

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

**We accept
USDA Food Stamps
We also accept AMEX**

We reserve the right to limit & substitute similar items and in some cases this may apply. All items may not be available.

#294

SCARY GOOD SAVINGS!

PRICES GOOD OCTOBER-NOVEMBER 2025

WED	THU	FRI	SAT	SUN	MON	TUE
29	30	31	1	2	3	4



\$2⁹⁹
Lb.
Chicken
Breast
Frozen Boneless Skinless



\$1⁹⁹
Lb.
Pork
Chops
Fresh Boneless
Value Pack



3/\$2
Avocados



\$2⁹⁹
Eckrich
Smoked Sausage
8.3-14 Oz.
Selected Varieties



\$1⁴⁹
Lb.
Red
Grapes

99¢ Ea.
Colored
Peppers



\$3⁹⁹

Best Choice
Soda or Mixers
12 Oz. Cans 12 Pack
Selected Varieties



\$1⁹⁹

Ragù
Pasta Sauce
16-24 Oz.
Selected Varieties



\$3⁹⁹

Coffee-mate
Liquid Coffee
Creamer 28-32 Oz. or
Cold Foam 14 Oz.
Selected Varieties



\$6⁴⁹

Folgers,
Bustelo or
Pilon Ground Coffee
9.5-10 Oz. or
K Cups 10-19 Ct.
Selected Varieties



\$1⁹⁹

Hostess
Donettes
9.5-10.75 Oz.
Selected Varieties



\$1⁴⁹

7UP
Products
2 Liter Bottle
Selected Varieties



\$20⁴⁹

Budweiser
or Bud Light Beer
12 Oz. Cans 24 Pack
Selected Varieties



\$2⁴⁹
Lb.

Pork
Spareribs
Frozen
2 Pack COV



\$1⁴⁹
Lb.

Whole
Chicken Fryers
Frozen

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce



Honeycrisp Apples

\$1.69
Lb.



Dole Premium Kits
7.1-13.3 Oz.,
Selected Varieties

\$3.99



\$2.99
Cherub Tomatoes
10 Oz.



\$2.99
Blackberries, Blueberries or Raspberries
6 Oz.



\$7.99
Large Vegetable Tray
36 Oz.



\$9.99
Louisburg Shelf Stable Apple Cider
Gallon

Floral

At Participating Stores



\$6.99
Cyclamen
4.5 inch



\$1.99
Yellow Onions
3 Lb. Bag



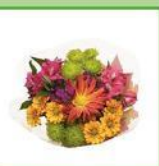
\$4.99
Marzetti Caramel Apple Dip
13.5 Oz. or 6 Pack Singles
Selected Varieties



99¢
Grimmway Baby Carrots
1 Lb.



99¢ Lb.
Jalapeños



\$12.99
Fall In Love Bouquet
\$14.99
Fall Back Bouquet

Dairy & Frozen



8/\$10
Chobani Flips or Creations Yogurt
4.5-5.3 Oz. Selected Varieties



\$1.99
Best Choice Soft or Whipped Cream Cheese
8 Oz. Selected Varieties



\$4.99
DiGiorno Pizza
14.1-29.3 Oz. Selected Varieties



\$2.99
Banquet Mega Bowls
11.5-16.95 Oz. Selected Varieties



\$3.99
Dannon, Too Good or Activia Yogurt or Danimals Squeeze Yogurt
4 Oz. Selected Varieties



\$3.49
Best Choice Cream Cheese
16 Oz.



\$2.99
Best Choice Grated Parmesan
8 Oz.



\$2.49
Simply Potatoes
20 Oz. Selected Varieties



\$4.49
Louisa Ravioli, Tortellini or Mac & Cheese Bites
14-22 Oz. Selected Varieties



2/\$8
Red Baron Pizza
15.77-23.45 Oz. Selected Varieties



\$4.49
Louisa Ravioli, Tortellini or Mac & Cheese Bites
14-22 Oz. Selected Varieties



\$1.99
Smart Ones Entrees
6.49-10.25 Oz. Selected Varieties



\$3.49
Coffee-mate Iced Coffee
90 Oz. Selected Varieties



\$2.49
Pure Leaf Tea
59 Oz. Selected Varieties



\$2.99
Country Crock Spread
15 Oz. Selected Varieties



\$4.99
Aloxi Potatoes
20 Oz. Selected Varieties



2/\$5
Best Choice Garlic Breadsticks or Dinner Rolls 6 c. or Texas Toast 8 c. or Bread 16 Oz. Selected Varieties



\$4.99
Halo Churros
9-9.8 Oz. Selected Varieties



\$3.79
Welch's Juice
99 Oz. Selected Varieties



\$3.99
Tropicana Orange Juice
48 Oz. Selected Varieties



\$2.99
Country Crock Spread
15 Oz. Selected Varieties



\$14.99
Best Choice Ice Cream Novelties
32 Oz.



\$4.99
Best Choice Superior Selection Ice Cream
48 Oz. Selected Varieties



\$3.99
Halo Top Ice Cream
Pint Selected Varieties



Seafood



\$3.49 Lb.
Swai Fillet
10F



\$5.99 Lb.
Catfish Fillets
10F



\$6.99
Best Choice Cooked Shrimp
12 Oz. 52-70 Oz.



\$6.99
Aquastar Raw Shrimp
1 Lb. 24-30 Oz.



Grocery



Frito Lay
Lay's, Kettle or Josefina Chips
4.75-12 Oz. or
Dairy and Salsa Dips
10-15.75 Oz.
Selected Varieties

\$3.49

Nabisco
Oreo, Cakester or Nutter Butter Cookies
7.9-14.03 Oz.
Selected Varieties

\$4.49

Pop-Tart
Toaster Pastries
8 Ct.
Selected Varieties

\$2.49

\$2.49
Chi-Chi's
Chips
11 Oz.



\$3.99
Western or Wish Bone
Salad Dressing
24 Oz.
Selected Varieties



\$4.29
Kraft Mayo 12 Oz.
Miracle Whip 12-15 Oz. or
Alo 8-12 Oz.
Selected Varieties



\$2.49
Heinz Mustard
30 Oz.



\$1.49
Kraft Mac & Cheese
Dinner
7.25-11 Oz.
Selected Varieties



\$2.99
Kraft Deluxe
Mac & Cheese or
Velveeta
Shells & Cheese
Dinner
5-14 Oz.
Selected Varieties



2/\$3
Kraft Easy Mac or
Velveeta
Dinner Cups
5-2.39 Oz.
Selected Varieties



\$2.99
Kraft Velveeta
Cheesy Skillet
Meals
11.5-13.6 Oz.
Selected Varieties



2/\$3
Idahoan
Potatoes
1.5-4.1 Oz.
Selected Varieties



2/\$3
Rosa's
Refried Beans
16 Oz.
Selected Varieties



4/\$4
Old El Paso
Taco Seasoning
1 Oz.
Selected Varieties



\$2.29
Wolf Chili
No Beans
15 Oz.



\$1.69
Wolf Chili
With Beans
15 Oz.
Selected Varieties



\$2.49
Swanson
Broth or
Stock
32 Oz.
Selected Varieties



\$1.89
Green Giant
Mixed Vegetables
15 Oz.



\$1.59
Green Giant
Young Sweet Peas or
Potatoes
15 Oz.
Selected Varieties



4/\$5
Green Giant
Vegetables
14.5-15.25 Oz.
Selected Varieties



4/\$5
Ro-Tel
10 Oz.
Selected Varieties



\$6.69
Maxwell House
Ground Coffee
10.3 Oz.



\$12.99
Maxwell House
Wake Up
Roast Ground
Coffee
28.4 Oz.



\$3.49
Quaker
Instant Oatmeal
6-10 Ct.
Selected Varieties



\$2.99
Betty Crocker
Brownie, Dessert
Buns, Cookie or
Muffin Mix
9.3-19.1 Oz.
Selected Varieties



\$2.99
Doritos
Doritos
15.25-17.8 Oz.
Selected Varieties



2/\$5
Niagara
Water
16.8 Oz. Bottles 24 Pack



\$1.79
Kool Aid
Bursts
6 Ct.
Selected Varieties



2/\$6
Rachael Ray
Soup Bone
6.3 Oz.
Selected Varieties



\$23.99
Rachael Ray
Nutrish Dog Food
14 Lb.
Selected Varieties



Best Choice.

Save on Our Brands

\$2.99
Best Choice
Parmesan
8 Oz.
Selected Varieties



\$2.49
Best Choice
Applesauce
6 Ct.
Selected Varieties



\$3.99
Best Choice
Raisins
20 Oz.



\$5.99
Best Choice
Fruit Snacks
6 Pk.



\$3.99
Best Choice
Mayonnaise
18 Oz.



3/\$5
Best Choice
Stuffing Mix
6 Oz.
Selected Varieties



2/\$6
Best Choice
Superior Selection
Stuffed Olives
4.5 Oz.
Selected Varieties



\$1.99
Best Choice
Peanut Butter
16 Oz.
Selected Varieties



2/\$5
Best Choice
Syrup
24 Oz.
Selected Varieties



\$2.99
Best Choice
Jumbo Marshmallows
24 Oz.



2/\$4
Best Choice
Cookie Mix
11.5 Oz.
Selected Varieties



\$2.99
Best Choice
No Bake
Cheesecake Mix
11.2 Oz.



\$1.99
Best Choice
Tomato Juice
46 Oz.
Selected Varieties



99¢
Best Choice
Coffee Filters
100 Ct.



Home & Health

Enjoy Spend LESS!

Merry & Bright
MADE EASY

Get a **\$10** Reward*

LEARN MORE

*Terms apply.

Visit PGLocalValues.com/Holiday for details and to claim your reward

2/\$5
Brillo
Sponge
3 Ct.
Selected Varieties

\$11.99
Charmin
Bath Tissue
6 Mega XL Rolls
Selected Varieties

\$11.99
Bounty
Paper Towels
6 Double Rolls or
4 Triple Rolls
Selected Varieties

\$9.99
Cascade
Action Pacs
19-26 Ct.
Selected Varieties

\$4.99
Dawn
Ez Squeeze,
Platinum or Ultra
17.4-30.8 Oz.
Selected Varieties

\$4.99
Dawn
Power Wash
16 Oz.
Selected Varieties

2/\$10
Pantene
Shampoo or
Conditioner
10.4-12 Oz.
Selected Varieties

Fresh Cut Meat

Enjoy **Sp**end **LESS!**
MORE



\$5⁹⁹
Lb.
Bottom Round
Roast
Fresh Boneless Beef



\$6⁴⁹
Lb.
Bottom Round
Steak
Fresh Boneless Beef
Value Pack



\$6⁹⁹
Lb.
Stew
Meat
Fresh Boneless Beef



\$11⁹⁹
Lb.
KC Strip
Steak
Fresh Boneless Beef
Value Pack



\$1⁷⁹
Lb.
Pork
Loin
Whole Boneless
Sold In C.O.V. Bag



\$2⁴⁹
Lb.
Country Style
Ribs For BBQ
Fresh Boneless Pork



\$2⁴⁹
Lb.
Spare
Ribs
Frozen Pork



\$1⁴⁹
Lb.
Chicken
Whole Fryer
Frozen

\$6⁹⁹
Fast Fixins
Chicken Strips
or Nuggets
Selected Varieties



\$5⁹⁹
Oscar Mayer
Deli Fresh
Shaved Meats
16 Oz.
Selected Varieties



\$2⁹⁹
Earl Campbell
Links
14 Oz.
Selected Varieties



\$1⁹⁹
Field Peggable
Loaf Items
9 Oz.
Selected Varieties



\$7⁹⁹
Kentucky Legend
Stack Pack Bacon
16-1018 Oz.
Selected Varieties



\$5⁴⁹
El Monterey
Burritos
10.4-32 Oz.
Selected Varieties



\$3⁹⁹
Smithfield
Primefresh
Lunchmeat
7.8 Oz.
Selected Varieties



\$6⁹⁹
Hart Chicken
Entrees
20-32 Oz.
Selected Varieties



4/\$5
Bar S
Franks
12 Oz.
Selected Varieties



\$3⁹⁹
Johnsonville
Smoked Links
and Ropes
12-14 Oz.
Selected Varieties



\$6⁹⁹
Cooked Perfect
Meatballs
16-1018 Oz.
Selected Varieties



\$6⁹⁹
Johnsonville
Grillers
24 Oz.
Selected Varieties



\$4⁹⁹
Supremo
Pork Chorizo
Items
14 Oz.
Selected Varieties



\$5⁴⁹
Johnsonville
Summer Sausage
12 Oz.
Selected Varieties



\$10⁹⁹
Lb.
Kentucky Legend
Quarter Sliced
Turkey



\$3⁴⁹
Lb.
Sugardale
Ham Steaks
8 Oz.



\$3⁴⁹
Sugardale
Sliced Pepperoni
8 Oz.



Deli & Bakery

At Participating Stores



\$5⁹⁹
Lb.
Kretschmar
Brown Sugar
Ham



\$4⁹⁹
Sweet P's
Coffee Cake
Danish
16 Oz.
Selected Varieties



\$4⁹⁹
Lb.
Boneless
Chicken Wings
Selected Varieties



\$7⁹⁹
Reser's
Devil Egg
Potato Salad
3 Lb.



\$6⁹⁹
Jessie Lord
Pumpkin Pie
24 Oz.



\$2⁴⁹
Bake Shop
Mini Cookies
8 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kretschmar
Muenster
Cheese



\$5⁹⁹
Lb.
Kretschmar
Beef Bologna
or Pickle Loaf



\$4⁴⁹
Sweet P's
Mini Donuts
9.31-12.48 Oz.
Selected Varieties



\$3⁹⁹
Two Bite
Brownies or
Cinnamon Rolls
10.5-12 Oz.
Selected Varieties



\$4⁹⁹
5-Layer
Fiesta Dip
17 Oz.



\$3⁴⁹
Florucci
Sliced Charcuterie
Salami
3 Oz.



\$1⁹⁹
Ozark Hearth
Hamburger or
Hotdog Buns
12 Oz.



\$4⁹⁹
Cafe Valley
Pumpkin
Cream Cheese
Bundt Cake
16 Oz.



\$1⁴⁹
7-Up
Products
2 Liter
Selected Varieties



\$3⁹⁹
7-Up
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$12⁴⁹
Svedka
Vodka
175 Liter
Selected Varieties



\$14⁹⁹
Jim Beam
Whiskey
750 Ml
Selected Varieties

\$13⁴⁹
Fireball
Whisky
750 Ml
Selected Varieties



\$5⁴⁹
Snapple
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$7⁹⁹
Pepsi
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$8⁴⁹
19 Crimes
Wines
750 Ml
Selected Varieties



\$20⁴⁹
Bud
Family Beer
12 Oz. Cans 24 Pack
Selected Varieties

\$4⁵⁹
Barefoot
Wines
750 Ml
Selected Varieties



\$4⁴⁹
Gatorade
12 Oz. Bottles 6 Pack
Selected Varieties



\$6⁹⁹
Lipton
Pure Leaf
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$15⁹⁹
Cayman Jack
Cocktails
12 Oz. Cans 12 Pack
Selected Varieties



\$14⁹⁹
Blue Moon or
Leinenkugel
Craft Beer
12 Oz. Cans or Bottles 12 Pack
Selected Varieties

\$6⁹⁹
Cupcake
Wines
750 Ml
Selected Varieties



\$3⁴⁹
Pepsi
Products
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$6⁹⁹
Lipton
Pure Leaf
16.9 Oz. Bottles 6 Pack
Selected Varieties



\$15⁹⁹
Cayman Jack
Cocktails
12 Oz. Cans 12 Pack
Selected Varieties



\$14⁹⁹
Blue Moon or
Leinenkugel
Craft Beer
12 Oz. Cans or Bottles 12 Pack
Selected Varieties

\$6⁹⁹
Cupcake
Wines
750 Ml
Selected Varieties

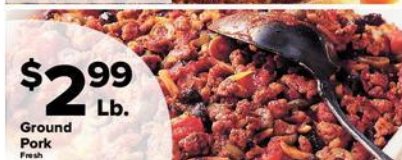




Prices Effective
OCTOBER 29 - NOVEMBER 4, 2025



Prices Effective
OCTOBER 29 - NOVEMBER 4, 2025





Buy 5 Save \$5

BUY 5 SAVE \$5 • MIX OR MATCH
WHEN YOU BUY 5 PARTICIPATING ITEMS



Prices Effective **OCTOBER 29 - NOVEMBER 4, 2025**



~~\$3⁴⁹~~
~~-\$1⁰⁰~~

\$2⁴⁹

Old El Paso
SnS Tortillas, Shells,
Pockets, Dinner Kits,
Flavor Kits, Bowls,
Taco Kits, Sauces or
Enchilada Sauce
6.25-90 Ct.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$1⁹⁹~~
~~-\$1⁰⁰~~

99¢

Old El Paso
Enchilada Sauce 10 Oz.
Refried Beans 16 Oz. or
Green Chiles 4 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$2⁴⁹~~
~~-\$1⁰⁰~~

\$1⁴⁹

Old El Paso
Taco, Tortilla or
Tostada Shells 10-12 Ct.
Rice or Beans
4.7-12 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$3⁹⁹~~
~~-\$1⁰⁰~~

\$2⁹⁹

Totino's
Pizza Rolls
24.46-24.8 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$1⁹⁹~~
~~-\$1⁰⁰~~

99¢

Pillsbury
Grands Biscuits 5 Ct.
Crescents 4 Ct. or
Cinnamon Rolls 5 Ct.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$2⁹⁹~~
~~-\$1⁰⁰~~

\$1⁹⁹

Toaster Strudel,
Scrambles or
Pb Mini Cinnis

7.2-12 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$2⁹⁹~~
~~-\$1⁰⁰~~

\$1⁹⁹

General Mills
Cereal
8.9-12 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$3⁴⁹~~
~~-\$1⁰⁰~~

\$2⁴⁹

Chex Mix,
Bugles or
Gardettos
9-14.5 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS



~~\$2⁴⁹~~
~~-\$1⁰⁰~~

\$1⁴⁹

Progresso or
Old El Paso Soup
18-19 Oz.

Selected Varieties

WHEN YOU BUY 5 PARTICIPATING ITEMS