



freshfoods

www.freshfoodsgrocery.com



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OUR MOBILE APP



Prices Effective:

Wednesday, September 24 thru Tuesday, September 30, 2025

Not all items available at all stores. We reserve the right to limit quantities and make substitutions. Not responsible for printer or typographical errors.



Center Cut Loin Chops, Family Pack . . . 2.49/lb.



2/\$6

11.7 oz. Golden Grahams,
 12 oz. Cinn. Toast Crunch, 10.7 oz. Trix,
 10.8 oz. Honey Nut Cheerios,
 10.6 oz. Cookie Crisp, 11.6 oz. Waffle Toast

**General Mills
 Cereal**



4/\$5

10.5-11.5 oz.
 Select Varieties
**Campbell's
 Condensed
 Soup**



1.19

5.3 oz.
 Select Varieties
**Chobani
 Yogurt**



1.29

7 oz.
 Select Varieties
**Banquet
 Pot Pies**



2.99

11-12"
 Select Varieties
**Jack's
 Pizza**

**DELI
 SPECIALS**



Kretschmar Black Forest
 or Brown Sugar Ham **4.99 lb.**

Kretschmar
 Off-the-Bone Turkey **5.99 lb.**

Mrs. Gerry's
 Steakhouse Potato Salad . . . **3.49 lb.**

Mrs. Gerry's
 Steakhouse Colelaw **3.49 lb.**

FARM FRESH PRODUCE

3.49

8-11.75 oz. Pkg.
Select Varieties
**Fresh Express
Salad Kits**

10/\$10

Navel Oranges or
Large Avocados

2/\$3

California Celery or
16 oz. Pkg. **Our Family
Baby Carrots**

1.99 lb.

Jumbo
**Beefsteak
Tomatoes**

1.99 lb.

Minnesota
**Honeycrisp or
First Kiss Apples**

79¢ ea.

Green Bell Peppers,
Green Onions or
Super Select
Cucumbers

1.49

2 lb. Bag
Whole Carrots
Our Family Yellow
Onions, 3 lb. Bag...1.79

2/\$3

8 oz. Whole or Sliced
**White
Mushrooms**

DAIRY & FROZEN

3.99

52 oz.
Select Varieties
**Our Family
Premium
Orange Juice**

2/\$4

8 oz. Tub
Select Varieties
**Our Family
Cream Cheese**

2.99

32 oz. or 4-6 pk.
Select Varieties
**Dannon Yogurt,
Activia or
Danimals**

5/\$5

4.5 oz.
Select Varieties
**Noosa
Yoghurt**

2.99

7-8 oz.
Select Varieties
**Kraft
Natural Slices**

6.99

32 oz.
Select Varieties
**Our Family
Shredded
Cheese**

5.99

24 oz.
Select Varieties
**Our Family
Chunk Cheese**

2.99

8 oz.
Select Varieties
**Our Family
Grated Parmesan**

4.99

28-32 oz.
Select Varieties
**Coffee mate Bliss
or Starbucks
Creamer**

3.99

50 oz.
Select Varieties
**Coffee mate
Iced Coffee**

2.99

6.5-8 oz.
Select Varieties
**Land O Lakes
Butter Spread**

3.49

22 oz. or 4-6 pk.
Select Varieties
**Kozy Shack
Pudding**

4/\$5

4.5-8.5 oz.
Select Varieties
**Michelin's
Entrees**

2.49

11.7 oz. or 6 ct.
Select Varieties
**Pillsbury
Toaster
Strudel**

5.99

24 ct.
Select Varieties
**Our Family
Waffles**

2.99

12-16 oz.
Select Varieties
**Our Family
Frozen Fruit**

3.99

9.25-11 oz.
Select Varieties
**P.F. Chang's or
Healthy Choice
Bowls**

3.49

9-10 oz.
Select Varieties
**Healthy Choice
Simply
Steamers**

4.49

21 oz.
Select Varieties
**Birds Eye
Voila!
Skillet Meals**

1.59

10-14 oz.
Select Varieties
**Our Family
Vegetables**

2.79

11.5-16 oz.
Select Varieties
**Our Family
Garlic Bread**

3.99

4-6 ct.
Select Varieties
**Frolics,
Drumsticks or
Skinny Cow**

HOME ESSENTIALS

7.99

9 Rolls
Select Varieties
**Our Family
Ultra
Bath Tissue**

3.49

2 Rolls
**Our Family
Ultra
Paper Towels**

3.49

20 ct.
**Our Family
Drawstring
Tall Kitchen
Bags**

1.59

25 ft.
**Our Family
Aluminum Foil**

3/\$5

48 ct.
Select Varieties
**Our Family
Cutlery**

GROCERY



2/\$6

8-10 ct.
Select Varieties

**Quaker
Instant Oatmeal**



Save Even
More with
Digital Deals!

2/\$7

6.5-7.45 oz. or 5 ct.
Select Varieties

**Nature Valley
or Fiber One Bars**



2/\$5

7-8.6 oz.
Select Varieties

**CheX Mix, Bugles
or Gardetto's**



5/\$5

15-16 oz.
Select Varieties

**Bush's Best
Beans**



2/\$3

15-16 oz.
Select Varieties

**Manwich
Sloppy Joe
Sauce**



3.99

3.5-13.7 oz.
Select Varieties

**Nabisco
Ritz or Snack
Crackers**



3.49

64 oz.
Select Varieties

**Welch's
Juice Cocktail**



2/\$6

18 oz.
Select Varieties

**Quaker
Old Fashioned
or Quick Oats**



2/\$7

32 oz.
Select Varieties

**Pearl Milling Co.
Pancake Mix**



3.99

24 oz.
Select Varieties

**Pearl Milling Co.
Syrup**



7.49

9.9-11 oz.
Select Varieties

**Maxwell House
Coffee**



2/\$5

10.5 oz. or 20 ct.
Select Varieties

**Hostess
Donettes**



3/\$5

12 oz. Btl.
Select Varieties

**Capri Sun
Drinks**



2.99

8 oz. or 6-8 ct.
Select Varieties

**Welch's
Fruit Snacks**



2/\$3

24 oz.
Select Varieties

**Hunt's
Pasta Sauce**



4/\$5

15.6-15.8 oz.
Regular or Meat
Select Varieties

**Campbell's
SpaghettiOs**



2/\$6

15 oz. Alfredo or
24 oz. Tomato
Select Varieties

**Bertolli
Pasta Sauce**



2/\$4

8.8-14.5 oz.
Select Varieties

**Barilla
Gluten Free or
Protein+ Pasta**



5.99

20 oz. Squeeze or 30 oz.
Select Varieties

**Hellmann's
Mayo**



4/\$5

2.36-2.5 oz.
Select Varieties

**Pringles
Grab 'n Go**



4/\$5

3 oz.
Select Varieties

**Cheez-It
Single Serve
Crackers**



2.49

14.3-16 oz.
Select Varieties

**Craw'n Flavor
Sandwich
Cookies**



4/\$5

5.6-5.9 oz.
Select Varieties

**Cheetos
Mac 'N
Cheese**



4.99

24 Pk., 16.9 oz. Btl.
or 12 Pk., 23.7 oz. Btl.

**Ice Mountain
Water**



3.49

16 oz.
Select Varieties

**Planters
Peanuts**



5.99

8-10.3 oz.
Select Varieties

**Planters
Nuts**



4.29

5.5-13 oz.
Select Varieties

**Frito-Lay
Tostitos or
Ruffles**

Our Family

OUR FAMILY



**TOGETHER, let's make better
places to live, grow, and play.**

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4/\$5

10.5-10.75 oz.
Select Varieties

**Our Family
Condensed
Soup**



4/\$5

4 oz. Pouches
Select Varieties

**Our Family
Instant
Potatoes**



2/\$4

14.5-15.25 oz.
Select Varieties

**Our Family
Canned Fruit**



2.49

46 oz.
Select Varieties

**Our Family
Vegetable or
Tomato Juice**



4.49

6 Pack
Select Varieties

**Our Family
Milk Chocolate
Bar**



2/\$5

1.62 oz.
Select Varieties

**Our Family
Liquid Drink
Enhancer**



2/\$3

5 oz.
Select Varieties

**Our Family
CROUTONS**



2.39

32 oz.
Select Varieties

**Our Family
Ketchup**



1.99

18 oz.
Select Varieties

**Our Family
BBQ Sauce**

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1

Collect Our Family®
UPC Barcodes

2

Turn the UPC Barcodes
into your school or
nonprofit organization

3

Your school or organization
collects 5¢ for each
UPC Barcode redeemed

FRESH MEAT



3.69 lb.

Previously Frozen
**Baby Back
Pork Ribs**



1.99 lb.

Family Pack
**Gold'n Plump
Bone-In Split
Chicken Breast**



2.49 lb.

**Smart Chicken
Chicken Thighs**



1.99 lb.

**Smart
Chicken
Drumsticks**



3.99

10-14 oz. Pkg.
Select Varieties
**Wimmer's
Little Smokies
Cocktail
Sausage Links**



8.99

28 oz. Stick
Select Varieties
**Cloverdale
Tangy
Summer
Sausage**



8.99

48 oz. Pkg.
Select Varieties
**Schweigert
Breaded
Chicken**



4.49

19 oz. Pkg.
Select Varieties
**Johnsonville
Fresh
Bratwurst**



5.99

16 oz. Pkg.
Select Varieties
**Hormel
Sliced Bacon**



4.99

12 oz. Pkg.
Select Varieties
**Smithfield
Sliced Bacon**



4.99

15 oz. Pkg.
Select Varieties
**Oscar Mayer
Beef Franks**



1.99

8-16 oz. Pkg.
Select Varieties
**Bar S Franks,
Bologna or
Cotto Salami**



3.49

8 oz. Braunschweiger or
16 oz. Pkg. Select Varieties
**Oscar Mayer
Bologna, Cotto Salami
or Braunschweiger**



4.99

7-9 oz. Pkg.
Select Varieties
**Hillshire Farm
Ultra Thin
Lunch Meat**



4.49

6-8 oz. Pkg.
Select Varieties
**Hormel
Natural Choice
Lunch Meat**



2.99

11-14 oz. Pkg.
Select Varieties
**Armour
Meatballs**



5.99

19.2-24 oz. Pkg.
Select Varieties
**Pilgrim's
Breaded Chicken
Nuggets**



5.99

18.1-24.6 oz. Pkg.
Select Varieties
**Van de Kamp's
Fish Sticks,
Fillets, Tenders
or Bites**

freshfoods DIGITAL DEALS!

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Double Up On Savings! - Save extra money on these week's ad items by using digital coupons in our app!



Save \$2
on already
reduced
Price!

Save 50¢

On Already Reduced Prices
28-32 oz.
Select Varieties

**Coffee mate Bliss
or Starbucks Creamer**



Save 50¢
on already
reduced
Price!

Save 50¢

On Already Reduced Prices
11-12"

Select Varieties
**Jack's
Pizza**



Save 50¢
on already
reduced
Price!

Save \$1

On Already Reduced Prices
24 ct.
Select Varieties
**Our Family
Waffles**



Save 50¢
on already
reduced
Price!

Save 75¢

On Already Reduced Prices
9.25-11 oz.
Select Varieties
**P.F. Chang's or
Healthy Choice
Bowls**



Save 50¢
on already
reduced
Price!

Save 50¢

On Already Reduced Prices
6.5-7.45 oz. or 5 ct.
Select Varieties
**Nature Valley
or Fiber One Bars**