

We reserve the right to limit quantities. Not all sale items available at all participating stores.
Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering
Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620
Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, JANUARY 14 THROUGH TUESDAY, JANUARY 20, 2026

Bundle Up For Big Savings



Best Choice
Russet Potatoes
5 Lb.

2/\$3



Fresh
Strawberries
1 Lb.

\$2.99



Premium
Red Delicious, Gala, Fuji,
Pink Lady, Granny Smith
or Honeycrisp Apples

\$1.99
Lb.



Dole
Salad Blends
5-12 Oz.
Selected Varieties

2/\$5



Imported
Extra Large
Cherries

\$3.99
Lb.



Imported
Red, Green
or Black
Seedless Grapes

\$3.99
Lb.



Extra Large
Green
Bell Peppers
or Large
Slicing Cucumbers

99¢
Ea.



Avocados
MEXICO
2 Lb. Bag

\$3.99



The Little Potato
Company Potatoes
24 Oz.
Selected Varieties

\$3.99



Boithouse Fresh
Whole Carrots
2 Lb.

\$1.99



Yellow
Onions
3 Lb.

\$1.99

PRICE DROP



Smithfield
Lunchmeat
12 Oz.
Selected Varieties

\$3.99



Armour
Pepperoni
5 Oz.
Selected Varieties

\$2.99



John Morrell
Cervelat
16 Oz.

\$5.99



Grape
Tomatoes
10 Oz.

\$1.99



Crunch Pak
Apple Slices
14 Oz.
Selected Varieties

\$2.99



Fresh
80% Lean
Ground Beef
10 Lb. Tube,
Product of the USA

\$4.99
Lb.

Family Pack **\$5.49** Lb.



Fresh
Chicken
Drumsticks or Thighs
Family Pack,
Product of the USA

\$1.29
Lb.



Fresh
Bone-In Pork
Shoulder Roast
Product of the USA

\$2.19
Lb.



Fresh
Boneless Beef
Chuck Roast

\$7.59
Lb.



Fresh
Boneless Beef
Chuck Steaks

\$7.99
Lb.



Frozen
Boneless Skinless
Chicken Breast Tenderloins
Product of the USA

\$3.49
Lb.

Oscar Mayer
Cotto Salami
or Bologna
16 Oz.
Selected Varieties

\$2.99

Oscar Mayer
Basic Lunchables
2.25-4.4 Oz.
Selected Varieties

\$1.99

Farmland
Bacon
12-16 Oz.
Selected Varieties

\$4.99

Bar S
Franks
12 Oz.
Selected Varieties

\$1.25

Bob Evans
Side Dishes
2-4 Ct.
Selected Varieties

\$3.99

Best Choice
Cooked
Shrimp
100-150 Ct. 12 Oz.

\$5.79



Nestlé
Coffee-mate
Bliss Coffee
Creamer
29-32 Oz.
Selected Varieties

\$4.99



Pillsbury
Toaster Strudel
7.2-11.7 Oz.
Selected Varieties

\$2.99



Best Choice
Superior
Selections
Frozen Sliced
Strawberries
16 Oz.

\$2.99



Kraft
Mac & Cheese
Cups
2-4 Ct.
Selected Varieties

\$4.49



Always Tender
Boneless
Pork Chops

\$2.99
Lb.



Stouffer's
Entree
8-12.75 Oz.
Selected Varieties

2/\$6



Pagoda
Egg Rolls
22 Oz.
Selected Varieties

\$6.99



Tide
Simply
Laundry
Detergent
31-32 Oz. Liquid
Selected Varieties

\$2.99

DELI & BAKERY



Reser's
Cole Slaw 15 Oz. or
Macaroni or
Potato Salad
Selected Varieties

\$2.49



Blackforest
Sliced Ham
16 Oz.

\$6.99
Lb.

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.



Prego
Pasta Sauce
23-24 Oz.
Selected Varieties
2/\$4



WOW DEAL
Nabisco
Toasted Chips or
Crisp & Thins
7.1-8.1 Oz.
Selected Varieties
\$2.99



Betty Crocker
Brownie Mix
16.3 Oz.
Cake Mix
12.25-14.25 Oz. or
Frosting
12-16 Oz.
Selected Varieties
3/\$5



Creamette
Pasta
12-16 Oz.
Selected Varieties
99¢



Minute
Rice
12-16 Oz. or
2 Ct. 4.4 Oz. Cups,
Selected Varieties
\$1.99



Knorr
Rice or
Pasta Sides
4-5.8 Oz.
Selected Varieties
\$1.49



Hidden Valley
Ranch
Dressing or
Dip Mix
4-11 Oz.
Selected Varieties
\$1.79



Hidden Valley
Ranch
Dressing or
Secret Sauce
12-16 Oz.
Selected Varieties
\$3.99



Old El Paso
Enchilada Sauce
10 Oz.
Refried Beans
16 Oz. or
Chopped
Green Chiles
4 Oz.
Selected Varieties
\$1.99



Old El Paso
Flour Tortillas
8-10 Ct.
Taco Shells
10-12 Ct. or
Microwaveable
Rice
8.8 Oz.
Selected Varieties
\$2.49



Old El Paso
Taco Seasoning
Mix
1 Oz.
Selected Varieties
99¢



Best Choice
Splash Ice
Sparkling Water
17 Oz.
Selected Varieties
69¢



Best Choice
Soda or Mixers
2 Liter Bottle,
Selected Varieties,
Plus Deposit
Where Required
2/\$2



Snack Pack
Pudding or
Juicy Gels
4 Ct.
Selected Varieties
4/\$5



Pop-Tarts
Toaster Pastries
8 Ct.
Selected Varieties
\$2.99



Nabisco
Oreo, Cakesters or
Fudge Covered
Nutter Butter
Cookies
7.9-14.03 Oz.
Selected Varieties
\$3.99



Tostitos
9-14.4 Oz. or
Smartfood
Popcorn
5.25-10 Oz.
Selected Varieties
\$3.99



Pringles
Potato Crisps
4.9-5.57 Oz.
Selected Varieties
\$1.99



Lysol
Toilet Bowl
Cleaner
24 Oz.
Selected Varieties
\$2.99



Bounce
Outdoor
Fresh
Dryer Sheets
60 Ct.
Selected Varieties
\$2.99



Best Choice
Heavy Duty
Cutlery
48 Ct.
Selected Varieties
\$1.79



Dawn
Dishwashing
Liquid
17.3-20.8 Oz. or
Powerwash
Dish Spray
Starter Kit
or Refill
16 Oz.
Selected Varieties
\$4.99



Lay's
4.75-9.62 Oz.
Kettle Cooked
Poppables
5 Oz. or
Simply
Snacks
5.25-8.5 Oz.
Selected Varieties
\$2.99

Cold Days Call For Hot Soup

January is National Soup Month



Campbell's
Chunky Soup
18.5-19 Oz.
Selected Varieties
2/\$4



Campbell's
Tomato or
Chicken Noodle
Soup
10-17.5 Oz.
Selected Varieties
4/\$5



Reames
Egg Noodles
16 Oz.
Selected Varieties
\$3.99



Bush's Best
Beans
15-16 Oz.
Selected Varieties
3/\$4



No Yolks
Noodles or
Dumplings
12 Oz.
Selected Varieties
\$2.29



Swanson
Broth or Stock
32 Oz.
Selected Varieties
2/\$5



Nabisco
Premium
Saltines or
Soup & Oyster
Crackers
9-16 Oz.
Selected Varieties
\$3.49



Famous Dave's
Corn Bread Mix
15 Oz.
Selected Varieties
\$2.69

DAIRY DEALS



Pillsbury
Crescents
8 Oz.
Sweet Rolls
12.4-13.9 Oz. or
Grands! Biscuits
16.3 Oz.
Selected Varieties
\$2.99



Sunny D
64 Oz.
Selected Varieties
2/\$4



Blue Bonnet
Spread
45 Oz.
Selected Varieties
\$2.99



Chobani
Greek Yogurt
5-9 Oz.
Selected Varieties
5/\$5



Simply
Potatoes
20 Oz.
Selected Varieties
\$2.99



Kemps
Dip or
Sour Cream
12.5-16 Oz. or
Mid America Farms
Top The Tater
Chive Onion
Sour Cream Dip 12 Oz.
Selected Varieties
\$1.99



Pillsbury
Ready To Bake
Cookies or
Cookie Dough
14-16.5 Oz.
Selected Varieties
\$3.49

FROZEN DEALS



DiGiorno
Pizza
14.1-23.1 Oz.
Selected Varieties
\$3.99



Mr. Dell's
Hash Browns or
Potatoes O'Brien
24-32 Oz.
Selected Varieties
\$3.49



Blue Ribbon
Classics
Dairy Dessert
48 Oz.
Selected Varieties
\$2.99



TGI Fridays
Appetizers
Selected Varieties
\$3.49



Red Baron
Pizza
17.82-23.45 Oz.
Selected Varieties
\$3.99



Hot Pockets
4 Ct.
Selected Varieties
\$4.99



Blue Bunny
Ice Cream
Novelties
8-9 Ct.
Selected Varieties
\$3.99