



PRAIRIE
FRESH
NATURAL

PREMIUM ALL NATURAL
**BONE-IN PORK
SHOULDER ROAST**

2⁹⁹
LB.



PREMIUM USDA CHOICE
**BONELESS
BOTTOM ROUND
ROAST**

6⁴⁹
LB.

Boneless Bottom Round Steaks Value Pack \$6.99 LB.



Fresh

**BONELESS
SKINLESS
CHICKEN BREAST**

3⁹⁹
LB.

VALUE PACK

Local stores supporting
local products.

LOCAL *Equals* **FRESH**

Fresh Produce



Extra Large!

RED OR GREEN
**SEEDLESS
GRAPES**

3⁹⁹
LB.

Ocean Spray

GRAPES FROM
CALIFORNIA



Jumbo!
AVOCADOS

2/\$7



Jumbo!
CANTALOUPE

3⁹⁹
EA.



DIGIORNO
PIZZA
SELECTED VARIETIES
15 TO 29.3 OZ.

2/\$11



KRAFT
VELVEETA
ORIGINAL
16 OZ.

5⁹⁹



RO-TEL
DICED
TOMATOES
SELECTED VARIETIES
16 OZ.

1⁷⁹



DORITOS
HOMESTYLE
PRETZELS
SELECTED VARIETIES
16 OZ.

5⁹⁹



DORITOS
SNACK CHIPS
SELECTED VARIETIES
9 TO 10.75 OZ.

2/\$8



SUNCHIPS
WHOLE WHEAT
SNACK CHIPS
SELECTED VARIETIES
7 OZ.

2/\$7



SEATTLE SOURDOUGH
SLICED BREAD
SELECTED VARIETIES
24 OZ.

4⁹⁹



7UP AGW
OR CANADA
DRY PRODUCTS
SELECTED VARIETIES
2 LT. BOTTLES

3/\$7

Fresh PRODUCE



Jumbo!
ARTICHOKES

3.99
EA.



NATURESWEET
TOMATOES
CHERUB GRAPE OR
D'VINES CHERRY, 9 TO 10 OZ.

3.99
EA.

Broccoli
Crowns

1.99
LB.



Yellow
Onions

79¢
LB.



Fresh Express
Salad Kits
Selected Varieties
8 TO 13.9 OZ.

4.49
EA.

ORGANIC Produce



ORGANIC
ZUCCHINI SQUASH

2.49
LB.



ORGANIC
STARKRIMSON PEARS

2.49
LB.

FLORAL Favorites



Autumn
Sun & Sky
Bouquet

14.99



EGGO
TOASTER
WAFFLES
SELECTED VARIETIES
24 COUNT

5.99

Mars
Ice Cream
Bars
Selected Varieties
6 Count

2/\$8



New York
Bakery Bread
Garden of Eatin' or
Texas Toast
10.5 TO 11.35 OZ.

2/\$6



Twix
Bars
Selected Varieties
6 Count

2/\$8

FROZEN

Nestlé or Dreyer's
Novelties
Selected Varieties
4 TO 6 COUNT

5.99

Nestlé or Oreo
Novelties
Selected Varieties
7 TO 12 COUNT

5.99

Totino's
Pizza Rolls
Pepperoni or
Combination
100 COUNT

9.99

Delizza
Mini Desserts
Belgian Eclair or
Crown Puffs
13.2 TO 14.9 OZ.

4.99



DAIRY



The Greek Gods
Greek Yogurt
Selected Varieties
24 OZ.

2/\$9

Minute Maid
Juice Drink
Selected Varieties
59 OZ.

2/\$4

Silk
Almondmilk
Selected Varieties
64 OZ.

3.79



FRIGO
SHREDDED
PARMESAN
CHEESE
10 OZ. 12 OZ.

5.49

Nestlé Toll House
Cookie Dough
Selected Varieties
16 TO 18.5 OZ.

2/\$9

Silk
Soy Yogurt
Selected Varieties
5.3 OZ.

3/\$5



Natural, Organic & Specialty

Hatch
Jalapenos or
Green Chiles
Selected Varieties
4 OZ.

2/\$4

Siete Refried
Beans or
Seasoning Mix
Selected Varieties
1 TO 10 OZ.

2/\$5

Think!
High Protein
Bar
Selected Varieties
1.2 TO 2.1 OZ.

2/\$4

Schar
Gluten-Free
Hamburger
Buns or Hot
Dog Rolls
1.6 TO 8 OZ.

6.49



Madhava
Clean &
Simple
Non-GMO
Avocado Oil
16.9 OZ.

9.99

Siete Grain Free
Taco Shells
12 COUNT

4.99

Snack Factory
Pretzel Crisps
Selected Varieties
5.5 TO 7.5 OZ.

2/\$7

Lifeway
Kefir
Selected Varieties
32 OZ.

4.79



FILLO'S
RECIPE
BEANS
SELECTED VARIETIES
10 OZ.

2/\$7

Legendary
Foods
Protein Pastry
Selected Varieties
2.2 OZ.

2.69



ARRIBA!
CRAFT MEXICAN
SALSA
SELECTED VARIETIES
16 OZ.

4.49

Brianna's
Marinades
Selected Varieties
12 OZ.

3.99



SIMPLE INGREDIENTS, Sweet Moments

Betty Crocker Muffin Mix
Selected Varieties
11.9 to 15.9 Oz.

2/\$6

Ghirardelli Brownie Mix
Selected Varieties
18.5 to 20 Oz.

2/\$9

Pepperidge Farm Puff Pastry Sheets
17.5 Oz.

5.99

Krusteaz Cornbread & Muffin Mix
Selected Varieties
11.5 to 16 Oz.

2/\$5

Krusteaz Muffin, Cake or Dessert Bar Mix
Selected Varieties
15.4 to 21 Oz.

2/\$7

Masala Cooking Oil
Crisp or Canola
40 Oz.

5.99

Arm & Hammer Baking Soda
15 Oz.

1.19

Fisher Fair Scone Mix
Original
18 Oz.

3.99

Carnation Evaporated Milk
Regular or Low Fat
12 Oz.

3/\$5

King Arthur Flour
Unbleached or Whole Wheat
5 Lb.

6.49

HOUSEHOLD Essentials

Puffs Facial Tissue
Ultra Soft or Plus Lotion
48 Count

2/\$3

Angel Soft Bath Tissue
12 Mega Rolls

12.99

Bounce Dryer Sheets
Selected Varieties
30 to 105 Count

5.99

Cheez-It Snack Crackers
Selected Varieties
9 to 12.4 Oz.

5.69

Club or Town House Crackers
Selected Varieties
9.3 to 13.8 Oz.

4.99

EcosNext Laundry Sheets or Ecos Laundry Detergent
Selected Varieties
50 Count or 100 Oz.

12.99

Dawn Platinum Powerwash Spray
Selected Varieties
16 Oz.

4.99

Quaker Popped Rice Crisps
Selected Varieties
6.66 to 7.04 Oz.

2/\$8

Kellogg's Rice Krispies Treats
Original
8 Count

2/\$6

Windex Glass or Multisurface Cleaner
Selected Varieties
23 Oz.

4.99

Soft Scrub Duo Cubes or Liquid Cleanser
Selected Varieties
4 Count or 24 Oz.

4.99

Planters Deluxe Whole Cashews
Salted or Lightly Salted
8.5 Oz.

9.99

Hershey's Candy
Selected Varieties
1.4 to 2 Oz.

4/\$5

Reese's or Kit Kat

Pop-Tarts
Ultra Soft or Plus Lotion
48 Count

2/\$3

Angel Soft Bath Tissue
12 Mega Rolls

12.99

Bounce Dryer Sheets
Selected Varieties
30 to 105 Count

5.99

Cheez-It Snack Crackers
Selected Varieties
9 to 12.4 Oz.

5.69

Club or Town House Crackers
Selected Varieties
9.3 to 13.8 Oz.

4.99

Kellogg's POP-TARTS
Selected Varieties
8 Count

3.99

Tazo Tea
Selected Varieties
15 to 20 Count

2/\$8

Maxwell House Instant Coffee
Selected Varieties
7.6 to 9 Oz.

3.99

Local Hive Honey
Selected Varieties
16 Oz.

7.99

General Mills Cereal
Selected Varieties
8.9 to 12 Oz.

5.99

Krusteaz Pancake or Waffle Mix
Selected Varieties
25.4 to 32 Oz.

2/\$6

Mrs. Butterworth's Syrup
Original or Sugar Free
24 Oz.

3.99

Franz Breakfast Bread
Selected Varieties
20 Oz.

3.99

Quaker Instant Oatmeal
Selected Varieties
8 to 10 Count

2/\$8

Reese's or Kit Kat

FUEL YOUR DAY, Your way!

Betty Crocker Fruit Snacks
Selected Varieties
8 to 10 Count

2/\$8

Kellogg's Nutri Grain Cereal Bars
Selected Varieties
8 Count

2/\$8

Nutella Hazelnut Spread with Cocoa
18 Oz.

2/\$7

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Franz 1/2 Loaf Sliced Bread
Selected Varieties
12 Oz.

2/\$3

Minute Maid Apple Juice
8 Pack, 6 Oz. Cartons

2/\$7

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Minute Maid Apple Juice
8 Pack, 6 Oz. Cartons

2/\$7

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Reese's or Kit Kat

Pepsi Products
Selected Varieties
8 Pack, 16.9 Oz. Bottles

2/\$10

Coke Products
Selected Varieties
6 Pack, 7.5 Oz. Cans

2/\$9

Nutella Hazelnut Spread with Cocoa
18 Oz.

2/\$7

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Snapple Beverages
Selected Varieties
32 Oz. Bottles

2/\$3

Core Hydration Water
30.4 Oz. Bottles

3/\$5

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Rockstar Energy Drink
Selected Varieties
16 Oz. Cans

3/\$5

Bubly Sparkling Water
Selected Varieties
8 Pack, 12 Oz. Cans

2/\$9

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Reese's or Kit Kat

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

LUNCHBOX Ready

Betty Crocker Fruit Snacks
Selected Varieties
8 to 10 Count

2/\$8

Kellogg's Nutri Grain Cereal Bars
Selected Varieties
8 Count

2/\$8

Nutella Hazelnut Spread with Cocoa
18 Oz.

2/\$7

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Franz 1/2 Loaf Sliced Bread
Selected Varieties
12 Oz.

2/\$3

Minute Maid Apple Juice
8 Pack, 6 Oz. Cartons

2/\$7

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Minute Maid Apple Juice
8 Pack, 6 Oz. Cartons

2/\$7

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Reese's or Kit Kat

Pepsi Products
Selected Varieties
8 Pack, 16.9 Oz. Bottles

2/\$10

Coke Products
Selected Varieties
6 Pack, 7.5 Oz. Cans

2/\$9

Nutella Hazelnut Spread with Cocoa
18 Oz.

2/\$7

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Snapple Beverages
Selected Varieties
32 Oz. Bottles

2/\$3

Core Hydration Water
30.4 Oz. Bottles

3/\$5

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Rockstar Energy Drink
Selected Varieties
16 Oz. Cans

3/\$5

Bubly Sparkling Water
Selected Varieties
8 Pack, 12 Oz. Cans

2/\$9

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Reese's or Kit Kat

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

BEER and Wine

Pepsi Products
Selected Varieties
8 Pack, 16.9 Oz. Bottles

2/\$10

Coke Products
Selected Varieties
6 Pack, 7.5 Oz. Cans

2/\$9

Nutella Hazelnut Spread with Cocoa
18 Oz.

2/\$7

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Snapple Beverages
Selected Varieties
32 Oz. Bottles

2/\$3

Core Hydration Water
30.4 Oz. Bottles

3/\$5

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Rockstar Energy Drink
Selected Varieties
16 Oz. Cans

3/\$5

Bubly Sparkling Water
Selected Varieties
8 Pack, 12 Oz. Cans

2/\$9

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Reese's or Kit Kat

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz. Bottles

7.99

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Reuben's Brews
Selected Varieties
6 Pack, 16 Oz. Cans

12.98

Tieton Cider Works
Selected Varieties
6 Pack, 16 Oz. Cans

13.98

Snapple Beverages
Selected Varieties
32 Oz. Bottles

2/\$3

Core Hydration Water
30.4 Oz. Bottles

3/\$5

Outshine Fruit & Yogurt Smoothies
Peach Raspberry or Strawberry Coconut
4 Count

2/\$8

Tree Top Applesauce
No Sugar Added
47.3 Oz.

3.49

Franz Cookies
Selected Varieties
9 to 12 Count

2/\$7

Rockstar Energy Drink
Selected Varieties
16 Oz. Cans

3/\$5

Bubly Sparkling Water
Selected Varieties
8 Pack, 12 Oz. Cans

2/\$9

Smucker's Jam or Preserves
Selected Varieties
12 to 15.5 Oz.

2/\$7

Adams Peanut Butter
No-Stir or 100% Natural
16 Oz.

3.99

Reese's or Kit Kat

Gatorlyte Rapid Rehydration Beverage
Selected Varieties
20 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties
8 Pack, 20 Oz.

Fresh MEAT



USDA CHOICE
PREMIUM USDA CHOICE
BONELESS BEEF TOP SIRLOIN STEAKS
VALUE PACK

10⁹⁹ LB.

OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS. WE GRIND FRESH BEEF ONLY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.



PRAIRIE FRESH NATURAL
PREMIUM ALL NATURAL
PORK TENDERLOIN
TWIN PACK

3⁹⁹ LB.



USDA CHOICE
PREMIUM USDA CHOICE
BONELESS BEEF COUNTRY STYLE SPARERIBS
VALUE PACK

7⁴⁹ LB.



PRAIRIE FRESH NATURAL
PREMIUM ALL NATURAL
PORK BLADE STEAKS
VALUE PACK

3⁴⁹ LB.



USDA CHOICE
PREMIUM USDA CHOICE
BEEF STEW MEAT

7⁴⁹ LB.

DELI MEAT *Specials*



HORMEL
NATURAL CHOICE LUNCH MEAT
SELECTED VARIETIES
8 OZ.

4⁹⁹ EA.



Hillshire Farm
Smoked Sausage
Selected Varieties, 12 to 14 Oz.

5⁴⁹ EA.



Ball Park
Beef Franks
Original or Bun Size, 15 Oz.

6⁴⁹ EA.



Aidells
Smoked Chicken Sausage
Selected Varieties, 12 Oz.

6⁹⁹ EA.



Farm Rich
Meatballs
Honeystyle or Turkey
20 to 28 Oz.

9⁴⁹ EA.



Hempler's
Bacon Ends & Pieces
22 Oz.

7⁴⁹ EA.



Hormel
Fully Cooked Bacon
2.52 Oz.

4⁴⁹ EA.



Oscar Mayer
Basic Lunchables
Selected Varieties
3.2 to 4.4 Oz.

2⁹⁹ EA.

Service DELI



Dreanland
Grab & Go Lemon Pasta Salad
8 Oz.

5⁹⁹ EA.



MONTCHÉVRE
GOAT CHEESE NATURAL
GOAT CHEESE HONEY
Selected Varieties
4 Oz.

4⁹⁹ EA.

Service BAKERY



French Demi Baguette
4 Oz.

1⁷⁹ EA.



Mini Muffins
Selected Varieties
9 Count

4⁹⁹ EA.



CHARLIE'S PRODUCE
Burritos
Beef Fajita or Chicken Fiesta,
Single Count

5⁹⁹ EA.



Italian Style Cheese Cups
Shredded, Shaved or Grated
Selected Varieties
5 Oz.

3⁹⁹ EA.



Brownies
10.5 Oz.

4⁹⁹ EA.



Single Serve Cheesecake
Selected Varieties
3 Inch

3⁴⁹ EA.