

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

**We accept
USDA Food Stamps
We also accept AMEX**

We reserve the right to limit & substitute similar items and in some cases this may apply. All items may not be available.

#294

Christmas
Wishes!

PRICES GOOD TWO WEEKS DECEMBER 2025

WED 17 24	THU 18 25	FRI 19 26	SAT 20 27	SUN 21 28	MON 22 29	TUE 23 30
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10/\$10

**Farmland
Sausage Rolls
12 Oz.
Selected Varieties**



**\$8.99
Lb.**

**KC
Strip
Whole Boneless
Sold In C.O.V. Bag**



\$2.99

**Sunkist
Clementines
3 Lb. Bag**



**\$1.79
Lb.**

**Pork
Loin
Whole Boneless
Sold In C.O.V. Bag**



\$2.99

**Dole
Chopped Kits
9.1-12.25 Oz.
Selected Varieties**



**BUY 2
SAVE \$1**

**2/\$6
- \$1.00**

2/\$5
**General Mills
Cereal
12-14 Oz.
Selected Varieties
MUST BUY 2**



2/\$4
**Kraft
Natural
Shredded or
Chunk Cheese
5-8 Oz.
Selected Varieties**



\$4.99
**Edwards
Pie or
Cheesecake
24-32 Oz.
Selected Varieties**



\$1.49
**Best Choice
Cream Cheese
8 Oz.
Selected Varieties**



88¢
**Best Choice
Vegetables
14.5-16.25 Oz.
Selected Varieties**



\$3.49



\$3.49
**Blue Bunny
Premium
Ice Cream
46-48 Oz.
Selected Varieties**



2/\$5
**Frito Lay
Regular Lay's,
Kettle and
Rold Gold
4.25-16 Oz.
Selected Varieties**



\$14.99

**Smithfield
Chitterlings
10 Lb.**



4/\$5

**Fresh
Greens
10 Lb.**

\$29.00



69¢
**Jiffy
Corn Muffin Mix
8.5 Oz.**



69¢
**Best Choice
Whole Kernel Corn
or Cut Green Beans
15 Oz.**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce

Enjoy Spend LESS! MORE



Asparagus

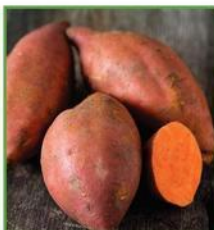
\$3.99 Lb. Imported Cherries XL



\$5.99 Lb.



\$1.49 Lb. Minneiska Sweet Tango Apples



99¢ Lb. Sweet Potatoes



\$2.99 Taylor Farms Select Vegetables 12 Oz. Selected Varieties

Floral

At Participating Stores



\$12.99 Christmas Candy Bouquet



\$2.99 Twin Dragon Egg Roll Wrappers 18 Oz. or Won Ton Wrappers 14 Oz.



\$1.49 Lb. Tomatoes On The Vine



\$9.99 Louisburg Shelf Stable Cider Gallon or POM Juice 48 Oz.



\$3.99 Willy's Salsa 16 Oz. Selected Varieties



\$14.99 Elf Magic Bouquet

\$9.99 Poinsettia 6 Inch Selected Varieties

Dairy & Frozen

Enjoy Spend LESS! MORE



\$2.99 Simply Juice 46-52 Oz. Selected Varieties



\$3.49 Pillsbury Cookies, Crescents, Filled Crescent, Pull Apart, Cinni Stix, Cornbread Swirls, Pizza Crust or French Bread 8-16.8 Oz. Selected Varieties



\$3.99 Red Baron Pizza 15.77-23.45 Oz. Selected Varieties



\$15.99 Stouffer's Family Size Lasagna or Enchiladas 57-96 Oz. Selected Varieties

\$7.99 Vital Farms Large Eggs 12 CL

\$4.99 Country Crock Spread 48 Oz. Selected Varieties

2/\$11 Digiorno Pizza 14-6-25.3 Oz. Selected Varieties

\$3.99 Devour Entrées 16-20 Oz. Selected Varieties

10/\$12 Dannon or Too Good Yogurt 4.5-5.3 Oz. Selected Varieties

\$10.99 Rana Lasagna or Take Home Enchilada Bake 38-40 Oz. Selected Varieties

\$3.99 Lunchable Grilled Cheeses 5.75-6.3 Oz. or T.G.I. Friday Appetizers 9-11 Oz. Selected Varieties

\$4.49 Louisa Ravioli, Tortellini, Bites or Stuffed Nachos 10-19 Oz. Selected Varieties

\$2.49 Daisy Brand Sour Cream or Cottage Cheese 16 Oz. Selected Varieties

\$1.99 Dean's Dip or Guacamole 12-16 Oz. Selected Varieties

\$1.99 Pictsweet Farm Favorites Vegetables 9-10 Oz. Selected Varieties

\$3.99 Best Choice Souper Selections 10F Chutneys, Strawberries or Mango Chunks 15-16 Oz. Selected Varieties

\$4.49 Chobani Liquid Coffee Creamer 24 Oz. or La Colombe Cold Brew 42 Oz. Selected Varieties

2/\$4 Minute Maid Zero or Gold Peak Tea 53 Oz. Selected Varieties

\$3.99 Pillsbury Grands! Biscuits 12 CL. Selected Varieties

\$3.49 Blue Bunny Ice Cream Novelties 6-9 CL. Selected Varieties

\$2/\$4 Minute Maid Zero or Gold Peak Tea 53 Oz. Selected Varieties

\$3.39 Hiland Almond Milk 64 Oz. Selected Varieties

2/\$6 Best Choice Sliced Strawberries 23 Oz.

\$2.49 Best Choice Sliced Strawberries 23 Oz.

Seafood

\$5.99 Best Choice Shrimp Ring 10 Oz. Pig



\$5.99 Best Choice Cooked Shrimp 12 Oz. 31-40 CL.



Grocery

Enjoy Spend LESS!
MORE

Frito Lay
Doritos, Tostitos
and Simply
5.25-15 Oz.
Selected Varieties

\$3.99

Keebler
Toasted or
Carr's Table
Water Crackers
4.25-8.7 Oz.
Selected Varieties

\$3.99

Kraft
Mayo
22-30 Oz.
Selected Varieties

\$3.99

\$2.99
Nabisco
Ritz Crackers
7.5-12.7 Oz.
Selected Varieties



\$2.99
Munchies
Snack Mix
8 Oz.
Selected Varieties



\$2.99
Act II
Popcorn
6-12 Ct.
Selected Varieties



2/\$6
Planters
Peanuts
16 Oz.
Selected Varieties



2/\$3
Hunt's
Ketchup
20 Oz.



\$4.99
Kraft
Miracle Whip
19-30 Oz.
Selected Varieties



\$2.49
Kraft
Salad Dressing
16 Oz.
Selected Varieties



\$3.99
Hidden Valley
Salad Dressing
12-16 Oz.
Selected Varieties



\$4.29
Hidden Valley
Secret Sauce
12 Oz.
Selected Varieties



\$1.89
Hidden Valley
Dressing or
Dip Mix
0.4-11 Oz.
Selected Varieties



4/\$5
Kraft
Mac & Cheese
Dinner
5.5-7.3 Oz.
Selected Varieties



\$2.99
Kraft
Deluxe
Mac & Cheese
or Velveeta
Shells & Cheese
Dinner
1-14 Oz.
Selected Varieties



2/\$4
No Yolk
Noodles or
Dumplings
12 Oz.
Selected Varieties



\$2.49
Classico
Pasta Sauce
16-24 Oz.
Selected Varieties



\$2.29
Best Choice
Hearty Soup
16.6-19 Oz.
Selected Varieties



2/\$5
Swanson
Broth or
Stock
32 Oz.
Selected Varieties



\$2.49
Vlasic
Pickles or
Relish
16-24 Oz.
Selected Varieties



\$1.99
Best Choice
Tomatoes
28 Oz.
Selected Varieties



\$1.19
Best Choice
Tomato Sauce
15 Oz.
Selected Varieties



2/\$3
Green Giant
Carrots, Whole or
Italian Green Beans,
Beets, Young Sweet Peas,
Peas & Carrots
or Potatoes
14.5-18 Oz.
Selected Varieties



\$1.99
Green Giant
Mixed Vegetables
15 Oz.



2/\$3
Green Giant
Corn
11 Oz.
Selected Varieties



\$2.99
Mott's
Applesauce
6 Ct.
Selected Varieties



2/\$5
Best Choice
Toaster Pastries
8 Ct.
Selected Varieties



\$7.99
Green Mountain,
McCafe, Donut Shop,
Krispy Kreme, Keurig,
Newman's Own or
Swiss Miss K Cups
10 Ct.
Selected Varieties



\$3.99
Best Choice
Cranberry or
Pineapple Juice
64 Oz.
Selected Varieties



\$2.99
Clamato
Juice
32 Oz.
Selected Varieties



\$3.49
Hawaiian
Punch
128 Oz.
Selected Varieties



\$2.99
Niagara
Water
16.9 Oz. Bottles 24 Pack



\$3.49
Purina
Pup Poni
Pet Treats
5.6 Oz.
Selected Varieties



\$2.99
Rachael Ray
Nutrish
Soup Bone
6.3 Oz.
Selected Varieties



\$4.99
Clorox
Disinfecting Wipes
75 Ct.
Selected Varieties



\$14.99
Fresh Step
Cat Litter
15.4-25 Lb.
Selected Varieties



\$3.19
Hefty
Cups
38-30 Ct.
Selected Varieties



\$9.99
Glad
Trash Bags
34-40 Ct.
Selected Varieties



\$2.99
Hefty
Slider Bags
10-20 Ct.
Selected Varieties



\$6.99
Scott
Paper Towels
6 Double Rolls or
Bath Tissue
12 Mega Rolls
Selected Varieties



\$6.99
Cottonelle
Bath Tissue
6 Mega Rolls
Selected Varieties



\$14.99
Kingsford
Wood Pellets
25 Lb.
Selected Varieties



\$14.99
GrillMaster's Choice
Pellets
25 Lb.
Selected Varieties



Home & Health

Enjoy Spend LESS!
MORE

\$8.99
Oral B
or
Glide
Dental Floss
40 Ct.
Selected Varieties



\$3.99
Colgate
Toothpaste
2 Ct.
Selected Varieties



\$3.99
Colgate
Toothbrush
2 Ct.
Selected Varieties



\$4.49
G.U.M.
Soft Picks
60 and 100 Ct.
Selected Varieties



\$5.49
Softsoap
Body Wash
20 Oz.
Selected Varieties



\$2.99
Wet Ones
Wet One
Hand Wipes
40 Ct.
Selected Varieties



\$12.99
Downy
or Gain Fireworks
Fabric Refresher
Beads
16-184 Oz.
Selected Varieties



\$12.99
Downy
Liquid Laundry
Detergent
48-140 Oz.
Selected Varieties



\$12.99
Tide
Liquid Laundry
Detergent
75-84 Oz. or
Pods 25-42 Ct.
Selected Varieties



\$5.99
Bounce
Fabric Refresher
Sheets
60-120 Ct.
Selected Varieties



\$2.99
Xtra
Liquid Laundry
Detergent
56-574 Oz.
Selected Varieties



\$2.99
Arm & Hammer
Deodorant
2.8 Oz.
Selected Varieties



\$5.99
Men's Dollar Shave
Gel or Butter
6-7 Oz.
Selected Varieties



\$9.99
Men's Dollar Shave
Club Razor Handles
or Refills
4-6 Blade
Selected Varieties



\$4.99
Aussie
Miracle Mist
12.1 Oz.
Selected Varieties



Fresh Cut Meat

Enjoy **Spend LESS!**
MORE



\$10⁹⁹
Lb.
KC Strip
Steak
Fresh Boneless Beef
Value Pack



\$5⁴⁹
Lb.
Shoulder Arm
Roast
Fresh Boneless Beef



\$4⁴⁹
Lb.
80% Lean
Ground Beef
Sold In 10 Lb. Tube



\$4⁹⁹
Lb.
80% Lean
Ground Beef
Value Pack



\$2⁹⁹
Lb.
Chicken
Breast
Frozen Boneless Skinless



\$5⁹⁹
Marinated
Pork Loins
18.4-27.2 Oz.



\$1⁹⁹
Lb.
Pork
Chops
Fresh Boneless
Value Pack



\$3⁹⁹
Johnsonville
Grinds and Grillers
16 Oz.
Selected Varieties



\$2⁹⁹
Armour
Meatballs
14 Oz.
Selected Varieties



\$5⁴⁹
Johnsonville
Brats
16-19 Oz.
Selected Varieties

\$2⁴⁹
Earl Campbell
Sausage Loops
12-13 Oz.
Selected Varieties



\$1⁷⁹
Sugardale
Hot Dogs
16 Oz.



\$3⁴⁹
Bob Evans
Sides
12-22.0 Oz.
Selected Varieties



\$5⁹⁹
Oscar Mayer
Deli Fresh
Shaved Meats
16-16 Oz.
Selected Varieties



\$3⁹⁹
Delimex
Quesadilla
8 Oz.
Selected Varieties



\$4⁹⁹
Paradise
Chicken Kits
22-24 Oz.
Selected Varieties



\$4⁹⁹
Johnsonville
Summer Sausage
10-12 Oz.
Selected Varieties



\$2⁹⁹
Best Choice
Cooked Bacon
2.1 Oz.



Deli & Bakery

At Participating Stores



\$5⁹⁹
Lb.
Kretschmar
Ham Off The
Bone
Regular or Honey



\$9⁹⁹
Red Velvet
Double Layer
Cakes
33 Oz.



\$7⁹⁹
Lb.
Whole Roasted
or Slow Smoked
Chicken



\$5⁹⁹
Lb.
Parmesan
Bow Tie
Pasta



\$4⁹⁹
Danish
Coffee Cakes
14 Oz.
Selected Varieties



\$9⁹⁹
Gregory
Take N Bake
Cookies
36-48 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kretschmar
Colby or
Provolone
Cheese



\$7⁹⁹
Lb.
Kretschmar
Mesquite
Turkey Breast



\$4⁴⁹
Sweet P's
Mini Filled
Donuts and
Apple Fritters
9.31-12.48 Oz.
Selected Varieties



\$9⁹⁹
Jessie Lord
Cream Pies
26-27 Oz.
Selected Varieties

\$4⁹⁹
Raser's
Holiday Sides
22-24 Oz.
Selected Varieties



\$3⁹⁹
Pancho
Queso
16 Oz.
Selected Varieties



\$3⁹⁹
Cranberry
Jalapeno Dip
10 Oz.



\$5⁰⁰
Ea.
Chicken
Nuggets
23 Oz.



\$10⁹⁹
Lb.
Kretschmar
Roast Beef
23 Oz.



\$4⁹⁹
Cafe Valley
Large
Croissants
6 Ck.



\$2⁴⁹
Touffan
Bagels
16-20 Oz.
Selected Varieties



\$2⁴⁹
Rotella's
Italian
Sandwich
Bread
17 Oz.



\$6⁹⁹
Coke
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$6⁴⁹
Powerade
20 Oz. Bottles 8 Pack
Selected Varieties



\$3⁹⁹
Coke
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$2⁹⁹
Coke
Products
1 Liter
Selected Varieties



\$1⁴⁹
Body
Armor
16 Oz.
Selected Varieties



\$6⁹⁹
Pepsi
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$6⁴⁹
Pepsi
Products
12 Oz. Bottles 8 Pack
Selected Varieties



\$5⁹⁹
Pepsi
Products
7.5 Oz. Mini Cans 10 Pack
or 16.9 Oz. Bottles 6 Pack
Selected Varieties



\$20⁹⁹
Kahlua
Coffee Liqueur
750 ML
Selected Varieties



\$23⁹⁹
Bailey's
Irish Cream
750 ML
Selected Varieties



\$22⁹⁹
Crown Royal
750 ML
Selected Varieties



\$11⁹⁹
Josh Cellars
Red Wines
750 ML
Selected Varieties



\$10⁹⁹
Korbel
Sparkling
750 ML
Selected Varieties



\$6⁹⁹
Cupcake
Wines
750 ML
Selected Varieties



\$6⁹⁹
Lipton
Pure Leaf
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$7⁹⁹
Gatorade
20 Oz. Bottles 8 Pack
Selected Varieties



\$6⁹⁹
7-Up
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$15⁹⁹
Boulevard
Beer
12 Oz. Cans or Bottles 12 Pack
Selected Varieties



\$20⁹⁹
Premium Cans
12 Oz. Cans 24 Pack
Selected Varieties



\$20⁴⁹
Bud Family
12 Oz. Cans 24 Pack
Selected Varieties

\$3⁹⁹
7-Up
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$1⁷⁹
Snapple
64 Oz.
Selected Varieties



\$2¹⁹
Monster
Energy
16.5-16 Oz.
Selected Varieties



Christmas ✨ Favorites

Prices Effective TWO WEEKS
DECEMBER 17-30, 2025



\$2⁴⁹
Lb.
Best Choice
Spiral Sliced
Ham



\$1⁹⁹
Lb.
Sugardale
Bone-In
Ham Portions



\$5⁹⁹
Lb.
Kentucky Legend
Quarter Sliced
Ham Items



\$13⁹⁹
Farmland
Boneless Ham
4 Lb.



\$5⁴⁹
Lb.
Kentucky Legend
Petite Half Ham



\$3⁹⁹
King's Hawaiian
Dinner Rolls
12 Ct.
Selected Varieties



\$8⁹⁹
Taylor Farms
Large Vegetable
Party Tray
36 Oz.



2/\$5
Green Giant
Red and Gold
Potatoes
5 Lb. Bag



Prices Effective TWO WEEKS
DECEMBER 17-30, 2025



\$4⁹⁹

**Kentucky Legend
Bacon**
16 Oz.
Selected Varieties



\$3⁹⁹

**Johnsonville
Breakfast Patties
and Links**
9.6-12 Oz.
Selected Varieties



\$2⁹⁹ Ea.

Cantaloupe



\$2⁹⁹

**Mrs Butterworth's
Syrup**
24 Oz.
Selected Varieties

\$3⁹⁹

**Pearl Milling
Pancake Mix**
32 Oz.
Selected Varieties



\$2⁹⁹

**Eggo
Pancakes or
French Toast Sticks 12-40 Ct. or
Thick & Fluffy Waffles 6 ct.**
Selected Varieties



\$2⁹⁹

**Mr Dell's
Frozen Potatoes**
24-32 Oz.
Selected Varieties



\$2⁴⁹

**Pillsbury
Grands Biscuits, Crescents
or Cinnamon Rolls**
8-16.3 Oz.
Selected Varieties



\$2⁹⁹

**Simply
Juice**
46-52 Oz.
Selected Varieties



\$9⁹⁹

**Folgers or
Bustelo
Ground Coffee**
22-25.9 Oz.
Selected Varieties



\$3⁴⁹

**Coffeemate
Liquid Coffee Creamer**
28-32 Oz.
Selected Varieties

Holiday Baking Essentials



Prices Effective TWO WEEKS
DECEMBER 17 - 30, 2025



**Buy 4
Save \$2**



Betty Crocker
Cake Mix
14.25 Oz.
Cookie Mix
11.9 Oz.
Brownie Mix
16.3 Oz. or
Frosting
12-16 Oz.
Selected Varieties
MUST BUY 4

4/\$6
~~-\$2.00~~
4/\$4



\$4.99
Mrs. Smith's
Pie
35-37 Oz.
Selected Varieties



\$2.49
Kraft
Philadelphia
Cream Cheese
8 Oz.
Selected Varieties



2/\$6
Pillsbury
Pie Crust
14.1 Oz.



2/\$6
Pillsbury
Pie Crust
2-12 Oz.
Selected Varieties



2/\$7
Lucky Leaf
Cherry, Strawberry,
Blueberry, Red Raspberry
or Peach Pie Filling
20-21 Oz.
Selected Varieties



2/\$7
Lucky Leaf
Apple, Lemon, Apricot,
Caramel Apple or
Strawberry Rhubarb
Pie Filling
21-22 Oz.
Selected Varieties



2/\$7
Lucky Leaf
Premium Cherry
Pie Filling
21 Oz.



\$1.79
Lucky Leaf
Pure Pumpkin
15 Oz.



3/\$5
Carnation
Evaporated Milk
12 Oz.
Selected Varieties



\$2.79
Eagle Brand
Sweetened
Condensed Milk
14 Oz.



\$2.99
Country Crock
Heavy Whipping
Cream
16.9 Oz.



\$2.99
Best Choice
Quatered Butter
16 Oz.
Selected Varieties



\$3.99
Nestle Toll
House Morsels
10-12 Oz.
Selected Varieties



2/\$3
Kraft
Marshmallows
10-12 Oz.
Selected Varieties



2/\$3
Jell O
Gelatin or
Pudding Mix
0.3-3.9 Oz.
Selected Varieties



\$7.49
Fisher
Pecans
10 Oz.
Selected Varieties



\$6.49
Fisher
Walnuts
10 Oz.
Selected Varieties



\$3.49
Baker's
Baking Bar
4 Oz.
Selected Varieties



\$2.99
Best Choice
Granulated Sugar
4 Lb.



\$1.99
Best Choice
Brown or
Powdered Sugar
2 Lb.
Selected Varieties



\$2.99
Best Choice
Self Rising Flour
5 Lb.



\$1.99
Best Choice
Unbleached Flour
5 Lb.



\$2.99
Pam Cooking
Spray
5-6 Oz.
Selected Varieties



\$3.49
Wesson
Oil
46 Oz.
Selected Varieties

Holiday Baking

Essentials

Holiday Baking

Essentials

Holiday Baking

Essentials

Holiday Favorites

Prices Effective TWO WEEKS
DECEMBER 17 - 30, 2025



\$5⁴⁹

Hershey's
Holiday Candy
8.8-10.1 Oz.
Selected Varieties



\$2²⁹

Hershey's
Holiday Canes
1.8-2.24 Oz.
Selected Varieties



\$1⁷⁹

Bruce
Yams
15 Oz.



2/\$4

Stove Top
Stuffing Mix
6 Oz.
Selected Varieties



2/\$3

Idahoan
Potatoes
1.5-4.1 Oz.
Selected Varieties



99¢

Pioneer
Brown Gravy Mix
1.61 Oz.



2/\$4

Heinz
Gravy
12 Oz.
Selected Varieties



5/\$5

Green Giant
Corn, Green Beans
or Peas
14.5-15.25 Oz.
Selected Varieties



4/\$5

Campbell's
Cream Of Chicken or
Cream Of Mushroom Soup
10.5 Oz.
Selected Varieties



\$4⁴⁹

French's
Crispy Fried
Onions
6 Oz.
Selected Varieties



\$5⁹⁹

Reames
Noodles
24 Oz.
Selected Varieties



\$2⁹⁹

Sister Schubert's
Rolls
8-10 Cl.
Selected Varieties



\$4⁶⁹

Rhodes
Rolls or
Artisan French Rolls
6-36 Cl.
Selected Varieties



\$2⁶⁹

Rhodes
White Dinner Rolls or
Artisan French Rolls
6 Cl.
Selected Varieties



\$1⁹⁹

Pearls
Pitted Olives
6 Oz.
Selected Varieties



2/\$5

Ocean Spray
Cranberry Sauce
14 Oz.
Selected Varieties



\$9⁹⁹

Kraft
Philadelphia
Cheesecake
24 Oz.
Selected Varieties



\$2⁴⁹

Reddi Wip
Real Whipped
Cream Topping
6.5 Oz.
Selected Varieties



\$1⁹⁹

Cool Whip
Selected Varieties



\$5⁹⁹

Best Choice
Ice Cream
4 Oz.
Selected Varieties



\$3⁹⁹

Welch's
Sparkling Juice
25.4 Oz.
Selected Varieties



\$2¹⁹

Hefty
Plates, Bowls
or Trays
18-54 Cl.
Selected Varieties



\$2⁹⁹

Vanity Fair
Napkins
80-100 Cl.
Selected Varieties



\$4⁹⁹

Reynolds Wrap
Aluminum Foil
50-75 Sq.Ft.
Selected Varieties



\$3⁷⁹

Glad
Cling Wrap
200 Sq.Ft.