

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering
Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, OCTOBER 29 THROUGH TUESDAY, NOVEMBER 4, 2025

SCARY GOOD SAVINGS!



Hothouse
Beefsteak
Tomatoes

99¢
Lb.



Best Choice
Russet Potatoes

5 Lb.

2/\$3



Premium
Apples

Selected Varieties

\$1.49
Lb.



Jumbo
Avocados

99¢
Ea.



Dole
Premium
Salad Kit

7-13.3 Oz.
Selected Varieties

\$3.49



Crisp
Green Cabbage

79¢
Lb.



Taylor Farms
Vegetable Tray
With Ranch Dip

36 Oz.

\$8.99



Fresha
Whole Carrots

2 Lb.

\$1.99



Yellow
Onions

99¢
Lb.



Sweet
Potatoes

\$1.29
Lb.



Bartlett, Anjou,
Bosc or Red Pears

\$1.49
Lb.



Fresh
85% Lean
Ground Round
Value Pack

\$5.49
Lb.



Fresh Boneless Beef
Bottom Round Roast

Certified Angus Beef

\$6.99
Lb.



Frozen
St. Louis Pork Ribs

\$2.99
Lb.



Fresh
Boneless Pork
Loin Roast

\$2.49
Lb.



Fresh
Boneless Skinless
Chicken Breasts

\$3.59
Lb.



Fresh
Boneless Beef
Top Sirloin Steaks

Certified Angus Beef

\$8.99
Lb.

Daily's
Bacon
16 Oz.
Selected Varieties

\$4.99

Hillshire Farm
Polish Kielbasa
or Sausage
12-14 Oz.
Selected Varieties

\$3.99

Oscar Mayer
Family Size
Deli Fresh
Lunchmeat
15-16 Oz.
Selected Varieties

\$5.99

Bar S
Franks
16 Oz. or
Bologna
12 Oz.
Selected Varieties

\$1.79

Jimmy Dean
Breakfast
Sandwiches, Burritos,
Stuffed Hash Browns
or Biscuit Roll-Ups
12.8-22.8 Oz.
Selected Varieties

\$5.99

Sea Best
Salmon Fillets
16 Oz.

\$6.99

Best Choice
Cooked
Tail-On Shrimp
41-50 CL, 16 Oz.

\$7.99

Kellogg's
Zesta or
Krispy
Saltine Crackers
11-16 Oz.
Selected Varieties

\$2.99



Betty Crocker
Muffin, Cookie,
Brownie, Cake
or Bar Mix
9.3-19.3 Oz.
Selected Varieties

2/\$6



Boneless
Skinless
Chicken Breast

\$2.89
Lb.



2/\$7

Velveeta
Shells & Cheese
or Deluxe
Macaroni &
Cheese
Dinner
9.4-54 Oz.
Selected Varieties

\$2.99

Bagel
Bites
7 Oz.
Selected Varieties

2/\$5

Louisa
Pasta
16-22 Oz.
Selected Varieties

\$4.49

Smart Ones
Entrée
6.49-10.25 Oz.
Selected Varieties

\$1.99



Kretschmar
Black Forest
Ham

\$7.59
Lb.



\$5.99
Lb.

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

NE3_N489_P1_102025_K



Ragu Pasta Sauce
16-24 Oz.
Selected Varieties

2/\$4



Best Choice Beans, Blackeye Peas or Tomatoes
10-15.5 Oz.
Selected Varieties

79¢



Quaker Instant Oatmeal
6-10 Ct.
Selected Varieties

\$2.99



Idahoan Potatoes
1.5-4.1 Oz.
Selected Varieties

2/\$3



Green Giant Vegetables
14.5-16.25 Oz.
Selected Varieties

4/\$5



Ro-Tel Diced Tomatoes
10 Oz.
Selected Varieties

3/\$4



Kraft Macaroni & Cheese or Velveeta Shells & Cheese Cup
2.05-2.39 Oz.
Selected Varieties

2/\$3



Best Choice Tomato Juice
46 Oz. Can

2/\$3



Swanson Broth or Stock
32 Oz.
Selected Varieties

2/\$5



Best Choice Oyster Crackers
9 Oz.

\$1.49



Best Choice Peanut Butter
16 Oz.

\$2.29



Pop-Tarts Toaster Pastries
8 Ct.

2/\$5



Hostess Donettes
9.5-10.75 Oz.
Selected Varieties

\$1.99



Best Choice Pancake & Waffle Syrup
24 Oz.

2/\$5



General Mills Cheerios
8.9-12 Oz.
Selected Varieties

\$2.99



Folgers Coffee
8.6 Oz. Ground or 10 Oz. 8-Cup or Café Bustelo 10 Oz. Ground.
Selected Varieties

\$6.49



Dawn Dishwashing Liquid
17.4-30.8 Oz.
Selected Varieties

\$4.99



Bounty Paper Towels
6 Double Rolls or 4 Triple Rolls.
Selected Varieties

\$11.99

SPOOKTACULAR PARTY SAVINGS



Red Baron Pizza
17.82-23.43 Oz.
Selected Varieties

2/\$8



DiGiorno Pizza
14.1-29.3 Oz.
Selected Varieties

\$4.49



Hillshire Farm Li'l Smokies Smoked Sausage
12-14 Oz.
Selected Varieties

\$3.49



Best Choice Crescent Rolls
8 Ct.
Selected Varieties

2/\$4



Totino's Pizzeria Rolls
60 Ct.
Selected Varieties

\$3.99



Cloverdale Tangy Summer Sausage
28 Oz.
Selected Varieties

\$9.99



Best Choice Cheese Party Tray
16 Oz.

\$4.99



Best Choice Cream Cheese
8 Oz.
Selected Varieties

\$1.79



Best Choice Sour Cream
24 Oz.

\$2.79



Lay's Kettle Cooked Potatoes
8 Oz. or Poppables 5 Oz.
Selected Varieties

2/\$6



Doritos
4.75-9.62 Oz. or Smartfood Popcorn 5.25-10 Oz.
Selected Varieties

\$3.99



Nabisco Oreo, Cakesters or Fudge Covered Nut Butter Cookies
7.9-14.03 Oz.
Selected Varieties

\$4.49



Kool-Aid Bursts
8 Ct.
Selected Varieties

\$1.79



Best Choice Soda or Mixers
12 Pack 12 Oz. Cans.
Selected Varieties. Plus Deposit Where Required

\$3.99

DAIRY DEALS



Tropicana Orange Juice
46 Oz.
Selected Varieties

\$3.99



Best Choice Shredded or Chunk Cheese
6-8 Oz.
Selected Varieties

3/\$5



Nestlé Coffee-mate Coffee Creamer
28-32 Oz.

Cold Foam Creamer
14 Oz. or Iced Coffee 50 Oz.
Selected Varieties

\$3.99



Pure Leaf Tea
59 Oz.
Selected Varieties

\$2.49



Best Choice Grated Parmesan Cheese
8 Oz.

\$2.99



Country Crock Spread
15 Oz.
Selected Varieties

\$2.99



Yoplait Go-Gurt
16 Oz.
Selected Varieties

2/\$5

FROZEN DEALS



Best Choice Shredded Hash Browns or Potatoes O'Brien
28-32 Oz.
Selected Varieties

\$2.49



Pillsbury Toaster Strudel or Scrambles Pastries
7.2-10.7 Oz. or Mini Cinnis Pull-Apart Rolls 9.16 Oz.
Selected Varieties

\$2.99



José Olé Chimichanga
5 Oz.
Selected Varieties

4/\$5



Kemps Vanilla Ice Cream Sandwiches
6 Ct.

\$1.99