



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



18.4-23 Oz., Selected Varieties
**Smithfield Marinated
Pork Tenderloins**

5⁹⁹

Family Pack, USDA Choice
**Boneless Beef
Ribeye Steaks**

14⁹⁹
lb.

Family Pack
**Boneless
Sirloin Pork Chops**

2⁴⁹
lb.

USDA Choice
Chuck Steak

6⁹⁹
lb.



Family Pack
**Fresh
Ground Chuck**

4⁹⁹
lb.



1⁹⁹
lb.



5⁹⁹
lb.

3⁴⁹
Half Gallon
Selected Varieties
**AE Chocolate
Milk**



2/\$15

23-30 Oz.
Selected Varieties
**Lotzza Motzza
Pizza**



FIRST OF THE Season!

2/\$1
for
**Fresh
Avocados**



1 lb.
Sweet Peppers

2/\$5

PICKED AT Peak!

2/\$6
for
**1 lb.
Fresh
Strawberries**



10-10.1 Oz., Selected Varieties
Dole Caesar Salad Kits

2/\$4

THEME OF The Week!



10/\$10
4.85-8 Oz.
Selected Varieties
**Banquet Basic
Dinners**



3⁹⁹
48-52 Oz.
Selected Varieties
**Simply
Juice**

2/\$7

10 Oz.
Selected Varieties
**Old Dutch
Family Pack
Chips**



2/\$5

5-8 Oz.
Selected Varieties
**Frito-Lay
XL Lay's**



2/\$8

6.5-10 Oz.
Selected Varieties
**Frito-Lay
Cheetos**



Hot DEAL

75¢ OFF

Gallon
Selected Varieties
AE Milk



Hot DEAL



5/\$5

15-16 Oz.
Selected Varieties
**Bush's Best
Chili or Recipe Beans**

2⁹⁹

48 Oz.
Selected Varieties
**Blue Ribbon
Classics
Frozen
Dairy Dessert**



2⁹⁹



2⁹⁹



89¢



4⁴⁹

12-24 Pk. or 42 Oz.
Selected Varieties
**Dean's
Novelties**

www.northenglish.freemanfoods.net
www.wellman.freemanfoods.net

PRICES EFFECTIVE TUESDAY, JANUARY 20 - MONDAY, JANUARY 26, 2026

GREAT DEALS DOWN Every Aisle!



3 Pack, Original
**Kraft Deluxe Macaroni
& Cheese or Velveeta
Shells & Cheese**

7.49



4 Pk.
Selected Varieties
**Easy Mac or Velveeta
Shells & Cheese Cups**

4.49



2 Pk., Selected Varieties
**Kraft Macaroni &
Cheese Big Cups**

4.49



12-15 Oz.
Selected Varieties
**Kraft
Mayonnaise**

2.99



15 Oz.
Selected Varieties
**Kraft
Miracle Whip**

3.99



20.99
32 Ct., Selected Varieties
**Green Mountain
Family of Brands
Coffee Pods**



11.99
28.4 Oz.
**Maxwell House
Wake-Up
Roast**



3.99
46-64 Oz.
Selected Varieties
**Campbell's
Tomato or V8 Juice**



7.49
18 Pk.
Selected Varieties
**Sunny D
Fruit Punch**



2/\$5
32 Oz.
**Red Gold
Ketchup**



3.99
24 Oz.
Selected Varieties
**Wish-Bone
Salad Dressing**

BUY 5 SAVE \$2 Save \$2 instantly when you purchase Any 5 participating products! ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION, WITH PURCHASE OF 5 PARTICIPATING PRODUCTS.

20-30 Oz. Selected Varieties Hellmann's Mayonnaise or Squeeze Mayo 6.99 EA. -40¢ 6.59 EA.	11.5 Oz. Selected Varieties Hellmann's Squeeze Mayonnaise 5.49 EA. -40¢ 5.09 EA.	4-5.8 Oz. Selected Varieties Knorr Pasta or Rice Sides 1.49 EA. -40¢ 1.09 EA.
---	--	---

DON'T MISS Deals!



15-24 Oz., Selected Varieties
**Bertolli Pasta
or Pizza Sauce**

2/\$6



2/\$5

32 Oz., Selected Varieties
**Creamette
Pasta**



1.99

8-16 Oz., Selected Varieties
**Barilla Better
For You Pasta**



1.99

12 Oz., Selected Varieties
**Light N' Fluffy
Wide Noodles**



15 Oz., Selected Varieties
**Bertolli
Alfredo Sauce**

2/\$6

SAVE ON Home & Health



31-32 Oz., Selected Varieties
**TIDE LIQUID SIMPLY
LAUNDRY DETERGENT**

3.99



32 Oz., Selected Varieties
**DOWNY
FABRIC SOFTENER**



4.49



16-30.8 Oz., or 12 Ct., Selected Varieties
**DAWN DISH SOAP OR
CASCADE ACTION PACS**

4.99



38-70 Oz., or 19-33 Ct.
Selected Varieties
**Cascade or Dawn
Powerwash**

9.99



8-18 Rolls
Selected Varieties
**Scott Bath Tissue
or Paper Towels**

9.99



22.5 Oz.
Selected Varieties
**Pup-peroni
Dog Treats**

11.99



2.5-3.5 Lb.
Selected Varieties
**9 Lives
Dry Cat Food**

5.49



2.5-3 Lb.
Selected Varieties
**Nutrish
Dry Cat Food**

7.49

YOUR CHOICE *Great Prices*



4/\$5

0.97 Oz.
Selected Varieties
**Slim Jim
Meat Stick**



1.19

15 Oz., Original
**Red Gold
Sloppy Joe Sauce**



6 Oz.
Selected Varieties
**Red Gold
Tomato Paste**

99¢



20.5-28 Oz.
Selected Varieties
**Birds Eye Family
Size Oven Roasted
Vegetables or
Potatoes**

5.99



22-25 Oz.
Selected Varieties
**Birds Eye
Vegetable Bakes**

6.99



18-20 Ct.
Selected Varieties
**Bigelow
Tea**

2.99

EVEN MORE SAVINGS ON *Home & Health*



33.8 Oz.
Selected Varieties
**Fabuloso
All-Purpose Cleaner**

4.49



12-48 Ct.
Selected Varieties
**Poise
Pads**

7.49



90 Oz.
Selected Varieties
**Ajax
Dish Soap**

6.49



3 Oz.
Selected Varieties
**Blue Buffalo
Wet Cat Food**

3/\$4



5 Lb.
Selected Varieties
**Blue Buffalo
Dry Cat Food**

20.99



12 Rolls
Selected Varieties
**Charmin Essentials
Bath Tissue**

10.99



4 Oz.
Selected Varieties
**Colgate
Toothpaste**

1.79



2 Ct.
Selected Varieties
**Irish Spring
Soap Bars**

1.69



1.4-1.8 Oz.
Selected Varieties
**Speed Stick
Deodorant**

1.89



7.5 Oz.
Selected Varieties
**Soft Soap
Hand Soap**

1.79

FRESH PICKS Family Favorites



10 Oz.
Selected Varieties
Zatarain's
Fish Fry

149



12-15 Oz.
Selected Varieties
Zatarain's Family Size
Rice Dinners

279



3 Oz.
Zatarain's Crawfish,
Shrimp and Crab Boil

129

DON'T MISS Deals!



16 Oz.
Selected Varieties
Barilla Al Bronzo
Pasta

2/\$4



4.3-7.2 Oz.
Selected Varieties
Rice-A-Roni
or Pasta Roni Sides

149



12 Oz.
Selected Varieties
Idahoan
Potatoes

399



5.5-8 Oz., Selected Varieties
Crystal Farms Shreds or
Sliced Cheese

199

SAVE 13 WHEN
YOU BUY 3
QUANTITIES
MIN. \$1.99 EA.



8 Ct.
Selected Varieties
Keebler
Cracker Packs

299



16 Oz.
Ms. Weiss'
Kluski
Egg Noodles

279



15.5 Oz.
Selected Varieties
Brooks
Chili Beans

3/\$4



349
15 Oz.
Wolf Brand
Chili No
Beans



299
15 Oz.
Wolf Brand
Chili With
Beans



2/\$6
6.75-7.33 Oz.
Selected Varieties
Stacy's Pita
or Bagel Chips



279
16 Oz.
New Mill
Kluski
Noodles

BEST CHOICE Exceptional Prices



7.1 Oz., Selected Varieties
BEST CHOICE
SOFT COOKIES

1.29



64 Oz. Selected Varieties
Best Choice
Apple Juice

229



16 Oz. Best Choice
Vegetable Oil

169



10 Ct. Selected Varieties
Best Choice
Pancakes or Waffles

2/\$4



10 Ct.
Best Choice
Hash Brown
Patties

279



4 Pk.
Selected Varieties
Best Choice
Fruit Cups

279



22.5 Oz.
Best Choice
Garlic Toast

399



8-10 Ct.
Selected Varieties
Best Choice
Oatmeal

269



199

18.6-19 Oz.
Selected Varieties
Best Choice
Chunky Soup



299

16 Oz.
Best Choice
Sliced
Strawberries



99¢

10 Oz.
Best Choice
Chopped
Spinach



399

19-20 Oz., Selected Varieties
Best Choice
Tortellini or
Ravioli



299

8 Oz., Selected Varieties
Best Choice
Grated Parmesan
Cheese



199

8 Oz., Selected Varieties
Best Choice
Soft Cream
Cheese

DON'T MISS OUT ON THESE *Great Savings!*

3⁹⁹

7-8.14.03 Oz.
Selected Varieties
Nabisco
Oreos



2/\$7

9-14.5 Oz.
Selected Varieties
Chex Mix,
Garden of Eatin' or
Rugles

3⁴⁹

4.5-6.56 Oz.
Selected Varieties
Quaker
Rice Cakes



2⁹⁹

5.5-7.16 Oz.
Selected Varieties
Pringles Mingles or
Party Stacks



3⁹⁹

8.1-10.1 Oz.
Selected Varieties
Nabisco Toasted Chips
or Oreo Cakesters



4⁴⁹

3-14.0z.
Selected Varieties
Shaq-A-Licious XL
Gummies or Jolly
Rancher Candy



3⁹⁹

4.9 Oz. Selected Varieties
Ice Breakers
Gum Bottle Packs



2/\$7

22-26 Oz. Selected Varieties
Dolly Parton's Syrup
or Pancake Mix



2/\$5

15.25 Oz. Selected Varieties
Dolly Parton's Perfectly
Moist Cake Mix



2⁹⁹

23-24 Oz.
Selected Varieties
Mott's Applesauce



2/\$3

4 PK. Selected Varieties
Hunt's Snack
Pack Pudding or Gelatin



3⁹⁹

24 Oz.
Selected Varieties
Log Cabin Syrup

DAIRY & Frozen



3/\$5

4-12 Oz. Selected Varieties
Pillsbury Flaky
Layer Biscuits,
Crescent Rolls or
Cinnamon Rolls



4/\$5

4-5.5 Oz.
Selected Varieties
Michelina's
Frozen Entrées



4/\$5

4.5-5.3 Oz.
Selected Varieties
Chobani Flips or
Creations Yogurt



3.99

7-14.0 Oz.
Selected Varieties
Philadelphia
Whipped
Cream Cheese
or Frosting



10/\$12

4.5-5.3 Oz.
Selected Varieties
Dannonikos or
Too Good
Greek Yogurt



3.99

6.8 Oz.
Selected Varieties
Philadelphia
Cheesecake
Crumbles



2/\$3

12 Oz.
Selected Varieties
Capri-Sun
Drinks



2/\$6

16 Oz.
Selected Varieties
Daisy Cottage
Cheese or Dips



3.99

9-12 Oz.
Selected Varieties
Santitas
Sliced Sausage
or Sausage Sticks



1.99

7 Oz.
Selected Varieties
Jell-O Girl
Scouts Pudding
Desserts



2/\$3

5-5.3 Oz.
Selected Varieties
Yoplait Oui or
Ratio Yogurt



3.49

4.5 Oz.
Selected Varieties
Santitas
Balanced Breaks



Chill DEAL
3⁴⁹
8.4-9.3 Oz. or 5-40 CL.
Selected Varieties
Eggo Thick and Fluffy
Waffles, Pancakes or
French Toast



4⁴⁹

10 Oz.
Farm Rich
Mozzarella Sticks



2.99

12 Oz. Selected Varieties
Velveeta
Cheese Slices



2.99

4 PK. Selected Varieties
Jell-O Gelatin
or Pudding Cups



1.49

15 Oz. Original
Blue Bonnet
Bowl Spread



2/\$6

16-32 Oz. or 4-12 Oz. Selected Varieties
Dannon Activia, Light & Fit,
YoCrunch or Danimals Yogurt



4.99

32 Oz. Selected Varieties
Birds Eye
Vegetables



2/\$5

8.65-9.8 Oz. Selected Varieties
Kid Cuisine
Entrées



2.79

10 Oz. Selected Varieties
Marie Callender's
Pot Pies



2⁹⁹

6-8 Oz. Selected Varieties
Cracker Barrel
Cracker Cuts,
Slices or Cubes



6.99

24 Oz. Selected Varieties
Kraft Natural
Shreds or Chunks



1.99

64 Oz. Turkey Hill
Tea or Lemonade



4.49

32 Oz. Selected Varieties
Borden's
Creamer



2.79

6.5-10.5 Oz. Selected Varieties
Marie Callender's
Bowls



2/\$7

9.5-17.7 Oz. Selected Varieties
Shepherd's Pie



3.79

8-10 Oz. Selected Varieties
Ming's or Tapatio
Entrées



7.99

20 Oz. White Castle
Chicken Rings



2/\$6

9-15 Oz. Selected Varieties
Boston Market
Entrées



15.99

37-40 Oz. Selected Varieties
Party Size
Entrées



2.99

7-13 Oz. Selected Varieties
Single Serve
Cream Pies

PREMIUM QUALITY Meat Selections



Family Pack
**BONELESS COUNTRY
STYLE PORK RIBS**

3⁹⁹ /lb



40 Oz., Individually Fresh Frozen
**TYSON BONELESS
SKINLESS CHICKEN BREAST**

7⁹⁹ /lb



USDA Choice
BEEF SHORT RIBS

6⁴⁹ /lb



Boneless
**Pork Sirloin
Roast**

2²⁹ /lb



Boneless
**Chicken
Tenders**

2⁴⁹ /lb



USDA Choice
**Boneless Beef
Stew Meat**

6⁹⁹ /lb



Whole Pork Loin

2⁴⁹ /lb



Family Pack
Boneless Pork Cutlets

3⁴⁹ /lb



2.5 Lb.
**Individually Fresh Frozen
Chicken
Wings**

6⁹⁹



16 Oz., Selected Varieties
**Oscar Mayer
Economy Lunch
Meat**

4⁹⁹



20 Oz., Selected Varieties
Scott's Polish Sausage

5⁹⁹



2/\$7
10 Oz.
Selected Varieties
Sterzing's Chips



3⁴⁹
Gallon
Selected Varieties
Milo's Tea

PRODUCE FRESH from the Farm!



4⁹⁹

3 Lb. Bag
**Cara Cara
Oranges**



4⁹⁹ /lb

**Sumo
Mandarins**



Washington
**BARTLETT
PEARS**

99¢ /lb



1⁴⁹ /lb

Washington Premium
**Cosmic Crisp
Apples**



99¢ /lb

Texas
**Red
Grapefruit**



1 Lb.
Grimmway Farms Baby Carrots

2/\$3



Washington
**Red, Anjou
or Bosc Pears**

1⁴⁹ /lb

6 Ct.
Mini Cucumbers

2⁹⁹

1⁹⁹ /lb

2⁹⁹ /lb

1⁹⁹ /lb

2⁹⁹ /lb

2⁹⁹ /lb

2⁹⁹ /lb

2⁹⁹ /lb

2⁹⁹ /lb



2⁹⁹ /lb

Imported
**Red, Green or
Black Seedless
Grapes**



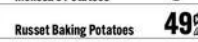
1⁹⁹ /lb

8 Oz.
**White or Cream
Highline
Mushrooms**



2⁹⁹

Pint, Selected Varieties
Cherry Tomatoes



3⁹⁹

24 Oz., Selected Varieties
Melissa's Potatoes



49¢ /lb

Russet Baking Potatoes



1⁴⁹

2 Lb. Bag, Yellow, Red or White
Always Save Onions



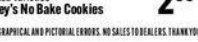
4⁹⁹



2/\$5



6⁹⁹



3⁴⁹

Deli & Bakery

Not Available at
All Locations.

2/\$6



8.75-7.33 Oz., Selected Varieties
Stacy's Pita or Bagel Chips



Sliced to Order, Selected Varieties
Kretschmar Turkey Breast

7⁹⁹ /lb



Sliced to Order, Selected Varieties
Kretschmar Cheese

5⁹⁹ /lb



14 Oz., Selected Varieties
37th Street Bakery Danish

4⁹⁹



6 Ct.
Café Valley Large Croissants

4⁹⁹



12 Ct., Selected Varieties
Clyde's Donut Holes

2/\$5



12.3 Oz., Selected Varieties
Pretzella Bites Tub

6⁹⁹



7.05 Oz., Original
Stonefire Naan Dippers

3⁴⁹



46 Oz.
Rich's Oreo Ice Cream Cake

18⁹⁹



13.5 Oz.
**Selected Varieties
Shirley's No Bake Cookies**

2⁹⁹



16⁹⁹

750 mL
Selected Varieties
Captain Morgan Rum



5⁴⁹ /lb

Storemade
BBQ Pork



4⁹⁹ /lb

**Grillmaster
Bites**