



Dickson
990 Pomona Road Dickson, TN 37055
615-446-5990
691 Hwy 70 East | Dickson, TN 37055
615-446-2445

White Bluff
2005 Hwy 47 N | White Bluff, TN 37187
615-797-3216

McEwen
10041 Hwy 70 East | McEwen, TN 37101
931-299-7815

Centerville
1795 Hwy 100 | Centerville, TN 37033
931-729-9038

We Accept
American
Express, EBT
Foodstamps,
EWIC & WIC
Vouchers

**FAMILY OWNED AND
OPERATED 1962-2025**

ALL SALE ITEMS MAY NOT BE AVAILABLE IN ALL STORES



GROUND
FRESH
DAILY!

3.99 lb.

Family Pack

**FRESH
GROUND BEEF**

Family Pack
Fresh Ground Beef Patties **4.49** lb.

Breakfast Thin
Sliced Pork Tenderloin **3.29** lb.

Springer Mountain Farms
Fresh Whole Fryers **1.69** lb. In-Ad Coupon

Family Pack
Center Cut Pork Chops **2.59** lb.



2.79 lb.

Fresh
Whole Boneless Pork Tenderloin



79¢ lb.

Sold in 10 Lb. Bag
Fresh Fryer Leg Quarters



1.59 lb.

Family Pack
Assorted Pork Chops

We
**STILL CUT
MEAT**
*The Old
Fashioned Way
In Our Stores*

*Need A
Special Cut?*

**CALL OUR MEAT
DEPARTMENT**
We still cut &
grind fresh daily.



**connect
with us
FACEBOOK**



3.79

Williams Pork Sausage Roll
Selected Varieties, 16 Oz.



3.79

Williams Sausage Links or Patties
Selected Varieties, 12 Oz.



2/\$7

Blue Bunny Premium
Ice Cream or Novelties
46-48 Oz. or 6-9 Ct., Selected Varieties



4.49

Häagen-Dazs
Ice Cream or Novelties
14 Oz. or 3 Ct., Selected Varieties



2.99

Niagara Water
24 Pk./1.5 Liter Bottles or 24 Pk./5 Oz. Bottles



Zucchini
or Yellow
Squash
1.19 lb.

59¢ ea.

Avocados

Peruvian
Sweet Onions
99¢ lb.

3.99

5 Lb. Bag
Michigan
Red Delicious
Apples

Velveeta Loaf
32 Oz., Selected Varieties **7.49**



4/\$5

Ro-Tel Tomatoes
10 Oz., Selected Varieties



5.99

Folgers Coffee
3-10 Oz. or 10-19 Ct., Selected Varieties



1.99

Kellogg's Pop-Tarts, Nutri-Grain
Bars or Rice Krispies Treats
4-12 Ct., Selected Varieties

Frito-Lay Cheetos or Tostitos
5-6-13 Oz., Selected Varieties **3.99**



2.99

Quaker Oat Squares, Cap'n
Crunch or Life Cereal
10.3-14.5 Oz., Selected Varieties



2/\$4

Borden Cheese
5-12 Oz., Selected Varieties



2/\$7

Frito-Lay Doritos
6-10.75 Oz., Selected Varieties

Creamette, Mueller's, Ronco, San
Giorgio or Light 'n Fluffy Pasta
8-16 Oz., Selected Varieties **2/\$4**



2/\$7

Totino's Pizza Rolls
50 Ct., Selected Varieties



3.99

Red Baron Pizza
15.39-24.45 Oz., Selected Varieties



2/\$4

Ragu or Kettle Pasta Sauce
16-24 Oz., Selected Varieties



5.99

Prairie Farms Premium
Chocolate Milk
Gallon



2.19

Prairie Farms
Sour Cream or Dip
16 Oz., Selected Varieties



2/\$5

Prairie Farms Iced Tea
Gallon, Selected Varieties

Prices Effective Oct-Nov 2025

mon 27 | tues 28 | wed 29 | thurs 30 | fri 31 | sat 01 | sun 02

ghoulishy good **GROCERY DEALS**

Kraft Easy Mac, Velveeta Shells & Cheese
Cups, Flavors or Family Size
2.65-3.1 Oz., Selected Varieties



2/\$3



Kraft Deluxe Macaroni & Cheese, Velveeta Shells & Cheese or Skillet
9.4-14 Oz., Selected Varieties

2/\$6



Campbell's Tomato or Chicken Noodle Soup
10.75 Oz.

4/\$5



Manwich Sloppy Joe Sauce
15-16 Oz., Selected Varieties

4/\$5



3.49
Crisco Cooking Oil
40 Oz., Selected Varieties

Kraft Miracle Whip, Aioli or Heinz 57 Flavor Toss Sauces
15-16 Oz., Selected Varieties



3.99

2.99
Kraft Mayonnaise
12-15 Oz., Selected Varieties



3.99
Hunt's Snack Pack Family Size Pudding or Gelatin
12 Ct., Selected Varieties



69¢
Red Gold Tomato Sauce
8 Oz., Selected Varieties



3.49
Mott's Applesauce
46-48 Oz., Selected Varieties



3/\$5
Veg-All Vegetables
15 Oz., Selected Varieties

Poppye Spinach
11.5 Oz.



1.69

3/\$5
Margaret Holmes Vegetables
14.5-15.5 Oz., Selected Varieties



89¢
Jiffy Baking Mix or Pizza Crust
8.5-9 Oz., Selected Varieties



2/\$5
Heinz Yellow Mustard
20 Oz.



12.99
Maxwell House Wake Up Roast
28.4 Oz.



1.99
Rosarita Refried Beans
16 Oz.



2/\$7
Betty Crocker Brownie, Cookie or Muffin Mix
9.3-19.1 Oz., Selected Varieties

Wolf no Bean Chili
15 Oz.



1.99
Wolf Chili with Beans
15 Oz.

Ortega Taco Seasoning
1 Oz.



1.99
Ortega Taco Sauce
8 Oz., Selected Varieties

4/\$3



2/\$3
Ortega Green Chiles
4 Oz.



2.99
Crisco Cooking Spray
8 Oz.

Buy 3 Save \$6

SAVE \$6 INSTANTLY WHEN YOU PURCHASE ANY 3 PARTICIPATING PRODUCTS!

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



6.99
-2.00
4.99
Lysol Laundry Sanitizer
41 Oz., Selected Varieties



3.49
-2.00
1.49
Lysol Multi-Surface Cleaner
28 Oz., Selected Varieties



7.49
-2.00
5.49
Finish Dish Pods or Jet Dry
21-32 Ct. or 16 Oz., Selected Varieties



4.99
-2.00
2.99
Lysol All Purpose Cleaner Triggers
22-32 Oz., Selected Varieties



3.99
-2.00
1.99
Lysol Household Cleaner
32 Oz. or 2 Ct., Selected Varieties



4.99
-2.00
2.99
Lysol Wipes or Toilet Bowl Cleaner
2-80 Ct., Selected Varieties

home for all things **HAUNTED**



10.99
Charmin Essentials Bath Tissue
12 RL, Selected Varieties



8.49
Suavitel Fabric Softener
100-105 Oz., Selected Varieties

Bounty Essentials Paper Towels
3 RL

11.99



18.99
Meow Mix Cat Food
13.5-16 Lb., Selected Varieties



23.49
Nutrish Dog Food
13-14 Lb., Selected Varieties

Friskies Cat Food
2.1 Oz., Selected Varieties

1.49

Nutrish Soup Bone Dog Treats
6.3 Oz., Selected Varieties

2.79

Pantene Conditioner or Shampoo
16.9-13.5 Oz., Selected Varieties

7.99

Prilosec OTC Tablets
42 Ct.

23.99

Vicks Painquil
12 Oz., Selected Varieties

8.49

Air Wick Essential Mist, Scented Oil or Freshmatic Refills
5.89 Oz. or 1-2 Pl., Selected Varieties

2.99

Lysol Sanitizing Spray
15 Oz., Selected Varieties

4.99

Premier Protein Shakes
4 Fl., Selected Varieties

9.99

SAVE \$4 WHEN YOU BUY 3 QUANTITIES LESS THAN \$10.00 EACH.
SAVE \$4 WHEN YOU BUY 3 QUANTITIES LESS THAN \$10.00 EACH.

DON'T MISS OUT ON THESE GREAT SAVINGS!



Maxwell House
Coffee
10.3-11.5 Oz.,
Selected Varieties

6.49



3.99
Capri-Sun 100% Juice
10 Oz., Selected Varieties

On the Border
or Old Fashioned Oats
48 Oz., Selected Varieties

4.99



2.99
Stauffer's Animal Crackers
14.5-16 Oz., Selected Varieties



Hostess
Snacks
6-10 Oz. or 8.25-16.5 Oz.,
Selected Varieties

2/\$6

Reebler Tray Packs
30 Oz., Selected Varieties

9.99



2/\$4
Wonder Snacks
6-10.5 Oz. or 6 Oz., Selected Varieties



2/\$5
Splash Blast Water
6 Pk., Selected Varieties

Duncan Hines Frosting
14.4-16 Oz., Selected Varieties

1.99



Duncan Hines
Cake or
Brownie Mix
15.25-18.3 Oz.,
Selected Varieties

2/\$3



6.49
Mott's Apple Juice
128 Oz.

Pure Life Water
104

3/\$5



2/\$3
Pure Life Water
6 Pk.



Nabisco
Family Size
Oreos
10.68-20 Oz.,
Selected Varieties

4.99

Hershey's Party Size Bags
300-400 Gm., Selected Varieties

13.99



4/\$5
Mars Singles Candy
1.08-2.17 Oz., Selected Varieties



2/\$4
Dole Pineapple
15.25-20 Oz., Selected Varieties

DAIRY & FROZEN



Florida's Natural
Juice
52 Oz.,
Selected Varieties

4.49



Daisy Sour Cream
or Cottage Cheese
6-8 Oz.,
Selected Varieties

3/\$4



Eggo Waffles
or Pancakes
6-40 Oz. or 9.3 Oz.,
Selected Varieties

2.99



3.99
P.F. Chang's
Sides
10-16 Oz.,
Selected Varieties



5/\$5
Tropicana
Twister
11 Oz.,
Selected Varieties



3.99
Land O Lakes
Butter
8-16 Oz.,
Selected Varieties



3.99
On the Border
Frozen Potatoes
22-32 Oz.,
Selected Varieties



2/\$5
Birds Eye
Vegetables
10-14.4 Oz.,
Selected Varieties



4.49
Almond Breeze
Milk
96 Oz.,
Selected Varieties



2/\$7
International
Delight Creamer
32 Oz.,
Selected Varieties



2.99
Pepperidge
Farm Bread
10-11.75 Oz. or 6-8 Oz.,
Selected Varieties



3.99
Atkins Entrees
7-9 Oz.,
Selected Varieties



10/\$12
Dannon Light + Fit,
Oikos or Too Good
Greek Yogurt
4.5-5.3 Oz.,
Selected Varieties



2/\$7
Pillsbury Cookies,
Grands! Crescents,
Pull Apart Bread
or Pizza Crust
8-16.8 Oz.,
Selected Varieties



5.49
Pepperidge
Farm Cakes
19.6 Oz.,
Selected Varieties



4.49
Best Choice
Frozen Skillet
Meals
21 Oz.,
Selected Varieties



7.99
P.F. Chang's
Entrees
18-22 Oz.,
Selected Varieties



5.99
Bana Pasta
20 Oz.,
Selected Varieties



4.99
SuperPretzel
PretzelDogs
9.6 Oz.



2/\$5
Kid Cuisine
Dinners
8.65-8.8 Oz.,
Selected Varieties



3.99
Egg Beaters
16 Oz.



3.99
Healthy
Choice Simply
Steamers
9-10 Oz.,
Selected Varieties



3.99
Pepperidge
Farm
Turnovers
12.5 Oz.



6.99
Best Choice
Pizza Bites
45 Oz.,
Selected Varieties



2/\$7
Mary B's
Biscuits or Open
Kettle Dumplings
12-22 Oz.,
Selected Varieties



2/\$6
Pillsbury
Pie Crusts
2 Oz.,
Selected Varieties



2/\$6
Pillsbury
Grands! Frozen
Biscuits
12 Oz.,
Selected Varieties

spooktacular savings from THE MEAT DEPARTMENT



8⁹⁹ lb.
Family Pack
USDA Select, Black Canyon Angus Beef
Boneless Top Sirloin Steaks



5⁴⁹ lb.
Family Pack
USDA Select, Black Canyon Angus Beef
Boneless Bottom Round Steaks

USDA Select, Black Canyon Angus Beef
BONELESS BOTTOM ROUND ROAST

Family Pack, USDA Select, Black Canyon Angus Beef
Boneless Cube Steaks **5.99** lb.

Family Pack, USDA Select, Black Canyon Angus Beef
Boneless Beef Stir Fry **9.99** lb.



4.99 lb.
Selected Varieties
Kentucky Legend
Sliced Quartered
Boneless Hams



2/\$7
16 Oz.
Selected Varieties
Jimmy Dean
Sausage Rolls



3.99
10-12 Oz.
Selected Varieties
Nathan's Famous
Beef Franks



2.99
12-24 Oz.
Selected Varieties
Bob Evans
Side Dishes



3/\$5
16 Oz., Selected Varieties
Field or Fischer's
Wieners or Sliced
Bologna



5/\$5
2.4-2.9 Oz.
Selected Varieties
Armour
LunchMakers



4.59
18 Oz.
Field Chili Rolls
8.99
24 Oz.
Selected Varieties
Wright Brand
Sliced Bacon



2/\$6
14 Oz.
Carolina Pride Cocktail Smokies
2/\$7
5-6 Oz.
Selected Varieties
Hormel Sliced
Pepperoni

13-14 Oz., Selected Varieties
Hillshire Farm
Smoked Sausage **2/\$7**

12 Oz.
Hillshire Farm Beef
Smoked Sausage **4.49**

7-9 Oz., Selected Varieties
Hillshire Farm Ultra Thin or
All Natural Lunch meat **3.99**

20-28 Oz., Selected Varieties
Tyson Fully Cooked Strips, Filets, Nuggets,
Wings, Crispy Wings or Restaurant Style Entrées **8.99**

30.4-32 Oz., Selected Varieties
El Monterey Burritos
or Chimichangas **4.99**

16 Oz.
Tennessee Pride
Sausage Balls **4.99**

2 Lb.
Sea Best
Tilapia Filets **9.99**

2 Lb., 16-20 Oz.
Sea Best Argentine
Frozen Raw Shrimp **16.99**

19-24.6 Oz., Selected Varieties
Mrs. Paul's or Van de Kamp's
Fish Filets or Sticks **4.99**

26-29 Oz., Selected Varieties
Tennessee Pride
Breakfast Sandwiches **8.99**

fang-tastic PRODUCE SAVINGS



1⁹⁹ lb.
Red
Seedless
Grapes



99¢ lb.
Hothouse
Beefsteak
Tomatoes



1.69 ea.
Pomegranates



1.89
6 Oz.
Blackberries



2/\$5
5 Lb. Bag
Best Choice
Gold or Red
Potatoes



69¢ lb.
Acorn, Butternut or
Spaghetti Squash



1.29 lb.
Washington
Bosc Pears



79¢ ea.
Extra Large
Green
Bell Peppers

Deli & Bakery

Not Available at
All Locations.



5.99
16 Oz.
Selected Varieties
Brill Sliced
Loaf Cakes



4.49
12.3 Oz.
Toufayan Mini
Croissants



3.99
13.5 Oz.
Selected Varieties
Shirley's
No-Bake Cookies



4.99
10.5 Oz.
Two-Bite Double
Chocolate Brownies



12.99
28 Oz.
Rich's Double Layer
Coconut Cake



3/\$2
4 Oz., Selected Varieties
JJ's
Snack Pies

extra savings



9.99
Dr Pepper
Products
Selected Varieties
24 Pk./12 Oz. Cans



2/\$4⁵⁰
Coca Cola
Products
Selected Varieties
2 Liter



11.99
Pabst Blue
Ribbon Beer
Selected Varieties
12 Pk./12 Oz. Cans



9.99
Angry Orchard
Hard Cider
Selected Varieties
6 Pk./12 Oz. Bottles

Manufacturer's Coupon Expires 11/30/2025

\$1.50 OFF ANY ONE
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

REDEEMABLE only with manufacturer's coupon. Not valid on already discounted products. Limit one coupon per customer. See store for details.

EXPIRATION: This coupon good until 11/30/2025. Not valid on already discounted products. Limit one coupon per customer. See store for details.

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