



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Boneless Skinless
Chicken Breast

2⁹⁹
lb.

Whole
Pork Loin
Family Pack
Pork
Steaks

2⁷⁹
lb.

2⁹⁹
lb.

Ribeye Steak

14⁹⁹
lb.



Whole, Sold in Bag
Boston Butt
Pork Roast

2¹⁹
lb.



5⁹⁹
lb.

USDA Choice
Boneless
Chuck Roast



4⁹⁹
lb.

Family Pack
Fresh
Ground Chuck

6.99

750 mL
Selected Varieties
Andre
Champagne



19.99

1.75 Liter
Selected Varieties
Black Velvet
Whiskey



33.99

1.75 Liter
Selected Varieties
Tito's
Vodka



24 Pk. Cans
Selected Varieties
Busch Light
Beer

2.50 OFF

FIRST OF THE Season!



3⁹⁹
lb.
Sumo
Mandarins

Michigan
Honeycrisp Apples

1⁴⁹
lb.

PICKED AT Peak!



3/\$2
Avocados

3 Lb. Bag, California
Halos Mandarins

4⁹⁹

THEME OF The Week!



2/\$4

SAVE 1/2 WHEN
YOU BUY 2
QUANTITIES LESS
THAN \$10 EA.
12 Oz. Cinnamon Toast Crunch,
8.9 Oz. Cheerios, 10.4 Oz. Cocoa Puffs,
11.5 Oz. Reese's Puffs, 12.7 Oz. Golden
Grahams or 10.7 Oz. Trix Cereal
General Mills
Cereal



3/\$10

13.5-15.8 Oz.
Selected Varieties
Jack's
Pizza

Hot DEAL

4/\$9

6-11.5 Oz.
Selected Varieties
Lean Cuisine
Frozen Entrées



2/\$3

4-5 Ct., Selected Varieties
Pillsbury Grands!,
Crescents, Cinnamon Rolls
or Flaky Layer Biscuits

2.49

4.75-8 Oz.
Selected Varieties
Frito-Lay
Lay's Chips



2.99

48 Oz.
Selected Varieties
Best Choice
Ice Cream



6.99

23-30 Oz.
Selected Varieties
Lotza Motzza
Pizza



16 Oz.
Selected Varieties
R.O.T.E.L.
Blended Tomatoes

4/\$5



18-19 Oz.
Selected Varieties
Progresso or
Old El Paso Soup

3/\$5



16-24 Oz.
Selected Varieties
Ragu or Ragu
Kettle Sauce

2/\$4



5 Oz.
Selected Varieties
Starkist
Chunk Light Tuna

99¢



50 Ct.
Selected Varieties
Totino's
Pizza Rolls

3⁹⁹

3/\$5

2 Liter Bottles
Selected Varieties
Dr. Pepper
Products



www.northenglish.freemanfoods.net
www.wellman.freemanfoods.net

PRICES EFFECTIVE TUESDAY, DECEMBER 30, 2025 - MONDAY JANUARY 5, 2026

GREAT DEALS DOWN Every Aisle!



11 Oz.
Original
Kraft
Macaroni & Cheese

2/\$3



2.05-2.39 Oz.
Selected Varieties
Kraft
Easy Mac Cups

2/\$3



7.25 Oz.
Selected Varieties
Kraft Macaroni
& Cheese Flavors

2/\$3



7.49
16.9 Oz.
Selected Varieties
Filippo Berio
Olive Oil



79¢
7 Oz.
Creamette
Spaghetti Pasta



2/\$3
14.5-16 Oz.
Selected Varieties
Hunt's Tomatoes
or Tomato Sauce



4/\$5
15 Oz.
Selected Varieties
Manwich Sloppy
Joe Sauce



99¢
2.6-4.5 Oz.
Selected Varieties
Starkist
Tuna Pouches



4/\$5
2.6 Oz.
Selected Varieties
Starkist
Chicken Pouches



2.99
5 Oz.
Selected Varieties
Cholula
Hot Sauce



99¢
1-1.25 Oz.
Selected Varieties
McCormick
Chili Seasoning



1.79
15 Oz.
Selected Varieties
Wolf Brand
Chili with Beans



2.49
15 Oz.
Wolf Brand
Chili
No Beans



4.29
6 Ct.
Original
Jiffy Corn
Muffin Mix

SAVE ON Home & Health



2.99
12-18 Oz.
Selected Varieties
Dawn
Dish Soap



19.99
48-78 Ct.
Selected Varieties
Cascade
Action Pacs



4.99
4 Ct.
AAA or AA
Duracell
Batteries



21.99
24 Ct.
AAA or AA
Duracell
Batteries



5.99
2 Ct.
C or D
Duracell
Batteries



2/\$6
12 Oz.
Selected Varieties
Oikos
Protein Shakes



6.49
40 Ct.
Selected Varieties
Best Choice
Trash Bags

DON'T MISS Deals!



81 Oz., Selected Varieties
Best Choice
Bleach

4.69



30 Ft.
Best Choice
Aluminum Foil

1.99

Buy 3 Save \$5
SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 3 PARTICIPATING PRODUCTS!
ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION

60 Ct.
Advil Liqui-Gels Mini
Ibuprofen Pain Relief
13.19
-1.66
11.53

12 Ct.
Theraflu
Flu Relief
15.85
-1.66
14.19

WITH PURCHASE OF 3 PARTICIPATING PRODUCTS

11.99
-1.66
10.33

Emergen-C Immune Support
30 Ct.

9.79
-1.66
8.13

Theraflu Severe Cold & Flu
Selected Varieties, 6 Ct.

WITH PURCHASE OF 3 PARTICIPATING PRODUCTS

9.75
-1.66
8.09

Robitussin DM Max Cold & Flu
Selected Varieties, 4 Oz.

8.39
-1.66
6.73

Robitussin Cough & Chest Congestion DM
4 Oz.

WITH PURCHASE OF 3 PARTICIPATING PRODUCTS

13.85
-1.66
12.19

Advil Liqui-Gels
Ibuprofen
80 Ct.

11.69
-1.66
10.03

Advil Ibuprofen
Pain Relief
100 Ct.

WITH PURCHASE OF 3 PARTICIPATING PRODUCTS

10-21 Ct.
Selected Varieties
Pampers Jumbo Diapers

10.99

17-21 Ct.
Selected Varieties
Pampers Jumbo Cruisers

9.99

12.5 Oz.
Selected Varieties
Blue Buffalo
Dog Food

2.99

30 Oz., Selected Varieties
Best Choice Long Grain Rice

99¢

30 Oz., Selected Varieties
Best Choice Mayonnaise or Whipped Dressing

3.99

8 Rolls
Selected Varieties
Best Choice Bath Tissue

4.99

6 Rolls
Best Choice Ultra Paper Towels

13.99

DON'T MISS OUT ON THESE *Great Savings!*

2/\$5
for
15 Oz.
Selected Varieties
Wish-Bone or
Western Salad
Dressing



2/\$5
for
3 Oz.
Hormel
Bacon Bits



4/\$5
for
5 Oz.
Selected Varieties
Mrs. Cubbison's
Croutons



3.99
18-25 Oz.
Selected Varieties
Post Family
Size Cereal



3.29
9.8-15.1 Oz. or 10 Ct.
Selected Varieties
Post Better Oats
Instant Oatmeal



3.99
6.5 Oz.
Selected Varieties
Vlasic
Pickle Balls



2/\$7
9-14.5 Oz.
Selected Varieties
Chex Mix,
Bugles or
Garden of Eatin'



3.99
9.5-13 Oz.
Selected Varieties
Nabisco
Chips Ahoy!



2/\$3
6 PK./7.5 Liter Bottles
Selected Varieties
Pure Life
Water



1.99
64 Oz.
Selected Varieties
Sunny D
Punch



3.29
15 Oz.
Ricos
Queso Blanco



3.29
16-20 Oz.
Selected Varieties
Celestial Seasonings
Green Tea, Black
Tea or Herbal Tea



2/\$5
16 Oz.
Selected Varieties
Pickles



2/\$7
12 Oz.
Selected Varieties
Frank's Red Hot
or Wing Sauce



4.19
12 Oz.
Selected Varieties
Hunt's Snack
Pack Pudding
or Gelatin



3.99
24 Oz.
Selected Varieties
Mrs.
Butterworth's
Syrup

DAIRY & Frozen



2.50
5-12 Oz.
Selected Varieties
Borden Cheese
Shreds, Chunks
or Slices



2/\$5
9-13 Oz.
Selected Varieties
SuperPretzel
Pretzels or
Soft Stix



1.99
7.4-11.88 Oz.
Selected Varieties
Banquet
Classic Dinners



3.99
12-13.5 Oz.
Selected Varieties
Birds Eye
Premium
Vegetable Blends



3/\$4
10-18.3 Oz.
Selected Varieties
Birds Eye
Steamers
Vegetables



5.29
16-22 Oz.
Selected Varieties
Banquet
Banquet
Chicken



3/\$9
14.58-20.14 Oz.
Selected Varieties
Tony's
Pizzeria Pizza



3.59
7.5-12 Oz.
Selected Varieties
Kraft
String Cheese



1.25
4.7 Oz.
Selected Varieties
Breakstone's
Cottage Doubles



2.79
59 Oz.
Selected Varieties
Florida's Natural
Lemonade Splashes



3/\$6
1 Oz.
Selected Varieties
Bacon Bites
Pizza Bites



4.49
16 Oz.
Selected Varieties
Kraft
Singles



2/\$4
2.25-3.0 Oz.
Selected Varieties
Oscar Mayer
Scramblers



4.49
16-32 Oz.
Selected Varieties
California
Milk or Creamer

3.29
20-32 Oz.
Selected Varieties
Best Choice Frozen Potatoes

1.79
8 Oz.
Selected Varieties
Best Choice Cream Cheese

1.89
16 Oz.
Selected Varieties
Best Choice Sour Cream



10/\$12
4.5-5.3 Oz.
Selected Varieties
Dannon Light & Fit, Oikos or
Too Good Greek Yogurt



2/\$4
16 Oz.
Selected Varieties
Best Choice
Cottage Cheese



2.99
6-7.5 Oz.
Selected Varieties
Mario Callender's
Mini Pies



5.99
24 Oz.
Selected Varieties
Banquet MEGA
Chicken Filets



3.99
22.5 Oz.
Best Choice
Garlic Toast



3/\$9
8-11 Oz.
Selected Varieties
TGI Fridays
Appetizers



7.99
13-17 Oz.
Selected Varieties
Old El Paso Stuffed
Nachos or Taco Bites



2.49
9 Oz.
Selected Varieties
Santitas
Salsa



1.99
9.9 Oz.
Selected Varieties
Sunwell
Raspad Hydration



2/\$3
7.5 Oz.
Best Choice
Self-Rising or
All-Purpose
Flour



6.99
10 Oz.
Best Choice
Granulated
Sugar



1.59
9-18 Oz.
Selected Varieties
Best Choice
Lasagna



1.19
7.1 Oz.
Selected Varieties
Best Choice
Cookies



2.29
64 Oz.
Selected Varieties
Best Choice
Apple Juice



59¢
0.75-1.5 Oz.
Selected Varieties
Chili
Gravy, Taco, Chili
or Stew Mix



1.49
16 Oz.
Best Choice
Black Eyed
Peas



1.99
8.1 Oz.
Selected Varieties
Best Choice
Hot Cocoa Mix

PREMIUM QUALITY Meat Selections



Family Pack, USDA Choice
CHUCK STEAKS

6.99 lb.



BOSTON BUTT PORK ROAST

2.49 lb.



GOURMET PUB BURGERS

6.99 lb.



Family Pack
Country Style Pork Ribs

3.49 lb.



Pork Tenderloins

3.99 lb.



Sold in 10 lb. Bag
Fryer Leg Quarters

7.99



12 Oz., Selected Varieties
Jimmy Dean Hickory Smoked Bacon

3.99



16 Oz., Selected Varieties
Smithfield Breakfast Sausage Rolls

3.99



40 Oz., Individually Fresh Frozen
Tyson Boneless Skinless Chicken Breast

7.99



40 Oz., Individually Fresh Frozen
Tyson Boneless Skinless Chicken Tenders

6.99



40 Oz., Individually Fresh Frozen
Tyson Chicken Wings

8.99



40 Oz., Individually Fresh Frozen
Tyson Buffalo or Hot Honey Wings

8.99

2/\$3.50 12 Oz., Selected Varieties
Eckrich Hot Dogs or Sliced Bologna

4.99 12-16 Oz., Selected Varieties
Curly's Pulled BBQ Tubs

4.99 12 Oz., Selected Varieties
Nathan's Famous Beef Franks

6.99 18-23 Oz., Selected Varieties
Smithfield Marinated Pork Tenderloins

3.99 12 Oz., Selected Varieties
Smithfield Breakfast Sausage Links or Patties

17.99 32 Oz., 16-20 Ct.
Sea Best Argentine Red Frozen Raw Shrimp

PRODUCE FRESH from the Farm!



79¢ ea.
California
Navel or Blood
Oranges



3.99 ea.
Pint
Blueberries
6 Oz., Raspberries or
Blackberries



1.99 3 lb.
CARA CARA ORANGES

1.49 lb.
HotHouse Tomatoes



79¢ ea.
Green Peppers



2.19 ea.
8 Oz.
White or Mini Mushrooms

1.99 1 lb.
Radishes



1.79 2 lb. Bag
Always Save Red, White or Yellow Onions



1.29 12-14 Oz., Garden or Cole Slaw
Dole Salad Mix



2/\$4

9 Oz., Selected Varieties
UTZ Chips



2/\$7

10 Oz., Selected Varieties
Sterzing's Chips

Deli & Bakery



8.99 doz.
Tyson Rotisserie Chicken

7.99 lb.
Sliced to Order, Selected Varieties
Kretschmar Off the Bone Turkey

7.99 lb.
Sliced to Order
Kretschmar Baby Swiss Cheese

6.99 lb.
Sliced to Order, Selected Varieties
Kretschmar Salami or Pepperoni

3.99 17 Oz., Selected Varieties
Sabra Hummus



2/\$5 12 Ct., Selected Varieties
Clyde's Donut Holes

4.99 6 Ct.
Café Valley Large Croissants

4.99 10.5 Oz., Double Chocolate
Two-Bite Brownies

3.99 16.2 Oz.
Stonefire Artisan Thin Pizza Crust

12.99 32 Oz.
Carvel Oreo Ice Cream Cake Roll

3.99 10 Ct., Selected Varieties
Best Choice Frosted Sugar Cookies



2/\$3

8 Oz., Selected Varieties
AE Chip Dip