



freshfoods

www.freshfoodsgrocery.com



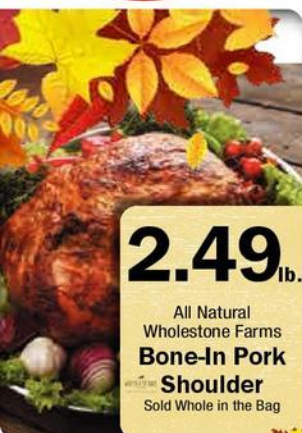
SCAN TO DOWNLOAD
OUR MOBILE APP



Prices Effective:

Wednesday, October 1 thru Tuesday, October 7, 2025

Not all items available at all stores. We reserve the right to limit quantities and make substitutions. Not responsible for printer or typographical errors.



2/\$1
14.5-15.25 oz. Select
Corn or Green Beans
**Our Family
Vegetables**

2.99
48 oz.
Select Varieties
**Our Family
Premium
Ice Cream**

2/\$4
2 lb. Bag, Select Varieties
**Our Family
Powdered or
Brown Sugar...**

1.69
6-8 oz., Select Varieties
**Our Family
Natural
Sliced Cheese...**

3.49
15-16 oz.
Select Varieties
**Our Family
Butter.....**

**THE BEST
OF THE SEASON
FOR LESS!**

DELI SPECIALS

5.99 lb.
Kretschmar
Off-the-Bone
Turkey

4.99 lb.
Brown Sugar or Black Forest
Kretschmar
Ham

3.99
10 oz.
Select Varieties
Fresh & Finest
Dip



3.49
4 lb. Bag
**Our Family
Granulated
Sugar.....**

2.49
5 lb. Bag
Select Varieties
**Our Family
Flour.....**

3.59
40-48 oz.
Select Varieties
**Our Family
Cooking Oil ...**

2.99
6 oz., Select Varieties
**Our Family
Cooking
Spray**

3.99
Our Family Olive Oil Spray, 5 oz.

6.99
16.9 oz.
Select Varieties
**Our Family
Olive Oil**

4/\$5
10-10.5 oz.
Select Varieties
**Our Family
Marshmallows**

3/\$5
12 oz.
**Our Family
Evaporated
Milk**

2/\$5
14 oz.
**Our Family
Sweetened
Condensed
Milk**

2/\$4
6 oz.
**Our Family
Graham
Cracker
Pie Crust ...**

3.99
21 oz.
**Our Family
Very Cherry
Pie Filling**

2.79
20 oz.
Select Varieties
**Our Family
Apple
Pie Filling**

3.59
20-21 oz.
Select Varieties
**Our Family
Cherry
Pie Filling**

2/\$4
15 oz.
**Our Family
100% Pure
Pumpkin ...**

3.49
6-8 oz. Slivered or Sliced
Almonds or Chopped Walnuts
**Our Family
Almonds or
Walnuts**

4.99
6-8 oz.
Halves or Chopped
**Our Family
Pecans.....**

3.99
24 oz.
Select Varieties
**Our Family
Almond Bark...**

FARM FRESH PRODUCE

2/\$3

Red, Yellow or Orange Bell Peppers

2/\$6

5-11 oz. Pkg. Select Varieties
Fresh Express Salad Blends

99¢ lb.

Sweet Onions

2/\$5

5 lb. Bag Idaho Russet, Yukon Gold or Red
Our Family Potatoes

3.29

4 ct. Pkg. Avocados

2/\$4

8 oz. Pkg. Whole or Sliced
Our Family Mini Bella Mushrooms

2.29

10-12 oz. Pkg. Select Varieties
Taylor Farms Vegetables

2.99

6 oz. Crtn. Driscoll's Raspberries or Blackberries

DAIRY & FROZEN

2/\$5

8 ct. Select Varieties
Our Family Jumbo Biscuits

5/\$5

4.5-5.3 oz. Select Varieties
Dannon Greek Yogurt

3.49

24 oz. Daisy Sour Cream

2/\$5

8 ct. or 8-13.8 oz. Select Varieties
Our Family Crescent or Sweet Rolls

2/\$5

2 ct. Our Family Pie Crust

3.49

16 oz. Select Varieties
Our Family Shredded or Chunk Cheese

1.99

16 oz. Our Family Half & Half

5/\$4

4-6 oz. Original, Light or Whips!
Select Varieties Yoplait Yogurt

5/\$4

5-6 oz. Select Varieties
Yoplait Protein Yogurt

4.99

20 ct. Select Varieties
Yoplait Go-Gurt

3.99

24 oz. Creamer or 52 oz. Oat Beverage
Select Varieties Chobani Creamer or Oat Beverage

2.99

24-32 oz. or 16 oz. Onion Rings
Select Varieties Our Family Fries or Onion Rings

3.99

19-25 oz. Select Varieties
Our Family Frozen Pasta

1.49

9.8-10.9 oz. Select Varieties
Totino's Party Pizza

3.49

24-32 oz. Select Varieties
Mr. Dell's Hash Browns

3.49

7-9 oz. Select Varieties
Jimmy Dean Breakfast Bowls

2.99

10-17 oz. Oven Roasters, Stir Fry or Select Varieties
Birds Eye Vegetables

2.99

11.5-16 oz. Select Varieties
Banquet Mega Meals or Bowls

2.99

10 oz. Pot Pie or 11-13 oz. Select Varieties
Marie Callender's Bowls or Pot Pie

5.99

18.2-22 oz. Select Varieties
P.F. Chang's Skillet Meals

8.99

100 ct. Select Varieties
Totino's Pizza Rolls

5.99

8-20 ct. Select Varieties
Toll House, Oreo or Drumstick Novelties

HOME ESSENTIALS

13.89

25-42 ct. Pods or 73-84 oz. Liquid
Select Varieties Tide Laundry Detergent

6.99

120 ct. Bounce Dryer Sheets

2.99

20 oz. Select Varieties
Palmolive Dish Soap

5.49

9-16 ct. Select Varieties
Cascade Dishwasher Action Packs

2.99

10.1-18 oz. Select Varieties
Dawn Dish Soap



FALL SALE

THE BEST OF THE SEASON FOR LESS!

28-32 oz.
Select Varieties
Our Family Bagged Cereal

3.99

11.7-18.7
Select Varieties
Our Family Boxed Cereal

2.99

12 ct., Select Varieties
Our Family Toaster Pastries

2/\$5

11-12 oz.
Select Varieties
Our Family Granola

2.99

8-12 ct.
Select Varieties
Our Family Instant Oatmeal

2/\$5

10.2-15 oz.
Select Varieties
Our Family Powdered Creamer

3.99

12 oz.
Select Varieties
Our Family Honey Bear

2.99

32 oz.
Our Family Grape Jam or Jelly

2.99

16 oz.
Select Varieties
Our Family Peanut Butter

2.49

48 oz.
Select Varieties
Our Family Applesauce

2.99

4 Pack
Select Varieties
Our Family Fruit Cups

2/\$6

64 oz. Fresh Pressed
Our Family Apple Juice or Cider

3.29

15-15.5 oz.
Select Varieties
Our Family Variety Beans

5/\$5

24 oz.
Our Family Ketchup

1.99

46 oz. Can
Our Family Tomato Juice

1.99

5.5-7.25 oz.
Select Varieties
Our Family Mac & Cheese

5/\$4

6.2-8.3 oz.
Select Varieties
Our Family Pasta Salad Mix

3/\$5

12.5 oz.
Our Family Premium Chicken Breast

3.49

9 oz.
Our Family Oyster Crackers

1.19

1 Liter Btl.
Select Varieties
Our Family Sparkling Water

5/\$5

16 oz.
Select Varieties
Our Family Dry Roasted Peanuts

2.79

3-4 ct.
Select Varieties
Our Family Microwave Popcorn

4/\$5

4.99

7.75 oz.
Select Varieties
Our Family Potato Chips

2/\$3

6 ct., Select Varieties
Our Family Sweet & Salty or Crunchy Bars

2/\$6

13-16 oz. Tub
Select Varieties
Our Family Chocolate Candy

6.99

11 oz. Tub
Select Varieties
Our Family Covered Pretzels

4.99

Our Family CARES

Our Family partners with local nonprofits to make our communities better places to live, play and grow.

Submit your nonprofit organization for sponsorship consideration.

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GROCERY

12-16 oz.
Select Varieties
Betty Crocker Frosting or Delights Cake Mix

3/\$5

16.3 oz.
Select Varieties
Betty Crocker Favorites Brownie Mix

4/\$5

18 oz. Cheerios, 18.5 oz. Lucky Charms, 18.8 oz. Honey Nut Cheerios or Cinnamon Toast Crunch or 19.7 oz. Reese's Puffs
General Mills Family Size Cereal

4.99

11.78-20.05 oz. Family Size
Select Varieties
Nabisco Cookies or Crackers

5.49

13.8-18 oz. Cap'n Crunch, Life or Oat Squares
Select Varieties
Quaker Large Size Cereal

4.49

24 oz.
Select Varieties
Mrs. Butterworth's or Log Cabin Syrup

2.99

26-32 oz.
Select Varieties
Mrs. Butterworth's Pancake Mix

2.99

4.3-7.4 oz.
Select Varieties
Rice-A-Roni or Pasta Roni

3/\$5

21.7-28 oz.
Select Varieties
Bush's Grillin' or Baked Beans

2.79

15-24 oz.
Select Varieties
Pace Salsa, Picante Sauce or Queso

3.59

16-24 oz.
Select Varieties
Vlasic Pickles

2.99

2 Pack
Select Varieties
Tippy Toes Baby Food

3/\$5

7-10.75 oz.
Select Varieties
Frito-Lay SunChips or Doritos

3.99

5.75-12.4 oz.
Select Varieties
Cheez-It Crackers or Snacks

3.49

9.2-13.8 oz.
Select Varieties
Kellogg's Town House Crackers

3.49

8-8.7 oz.
Select Varieties
Kellogg's Toasteds Crackers

3.49

It's as easy as 1, 2, 3 ...

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1 Collect Our Family® UPC Barcodes

2 Turn the UPC Barcodes into your school or nonprofit organization

3 Your school or organization collects 5¢ for each UPC Barcode redeemed

FRESH MEAT

4.99 lb.

Sold in a 10 lb. Tube or Family Pack
80% Lean Ground Beef

3.99 lb.

Family Pack
Smart Chicken Chicken Wings

3.99 lb.

Family Pack
Gold'n Plump Boneless Skinless Chicken Breast

5.29

10.8 oz. Pkg.
Gary's Quick Sirloin Steak, Corned Beef or Chicken Steak

4.99

18 oz. Pkg. Select Varieties
Our Family Fresh Bratwurst

4.99

16 oz. Pkg. Select Varieties
Our Family Sliced Bacon

7.99

22-24 oz. Pkg. Select Varieties
Farmland Sliced Bacon

2.99

13-14 oz. Pkg. Select Varieties
Eckrich Smoked Sausage, Brats or Smokies

12.99

28-32 oz. Pkg. Select Varieties
Nathan's Quarter Pound Beef Franks

3.99

14 oz. Pkg. Select Varieties
Cloverdale Smoked Brats

6.99

14-16 oz. Pkg. Select Varieties
Smithfield Prime Fresh Sliced Meat

8.99

24-32 oz. Pkg. Select Varieties
Wimmer's Natural Casing Wieners or Fairbury Hot Dogs

9.99

24 oz. Pkg. Select Varieties
Just Bare Breaded Chicken

3.99

14 oz. Pkg. Select Varieties
Schweigert Ring Bologna

1.99

8-12 oz. Pkg. Select Varieties
Farmland Sausage Rolls or Links

freshfoods **DIGITAL DEALS!**

Download our app for these additional savings!

Double Up On Savings! - Save extra money on these week's ad items by using digital coupons in our app!



Save on already reduced Price!



Save 75¢

On Already Reduced Prices
24 oz. Creamer or 52 oz. Oat Beverage
Select Varieties
Chobani Creamer or Oat Beverage

Save on already reduced Price!



Save 50¢

On Already Reduced Prices
24-32 oz. Select Varieties
Mr. Dell's Hash Browns

Save on already reduced Price!



Save 50¢

On Already Reduced Prices
7-9 oz. Select Varieties
Jimmy Dean Breakfast Bowls

Save on already reduced Price!



Save 50¢

On Already Reduced Prices
11.78-20.05 oz. Family Size Select Varieties
Nabisco Cookies or Crackers