

SPECIAL SAVINGS

Fresh, Boneless
U.S.D.A. Choice
Rump Roast

6⁹⁹
lb.



Bakery Fresh
**English
Toffee
Cookies**
12 Count Package
5⁹⁹



Fresh
**Raspberries
or
Blackberries**
6 oz. Package
2/\$6



Fresh
**California
Navel
Oranges**
1⁴⁹
lb.



Fresh, Boneless
**Country Style
Pork Ribs**
2⁴⁹
lb.



Frito Lay
**Sun Chips
or Doritos**
Selected Varieties
6.25-10.75 oz. Package
2/\$7



Ragu
Pasta Sauce
Selected Varieties, 16-24 oz. Jar
2/\$5



Kraft
**Shredded or
Chunk Cheese**
Selected Varieties, 5-8 oz. Package
2/\$6



Dannon
Greek Yogurt
Selected Varieties, 5.3 oz. Cup
4/\$5



Kemps
**Ice Cream,
Frozen Yogurt,
or Sherbet**
Selected Varieties, 48 oz. Tub
3⁹⁹



Essential Everyday
Vegetables
Selected Varieties, 12 oz. Package
5/\$5

Sale Starts Sunday, November 9th, 2023

SUN	MON	TUE	WED	THU	FRI	SAT
9	10	11	12	13	14	15

STORE HOURS: Sunday 7am-10pm
Monday - Saturday 6am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



**READERS'
CHOICE
Awards**

Best Independently Owned
Grocery Store

CRYSTAL

ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551

www.almstedsmarkets.com



Quality Meats



Fresh, Boneless Pork Sirloin Chops

2⁷⁹
lb.

Apple Pecan Sirloin Pork Chops

Ingredients

2 tablespoons butter
4 sirloin pork chops
2 apples your choice, chopped
1/2 cup chopped pecans
1/4 cup packed brown sugar

Directions

Melt butter in a large skillet over medium-high heat. Reduce heat to medium.

Place pork chops into the skillet and cook for 2 minutes and then flip.

Place the chopped apples and chopped pecans on top of the pork chops. Sprinkle brown sugar over pecans, apples and pork chops.

Cover and cook for an additional 6 minutes.

Transfer pork chops to serving plates. Spoon apples and pecans over top and enjoy!



Fresh, Boneless Pork Sirloin Roast

2⁴⁹
lb.



Hormel Pork Tenderloins

Selected Varieties
18.4 oz. Package

7⁹⁹



Almsted's Own Pickled Herring

5⁹⁹
lb.



Hormel Fully Cooked Meat Entrées

Selected Varieties
13 oz. Package

6⁹⁹



Buddig Original Tub Lunch Meat

Selected Varieties
10 oz. Package

3⁹⁹

Quality Meats



Gold'n Plump
Fresh, Boneless, Skinless
Chicken Breast
Small Pack

3⁹⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Boneless
U.S.D.A Choice Beef
New York Strip Steak

13⁹⁹
lb.



Arctic Shores
Cooked Shrimp
Peeled, Deveined
Tail-On, 26-30 Count
16 oz. Package

9⁹⁹



Cloverdale
Hickory Smoked Bacon
Selected Varieties
12 oz. Package

4⁹⁹



No Name
Salmon Fillets
Selected Varieties
10 oz. Package

11⁹⁹



Louis Kemp
Imitation Seafood
Selected Varieties
8 oz. Package

2/\$4



Banquet
Brown 'N Serve Sausage
Selected Varieties
6.4 oz. Package

2/\$4



Sugardale
Diced or Cubed Ham
Selected Varieties
8 oz. Package

2/\$5



No Name
Meatballs or Burgers
Selected Varieties
20-24 oz. Package

9⁹⁹

Pantry Specials



Duncan Hines
**Classic or
Signature
Cake Mixes**

Selected Varieties, 15.2-15.3 oz. Package

2/\$3



Duncan Hines
Brownie Mix

Selected Varieties
18-18.3 oz. Package

2/\$3



Essential Everyday
Baking Nuts

Selected Varieties
16 oz. Bag

649



Gold Metal
Flour

All Purpose or Unbleached
5 lb. Bag

3.99



Essential Everyday
Marshmallows

Selected Varieties
10-10.5 oz. Package

2/\$3



Essential Everyday
**Granulated
Sugar**

4 lb. Bag

3.49



Essential Everyday
Honey Bear

12 oz. Bottle

3.79



Eagle Brand
**Sweetened
Condensed
Milk**

14 oz. Can

2/\$6



Essential Everyday
**Canola or
Vegetable
Oil**

Selected Varieties
128 oz. Jug

11.99



Mccormick
Cinnamon

2.37 oz. Jar

2.49



Essential
Everyday
**Pure
Vanilla
Extract**

2 oz. Bottle

4.99



Old Dutch
**Puffcorn or Mini
Cheese Puffs**

Selected Varieties, 7-9 oz. Bag

2/\$8



Essential
Everyday
**Potato or
Kettle Chips**

Selected Varieties
8-9 oz. Bag

2/\$5



Pop-Secret
**Microwave
Popcorn**

Selected Varieties
3 Count Package

2/\$6



Hostess
**Multi Pack
Snacks**

Selected Varieties
8-10 Count Package

2/\$7



Kellogg's
**Homestyle Rice
Krispie Treats**

6 Count Package

3.49



Essential
Everyday
**French
Fried
Onions**

6 oz. Bag

2.99



Tylenol
**Extra Strength
Pain Reliever**

24 Count Package

3.99



Old Dutch
**Traditional
or Ripples
Potato Chips**

Selected Varieties, 8-10 oz. Bag

2/\$8



Frito Lay
Tostitos Dip

Selected Varieties
10-13.75 oz. Jar

2/\$7



Frito Lay
Tostitos Salsa

Selected Varieties
13.5 oz. Jar

2/\$7



Pringles
Mega Stax

Selected Varieties
6-8.7.1 oz. Can

2.99



Essential Everyday
**Whole
Cashews**

8.5 oz. Can

6.99



Essential Everyday
Tomatoes

Selected Varieties
28 oz. Can

2/\$4



Tresemmé
**Shampoo or
Conditioner**

Selected Varieties
28 oz. Bottle

6.99



Kellogg's
**Cheez-It or
Club Crackers**

Selected Varieties, 9-13.7 Package

2/\$8



Kellogg's
**Toasted
Crackers**

Selected Varieties
8-8.7 oz. Package

2/\$8



Essential Everyday
Saltines

Selected Varieties
16 oz. Package

2/\$4



Essential Everyday
Crackers

Selected Varieties
7.5-13 oz. Package

2.99



Del Monte
Vegetables

Selected Varieties
14.5-15.25 oz. Can

3/\$5



Ensure
Nutrition Shake

Selected Varieties
6/8 oz. Bottle

11.99



Colgate
Toothpaste

Selected Varieties
6 oz. Package

2/\$5

Grocery Deals



Mott's Apple Juice
Selected Varieties, 64 oz. Bottle

2/\$7



Barilla Pasta or Ready Pasta
Selected Varieties
7-16 oz. Package

2/\$3



Kraft Mayo
Selected Varieties
22 oz. Bottle or 30 oz. Jar

4.99



COUNT ON
QUALITY AND
Selection

General Mills Cereal
Selected Varieties
8.9-12 oz. Package

2/\$8



Kool-Aid Jammers
Selected Varieties
10 Count Package

3.99



Creamette Lasagna
Original or Oven Ready
8-16 oz. Package

2/\$4

Essential Everyday Dressing
Selected Varieties
16 oz. Bottle

2/\$5



Essential Everyday Corn Syrup
16 oz. Bottle

2.99

Progresso Broth
Selected Varieties
32 oz. Package

2/\$5



Hidden Valley Ranch Dressing
Selected Varieties
24 oz. Bottle

4.99



Kellogg's Raisin Bran Cereal
Selected Varieties
11.6-16.1 oz. Package

4.99



Quaker Oats
Old Fashioned or Quick
18 oz. Package

3.99



Essential Everyday Corn & Rice Squares Cereal
Selected Varieties
12 oz. Package

2/\$8



Minute Rice
Selected Varieties
12-14 oz. Package

2.49



Nestle Toll House Morsels
Selected Varieties
9-12 oz. Package

4.99

Essential Everyday Cream Soup
Selected Varieties
10.5 oz. Can

4/\$5



Essential Everyday Worcestershire Sauce
10 oz. Bottle

1.49



Kellogg's Nutri Grain Bars
Selected Varieties
8 Count Package

3.49

Essential Everyday Black Olives
Selected Varieties
6 oz. Can

1.99



Kraft Deluxe Velveeta Macaroni & Cheese
Selected Varieties
9-14 oz. Package

2/\$7



Essential Everyday Black Pepper
3 oz. Tin

3.49

Essential Everyday Tartar Sauce
12 oz. Bottle

1.99



Essential Everyday Black Olives
Sliced or Chopped
2.25-4.25 oz. Can

3/\$4

Essential Everyday Stuffed Manilla Olives
13 oz. Can

3.99



Meow Mix Cat Food
Selected Varieties
3-1.15 lb. Bag

6.49



Essential Everyday Parchment Paper
43 Soft. Package

3.79

Essential Everyday Red Party Cups
30 Count Package

4.99



Essential Everyday Cutlery
Selected Varieties
48 Count Package

1.99



Essential Everyday Designer Plates, Cups & Bowls
Selected Varieties
24-34 Count Package

3.49



Essential Everyday Bleach
43 oz. Bottle

2.99



Hefty Trash or Tall Kitchen Bags
Selected Varieties
18-43 Count Package

8.99

Arm & Hammer Liquid Laundry Detergent
Selected Varieties
43.3-50 oz. Jug

5.99



Cottonelle Bath Tissue
Selected Varieties
6 Mega Rolls

8.99



Viva Paper Towels
6 Count Package

9.99

Frozen & Dairy Deals



Healthy Choice Dinners or Steamers

Selected Varieties
9.25-10.3 Package

2/\$6



Nestlé
Drumstick
Selected Varieties
8-12 Count Package

7.99



Crystal Farms
Cream Cheese
8 oz. Brick

2/\$5



Essential Everyday
Cottage Cheese
Selected Varieties
24 oz. Tub

3.49



Essential Everyday
**Fries, Tots or
Hashbrowns**
Selected Varieties
19-32 oz. Package

2/\$6



Essential Everyday
Cream Cheese
Selected Varieties
8 oz. Tub

2/\$6



Kemps
**Sour Cream
& Dip**
Selected Varieties
15-16 oz. Tub

2/\$5



Kemps
Ice Cream Cones
Selected Varieties
4 Count Package

4.99



Kemps
**Ice Cream
Sandwiches**
Selected Varieties
12-16 Count Package

4.99



Totino's
Pizza Rolls
Selected Varieties
24.46-24.8 oz. Package

4.99



Kraft Natural Sliced Cheese

Selected Varieties
7-8 oz. Package

2/\$6



Land O'Lakes
**Spreadable
Butter**
Selected Varieties
13-15 oz. Package

3.99



Land O'Lakes
Butter Quarters
Selected Varieties
16 oz. Package

3.99

International Delight Coffee Creamer

Selected Varieties
32 oz. Bottle

3.99



Country Crock
Vegetable Spread
Selected Varieties
45 oz. Tub

5.99

Florida's Natural Juice

Selected Varieties
52 oz. Carton

4.99



Essential Everyday
**Grated
Parmesan Cheese**
8 oz. Container

3.49



Essential Everyday
**American
Cheese Singles**
Selected Varieties
12 oz. Package

2.99



Cracker Barrel
Cheese Cubes
Selected Varieties
6 oz. Package

2/\$7

Bizzy Cold Brew Coffee

Selected Varieties
48 oz. Bottle

4.99



Fresh from Our Deli & Bakery

2021 SIN
READERS' CHOICE Awards
BEST DELI

FRESH IN OUR
Deli
FRESH
Kretschmar
Hickory or
Mesquite Smoked
Turkey Breast
9⁹⁹
lb.



Mrs. Gerry's
Deli Fresh
Pepperoni
Pasta Salad
5⁹⁹
lb.



2021 SIN
READERS' CHOICE Awards
BEST BAKERY

Bakery Fresh
Hoagie Buns
4 Count Package
3⁹⁹

FRESH & Tasty!



Boursin
Cheese
5.2 oz. Package
5⁹⁹



Stonefire
Naan
Crisps
Selected Varieties
6 oz. Package
3⁴⁹



Castello
Harvarti
Cheese
Selected Varieties
8 oz. Package
6⁹⁹



Bakery Fresh
8 inch Apple
or Dutch
Apple Pies
7⁴⁹



CSM Bakery
Sliced
Loaf Cakes
Selected Varieties
16 oz. Package
7⁴⁹



The Father's Table
Two Slice
Cheesecake
Selected Varieties
6 oz. Package
4⁴⁹



Fresh Produce



Farmer's Promise
Red Potatoes
5 lb. Bag

3⁴⁹

Farmer's Promise Red Potatoes are smooth, creamy, and perfect for roasting, boiling, or salads. Grown with care, packed with flavor — always a promise you can taste.



Fresh, USA
Cantaloupe

3⁹⁹
ea.

Low in calories and a great source of vitamins A and C, sweet cantaloupe is a healthy treat that's fantastic mixed into fruit salads or enjoyed by the slice.



Fresh, USA
Broccoli

3⁹⁹
ea.

The ideal accompaniment to dip, perfect for making soup, and a wonderful ingredient for a breakfast fritata, fresh broccoli is a versatile and nutritious vegetable that should be on your grocery list.



Fresh Express
Romaine Salads
Selected Varieties, 9-11 oz. Package

2/4⁴⁴

Elevate your salads, sandwiches, and sides with the unmistakable crunch of fresh romaine lettuce. Rich in nutrients and full of flavor, it's the green that brings your meals to life.



Fresh, USA
SugarBee Apples

2⁹⁹
lb.

Crisp, juicy, and naturally honey-sweet, SugarBee Apples deliver a perfect balance of crunch and flavor in every bite. Grown with care and picked at peak ripeness, they're delicious for snacking.



Fresh
Jumbo Sweet Onions

1²⁹
lb.

Big, bold, and bursting with sweet Southern flavor — Jumbo Vidalia Onions are here and they're perfect for grilling, sautéing, or slicing fresh into your favorite dishes.

FRESH, WILD &
Tasty



Giorgio
Baby Bella Mushrooms
Whole or Sliced, 8 oz. Package

2/\$4

Beef & Mushroom Mediterranean Blended Burger

Ingredients

- 8 oz Giorgio Baby Bella Mushrooms, finely chopped
- 1 lb ground beef (80/20 for best flavor and juiciness)
- 2 cloves garlic, minced
- 1/4 cup red onion, finely diced
- 1/2 teaspoon dried oregano
- 4 slices feta cheese or 1/2 cup crumbled feta
- 4 whole wheat or brioche burger buns, toasted
- Optional: sliced cucumber or pickled red onions
- 1/2 cup tzatziki sauce
- 1/2 cup arugula or baby spinach
- 1 medium tomato, thinly sliced
- 1/2 teaspoon ground cumin
- 1/4 teaspoon black pepper
- 1/2 teaspoon kosher salt
- 1 tablespoon olive oil

Directions

Heat 1 tablespoon olive oil in a skillet over medium heat. Add the 8 oz finely chopped Giorgio Baby Bella Mushrooms, 1/4 cup red onion, and 2 minced garlic cloves. Sauté for about 5-8 minutes, stirring occasionally, until mushrooms are tender and their moisture has evaporated. Remove from heat and let cool slightly.

In a large bowl, combine the cooled mushroom mixture with 1 lb ground beef, 1/2 teaspoon dried oregano, 1/2 teaspoon ground cumin, 1/4 teaspoon black pepper, and 1/2 teaspoon kosher salt. Mix gently with your hands or a fork until just combined—do not overwork.

Divide the mixture into 4 equal portions and shape into burger patties, about 1/2 to 3/4 inch thick.

Grill or pan-sear over medium-high heat for 4-5 minutes per side, or until the internal temperature reaches 160°F (71°C). In the last minute of cooking, top each patty with feta cheese (either a slice or about 2 tablespoons crumbled) and allow it to melt slightly.

Toast the burger buns lightly. Spread tzatziki sauce on the bottom half of each bun. Add a handful of arugula or baby spinach, followed by a slice or two of tomato, and then place the cooked beef & mushroom patty on top. Add optional toppings like sliced cucumber or pickled red onion if desired. Finish with the top bun.

Serve immediately with a side of sweet potato fries, a cucumber salad, or roasted vegetables.

Refreshing Beverages



Coke 6-Pack

Selected Varieties, 6/16.9 oz. Bottles

2/\$10



Powerade Sports Drink

Selected Varieties, 28 oz. Bottle

2/\$3



Glacéau Smartwater

1 Liter Bottle

2/\$4