

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering
Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620
Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, JULY 30 THROUGH TUESDAY, AUGUST 5, 2025



Dole
Chopped!
Salad Kit
91-12.25 Oz.,
Selected Varieties

2/\$6



Red Ripe
Strawberries
2 Lb. or
Blueberries
18 Oz.

\$3.99



new crop!
California
Red, Green or
Black Seedless
Grapes

\$1.99
Lb.



J-M Fresh
Whole or Sliced
White Mushrooms
8 Oz.

2/\$4



Best Choice
Russets
Potatoes
5 Lb.

2/\$3



California
Yellow or
White Flesh
Peaches

\$3.49
Lb.



California
Black or Red
Plums

\$2.99
Lb.



Taylor Farms
Vegetables
10-12 Oz.
Selected Varieties

2/\$5



Bolthouse Fresh
Carrots
17 Oz. Baby Potatoes
or 2 Lb. Whole

\$2.49



Hass
Avocados or
Fresh Mangoes

99¢
Ea.



Premium
Gala, Pink Lady
or Red Delicious
Apples

\$1.49
Lb.



Imported
Navel Oranges
or Lemons

99¢
Ea.



Fresh
Boneless
Pork Sirloin
Chops

\$1.99
Lb.



Fresh
Boneless
Skinless
Chicken Breasts

\$3.49
Lb.



Fresh
85% Lean
Ground Round
Value Pack

\$5.99
Lb.



Frozen
St. Louis
Pork Ribs

\$3.49
Lb.



Fresh
Boneless Beef
New York Strip Steaks
Certified Angus Beef

\$16.99
Lb.



Fresh
Boneless Beef
Top Round
Roast

\$6.79
Lb.



Smithfield
Bacon
12 Oz.
Selected Varieties

\$3.99

Oscar Mayer
Family Size
Deli Fresh Lunchmeat
Selected Varieties

\$6.49

Cloverdale
Tangy
Summer Sausage
Selected Varieties

\$9.99

Farmland
Ham
Diced, Cubed,
Sliced or Shanks
96 Oz.

\$4.99

Sea Best
Tilapia Fillets
16 Oz.

\$4.99



Sweet Red
Cherries
5 Lb.

\$2.99
Lb.



Simply
Snacks
5.25-8.25 Oz.
Selected Varieties

\$3.49



Blue Bonnet
Spread
45 Oz.
Selected Varieties

\$4.69



Tide
Simply Laundry
Detergent
31-32 Oz. Liquid,
Selected Varieties

\$2.99



Kretschmar
Black Forest
Ham
16 Lb.

\$6.99
Lb.



Red or Gold
Potatoes
5 Lb.

\$3.99



Orville Redenbacher's
Microwave
Popcorn
6-30 Oz.
Selected Varieties

\$3.89



Bagel
Bites
7 Oz.
Selected Varieties

2/\$5



Bounce
Outdoor Fresh
Dryer Sheets
60 Ct.

\$3.49



MJay's
Brownies
19 Oz.
Selected Varieties

\$4.49

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.



Ragù Pasta Sauce
16-24 Oz.,
Selected Varieties
2/\$4



Kool-Aid Jammers
10 CL,
Selected Varieties
\$1.79



Nabisco Chips Ahoy! Cookies
9.5-13 Oz.,
Selected Varieties
\$2.99



Best Choice Chunk Light Tuna
5 Oz. Can,
Selected Varieties
85¢



Velveeta Shells & Cheese or Deluxe Macaroni & Cheese Dinner
9.4-14 Oz.,
Selected Varieties
\$2.99

Velveeta Shells & Cheese or Deluxe Macaroni & Cheese Dinner
9.4-14 Oz.,
Selected Varieties
\$2.99



Bush's Best Beans
15-16 Oz.,
Selected Varieties
4/\$5



Maruchan Ramen Noodle Soup
12 CL,
Selected Varieties
\$3.49



Hidden Valley Ranch Dressing or Dip Mix
4-11 Oz.,
Selected Varieties
\$1.69



Best Choice Real Bacon Bits or Pieces
2.5-3 Oz.,
Selected Varieties
\$2.49



Hunt's Tomato Paste
6 Oz.,
Selected Varieties
99¢



Best Choice Vinegar
32 Oz.,
Selected Varieties
\$1.49



Heinz Ketchup
29.5-38 Oz.,
Selected Varieties
\$3.99



Best Choice Peanut Butter
16 Oz.,
Selected Varieties
2/\$4



Quaker Instant Oatmeal
6-10 CL,
Selected Varieties
\$2.99



Best Choice Pancake & Waffle Syrup
24 Oz.,
Selected Varieties
\$2.99



Folgers Coffee
9.6 Oz. Ground or 10 CL K-Cups,
Selected Varieties
\$5.99



Frito Lay Party Size! Snacks
8.125-18 Oz.,
Selected Varieties
\$4.49



Pine-Sol Multi Surface Cleaner
20-24 Oz.,
Selected Varieties
\$3.99



Flora Paper Towels
6 Double Rolls or 12 Double Rolls or 8 Mega Rolls,
Selected Varieties
\$4.99



Nabisco Snack or Ritz Crackers
3.5-13.7 Oz.,
Selected Varieties
\$3.49



Nabisco Family Size or Limited Edition Oreo Cookies
10.68-18.71 Oz.,
Selected Varieties
\$4.49



Sun Chips
7 Oz.,
Selected Varieties
\$3.99

BACK TO SCHOOL GIVEAWAY

VISA \$500 VISA GIFT CARDS

9 GRAND PRIZE WINNERS

Register for your chance to WIN a \$500 VISA GIFT CARD to get a jump start on your school supply needs.

Scan QR or go to back-2-school.com

JULY 30 - AUGUST 12, 2025

Kellogg's Rice Krispies
8.8-12.6 Oz.,
Selected Varieties
\$2.99

Kraft Mac & Cheese Dinner
5.5-7.3 Oz.,
Selected Varieties
5/\$5

Hidden Valley Ranch Dressing
12-16 Oz.,
Selected Varieties
\$3.79

Kellogg's Eggo Pancakes
5.45 CL or French Toaster Sticks or Bites
9.3-12.7 Oz.,
Selected Varieties
\$2.99

Trolli Gummi Pop Popsicles
10 CL,
Selected Varieties
\$3.99

Clorox Clean-Up All Purpose Cleaner
32 Oz. or Bathroom Cleaner
39 Oz.,
Selected Varieties
\$4.79

DAIRY DEALS



Silk Almond Milk
64 Oz.,
Selected Varieties
\$2.99



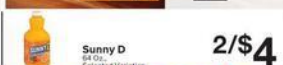
Velveeta Slices
12 Oz.,
Selected Varieties
\$2.99



Nestlé Coffee-mate Coffee Creamer
28-32 Oz.,
Selected Varieties
\$3.99



Tropicana Refreshers or Lemonade
48 Oz.,
Selected Varieties
2/\$5



Sunny D
64 Oz.,
Selected Varieties
2/\$4



Crystal Farms Shredded or Chunk Cheese
12 CL,
Selected Varieties
\$2.39

FROZEN DEALS



Banquet Meal or Entrée
7.4-11.88 Oz.,
Selected Varieties
3/\$4



Totino's Party Pizza
9.8-10.9 Oz. or Pizza Rolls
7.5 Oz.,
Selected Varieties
3/\$5



Blue Ribbon Classics Vanilla Sundae Cones
8 CL,
Selected Varieties
\$5.99



Michelin's Entrée
4.5-8.5 Oz.,
Selected Varieties
99¢



Best Choice Frozen Vegetables
16 Oz.,
Selected Varieties
4/\$5



Best Choice Ice Cream
48 Oz.,
Selected Varieties
\$2.99



Best Choice Ice Cream Bars
12 CL,
Selected Varieties
\$3.99

SHOP BACK TO SCHOOL WITH BOX TOPS AND

EARN CASH FOR SCHOOLS



**FREE
SNACKS**

WITH PURCHASE
VIA REBATESM
UP TO \$12.99
BEFORE TAX



**Betty Crocker
Potatoes**
4 Oz.,
Selected Varieties

\$1.99



**Betty Crocker
Muffin, Cookie,
Brownie,
Cake or
Bar Mix**
9.3-19.1 Oz.,
Selected Varieties

\$2.99



**Betty Crocker
Bisquick
Baking Mix**
40 Oz.,
Selected Varieties

\$4.99



**General Mills
Cereal**
8.9-12 Oz.,
Selected Varieties

\$2.49



**Nature Valley,
General Mills,
Fiber One, Mott's or
Chex Mix Bars,
Biscuits, Brownies or
Oatmeal Squares**
5-8 Ct.,
Selected Varieties

\$2.49



**Betty Crocker
or Mott's
Fruit Snacks**
6-10 Ct.,
Selected Varieties

\$2.49



**Bugles,
Chex Mix
or Gardetto's
Snack Mix**
7-8.75 Oz.,
Selected Varieties

\$2.49

SHOP BACK TO SCHOOL WITH BOX TOPS AND

EARN CASH FOR SCHOOLS



BUY
BOX TOPS
PRODUCTS



SCAN
YOUR
RECEIPT



EARN
CASH FOR
SCHOOLS

**FREE
SNACKS**

WITH PURCHASE
VIA REBATESM
UP TO \$12.99
BEFORE TAX



PRICES EFFECTIVE
ALL WEEK



**Pillsbury
Crescents**
8 Oz.,
Grands! Biscuits
16.3 Oz. or
Sweet Rolls
12.4-13.9 Oz.,
Selected Varieties

\$2⁹⁹



**Yoplait
Go-Gurt**
16 Oz.,
Selected Varieties

\$2⁴⁹



**Pillsbury
Toaster Strudel,
Scrambles or
Donut Pastries**
7.2-12 Oz. or
Mini Cinnis
Pull-Apart Rolls
9.16 Oz.,
Selected Varieties

\$2⁹⁹



**Totino's
Pizza Rolls**
50 Ct. or
**Breakfast
Snack Bites**
19.5 Oz.,
Selected Varieties

\$3⁹⁹



**Old El Paso
Flour Tortillas**
8-10 Ct.,
Taco Shells
10-12 Ct. or
**Microwaveable
Rice or Beans**
8.8 Oz.,
Selected Varieties

\$2⁴⁹



**Old El Paso
Enchilada
Sauce**
10 Oz. or
Refried Beans
16 Oz.,
Selected Varieties

\$1⁹⁹



**Old El Paso
Taco
Seasoning Mix**
.85-1 Oz.,
Selected Varieties

99¢