

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

**We accept
USDA Food Stamps
We also accept AMEX**

We reserve the right to limit & substitute similar items and to correct any pricing errors. All items may not be available. #294

Flavors of
FALL

PRICES GOOD OCTOBER 2025

WED 22	THU 23	FRI 24	SAT 25	SUN 26	MON 27	TUE 28
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\$2⁹⁹
Lb.
**Chicken
Thighs**
Frozen Boneless Skinless



\$2⁴⁹
Lb.
**Pork
Tenderloin**
Frozen
2Pc.



\$1⁴⁹
**Best Choice
Russet Potatoes**
5 Lb.



\$8⁹⁹
Lb.
**Top Sirloin
Steak**
Fresh Boneless Beef
Value Pack



\$1⁹⁹
Lb.
**Green or Red
XL Grapes**

99¢
Lb.
**Honeycrisp
Apples**



2/\$**6**
-\$**2⁰⁰**

2/\$4
General Mills
Cereal
8.9-11.2 Oz.
Selected Varieties
MUST BUY 2



\$3⁴⁹
**Turkey Hill
Ice Cream**
1.44 Qt.
Selected Varieties



\$2⁹⁹
**Best Choice
Butter Quarters**
16 Oz.
Selected Varieties



\$5⁴⁹
**Charmin
Bath Tissue**
6 Mega Rolls or
Bounty Paper Towels
4 Double Rolls
Selected Varieties



\$3⁹⁹
**Frito Lay
Tostitos and
Baked Lay's Chips**
6.25-13 Oz.
Selected Varieties



\$4⁹⁹
**Hormel
Black Label Bacon**
12-16 Oz.
Selected Varieties



\$4⁹⁹
Lb.
**80% Lean
Ground Beef**
10 Lb. Tube



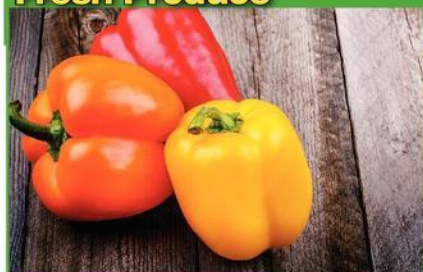
\$1⁹⁹
**Yellow
Onions**
3 Lb. Bag



\$20⁹⁹
**Busch or
Busch Light**
12 Oz. Cans 30 Pack

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND TO ESTABLISH MINIMUM PURCHASE REQUIREMENTS. NOT ALL VARIETIES AVAILABLE.

Fresh Produce



Colored Peppers

2/\$3



Mandarins
3 Lb. Bag

\$4.99



\$1.99 Ea.
Pomegranates



2/\$4
Scarlet Pearl Grape Tomatoes
10 Oz.



\$1.29 Ea.
Celery



\$8.99
Louisburg Cider
Gallon

Floral

At Participating Stores



\$5.99
Violets
4 Inch



\$1.49 Lb.
Bartlett Pears



2/\$4
Joyba Bubble Tea
12 Oz.



\$4.99
Marzetti Caramel Dip
13.5 Oz.



\$2.49
Popeye Spinach
10 Oz.



\$1.99
Yellow Onions
3 Lb. Bag



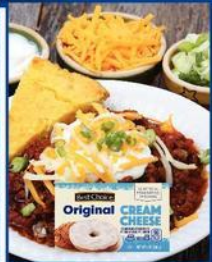
\$9.99
Autumn's Duet Bouquet

\$12.99
Pocket Of Joy Bouquet

Dairy & Frozen



\$3.49
Pillsbury Cookies, Grands or Filled Crescents, Pizza Crust, Cinni Stix, Swirls or Breads
8-16.8 Oz. Selected Varieties



2/\$3
Best Choice Cream Cheese
8 Oz. Selected Varieties



\$2.99
Eggo Pancakes or French Toast Sticks 12-40 Ct. or Thick & Fluffy Waffles 6 Ct. Selected Varieties



2/\$8
Tombstone Pizza
19.3-21.1 Oz. Selected Varieties



\$5.99
Rana Pasta
32 Oz. Selected Varieties



\$6.99
Kraft Natural Shredded or Chunk Cheese
3.48 Oz. Selected Varieties



2/\$7
International Delight Liquid Coffee Creamer 32 Oz. or International Delight or Dunkin' Cold Foam 14 Oz. Selected Varieties



\$7.99
Stouffer's Air Fryer Chicken 22 Oz. or Family Size Mac & Cheese Entrées 40 Oz. Selected Varieties



\$8.99
Stouffer's Family Size Entrées 28-40 Oz. Selected Varieties



\$3.99
On the Border Entrées 26-28 Oz. Selected Varieties



\$6.99
Farm Rich Meatballs 20-36 Oz. Selected Varieties



\$3.49
Silk Unsweetened Almond Milk 64 Oz. Selected Varieties



3/\$4
Tropicana Orange Juice or Refresher 11 Oz. Selected Varieties



\$3.99
Red Diamond Sweet Tea 128 Oz. Selected Varieties



\$3.49
Devour Big Bowl 14 Oz. Selected Varieties



\$2.49
Best Choice Sliced Strawberries 15.5 Oz.



\$4.99
Pagoda Egg Rolls or Bibigo Fried Rice, Mandu, Wontons, Potstickers or Crunchy Chicken 18-24 Oz.



\$3.99
Ore-Ida Potatoes 19-32 Oz. Selected Varieties



\$5.99
Farm Rich Appetizers 13-22 Oz. Selected Varieties



\$6.99
Best Choice Cobbler 32 Oz. Selected Varieties



2/\$6
Pillsbury Pie Crust 2 Ct. Selected Varieties



2/\$6
Pillsbury Grands Biscuits 12 Ct. Selected Varieties

Seafood



\$5.99
Seapak Shrimp 8.2-18 Oz. Selected Varieties



\$17.99
Sea Best Argentine Red Shrimp 2 Lb. 16-20 Ct.



\$8.99
AquaStar Cooked Shrimp 1 Lb. 16-20 Ct.



\$6.99
Best Choice Raw Shrimp 16 Oz. 21-40 Ct.



\$7.99 Lb.
Cod Loins 10#



\$3.49 Lb.
Pollock Fillets 10#



KCG3



KCG3_BASE_PG2_102225

Grocery

Enjoy Spend LESS!
MORE

Frito Lay
Cheetos or
Fritos 6.5-10 Oz.
Rold Gold 10-16 Oz. or
Can Dip 8.5-9 Oz.
Selected Varieties

\$3⁴⁹

M&M's
Halloween
Fun Size
Candy
7.44-11.5 Oz.
Selected Varieties

\$4⁹⁹

Classico
Pasta Sauce
15-24 Oz.
Selected Varieties

\$2⁴⁹

Frito Lay
Multipack
18 Oz.
Selected Varieties



\$9⁹⁹

Hershey's
Halloween
Candy
20.43-41.07 Oz.
Selected Varieties



\$16⁹⁹

Kraft
Caramels
11 Oz.
Selected Varieties



\$2⁴⁹

Hershey's
Miniature or
Snack Size
Candy
20.04-25.9 Oz.
Selected Varieties



\$13⁹⁹

Starburst or
Skittles
Fun Size Candy
10.58-10.72 Oz.
Selected Varieties



\$3⁹⁹

Kellogg's
Pop Tarts 12 Ct.
Pop Tart Bites 5 Ct. or
Crunchy Poppers 5 Oz.
Selected Varieties



\$3⁴⁹

Planters
Corn Nuts
7 Oz.
Selected Varieties



2/\$4

Planters
Duo's or
Cashews 5 Oz. or
Mixed Nuts 10-10.3 Oz.
Selected Varieties



\$4⁹⁹

Planters
Cashew Halves
8 Oz.
Selected Varieties



\$5⁹⁹

Keebler
Toasted or
Cran's Crackers
4.25-8.7 Oz.
Selected Varieties



\$3⁹⁹

Nabisco
Single Serve
Trays
10-16.36 Oz.
Selected Varieties



\$5⁹⁹

Nabisco
Premium Crackers or
Oyster Crackers
9-16 Oz.
Selected Varieties



\$3⁴⁹

Kellogg's
Caddy Packs
20 Ct.



\$8⁹⁹

Pringles
Party Pack or
Mingles
5.5-7.76 Oz.
Selected Varieties



\$2⁹⁹

Jif
Peanut Butter
40 Oz. or
Chocolate
Peanut Butter 29.5 Oz.
Selected Varieties



\$5⁹⁹

Chick
Fil A Sauce
16 Oz.
Selected Varieties



\$3⁶⁹

Heinz
Mustard
14 Oz.
Selected Varieties



\$1⁹⁹

Heinz
Flavor Tour
Sauces
10 Oz.
Selected Varieties



\$3⁹⁹

Kraft
Big Bowl
Mac & Cheese
Dinners
3.5-5 Oz.
Selected Varieties



\$2⁹⁹

Kraft
Spiral
Mac & Cheese
Dinners
22 Oz.



\$5¹⁹

Kraft
Mac & Cheese
Dinners
7.25-36.25 Oz.
Selected Varieties



\$4⁹⁹

Pace
Salsa or
Picante Sauce
16 Oz.
Selected Varieties



2/\$5

Rosarita
Refried Beans
15-2 Oz.
Selected Varieties



2/\$4

Swanson
Chicken Pouch
2.6 Oz.



2/\$4

Armour
Chili
14 Oz.
Selected Varieties



2/\$3

Wendy's
Chili
15 Oz.
Selected Varieties



\$4⁴⁹

Wendy's
Chili
No Beans
15 Oz.
Selected Varieties



\$4⁹⁹

Bear Creek
Soup Mix
7.9-40 Oz.
Selected Varieties



\$3⁹⁹

Cap'n Crunch,
Life or
Quaker Oat Squares
Cereal
10.3-16.5 Oz.
Selected Varieties



\$3⁴⁹

Quaker
Oats
42 Oz.
Selected Varieties



\$6⁵⁹

Swiss Miss
Hot Cocoa
Mix
8 Ct.
Selected Varieties



2/\$6

Premier Protein
Singles
11.5 Oz.
Selected Varieties



\$2⁹⁹

Oikos
Ready To Drink
Protein Shake
4 Ct.
Selected Varieties



\$9⁹⁹

Old Orchard
Juice
64 Oz.
Selected Varieties



2/\$4

VB
Splash
64 Oz.
Selected Varieties



2/\$4

Capri Sun
10 Ct.
Selected Varieties



\$3⁹⁹

Niagara
Water
16.9 Oz. Bottles 24 Pack



\$2⁹⁹

Solo
Plastic Cups
30 Ct.
Selected Varieties



\$3⁹⁹

Solo
Plastic Cups
30 Ct.
Selected Varieties



\$3⁹⁹

Gravy Train
Dog Food
13.2 Oz.
Selected Varieties



3/\$4

9-Lives
Cat Food
2.5-3.75 Lb.
Selected Varieties



\$5⁴⁹

Pupperoni
Treats
5.8 Oz.
Selected Varieties



\$3⁴⁹

Sparkle
Paper Towels
4 Double Rolls



\$7⁴⁹

Sparkle
Paper Towels
4 Double Rolls



\$7⁴⁹

Best Choice.

Save on Our Brands



\$1¹⁹

Best Choice
Pudding Cups
4 Ct.
Selected Varieties



\$1³⁹

Best Choice
Walnuts
2 Oz.
Selected Varieties



\$1²⁹

Best Choice
Potatoes Pouch
4 Oz.
Selected Varieties



69¢

Best Choice
Wing Seasoning
Mix
4.25 Oz.
Selected Varieties



\$1⁷⁹

Best Choice
Ketchup
20 Oz.



\$3⁹⁹

Best Choice
Mayonnaise
18 Oz.



\$2⁴⁹

Best Choice
Wood Chips
3.94 Lb.
Selected Varieties

Home & Health

Enjoy Spend LESS!
MORE

Bounce or
Gain Fabric
Refresher Sheets
60 Ct.
Selected Varieties



\$2⁹⁹

Tide
Simply
Liquid Laundry
Detergent
31-32 Oz.
Selected Varieties



\$3⁹⁹

Crest
Toothpaste, Rinse or
Oral B Glide Floss
1-43.7 Oz.
Selected Varieties



\$4⁹⁹

Arm & Hammer
Deodorant
2.6 Oz.
Selected Varieties



2/\$5

Fresh Cut Meat

Enjoy **SPEND LESS!**
MORE



\$5⁹⁹
Lb.
Shoulder Arm
Roast
Fresh Boneless Beef



\$6⁴⁹
Lb.
Charcoal
Steak
Fresh Boneless Beef
Value Pack



\$6⁹⁹
Lb.
Patio
Steak
Fresh Boneless Beef



\$4⁹⁹
Lb.
80% Lean
Ground Beef
Sold in 10 Lb. Tube



\$5⁴⁹
Lb.
80% Lean
Ground Beef
Value Pack



\$1⁹⁹
Lb.
Assorted
Pork Chops
Fresh Bone-In
Value Pack



\$2⁴⁹
Lb.
Thin Cut
Breakfast Chops
Fresh Bone-In



\$2⁴⁹
Lb.
Whole Chicken
Wings
Frozen



\$4⁹⁹
Hormel
Black Label Bacon
12-16 Oz.
Selected Varieties



\$9⁹⁹
Best Choice
Beef Patties
32 Oz.
Selected Varieties



\$2⁴⁹
Earl Campbell
Sausage Loops
12-15 Oz.
Selected Varieties



\$3⁹⁹
Smithfield
Primefresh
Lunchmeat
7-8 Oz.
Selected Varieties



\$3⁹⁹
Bob Evans
Sausage
12-16 Oz.
Selected Varieties



\$3⁴⁹
Foster Farms
Corndog
12-16 Oz.
Selected Varieties



\$1⁷⁹
Bar S
Bologna
8-12 Oz.
Selected Varieties



\$3⁴⁹
Armour
Small Bag
Meatballs
14 Oz.
Selected Varieties



4/\$5
Armour
Lunchmakers
2-3.9 Oz.
Selected Varieties



\$1⁷⁹
Sugardale
Hot Dogs
16 Oz.



\$4⁹⁹
Ea.
Paradise Kitchens
Chicken Items
Selected Varieties



\$2⁹⁹
Armour
Pepperoni
4-6 Oz.
Selected Varieties



\$3⁹⁹
Williams
Rolls
1 Lb.
Selected Varieties



\$4⁹⁹
Johnsonville
Summer Sausage
12 Oz.
Selected Varieties



\$7⁹⁹
Johnsonville
Summer Sausage
20 Oz.
Selected Varieties



\$3⁹⁹
Wampler's
Taco Meat
16 Oz.
Selected Varieties



\$5⁹⁹
Lb.
Kentucky Legend
Quarter Sliced Ham
Items

Deli & Bakery



\$7⁹⁹
Lb.
Kretschmar
Turkey Breast
Mesquite or Cajun



\$3⁹⁹
Cafe Valley
Muffins
4 Ct.
Selected Varieties

At Participating Stores



\$5⁹⁹
Slow Smoked or
Baked Chicken
Leg Quarters
4 Ct.



\$3⁴⁹
Zarda
BBQ Baked
Beans
16 Oz.
Selected Varieties



\$5⁴⁹
Sweet P's
Chocolate or
Strawberry
Swiss Rolls
14.3 Oz.
Selected Varieties



\$7⁹⁹
MJay's
Brownie
Party Platter
16 Oz.



\$7⁴⁹
Lb.
Kretschmar
Swiss Cheese



\$6⁴⁹
Lb.
Kretschmar
Black Forest
Ham



99¢
Cloverhill
Pastries
4-4.25 Oz.
Selected Varieties



\$2⁴⁹
Ozark Hearth
Texas Toast
20 Oz.



\$3⁴⁹
DeL Express
Sandwiches
4.5-6 Oz.
Selected Varieties



\$3⁹⁹
Pancho
Queso Dips
16 Oz.
Selected Varieties



\$3⁴⁹
Rotella's
Wheat or
White Hoagies
6 Ct.
Selected Varieties



\$9⁹⁹
Gregory's
Take N Bake
Cookies
36-48 Ct.
Selected Varieties



\$1⁴⁹
Kings Hawaiian
Rolls
4 Ct.



\$7⁹⁹
Coke
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$3⁹⁹
Coke
Products
16.9 Oz. Bottles 8 Pack
Selected Varieties



\$2⁹⁹
Coke
Products
2 Liter
Selected Varieties



\$7⁹⁹
Svedka
Vodka
750 ML
Selected Varieties



\$24⁹⁹
Five Farms
Irish Cream
750 ML



\$16⁹⁹
Jagermeister
750 ML



\$10⁹⁹
Oyster Bay
Wines
750 ML
Selected Varieties



\$17⁹⁹
Meiomi
750 ML
Selected Varieties



\$9⁴⁹
Woodbridge
1.5 Liter
Selected Varieties



\$1⁴⁹
Body Armor
16 Oz.
Selected Varieties



\$6⁹⁹
Powerade
20 Oz. Bottles 8 Pack
Selected Varieties



\$7⁹⁹
Monster
Energy
16 Oz. Cans 4 Pack
Selected Varieties



\$14⁹⁹
Heineken
12 Oz. Cans or Bottles 12 Pack
Selected Varieties



\$20⁹⁹
Miller or Coors
Premium Beer
12 Oz. Cans 24 Pack
Selected Varieties



\$20⁹⁹
Busch Beer
12 Oz. Cans 30 Pack
Selected Varieties

DESTINATION: TAILGATE™

WIN

a Trip to YOUR Favorite Tailgate Destination!

• Enter October 1 - 28, 2025 •

8 GRAND PRIZES

Air fare and 2-night hotel stay
for 4* PLUS! \$250 for event
tickets and tailgate supplies

(A total of 8 Grand Prizes to be given away. AIRV \$3,500 per Grand Prize.)

SECOND PLACE PRIZES

\$154,800 IN GROCERY GIFT CERTIFICATES

Each participating store will randomly draw 4 winners.
One winner each week to receive a \$50 grocery gift certificate.



To ENTER:
Scan here or visit www.destinationtailgate.com

*Anywhere in the continental U.S. No purchase necessary. Valid only at participating stores.
See official rules for details. Promotion runs 10/1/25-10/28/25.

Prices Effective
OCTOBER 22-28, 2025

\$3.49

**T.G.I. Friday
Appetizers**
8-10 Oz.
Selected Varieties



\$3.59

**Daisy
Sour Cream or
Cottage Cheese**
24 Oz.
Selected Varieties



\$3.99

**Flora
Paper Towels
Triple Rolls**
2 Pl.
Selected Varieties



4/\$5

**Snack Pack
Gelatin or
Pudding Cups**
4 Ct.
Selected Varieties



4/\$5

**Hunt's
Manwich Sauce**
15-16 Oz.
Selected Varieties



\$5.99

**Hellmann's
Mayonnaise**
20-35 Oz.
Selected Varieties



\$4.89

**Hidden Valley
Ranch Salad
Dressing**
24 Oz.
Selected Varieties



\$5.29

**Hidden Valley
Ranch Salad
Dressing**
24 Oz.
Selected Varieties



\$3.49

**Keebler
Club or Town House
Crackers** 10-12.8 Oz. or
Grahams 11-15 Oz.
Selected Varieties



\$5.99

**Hebrew
Beef Franks**
9-13.12 Oz.
Selected Varieties



Best Choice™ SALE

Prices Effective
OCTOBER 22-28, 2025

\$3.99

**Best Choice
Frosted Cookies**
10 Ct.
Selected Varieties



\$1.19

**Best Choice
Whipped Topping**
8 Oz.
Selected Varieties



\$2.99

**Best Choice
Pie Crust**
15 Oz.
Selected Varieties



\$1.99

**Best Choice
Crescent Rolls**
8 Oz.
Selected Varieties



2/\$4

**Best Choice
Potato Chips**
7.5-8 Oz.
Selected Varieties



\$2.29

**Best Choice
Mashed Potatoes**
13-13.3 Oz.
Selected Varieties



\$1.99

**Best Choice
Bread Crumbs 15 Oz. or
Panko Crumbs 8 Oz.**
Selected Varieties



4/\$5

**Best Choice
Marshmallows**
10 Oz.
Selected Varieties



4/\$5

**Best Choice
Cinnamon or
Nutmeg**
0.8-2.37 Oz.
Selected Varieties



\$1.99

**Best Choice
Brownie Mix**
16.3-17.8 Oz.
Selected Varieties



99¢

**Best Choice
Cake Mix**
10-25 Oz.
Selected Varieties



\$1.89

**Best Choice
Frosting**
16 Oz.
Selected Varieties





Prices Effective **OCTOBER 22-28, 2025**



10/\$10
 Ajax or
 Palmolive
 Liquid Dish Soap
 9-12.4 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Soda or Mixers 47.6 Oz. or
 Mixers 33.8 Oz.
 Selected Varieties



10/\$10
 Canine Carry Out
 Dog Treats
 2.8-4.5 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Dog Food Cup
 3.5 Oz.
 Selected Varieties



10/\$10
 Colgate
 Toothpaste
 4 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Gelatin or
 Pudding Mix
 6.3-3.9 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Baking Soda
 16 Oz.



10/\$10
 Best Choice
 Yeast
 3 Oz.
 Selected Varieties



10/\$10
 Pillsbury or
 Martha White
 Muffin Mix
 7.76 Oz.
 Selected Varieties



10/\$10
 Crunch N Munch
 3.5 Oz.
 Selected Varieties



10/\$10
 Kellogg's
 Cereal In A Cup
 13.2-9 Oz.
 Selected Varieties



10/\$10
 Libby's
 Vegetables
 14.5-19.25 Oz.
 Selected Varieties



10/\$10
 Red Gold
 Tomatoes With
 Green Chiles
 10 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Onion Soup Mix
 2 Oz.



10/\$10
 Best Choice
 Soup
 10.5-11.25 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Gravy
 10.5 Oz.
 Selected Varieties



10/\$10
 McCormick
 Gravy Mix
 8.97-16.64 Oz.
 Selected Varieties



10/\$10
 Red Gold
 Tomatoes, Puree or
 Tomato Sauce
 14.5-15 Oz.
 Selected Varieties



10/\$10
 Slim Jim
 Giant Meat Sticks
 0.97 Oz.
 Selected Varieties



10/\$10
 Pringles
 Grab N Go
 Potato Crisps or
 Cheez-It
 Grab N Go Crackers
 2-3 Oz.
 Selected Varieties



10/\$10
 Hershey's
 Standard
 Halloween Candy
 1.3-3.5 Oz.
 Selected Varieties



10/\$10
 Planters
 Corn Nuts
 4 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Spices or
 Seasoning
 0.05-5.5 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Mustard
 8 Oz.



10/\$10
 Best Choice
 Tomato Sauce
 15 Oz.
 Selected Varieties



10/\$10
 Pillsbury or
 Martha White
 Pizza Crust Mix
 6.5 Oz.
 Selected Varieties



10/\$10
 Best Choice
 Steamable Vegetables
 12 Oz.
 Selected Varieties



10/\$10
 Banquet or
 Swanson Pot Pie
 7 Oz.
 Selected Varieties



10/\$10
 Michelin's
 Entrees
 4.5-9.5 Oz.
 Selected Varieties



10/\$10
 Cracker Barrel
 Cheese Bites
 1.58 Oz.



10/\$10
 Oscar Mayer
 Lunchables
 Value Pack
 Selected Varieties