

HEARTY & HEALTHY

PRICES GOOD JANUARY 2026

WED 14 21	THU 15 22	FRI 16 23	SAT 17 24	SUN 18 25	MON 19 26	TUE 20 27
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99¢ Lb.
 Chicken
 Drumsticks
 Frozen



\$1.99 Lb.
 Assorted
 Pork Chops
 Fresh Bone-In



\$2.99 Lb.
 Imported
 XL Cherries

2/\$5
 Blueberries
 Pint



\$3.49 Lb.
 Pork
 Back Ribs
 Frozen



79¢ Ea.
 Large
 Avocados



\$3.99
 DiGiorno
 Pizza
 15-29.3 Oz.
 Selected Varieties



2/\$5
 Healthy Choice
 Cafe Steamers
 9.25-10.3 Oz.
 Selected Varieties



\$2.99
 Niagara
 Water
 16.9 Oz. Bottles 24 Pack



2/\$4
 Campbell's
 Chunky Soup
 18-19 Oz.
 Selected Varieties

More than shopping - it's community.

At your local grocer, you're more than a customer - you're family. We know your name, your kids' names, the activities you support, and your favorite cut of meat. Every purchase supports local jobs and keeps our community strong.

Fresh Produce

Enjoy **Spends LESS!**
MORE



Dole
Salad Blends
5-12 Oz.
Selected Varieties

\$2⁹⁹ Sumo
Citrus Mandarins

2/\$5



\$2⁹⁹
Lb.
Red, Green
or Black
Grapes



\$2⁴⁹
Lb.
Honeycrisp
Apples



\$2⁴⁹
Scarlet
Pearl Tomatoes
10 Oz.



\$2⁹⁹
Russet
Potatoes
10 Lb. Bag

Floral
At Participating Stores



\$4⁹⁹
Primrose



\$3⁴⁹
Ea.
Cauliflower and
Wrapped
Broccoli



\$3⁴⁹
Hampton Farm
Peanuts
24 Oz. Selected Varieties



\$3⁹⁹
Bolthouse
Dressing
12 Oz. Selected Varieties



79¢
Ea.
Green
Peppers



\$10⁹⁹
Blooming Blues
Bouquet

\$12⁹⁹
Peachy Paradise
Bouquet

Dairy & Frozen

Enjoy **Spends LESS!**
MORE



\$2⁹⁹
Blue Bonnet
Spread
45 Oz.
Selected Varieties



2/\$7
Pillsbury
RTB Chub Cookies
14-16.5 Oz.
Selected Varieties



\$3⁹⁹
Reames
Egg Noodles
16 Oz.



\$3⁷⁹
Blue Bunny
Ice Cream Cones, Bars or
Sandwiches
6-9 Oz.
Selected Varieties



2/\$7
Pillsbury
Crescent Rolls,
Cinni Stix, Breads or
Pizza Crust
8-16.8 Oz.
Selected Varieties



2/\$6
Kraft
Cube of
Cheddar Cheese
4.5-7 Oz.
Selected Varieties



\$9⁹⁹
Best Choice
American
Cheese Food
48 Oz.



\$3⁹⁹
Violife
Shredded or
Sliced Cheese
2.05-8 Oz.
Selected Varieties



\$7⁴⁹
Morning Star Farms
Patties, Chicken Fries or
BBQ Ribs
10-13.5 Oz.
Selected Varieties



2/\$7
Stouffer's
Minis or
Tapatio Bowls
8-20 Oz.
Selected Varieties



\$5⁴⁹
Best Choice
California Blend,
Normandy Blend or
Broccoli Florets
52-60 Oz. Selected Varieties



2/\$5
Kraft
Natural Slices
7-8 Oz.
Selected Varieties



\$2⁷⁹
Jell-O
RTE Thin Mint
Pudding Cups
7 Oz.



\$4⁴⁹
Kraft
RTE Philadelphia
Cheesecake Crumbles
8.6 Oz.
Selected Varieties



\$2⁹⁹
Texas Roadhouse
Dips
12 Oz.
Selected Varieties



\$4⁴⁹
Morning Star Farms
Meats 8-12 Oz. or
Corn Dogs 4 Oz.
Selected Varieties



\$4⁴⁹
Louisa
Ravioli, Tortellini, Bites
or Stuffed Nachos
14-19 Oz.
Selected Varieties



4/\$12
Stouffer's
Frozen Entrees
3.375-12.75 Oz.
Selected Varieties



\$3⁹⁹
Violife
Plant Based
Cream Cheese
7.05-8 Oz. or
Sour Cream
8.5 Oz.
Selected Varieties



\$1⁹⁹
Best Choice
Soft or Whipped
Cream Cheese
8 Oz.
Selected Varieties



\$3⁹⁹
Violife
Liquid Coffee
Creamer
33.8 Oz.
Selected Varieties



\$3⁷⁹
Welch's
Drink
59 Oz.
Selected Varieties



\$3³⁹
HiLand
Almond Milk
Hart Galun
Selected Varieties



\$8⁹⁹
Best Choice
Superior Selection
Frozen Fruit
32-48 Oz.
Selected Varieties



2/\$5
Edward's
Single Serve Pies
5.34-6.5 Oz.
Selected Varieties

Grocery

Enjoy Spend LESS!
MORE

**Frito Lay
Lay's and Kettle
Simply**
4.75-9.62 Oz. or
Simply
4.75-9.62 Oz.
Selected Varieties

\$2.99

**Hershey's
Valentine Candy**
7.5-10.1 Oz.
Selected Varieties

\$4.99

**Nabisco
Ritz Crisp & Thin
or Toasted Chips**
7.1-8.1 Oz.
Selected Varieties

\$3.99

\$3.99

Frito Lay
Tostitos
9-14.4 Oz.
Selected Varieties



\$3.99

Frito Lay
Smartfood
8.25-10 Oz.
Selected Varieties



\$3.49

Frito Lay
Crackers
10-13.6 Oz.
Selected Varieties



\$6.99

Pompeian
Olive Oil
16 Oz.
Selected Varieties



\$13.99

Hershey's
Party Bag
Candy Bars
30.04-35.9 Oz.
Selected Varieties



\$3.99

Nabisco
Oreo or
Nutter Butter
Cookies
7.8-14.2 Oz.
Selected Varieties



4/\$5

Pringles,
Cheez-It,
Mingies Grab N Go
or Big Bar
Rice Krispie Treat
2.3-3 Oz.
Selected Varieties



\$2.29

Muselman's
Applesauce
23-28 Oz. or 4.4 Cl.
Selected Varieties



\$3.99

Jolly Time
Popcorn
6-10 Cl.
Selected Varieties



\$1.99

Pringles
Potato Crisps
4.9-5.57 Oz.
Selected Varieties



\$5.99

Cheez-It
Caddy Pack or
Grahams
9-12.3 Oz.
Selected Varieties



\$2.49

Heinz
Mustard
20 Oz.



\$2.99

Heinz
Ketchup
13-20 Oz.
Selected Varieties



\$4.29

Hidden Valley
Ranch
Secret Sauce
12 Oz.
Selected Varieties



\$3.99

Hidden Valley
Ranch Salad
Dressing
12-16 Oz.
Selected Varieties



\$1.99

Hidden Valley
Ranch Dressing or
Dip Mix
0.4-1.1 Oz.
Selected Varieties



\$3.99

Kraft
Flavor Tour
Sauces
10 Oz.
Selected Varieties



4/\$4

Old El Paso
Taco Seasoning
Mix
1 Oz.
Selected Varieties



\$4.49

Kraft
Easy Mac,
Deluxe Mac & Cheese or
Velveeta Shells & Cheese
Cups 4 Cl. or Big Cup 2 Cl.
4-9.66 Oz.
Selected Varieties



4/\$5

Bush's
Beans
15-18 Oz.
Selected Varieties



\$4.79

Kraft
Mac & Cheese
Spiral Dinners
22 Oz.



\$1.99

Mahatma or
Minute Rice
Cups
8-8 Oz.
Selected Varieties



\$1.49

Knorr
Sides
4-5.8 Oz.
Selected Varieties



\$3.49

Wolf
Angus Chili
15 Oz.



\$2.99

Wolf
Angus Chili
With Beans
15 Oz.



2/\$4

Prego
Pasta Sauce
23-24 Oz.
Selected Varieties



\$2.49

Dimity Moore
Beef Stew
15 Oz.
Selected Varieties



10/\$10

Red Gold
Tomatoes, Sauce
or Puree
10-15 Oz.
Selected Varieties



4/\$5

Campbell's
Tomato or
Chicken Noodle
Soup
10-12 Oz.
Selected Varieties



2/\$5

Swanson
Broth or
Stock
32 Oz.
Selected Varieties



2/\$3

Betty Crocker
Cake, Cookie or
Brownie Mix
11.3-16.3 Oz.
Selected Varieties



2/\$3

Betty Crocker
Frosting
12-16 Oz.
Selected Varieties



4/\$5

Snack Pack
Gelatin or
Pudding Cups
4 Cl.
Selected Varieties



\$2.99

Welch's
Grape Jam or
Jelly
20 Oz.
Selected Varieties



\$2.99

Crystal Light
Drink Mix
12 Oz. or
On The Go
9-10 Cl.
Selected Varieties



\$4.99

Lil Hugs
Juice
20 Fl. 8 Oz.
Selected Varieties



\$9.99

Lil Hugs
Juice
40 Fl. 8 Oz.



2/\$1

Big Hugs
Juice
16 Oz.
Selected Varieties



\$3.49

Welch's
Grape Juice
64 Oz.
Selected Varieties



\$5.49

Lipton
Tea Bags
48-100 Cl.
Selected Varieties



\$3.49

Capri Sun or
Country Time
Drink Box
10 Cl.
Selected Varieties



\$5.99

Premier
Protein Bars
10 Cl.
Selected Varieties



\$2.99

Rachael Ray
Nutrish
Soup Bone
4-3 Oz.
Selected Varieties



\$23.99

Rachael Ray
Nutrish
Dog Food
14 Lb.
Selected Varieties



\$9.99

Scott
Paper Towels
8 Double Rolls or
Comfort Plus
Bath Tissue
18 Mega Rolls
Selected Varieties



\$10.99

Charmin
Essentials
12 Mega Rolls
Selected Varieties



\$7.49

Angel Soft
Bath Tissue
6-8 Mega Rolls or
Scott Paper Towel
4 Double Rolls
4-8 Roll
Selected Varieties



Best Choice

Save on Our Brands

4/\$5

Best Choice
Fast Mac or
Deluxe
Shells & Cheese
Cups
2.06-2.39 Oz.
Selected Varieties



99¢

Best Choice
Pasta
16 Oz.
Selected Varieties



\$1.49

Best Choice
Flour
5 Lb.
Selected Varieties



\$1.29

Best Choice
Mini Marshmallows
10 Cl.
Selected Varieties



\$1.99

Best Choice
Hot Cocoa Mix
8 Cl.
Selected Varieties



69¢

Best Choice
Splash Ice
Sparkling Water
17 Oz.
Selected Varieties



\$3.49

Best Choice
Water
16.9 Oz. Bottles 24 Pack



\$3.49

Pure Wonder
By Best Choice
Medley Cat Food
3 Lb.



\$3.99

Pure Wonder
By Best Choice
Complete or
Indoor Cat Food
3 Lb.
Selected Varieties



\$6.49

Pure Wonder
By Best Choice
Scoopable Cat Litter
14 Lb.
Selected Varieties



99¢

Best Choice
Sandwich or
Snack Bags
40 Cl.
Selected Varieties

Home & Health

Enjoy Spend LESS!
MORE

\$3.99

Arm & Hammer
Toothpaste
4.3-4 Oz.
Selected Varieties



\$2.99

Clorox
Disinfecting
Wipes
35 Cl.
Selected Varieties



\$9.99

Suifler
Duster,
Wet Jet Pads or
Dry Cloths
9-32 Cl.
Selected Varieties



\$17.99

Glad
Trash Bags
80 Cl.
Selected Varieties



\$2.99

Bounce
Fabric Refresher
Sheets
60 Cl.
Selected Varieties



Fresh Cut Meat

Enjoy Spend LESS!
MORE



\$5⁹⁹
Lb.
Bottom Round
Roast
Fresh Boneless Beef



\$6⁴⁹
Lb.
Bottom Round
Steak
Fresh Boneless Beef
Value Pack



\$6⁹⁹
Lb.
Stew
Meat
Fresh Boneless Beef



\$4⁹⁹
Lb.
80% Lean
Ground Beef
Value Pack



\$9⁹⁹
Lb.
Top Sirloin
Steak
Fresh Boneless Beef
Value Pack



\$2⁴⁹
Lb.
Center Cut
Pork Chops
Fresh Bone-In



\$2⁹⁹
Lb.
Thin Cut
Breakfast Chops
Fresh Bone-In



\$2⁹⁹
Lb.
Chicken
Tenders
Frozen Boneless



\$3⁴⁹
Land O' Frost
Deli Shaved
7.5-9 Oz.
Selected Varieties



\$5⁴⁹
Johnsonville
Brats
16-19 Oz.
Selected Varieties

2/\$3
Bar S
Franks
12 Oz.
Selected Varieties



2/\$4
Oscar Mayer
Basic Lunchables
2.25-4.4 Oz.
Selected Varieties



\$1⁹⁹
Oscar Mayer
P3 Individual
Meat Snacks
2.2-3 Oz.
Selected Varieties



\$3⁹⁹
Bob Evans
Sides
12-24 Oz.
Selected Varieties



\$3⁹⁹
Johnsonville
Smoked Links
or Ropes
12-14 Oz.
Selected Varieties



\$2⁹⁹
Oscar Mayer
Bologna or
Cotto Salami
16 Oz.
Selected Varieties



\$3⁴⁹
John Morrell
Braunschweiler
16 Oz.



\$6⁹⁹
Johnsonville
Meatballs and
Grillers
24 Oz.
Selected Varieties



\$7⁹⁹
El Monterey
Taqitos
18-20.7 Oz.
Selected Varieties



\$7⁴⁹
Bar S
Corn Dogs
2.34 Lb.



\$3⁴⁹
Lb.
Sugardale
Ham Steaks



Seafood

\$18⁹⁹
Sea Best
Argentine
Red Shrimp
2 Lb. 16-20 Ct.



\$7⁹⁹
AquaStar
Cooked Shrimp
1 Lb. 51-60 Ct.



\$8⁹⁹
Lb.
Cod
Fillets
10P



\$1⁹⁹
Lb.
Catfish
Nuggets
10P



Deli & Bakery

\$7⁹⁹
Lb.
Kretschmar
Chicken Breast
Garlic and Buffalo
or Rotisserie



\$2⁶⁹
Father's Table
2 Slice
Cheesecake
26 Oz.
Selected Varieties



\$7⁹⁹
Ea.
Whole Roasted
or Slow Smoked
Chicken



\$2⁹⁹
Resers
Amish Potato or
Macaroni Salad
16 Oz.
Selected Varieties



\$3⁹⁹
King's Hawaiian
Round Bread
16 Oz.



\$3⁴⁹
Cafe Valley
Mini Muffins
10.5 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kretschmar
Colby Cheese



\$5⁹⁹
Lb.
Kretschmar
Ham Off The
Bone
Regular or Honey



\$2⁴⁹
Toufayan
Bagels
18-20 Oz.
Selected Varieties



\$4⁹⁹
Cafe Valley
Croissant
6 Ct.



\$3⁴⁹
Deli Express
Sandwiches
4.5-6 Oz.
Selected Varieties



\$3⁹⁹
Baby Bell
Cheese
4.2 Oz.
Selected Varieties



\$4⁹⁹
7-Up
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$7⁹⁹
7-Up
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$2⁴⁹
Snapple
Bevs
64 Oz.
Selected Varieties



\$11⁹⁹
Pepsi
Products
12 Oz. Cans 24 Pack
Selected Varieties



\$5⁴⁹
Pepsi
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$1⁹⁹
Gatorade
28 Oz.
Selected Varieties



\$6⁹⁹
Lipton
Pure Leaf
Tea
16.9 Oz. Bottles 6 Pack
Selected Varieties



DIGITAL COUPONS!

COUPON PRICES EFFECTIVE
JANUARY 14-20, 2026



SUPER SALE

3 Weeks of Locked In Low Prices

Hurry in for these Super Savings!
Prices good 12/31/25 through 1/20/26

\$7⁴⁹

**Best Choice
Chicken Breast
or Wings**

2.5 Lb.
Selected Varieties



**Bar S
Bologna**

12 Oz.
Selected Varieties

\$1⁵⁹



**Oldham
Sausage Rolls**

16 Oz.
Selected Varieties

\$3⁸⁸



**Banquet
Pot Pie**

7 Oz.
Selected Varieties

5/\$5



**Best Choice
Shredded or
Chunk Cheese**

16 Oz.
Selected Varieties

\$3⁷⁹

SUPER SALE

3 Weeks of Locked In Low Prices

Hurry in for these Super Savings!
Prices good 12/31/25 through 1/20/26



2/\$1

**Best Choice
Yogurt**
6 Oz.
Selected Varieties



3/\$5

**Best Choice
Texas Style
Biscuits**
12 Oz.
Selected Varieties



\$2.99

**Brummel & Brown
Spread and
I Still Can't
Believe It's
Not Butter**
8-15 Oz.
Selected Varieties



2/\$3

**Best Choice
Saltine Crackers**
16 Oz. or
**Soup &
Oyster Crackers**
9 Oz.
Selected Varieties



88¢

**Best Choice
Beans or
Blackeye Peas**
15-15.5 Oz.
Selected Varieties



4/\$4

**Best Choice
Tomatoes**
10-15 Oz.
Selected Varieties



88¢

**StarKist
Chunk Light Tuna**
5 Oz.
Selected Varieties



\$2.49

**Jif
Peanut Butter**
15-16 Oz.
Selected Varieties



\$3.99

**Best Choice
Bath Tissue**
8 Rolls
Selected Varieties

I HAVE A DREAM

SALE

WEEK
MARTIN LUTHER KING
DAY
I HAVE A DREAM

SALE

WEEK
MARTIN LUTHER KING
DAY
I HAVE A DREAM

SALE

MILK
MARTIN LUTHER KING
DAY
I HAVE A DREAM

SALE

MEN
MARTIN LUTHER KING
DAY
I HAVE A DREAM

SALE

MEM
MARTIN LUTHER KING
DAY
I HAVE A DREAM

SALE



\$3⁹⁹

\$2¹⁹



2/\$5

\$3⁹⁹

\$8⁹⁹

2/\$5

\$3⁷⁹

\$4⁴⁹

\$2⁹⁹

\$2⁹⁹

\$2⁹⁹

2/\$7

\$2⁹⁹

\$6⁴⁹

\$5⁹⁹

\$3²⁹

10/\$6

2/\$4

\$4⁹⁹

KOG3_BASE_FPOFR_011426

HEARTY & HEALTHY

BUY 5 SAVE \$5

HEARTY & HEALTHY

BUY 5 SAVE \$5

HEARTY & HEALTHY

BUY 5 SAVE \$5

HEARTY & HEALTHY

BUY 5 SAVE \$5

HEARTY & HEALTHY

BUY 5 SAVE \$5

MIX OR MATCH

WHEN YOU BUY 5 PARTICIPATING ITEMS

Prices Effective **JANUARY 14-20, 2026**

	\$2.99 -\$1.00 \$1.99		\$5.99 -\$1.00 \$4.99		\$4.99 -\$1.00 \$3.99
Blue Ribbon Classics Ice Cream 48 Oz. Selected Varieties		Edward's Pie or Cheesecake 24-32 Oz. Selected Varieties		Mrs. Smith's Pie 35-37 Oz. Selected Varieties	
	\$6.99 -\$1.00 \$5.99		\$4.99 -\$1.00 \$3.99		\$5.99 -\$1.00 \$4.99
Bibigo or Pagoda Fried Rice, Mandu, Wontons, Crunchy Chicken or Egg Rolls 16-24 Oz. Selected Varieties		Hot Pockets 4 Ct. Selected Varieties		Bertolli Frozen Meals 22-24 Oz. Selected Varieties	
	\$5.49 -\$1.00 \$4.49		\$3.99 -\$1.00 \$2.99		\$6.49 -\$1.00 \$5.49
Freschetta Pizzas 18.85-30.88 Oz. Selected Varieties		Red Baron Pizzas 15.75-23.45 Oz. Selected Varieties		International Delight Liquid Coffee Creamer 64 Oz. Selected Varieties	
	\$3.99 -\$1.00 \$2.99		\$2.89 -\$1.00 \$1.89		\$7.99 -\$1.00 \$6.99
Dannon Activia, Light Greek, Oikos or Too Good yogurt or Danimals 16-32 Oz. Selected Varieties		Velveeta Shredded Cheese 8 Oz. Selected Varieties		Velveeta Loaf 3 Lb. Selected Varieties	
	\$3.99 -\$1.00 \$2.99		\$5.99 -\$1.00 \$4.99		\$6.99 -\$1.00 \$5.99
Downy Liquid Fabric Enhancer 32 Oz. Selected Varieties		Lysol Disinfectant Spray 12.5 Oz. Selected Varieties		Lysol Air Fresheners 90 Oz. Selected Varieties	
	\$4.99 -\$1.00 \$3.99		\$2.99 -\$1.00 \$1.99		\$3.99 -\$1.00 \$2.99
Dawn Dish Soap 24.5-30.8 Oz. Power Suds 17.4 Oz. or Power Wash Dish Spray 16 Oz. Selected Varieties		Tide Simply Liquid Laundry Detergent 31-32 Oz. Selected Varieties		Lysol All Purpose or Kitchen Cleaner 22-32 Oz. Selected Varieties	
	\$3.99 -\$1.00 \$2.99		\$5.49 -\$1.00 \$4.49		\$2.99 -\$1.00 \$1.99
Lysol Toilet Bowl Cleaner 2 Ct. Selected Varieties		Lysol Disinfecting Wipes 75-80 Ct. Selected Varieties		Lysol Toilet Bowl Cleaner 24 Oz. Selected Varieties	
	\$11.49 -\$1.00 \$10.49		\$11.49 -\$1.00 \$10.49		\$9.99 -\$1.00 \$8.99
Pull-Ups Learning Design Training Pants 14-23 Ct. Selected Varieties		Huggies L1x Movers or Snugglers Diapers 16-32 Ct. Selected Varieties		Huggies Snuggly Dry Diapers 21-44 Ct. Selected Varieties	
	\$3.39 -\$1.00 \$2.39		\$11.99 -\$1.00 \$10.99		\$9.99 -\$1.00 \$8.99
StarKist Chunk Light Tuna 12 Oz. Selected Varieties		Goodnite Youth Pants 9-14 Ct. Selected Varieties		Oikos Ready To Drink Protein Shakes 4 Ct. Selected Varieties	
	\$2.99 -\$1.00 \$1.99		\$2.99 -\$1.00 \$1.99		\$2.99 -\$1.00 \$1.99
Pop-tarts 13.5 Oz. Selected Varieties		General Mills Cereal 9-10.8 Oz. Selected Varieties		Nature Valley or Fiber One Bars, General Mills Treat Bars or Biscuits Selected Varieties	
	\$2.49 -\$1.00 \$1.49		\$2.99 -\$1.00 \$1.99		\$3.99 -\$1.00 \$2.99
Old El Paso Taco, Tostada or Tortilla Shells 8-12 Ct. or Rice or Beans 8.8 Oz. Selected Varieties		Chex Mix, Bugles or Gardettos 7-8.6 Oz. Selected Varieties		Club Keebler or Town House Crackers 7.5-13.8 Oz. or Grahams 11-15 Oz. Selected Varieties	
	\$2.99 -\$1.00 \$1.99				
Betty Crocker Fruit Snacks, Fruit Rolls Up, Fruit By The Foot, Gushers or Mott's Fruit Snacks 6-10 Ct. Selected Varieties					