Varieties
Yo Quiero!
Guacamole**



Sumo Mandarins

49⁹⁹ lb.

Hass Avocados

69⁹⁹ lb.

**Wethouse
Cucumbers**

1⁷⁹ lb.

4⁹⁹

**5 lb. Bag, Michigan
Red Delicious,
Gala or Fuji
Apples**

1⁴⁹ lb.

**Washington
Anjou,
Bartlett or
Bosc Pears**

Cara Cara Oranges

79⁹⁹ lb.

**10-12 Oz. or 1 lb., Chops, Corns, Shreds or Slices
Grimmway Farms Carrots**

1⁹⁹

**Extra Large
Roma Tomatoes**

1⁴⁹ lb.

**3 lb. Bag
Red or Gold Potatoes**

1⁹⁹



\$2 OFF

**24 PK.
Selected Varieties
Busch Light Beer**



21.99

**8 PK.
Selected Varieties
Good Boy Mixed Drinks**

Deli & Bakery

**Not Available at
All Locations.**

**6.75-7.3 Oz., Selected Varieties
Stacy's Pita Chips**

2⁹⁹

**Tyson
Rotisserie Chicken**

8⁹⁹ each.

**Sliced to Order
Virginia Baked Ham**

6⁴⁹ lb.

**Sliced to Order, Selected Varieties
Kretschmar Salami or Pepperoni**

6⁹⁹ lb.

**Mrs. Gerry's Steakhouse
Baked Beans**

3⁹⁹ lb.

**11.7 Oz., Selected Varieties
Kimberly's Gourmet Cupcakes**

4⁹⁹

**4 Ct., Selected Varieties
Café Valley Muffins**

4⁹⁹

**33 Oz., Double Layer
Rich's Red Velvet Cake**

12⁹⁹

**12 Ct.
Clyde's Variety Pack Donuts**

4⁹⁹

**13.5 Oz., Selected Varieties
Shirley's No Bake Cookies**

2⁹⁹

**14 Oz., Sugar Free
Ann Marie's Sliced Lemon Loaf Cake**

5⁹⁹

**Selected Varieties
Tyson Chicken Tenders**

10/\$10