

PRICE CHOPPER

INGERSOLL
3425 Ingersoll Avenue,
Des Moines

BEAVER
1819 Beaver Avenue,
Des Moines

Store Hours
7 Am- 10 PM

SMARTMEALS
Powered by BREEZ AI

DINNER PLANS?
It's Got You in 90 SECONDS

SCAN ME to access the app

FLU SHOTS AVAILABLE

Prices Effective Tuesday, October 7th through Monday, October 13th, 2025



Seasonal FLAVOR-ITES

\$1.69 lb.
Whole Bone-In
Pork Shoulder Roast
Sold In C.O.V. Bag

IOWA PROUD
VIRDA SELECT BEEF
A LEARNER/BEY FOR TODAY'S LIFESTYLE

\$5.99 lb.
Fresh Cut
Boneless Beef
Bread & Butter Roast

99¢ lb.
Honeycrisp
Apples

\$2.99
Idaho Russet
Potatoes
10-lb.

\$1.99 lb.
Red, Green or Black
Seedless Grapes

99¢
Best Choice
Pasta
16-oz.,
Selected Varieties

Digital Coupon
Best Choice
Shredded or Chunk
Cheese
8-oz.
Selected Varieties
~~SALE PRICE~~
\$1.99
- \$1.00 OFF 2
\$1.49 ea.
Limit of One Coupon Per Customer.
Must Use Digital App To Redeem.

2/\$5
Best Choice
Breadsticks 5-ct.,
Texas Toast 8-ct. or
Garlic Bread or Garlic
Knots 8-11.75-oz.
Selected Varieties

\$7.99
Best Choice
Paper Towels
6 Roll

Digital Coupon
Best Choice
Vegetables
14.5-16.25-oz.
Selected Varieties
~~SALE PRICE~~
78¢
- \$1.00 OFF 4
53¢ ea.
Limit of One Coupon Per Customer.
Must Use Digital App To Redeem.

WOW

Digital Coupon
Best Choice
Pasta or Marinara
Sauce
32-oz.
Selected Varieties
~~SALE PRICE~~
2/\$3
- \$1.00 OFF 2
2/\$2
Limit of One Coupon Per Customer.
Must Use Digital App To Redeem.

Everyday **LOW PRICE**

\$1.69

Always Save
Mushroom
Pieces & Stems
4-oz.

Everyday **LOW PRICE**

\$1.35

Always Save
Soda
2-Liter Bottle

PRODUCE



\$4⁹⁹
ea.
Sunkist
Clementines
3-lb.



\$4⁹⁹
ea.
Jack O'Lantern
Pumpkins



Broccoli
Crowns

\$1⁹⁹
lb.



Scarlett Pearl
Grape Tomatoes
10-oz.

\$1⁹⁹
ea.



Whole or Sliced
White Mushroom
8-oz.

\$1⁹⁹
ea.



Dole
Teen Spinach

\$2⁴⁹
ea.



Hothouse
Red, Orange or
Yellow Peppers

2/\$3

Medium
Yellow Onions
3-lb.



\$2⁴⁹



Joyba
Bubble Teas
12-oz.

\$1⁹⁹

FLORAL

Enjoy Spend LESS!
MORE

Not available at all locations

\$11⁹⁹

Rake, Pile, Leap
Bouquet



\$10⁹⁹

Jumbo Sunflower
Bouquet



DAIRY



2/\$4

Just Crack An Egg
Scramblers or
Oscar Mayer
Scramblers
Selected Varieties



\$4⁹⁹

Anderson Erickson
Chocolate Milk
Gallon,
Selected Varieties



\$3⁹⁹
Kraft
Philadelphia
Cream Cheese
Frosting
16-oz. or
Soft or Whipped
Cream Cheese
7.5-8-oz.
Selected Varieties



\$3⁷⁹
Kraft Grated
Parmesan
Cheese
5-oz.



\$2⁹⁹
Best Choice
Grated
Parmesan
Cheese
8-oz.
Selected Varieties



\$2⁹⁹
Best Choice
Cottage Cheese
24-oz.
Selected Varieties

FROZEN



\$2⁴⁹

Marie Callender's
Pot Pie 10-oz. or
Entrées 10.5-13-oz.
Selected Varieties



\$2⁴⁹

Healthy Choice
Cafe Steamers
9.25-10.3-oz.
Selected Varieties



\$3⁹⁹
Chobani
Flip Greek
Yogurt
6-oz.
Selected Varieties



5/\$5
Chobani
Yogurt
5.3-oz.
Selected Varieties



\$2⁹⁹
Dannon Activia
or YoCrunch
Danimals Drink
6-oz.
Selected Varieties



\$4⁴⁹
Chobani
Liquid
Coffee
Creamer
24-oz.
Selected Varieties



\$3⁹⁹
Mr. Dell's
Potatoes
24-oz.
Selected Varieties



\$6⁹⁹
Best Choice
Pizza Bites
4-oz.
Selected Varieties



\$5⁹⁹
Eggo
Waffles
24-oz.
Selected Varieties



\$4⁹⁹
Eggo
Protein Waffles
or Pancakes
10-12-oz.
Selected Varieties



\$5⁹⁹
Starbucks
Iced Coffee
or Cold Brew
40-48-oz.
Selected Varieties



\$4⁴⁹
Chobani
La Colombe
Cold Brew
42-oz.
Selected Varieties



\$6⁴⁹
International
Delight Liquid
Coffee Creamer
64-oz.
Selected Varieties



\$2⁷⁹
Tropicana
Essentials
64-oz.
Selected Varieties



\$4⁴⁹
Best Choice
Assorted Mini
or Independence Pops
20-24-oz.
Selected Varieties



\$3⁴⁹
Best Choice
Ice Cream
48-oz.
Selected Varieties



\$6⁹⁹
Blue Ribbon Classics
Frozen Dairy Dessert
1.25-oz.
Selected Varieties

SEAFOOD

Enjoy Spend LESS!
MORE

Not all items available in all stores



\$6⁹⁹
SeaPak
Morey's Salmon
10-oz.
Selected Varieties



2/\$10
Fresh
Boneless Skinless
Salmon Fillets
5-oz.



\$3⁴⁹
lb.
Frozen
Pollock Fillets



\$8⁹⁹
lb.
Frozen
Jumbo Cod



\$2⁷⁹
lb.
Frozen Breaded
Catfish Nuggets



\$4⁹⁹
Sea Best
Raw Shrimp
61-59-oz. 12-oz.



\$6⁹⁹
Sea Best
Cooked Shrimp
31-40-oz. 12-oz.



\$5⁹⁹
Sea Best
Cooked
Shrimp
41-50-oz. 12-oz.



\$7⁹⁹
Sea Best
Raw Shrimp
16-20-oz. 1-lb.



\$6⁴⁹
Sea Best
Shrimp Ring
10-oz.



\$8⁹⁹
Sea Best
Jumbo
Breaded Shrimp
1.5-lb.



\$8⁹⁹
High Liner
Fisher Boy
Quik Stix
60-oz.



\$7⁹⁹
High Liner
Salmon
8-10-oz.
Selected Varieties



\$5⁹⁹
Gorton's
Fish Fillets
or Sticks
11-13.4-oz.
Selected Varieties



BUY 5 Save \$5

MIX OR MATCH



Totino's
Pizza Rolls
50-ct.,
Selected Varieties

\$3.99
- \$1.00
\$2.99

Final Price When You Purchase
5 Participating Items



Pillsbury Grands!
Biscuits, Crescents
or Cinnamon Rolls
8-ct.,
Selected Varieties

\$2.99
- \$1.00
\$1.99

Final Price When You Purchase
5 Participating Items



Chex Mix,
Bugles or Gardetto's
7-8.6-oz.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items



Old El Paso
Taco or Tortilla Shells
8-12-ct.,
Beans or Rice
8.8-oz.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items



Old El Paso
Enchilada Sauce
10-oz.,
Green Chiles
4-oz. or
Refried Beans
16-oz.,
Selected Varieties

\$1.99
- \$1.00
99¢

Final Price When You Purchase
5 Participating Items



Old El Paso
Taco Kits 8.8-12.6-oz.,
Taco Sauce 9-oz.,
Shells 10-ct.,
Queso 9-oz. or
Enchilada Sauce
19-oz.,
Selected Varieties

\$3.49
- \$1.00
\$2.49

Final Price When You Purchase
5 Participating Items



General Mills
Cereal
9-10.8-oz.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items



Nature Valley,
Fiber One,
General Mills or
Mott's Bars
5-8-ct.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items



Betty Crocker
Potatoes
4-oz.,
Selected Varieties

\$1.99
- \$1.00
99¢

Final Price When You Purchase
5 Participating Items



Yoplait
Yogurt 8-ct. or
Gogurt 16-ct.,
Selected Varieties

\$4.99
- \$1.00
\$3.99

Final Price When You Purchase
5 Participating Items



Betty Crocker
Fruit Snacks, Roll
Ups, Gushers,
Fruit By The Foot or
Mott's Fruit Snacks
6-10-ct.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items



Betty Crocker
Brownie, Cookie,
Cake or Muffin Mix
9.3-19.1-oz.,
Selected Varieties

\$2.99
- \$1.00
\$1.99

Final Price When You Purchase
5 Participating Items



Annie's
Mac & Cheese
Dinner
6-oz.,
Selected Varieties

\$3.49
- \$1.00
\$2.49

Final Price When You Purchase
5 Participating Items



Annie's
Microwave
Mac & Cheese
Dinner
2.01-6-oz.,
Selected Varieties

\$1.99
- \$1.00
99¢

Final Price When You Purchase
5 Participating Items



Progresso or
Old El Paso Soup
18-19-oz.,
Selected Varieties

\$2.49
- \$1.00
\$1.49

Final Price When You Purchase
5 Participating Items

Enjoy MORE Spend LESS!

\$3.99

Frito Lay
Doritos, Tostitos,
Ruffles, Smartfood and
Furynuts
5.2-15-oz.,
Selected Varieties

\$1.09

Kraft
Mac & Cheese
Dinner
8.5-7.3-oz.,
Selected Varieties

\$4.49

Nabisco
Chips Ahoy! Cookies
8.5-13-oz.,
Selected Varieties

\$2.99

Hostess
Snacks
8-10-oz.,
Selected Varieties

\$8.49

Folgers, 1850,
Bustelo or Dunkin'
Ground Coffee 11-12-oz.
K Cups
Folgers or Bustelo
Instant 7.05-8-oz. art
Folgers Iced Coffee 7-oz.,
Selected Varieties

\$6.69

Maxwell House
Coffee
9.9-11.5-oz.,
Selected Varieties

\$4.49

Pearl Milling Co.
Syrup
24-oz.,
Selected Varieties

\$3.99

Kellogg's
Cereal
8.9-12.6-oz.,
Selected Varieties

\$2.49

Heinz
Yellow Mustard
20-oz.

\$1.59

Starkist
Chicken Pouch
2.6-oz.,
Selected Varieties

\$2.49

Hormel
Chili
15-oz.,
Selected Varieties

4/\$4

Old El Paso
Taco Seasoning Mix
85-1-oz.,
Selected Varieties

\$8.49

Crisco
Shortening
3-lb.,
Selected Varieties

\$2.99

Crisco
Cooking Spray
6-oz.,
Selected Varieties

\$3.79

Crisco Oil
48-oz.,
Selected Varieties

\$1.79

Kool-Aid
Bursts
6-oz.,
Selected Varieties

2/\$6

Oikos
Ready To Drink
Protein Shake
12-oz.,
Selected Varieties

\$3.99

Milk Bone
Dog Treats
4.5-24-oz.,
Selected Varieties

\$5.79

Meow Mix
Cat Food
3-3.15-lb.,
Selected Varieties

\$3.69

Solo
Squared Plates or
Bowls
15-22-oz.,
Selected Varieties

\$11.99

Charmin
Bath Tissue
6 Mega XL Roll
Selected Varieties

Best Choice. BEST QUALITY AND VALUE

www.bestchoicebrand.com

\$1.79

Best Choice
Popcorn
3-oz.,
Selected Varieties

\$4.99

Best Choice
Mixed Nuts,
Almonds or Cashews
8-10.3-oz.,
Selected Varieties

\$2.19

Best Choice
Peanut Butter
16-oz.,
Selected Varieties

\$2.79

Best Choice
Pancake Mix
28-32-oz.,
Selected Varieties

\$2.99

Best Choice
Fruit Cups
4-oz.,
Selected Varieties

\$3.49

Best Choice
Ranch or Italian
Salad Dressing
24-oz.,
Selected Varieties

2/\$6

Best Choice
Buffalo Wing Sauce
16-oz.,
Selected Varieties

\$2.49

Best Choice
Pickles
16-oz.,
Selected Varieties

4/\$2

Best Choice
Sauce, Seasoning or
Gravy Mix
7-11.5-oz.,
Selected Varieties

\$1.99

Best Choice
Garlic Powder
2.5-oz.,
Selected Varieties

\$5.99

Best Choice
Non Dairy
Coffee Creamer
35.3-oz.,
Selected Varieties

79¢

Best Choice or
Pure Wonder
By Best Choice
Cat Food
3-oz.,
Selected Varieties

\$2.49

Best Choice
Containers
2-4-oz.,
Selected Varieties

HOME & HEALTH

\$2.99

Xtra
Liquid Laundry
Detergent
56-57.6-oz.,
Selected Varieties

\$9.99

Prilosec
Tablets
14-oz.,
Selected Varieties

\$6.89

Midol
Heat Patch
3-oz.,
Selected Varieties

\$5.99

Midol
Bloat Relief
Caplets
30-oz.,
Selected Varieties

\$4.99

Midol
Complete Caplets
16-oz.,
Selected Varieties

\$6.99

Afrin
Daily Saline Nasal Mist
4.5-oz.,
Selected Varieties

\$8.99

Afrin
Saline Nasal Mist
5-oz.,
Selected Varieties

\$8.99

Afrin
Saline Nasal Mist
5-oz.,
Selected Varieties

Enjoy Spend LESS!
MORE



\$9⁹⁹
lb.
Fresh Cut
Boneless Beef
Top Sirloin
Steak



\$3⁴⁹ lb.
Fresh
Chicken
Wings



\$3²⁹
Land O'Frost
Deli Shaved



\$3.99
Oscar Mayer
Economy Well
Meats
Hams,
Selected Varieties



\$2.99
Bob Evans
Simply Potatoes
24 oz.,
Select Varieties

Not available at all locations



\$6⁹⁹
lb.
Kretschmar
Colby Cheese



\$6⁹⁹
ea.

100



Dr Pepper
Products
2-Liter Bottle
Select Varieties **2/\$3**



**PRICE
CHOPPER**

STOCK UP & SAVE ON

Seasonal FLAVOR-ITES

\$3.49

**Brach's
Halloween Candy**
8-11-oz.,
Selected Varieties



\$4.99

**Hershey's
Halloween Candy**
9-11.6-oz.,
Selected Varieties



\$1.99

**Best Choice
Cream Cheese**
8-oz.,
Selected Varieties



\$1.99

**Best Choice
Graham Pie Crust**
6-9-oz.,
Selected Varieties



\$3.29

**Best Choice
Baking Chips**
10-12-oz.,
Selected Varieties



\$1.99

**Best Choice
Apple Juice or Cider**
64-oz.,
Selected Varieties



2/\$4

**Best Choice
Stuffing**
12-oz.,
Selected Varieties



3/\$5

**Best Choice
Broth or Stock**
32-oz.,
Selected Varieties



4/\$5

**Best Choice
Frozen Vegetables**
16-oz.,
Selected Varieties



99¢

**Best Choice
Beans**
15-15.5-oz.,
Selected Varieties



99¢

**Best Choice
Tomatoes**
10-15-oz.,
Selected Varieties



Additional Savings!

\$2⁹⁹

Post Cereal
11-16.6-oz.,
Selected Varieties



\$5⁹⁹

**Keebler
Grahams or Cheez-It
Caddy Pack Crackers**
12-ct.,
Selected Varieties



\$4⁹⁹

**Keebler
Town House,
Club or Cheez-It
Family Size Crackers**
12-21-oz.,
Selected Varieties



\$5⁴⁹

**Hellmann's
Mayo or Aioli**
11.5-oz.,
Selected Varieties



4/\$5

**Hunt's
Ketchup**
20-oz.



\$11⁹⁹

**Bounty
Paper Towels**
6 Double Roll or 4 Triple Roll
Selected Varieties



\$19⁹⁹

**Tide Liquid
Laundry Detergent**
117-132-oz. or
Pods 45-76-ct.,
Selected Varieties



\$3⁹⁹

**Mr. Clean
Liquid Cleaner** 23-oz. or
Clean Freak 16-oz.
Selected Varieties



\$4⁹⁹

**Fiora
Bath Tissue**
12 Roll
Selected Varieties

