

Holstein Super Market

109 E. 1st Street Holstein, IA 51025
Phone: 712.368.4555

Carry-Out Service! • Rotisserie Chicken!
Authorized WIC, Food Stamp EBT & Iowa Lottery

Open

Monday - Saturday
7:00 am - 7:00 pm
Sunday
8:00 am - 12:00 pm

#9384

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 17 THROUGH TUESDAY, SEPTEMBER 23, 2025



*Discover the Magic of
Making Meals Together!*

**Best Choice
Russet
Potatoes**
5 Lb.

\$1.99



**Fresh
Boneless Beef
Arm Roast**
\$5.99
Lb.



**Hot
Price!**

**Oscar Mayer
Family Size
Deli Fresh
Lunchmeat**

15-16 Oz.,
Selected Varieties

\$4.99



**Hothouse
Beefsteak
Tomatoes**
\$1.49
Lb.



**Dole
Premium
Salad Kit**
7.1-13.3 Oz.,
Selected Varieties
\$2.99



**Hothouse
Jumbo Red,
Yellow or
Orange
Bell Peppers**

2/\$3

**Fresh
Chicken
Drumsticks
or Thighs**
Family Pack

\$1.19
Lb.



**Fresh
85% Lean
Ground Round**
Value Pack

\$4.99
Lb.



**Hunt's
Pasta Sauce**
24 Oz.,
Selected Varieties

99¢

**Fresh
Bone-In
Assorted
Pork Loin
Chops**

\$1.79
Lb.



**Hass
Jumbo Avocados**
99¢
Ea.

**Family
Meal Time**

Studies show that family meals improve family functioning. This is defined as family connectedness, communication, expressiveness, and problem-solving.

Family meals deepen and intensify family connections and make for healthier, more enduring families. In short, family meals fuel stronger families.

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

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NE1



Lay's 4.75-8 Oz.,
Kettle Cooked 8 Oz. or
Poppables 5 Oz.,
Selected Varieties
2/\$6

Progresso
Soup
18-19 Oz.,
Selected Varieties
4/\$8

Kraft
Mac & Cheese
4-5 Pack,
Selected Varieties
\$4.99

Old El Paso
Taco Seasoning
Mix
.85-1 Oz.,
Selected Varieties
99¢

Old El Paso
Enchilada
Sauce 10 Oz.,
Refried Beans
16 Oz. or
Chopped Green
Chiles 4 Oz.,
Selected Varieties
2/\$3

Old El Paso
Flour Tortillas
8-10 Ct.,
Taco Shells
10-12 Ct. or
Microwaveable
Rice or
Beans 8.8 Oz.,
Selected Varieties
2/\$4

Frank's
RedHot or
Dip'N Sauce
12 Oz.,
Selected Varieties
\$3.49

Heinz
Ketchup
29.5-38 Oz.,
Selected Varieties
\$3.99

Heinz
Yellow
Mustard
20 Oz. Squeeze
\$2.49

No Yolks
Noodles or
Dumplings
12 Oz.
\$2.39

Clamato
Tomato Juice
Cocktail
64 Oz.,
Selected Varieties
\$4.99

Gardetto's,
Chex Mix,
Muddy Buddies
or Bugles
9-14.5 Oz.,
Selected Varieties
\$3.49

Kellogg's
Rice Krispies
Treats
7-8 Ct.,
Selected Varieties
2/\$5

Tostitos
9-13 Oz.,
Funyuns
5.25 Oz. or
Popcorners
6.5-7 Oz.,
Selected Varieties
2/\$7

Pringles
Potato Crisps
4.9-5.57 Oz.,
Selected Varieties
\$1.79

Kool-Aid
Bursts
6 Ct.,
Selected Varieties
\$1.79

Slim Jim
Snack Stick
97 Oz.
99¢

Flora
Paper Towels
6 Double Rolls
\$4.99

Flora
Bath Tissue
12 Double Rolls
or 8 Mega Rolls,
Selected Varieties
\$4.99

9 Lives
Cat Food
4 Pack
5.5 Oz. Cans,
Selected Varieties
2/\$6



Barilla
Pasta
7-16 Oz.,
Selected Varieties
99¢

Creamette
or American Beauty
Lasagna
8-16 Oz.,
Selected Varieties
\$1.99

Goodness
Gardens
Fresh Basil
0.25 Oz.
\$1.49

Kraft
Grated
Parmesan
Cheese
8 Oz.
\$3.99

Johnsonville
Ground
Sausage
16 Oz.,
Selected Varieties
\$3.99

From the Bakery
Rotella's
Italian Bakery
Cookout Bread
16 Oz.
\$1.99

New York Bakery
Garlic Texas Toast
8 Ct. or
Bread Sticks
6 Ct.
2/\$5

Classico
Pasta Sauce
15-24 Oz.,
Selected Varieties
\$2.49

Louisa
Pasta
16-22 Oz.,
Selected Varieties
\$4.49

Dairy

**Sunny D
Citrus Punch**
Gallon or
6 Pack 11.3 Oz. Bottles,
Selected Varieties

\$2⁹⁹

Frozen

**DiGiorno
Pizza**
14.1-29.3 Oz.,
Selected Varieties

2/\$11



**Silk
Almond Milk**
64 Oz.,
Selected Varieties

\$2⁹⁹



**Pillsbury
Crescents**
8 Oz. or
Sweet Rolls
12.4-13.9 Oz.,
Selected Varieties

2/\$4



**Totino's
Pizza Rolls**
50 Ct.,
Selected Varieties

\$3⁹⁹



**Kemps
Vanilla
Ice Cream
Sandwiches**
6 Ct.

\$1⁹⁹



**Daisy Brand
Sour Cream**
8 Oz. or
Single Serve
Cottage Cheese
With Fruit
6 Oz.,
Selected Varieties

2/\$3



**Chobani
Flip or Creations
Greek Yogurt**
4.5-5.3 Oz.,
Selected Varieties

4/\$5



**Smucker's
Uncrustables**
10 Ct.,
Selected Varieties

\$7⁹⁹



**Blue Ribbon
Classics
Dairy Dessert**
48 Oz.,
Selected Varieties

\$3⁴⁹



**Reddi-Wip
Whipped
Topping**
6.5 Oz.,
Selected Varieties

2/\$6



**Simply
Potatoes**
20 Oz.,
Selected Varieties

\$2⁴⁹



**Michelin's
Entrée**
4.5-8.5 Oz.,
Selected Varieties

4/\$5



**Blue Bunny
Bomb Pop**
12 Ct.,
Selected Varieties

\$2⁹⁹

**Best Choice
40th Anniversary**

*Celebrating 40 Years
of Quality and Value*



**Best Choice
Superior Selections
Frozen Fruit**
12-16 Oz.,
Selected Varieties

\$3⁴⁹



**Best Choice
String Cheese**
10 Oz.

\$2⁹⁹



**Best Choice
Condensed Soup**
26 Oz.,
Selected Varieties

2/\$4



**Best Choice
Purified Drinking
Water**
24 Pack
16.9 Oz. Bottles

\$3⁴⁹



**Best Choice
All-Purpose
Flour**
10 Lb.

\$5⁴⁹



**Best Choice
Honey Bear**
12 Oz.

\$3⁷⁹



**Best Choice
Sloppy Joe
Sauce**
15 Oz.

\$1¹⁹



**Best Choice
Tomato Sauce**
8 Oz.,
Selected Varieties

2/\$1



**Best Choice
Ground
Black Pepper**
3 Oz.

\$2⁹⁹



**Best Choice
Oil**
32 Oz.,
Selected Varieties

\$2⁸⁹



**Best Choice
Aluminum Foil**
30 Sq. Ft.

\$1⁶⁹



**Best Choice
Storage or
Freezer Bags**
10-24 Ct.,
Selected Varieties

2/\$3



**Best Choice
Coffee Filters**
200 Ct.

\$1⁶⁹



**Best Choice
Double Tipped
Cotton Swabs**
300 Ct.

\$1⁶⁹

Meat Specials



Fresh
Boneless Beef
Arm Steaks
\$6⁵⁹
Lb.

Cook's
Butt Portion
Ham
\$2¹⁹
Lb.



Cook's
Shank Portion
Ham
\$1⁹⁹
Lb.



Fresh
Bone-In
Pork Loin Chops
\$2²⁹
Lb.



Bar S
Corn Dogs
2.34 Lb.
\$6⁹⁹



Jimmy Dean
Bacon
12 Oz.
Selected Varieties
\$3⁹⁹



Oscar Mayer
Wieners 16 Oz. or
Smokies Smoked
Sausage 14 Oz.
Selected Varieties
2/\$6



Bob Evans
Side Dishes
12-24 Oz.
Selected Varieties
\$3⁴⁹



Paradise Kitchens
Breaded Chicken
24 Oz. or
Tiantang
Asian Cuisine
Chicken
22 Oz.
Selected Varieties
\$4⁹⁹

Catch of the Day!



Best Choice
Cooked
Tail-Off
Shrimp
71-90 CL, 16 Oz.
\$7⁹⁹



Van de Kamp's
Fish Fillets,
Sticks or
Tenderloins
18-24.6 Oz.
Selected Varieties
\$6⁴⁹

Produce Specials



Rockit
or Sugar Bee
Apples
2 Lb.
\$4⁹⁹



Butternut,
Spaghetti, Acorn
or Buttercup
Squash
99¢
Lb.



Jack O' Lantern
Pumpkins
Large Size
\$5⁹⁹
Ea.



Bolthouse Farms
Drinks
15.2 Oz.
Selected Varieties
\$2⁹⁹



Seneca
Apple Chips
2.5 Oz.
Selected Varieties
\$1⁹⁹



Large
Slicing Cucumbers
69¢
Ea.



Bolthouse Fresh
Carrot Crinkles 16 Oz. or
Carrot Sticks 12 Oz.
\$1⁹⁹



Good Sense
Pumpkin Seeds
6-8 Oz.
Selected Varieties
\$2⁹⁹



Dole
Fresh Takes Salad
5.8-7.65 Oz.
Selected Varieties
\$4⁹⁹

Bakery & Deli Specials



Rotella's
Italian Bakery
Sandwich Bread
17 Oz.
\$1⁹⁹



St. Pierre
Broche Waffles
10.6 Oz.
\$4⁹⁹



Bill Knapp's
Dunkers
9.3 Oz.
Selected Varieties
\$3⁹⁹



Killer Brownie
Bites
9-11 Oz.
Selected Varieties
\$4⁹⁹



Jon Donaire
Strawberries
& Creme
Ice Cream Cake
27 Oz.
\$13⁹⁹



Kretschmar
Roast Beef
Selected Varieties
\$12⁹⁹
Lb.



Kretschmar
Swiss Cheese
Selected Varieties
\$8⁹⁹
Lb.



Better Butter
Craft Butter
3-3.7 Oz.
Selected Varieties
\$2⁹⁹



Reser's
Gourmet
Macaroni Salad
With Cheese
\$2⁴⁹
Lb.



Cady Creek Farms
Cheese Party Tray
16 Oz.
\$5⁴⁹



Coke
Products
12 Pack 12 Oz. Cans,
Selected Varieties,
Plus Deposit
\$6⁹⁹



Best Choice
Chunk or
Shredded Cheese
16 Oz.
Selected Varieties
\$3⁹⁹



Yoplait
Ratio or
Oui Yogurt
5-5.3 Oz.
Selected Varieties
2/\$3



Libby's
Vegetables
14.5-15.25 Oz.
Selected Varieties
99¢



Jolly Time
Microwave
Popcorn
6-10 CL,
Selected Varieties
\$3⁹⁹



Bibigo
Dumplings
8.6 Oz.
Selected Varieties
\$2⁹⁹



Stouffer's
Party Size
Meals
57-90 Oz.
Selected Varieties
\$15⁹⁹



PictSweet Farms
Steam'ables or
Deluxe Vegetables
9-10 Oz.
Selected Varieties
2/\$4



Red Gold
Tomatoes or
Tomato Sauce
10-15 Oz.
Selected Varieties
5/\$5

GOODBYE SUMMER, HELLO SAVINGS!

Prices Effective All Week



Armour Meatballs
11-14 Oz.,
Selected Varieties

\$2.99



Wimmer's Little Smokies
10-14 Oz.,
Selected Varieties

\$3.99



Tyson Chicken Wing Sections
2.5 Lb., IQF,
Selected Varieties

\$6.99



Hormel Gatherings Snack Tray
14 Oz.,
Selected Varieties

\$5.99



Dole Classic or Baby Spinach
5-8 Oz.

\$1.99



Green Giant Vegetables
14.5-15.25 Oz.,
Selected Varieties

85¢



Gala Apples
5 Lb.

\$3.99



Bartlett Pears

\$1.49
Lb.



Best Choice Apple Juice or Cider
64 Oz.

\$1.69



Best Choice Ice Cream
48 Oz.,
Selected Varieties

\$2.69



Family BREAKFAST

September
NATIONAL
FAMILY MEALS
MONTH
FEB FOUNDATION

Start the Day Together for a Stronger Family



**Pillsbury
Grands!
Biscuits**
16.3 Oz.,
Selected Varieties
2/\$5



**Best Choice
Gravy or
Seasoning Mix**
0.75-1.5 Oz.,
Selected Varieties
2/\$1



**Farmland
Pork Sausage**
12 Oz. Roll
or 8 Oz. Links,
Selected Varieties
\$2.49



**Best Choice
Waffles** 10 Ct. or
Pancakes 12 Ct.,
Selected Varieties
2/\$4



**Florida's
Natural
Orange Juice**
52 Oz.,
Selected Varieties
\$4.29



**Jif
Peanut Butter**
28 Oz. or
**Smucker's
Jam or Preserves**
18-32 Oz.,
Selected Varieties
\$3.99



**Best Choice
English Muffins**
6 Ct.,
Selected Varieties
\$1.69



**Joyba
Bubble Tea
Smoothie**
12 Oz.,
Selected Varieties
2/\$5



**Quaker
Life Cereal**
18 Oz.,
Selected Varieties
\$3.99



**General Mills
Cereal**
9-10.8 Oz.,
Selected Varieties
\$1.99
Must Buy 2
or Singles
At \$2.99



**Maxwell House
or Yuban
Ground Coffee**
23.1-27.9 Oz.,
Selected Varieties
\$13.99



Pepperoni Pizza Day 9/20/25

**Tony's
Pizza**
18.56-20.6 Oz.,
Selected Varieties
3/\$10



**Mama Mary's
12 Inch
Pizza Crust**
2 Ct.,
Selected Varieties
\$4.49



**Hormel
Pepperoni**
5-6 Oz.,
Selected Varieties
\$3.49

*September,
often associated
with back-to-school,
is the perfect time
to commit to sharing one
more family meal at home
per week to build
stronger families.*



**Best Choice
Pizza Crust**
13.8 Oz.
\$2.49



**Best Choice
Pizza Sauce**
14 Oz.
99¢



**Crystal Farms
Shredded or
Chunk Cheese**
5.5-8 Oz.,
Selected Varieties
\$2.79



**Best Choice
Mushrooms**
4-8 Oz.,
Selected Varieties
\$1.89



**Extra Large
Green
Bell Peppers**
99¢ Ea.



**Yellow
Onions**
3 Lb.
\$1.99



**J-M Fresh
Sliced or Whole
Baby Portabella
Mushrooms**
8 Oz.
\$2.49