

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering
Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 17 THROUGH TUESDAY, SEPTEMBER 23, 2025



Discover the Magic of Making Meals Together!



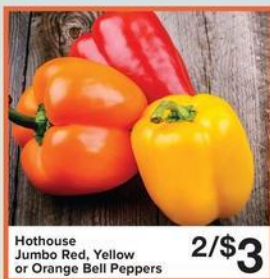
Avocados
Mexico
Hass Jumbo
Avocados

99¢
Ea.



Hothouse
Beefsteak
Tomatoes

\$1.49
Lb.



Hothouse
Jumbo Red, Yellow
or Orange Bell Peppers

2/\$3



Large
Slicing
Cucumbers

69¢
Ea.



Dole
Premium
Salad Kit
7-13.3 Oz.
Selected Varieties

\$2.99



Butternut, Spaghetti,
Acorn or Buttercup
Squash

99¢
Lb.



Jack O' Lantern
Pumpkins
Large Size

\$5.99
Ea.



Best Choice
Russet Potatoes
5 Lb.

\$1.99



Bolthouse Fresh
Carrot Crinkles
16 Oz. or
Carrot Sticks
12 Oz.

\$1.99



Joyba
Bubble Tea
Smoothie
12 Oz.
Selected Varieties

2/\$5



Seneca
Apple Chips
2.5 Oz.
Selected Varieties

\$1.99



Fresh
Boneless Beef
Arm Roast

\$6.49
Lb.



Fresh
Boneless Assorted
Pork Loin Chops

\$2.99
Lb.



Fresh
Chicken Drumsticks
or Thighs
Family Pack

\$1.19
Lb.



Fresh
85% Lean
Ground Round
Value Pack

\$6.49
Lb.



Fresh
Boneless Beef
Arm Steaks

\$6.99
Lb.



Bar S
Corn Dogs
2.34 Lb.

\$6.99



Oscar Mayer
Family Size
Deli Fresh
Lunchmeat
15-16 Oz.
Selected Varieties

\$4.99



Oscar Mayer
Wieners 1/2 Oz. or
Smokies
Smoked Sausage
14 Oz.
Selected Varieties

2/\$6



Fresh
Boneless
Pork Loin Chops

\$2.99
Lb.



Paradise Kitchens
Breaded
Chicken 24 Oz. or
Tiantang
Asian Cuisine
Chicken 22 Oz.
Selected Varieties

\$4.99



Farmland
Pork Sausage
12 Oz. Roll
or 8 Oz. Links
Selected Varieties

\$2.49



Van de Kamp's
Fish Fillets.
Sticks or Tender
18-24 Oz.
Selected Varieties

\$6.49



Jif
Peanut Butter
24 Oz. or
Smucker's
Jam or Preserves
16-32 Oz.
Selected Varieties

\$3.99



Florida's
Natural
Orange Juice
52 Oz.
Selected Varieties

\$4.29



Best Choice
Ice Cream
48 Oz.
Selected Varieties

\$2.69



Daisy Brand
Sour Cream
8 Oz.
Selected Varieties

2/\$3



Armour
Meatballs
11-14 Oz.
Selected Varieties

\$2.99



Best Choice
Oil
32 Oz.
Selected Varieties

\$2.89



Mama Mary's
12 Inch
Pizza Crust
2 Ct.
Selected Varieties

\$4.49



Yellow
Onions
2.1 Lb.

\$1.99

DELI & BAKERY



Rotella's
Italian Bakery
Sandwich Bread
17 Oz.

\$1.99



Kretschmar
Turkey Breast
5.25 Lb.

\$9.99
Lb.

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.



Progresso Soup
18-19 Oz.
Selected Varieties
4/\$8



Lay's
4.75-8 Oz.
Kettle Cooked
8 Oz. or
Poppables
5 Oz.
Selected Varieties
2/\$6



Old El Paso Flour Tortillas
8-10 Ct.
Taco Shells
10-12 Ct. or
Microwaveable
Rice or Beans
5.8 Oz.
Selected Varieties
2/\$4



Old El Paso Enchilada Sauce
10 Oz.
Refried Beans
16 Oz. or
Chopped
Green Chiles
4 Oz.
Selected Varieties
2/\$3



Old El Paso Taco Seasoning Mix
25.5 Oz.
Selected Varieties
99¢



Pringles Potato Crisps
4.9-5.57 Oz.
Selected Varieties
\$1.79



Slim Jim Snack Stick
9.9 Oz.
99¢



Fiora Paper Towels
6 Double Rolls
\$4.99



Fiora Bath Tissue
12 Double Rolls,
Selected Varieties
\$4.99



Kool-Aid Bursts
6 Ct.
Selected Varieties
\$1.79



Kellogg's Rice Krispies Treats
7.8 Ct.
Selected Varieties
2/\$5



Tostitos
9-13 Oz.,
Funyuns
5-20 Oz. or
Poppers
6.5-7 Oz.
Selected Varieties
2/\$7



Hunt's Pasta Sauce
24 Oz.
Selected Varieties
99¢



Barilla Pasta
7.96 Oz.
Selected Varieties
99¢



Creamette or American Beauty Lasagna
9-16 Oz.
Selected Varieties
\$1.99



Johnsonville Ground Sausage
16 Oz.
Selected Varieties
\$3.99



Kraft Grated Parmesan Cheese
8 Oz.
\$3.99



Louisa Pasta
16-22 Oz.
Selected Varieties
\$4.49



New York Bakery Bread Sticks
8 Ct. or
Bread Sticks
6 Ct.
2/\$5



Rotella's Italian Bakery Cookout Bread
16 Oz.
\$1.99

Best Choice
40th Anniversary

Celebrating 40 Years of Quality and Value



Best Choice String Cheese
10 Oz.
\$2.99



Best Choice Superior Selections Frozen Fruit
12-16 Oz.
Selected Varieties
\$3.49



Best Choice Honey Bear
12 Oz.
\$3.79



Best Choice Sloppy Joe Sauce
15 Oz.
\$1.19



Best Choice Purified Drinking Water
24 Pack 16.9 Oz. Bottles
\$3.49



Best Choice All-Purpose Flour
10 Lb.
\$5.49



Best Choice Tomato Sauce
8 Oz.
Selected Varieties
2/\$1



Best Choice Ground Black Pepper
3 Oz.
\$2.99



Best Choice Aluminum Foil
30 Sq. Ft.
\$1.69



Best Choice Storage or Freezer Bags
10-24 Ct.
Selected Varieties
2/\$3

DAIRY DEALS



Sunny D Citrus Punch
Gallon or
6 Pack 11.3 Oz. Bottles,
Selected Varieties
\$2.99



Pillsbury Crescents
8 Oz. or
Sweet Rolls
12.4-13.9 Oz.
Selected Varieties
2/\$4



Silk Almond Milk
64 Oz.
Selected Varieties
\$2.99



Simply Potatoes
20 Oz.
Selected Varieties
\$2.49



Daisy Brand Sour Cream
8 Oz. or
Single Serve
Cottage Cheese With Fruit
6 Oz.
Selected Varieties
2/\$3



Reddi-Wip Whipped Topping
6.5 Oz.
Selected Varieties
2/\$6

FROZEN DEALS



DiGiorno Pizza
14.5-29.3 Oz.
Selected Varieties
2/\$11



Totino's Pizza Rolls
50 Ct.
Selected Varieties
\$3.99



Kemps Vanilla Ice Cream Sandwiches
6 Ct.
\$1.99



Michelina's Entree
4.5-8.5 Oz.
Selected Varieties
4/\$5



Blue Bunny Bomb Pop
12 Ct.
Selected Varieties
\$2.99



Blue Ribbon Classics Dairy Dessert
48 Oz.
Selected Varieties
\$3.49