



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



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BONELESS PORK CHOPS

2.99
lb.



1.79
lb.

Whole Bagged Chicken



11.99
lb.

Family Pack, USDA Choice
Boneless Top Sirloin Steaks



3.49
lb.

Pork Tenderloins



3.99
lb.

Mrs. Gerry's Deviled Egg Potato Salad



3.99

Outshine Bars or Skinny Cow Sandwiches Selected Varieties, 4-12 Ct.



3.99

Nestlé Novelties Selected Varieties, 4-9 Ct.



2/\$7

Frito-Lay Cheetos Selected Varieties, 6.5-8.5 Oz.



2/\$7

Frito-Lay Doritos Selected Varieties, 6-10.75 Oz.



2/\$6

Sterzing's Chips Selected Varieties, 10 Oz.



5.99

Klondike Ice Cream Cones Selected Varieties, 6-10.75 Ct.



4.99

Popsicle Novelties Selected Varieties, 6-10 Ct.



5.99

Blue Ribbon Classics Novelties Selected Varieties, 8-20 Ct.



3.99

Blue Bunny Premium Ice Cream Selected Varieties, 46-48 Oz.



2.49
lb.

Northwest Cherries



6/\$2

4.99
ea.

Whole Seedless Watermelons



4.99

AE Chocolate Milk Selected Varieties, Gallon



99¢

Chef Boyardee Pasta Selected Varieties, 7.5-15 Oz.



99¢

Hunt's Pasta Sauce Selected Varieties, 24 Oz.



10/\$8

AE Yogurt Selected Varieties, 6 Oz.



2/\$5

Pillsbury Grands! Crescents or Cinnamon Rolls Selected Varieties, 8-16.3 Oz.



99¢

Creamette Pasta Selected Varieties, 12-16 Oz.



3.99

Red Baron Pizza Selected Varieties, 11.12-23.45 Oz.



2.99

Niagara Water 24 Pk./5 Liter Bottles or 24 Pk./8 Oz. Bottles



3.99

Milo's Lemonade Selected Varieties, Gallon

Check Out Our Weekly Ad Specials Online!

www.northenglish.freemanfoods.net

www.wellman.freemanfoods.net

Prices Effective July 2025

tues 15

wed 16

thurs 17

fri 18

sat 19

sun 20

mon 21

GROCERY FAVORITES



Kraft Salad Dressing
Selected Varieties
16 Oz.

2/\$5



Kraft Macaroni & Cheese Family Size
11 Oz.

2/\$3

10 Oz. **Best Choice Steak Sauce**

2.49



1.69

Best Choice BBQ Sauce
Selected Varieties, 18 Oz.

6 Ct., Selected Varieties **Maruchan Ramen Noodle Cups**

2.99



2/\$4

Maruchan Ramen Noodles
Selected Varieties, 6 Ct.



3.99

Pearl Milling Company Pancake Mix or Syrup
Selected Varieties, 24-32 Oz.



2/\$4

V8 Splash Juice
Selected Varieties, 64 Oz.



Libby's Vegetables
Selected Varieties
14.5-15.25 Oz.

1.19



3.5-5 Oz., Selected Varieties **Kraft Easy Mac or Velveeta Shells & Cheese Big Bowls**

2/\$5

3.99

Kraft Easy Mac or Velveeta Shells & Cheese Cups
Selected Varieties, 2-4 Pk.

31.9 Oz. **Chef Boyardee Pepperoni Pizza Kit**

5.49



4.49

Chef Boyardee Cheese Pizza Kit
31.9 Oz.

8-15 Oz., Selected Varieties **Best Choice Bread Crumbs**

1.99



4.99

Best Choice Coffee Pods
Selected Varieties, 12 Ct.

14.5-15.25 Oz., Selected Varieties **Best Choice Fruit Cocktail, Peaches or Pears**

2.19



1.99

Best Choice Peanut Butter
Selected Varieties, 16 Oz.



5.99

TownHouse, Club or Cheez-It Family Size Crackers
Selected Varieties, 12-21 Oz.



Starkist Chunk Light Tuna
Selected Varieties
5 Oz.

99¢



Suddenly Salad
Selected Varieties, 6.5-8.3 Oz.

2.99

16 Oz., Selected Varieties **Marzetti Salad Dressing**

2.99



11.99

Crisco Vegetable Oil
128 Oz.



4/\$5

Manwich Sloppy Joe Sauce
Selected Varieties, 15-16 Oz.

20-50 Ct., Selected Varieties **Lipton Family Size Tea Bags**

3.49



2.99

Dolly Parton's Cornbread or Biscuit Mix
16 Oz.

1.2-2.5 Oz., Selected Varieties **Hershey's Candy Bars**

99¢



8.99

Sunny D Punch
Selected Varieties, 15 Pk.



20 Oz. **Heinz Yellow Mustard**

2/\$5

Heinz Ketchup
Selected Varieties
13-20 Oz.

2/\$6



Green Giant Mushrooms, Family Size Green Beans or Corn
Selected Varieties, 4-29 Oz.

1.99

4 Pk., Selected Varieties **Idahoan Potatoes Cups**

4.99



2.69

Idahoan Potatoes
Selected Varieties, 8-8.2 Oz.

8 Oz. **Red Gold Tomato Sauce**

69¢



2/\$5

Red Gold Ketchup or Salsa
Selected Varieties, 15.5-32 Oz.

30 Oz., Selected Varieties **Hellmann's Mayonnaise**

5.99



5.49

Hellmann's Mayonnaise
Selected Varieties, 20 Oz.

25 Oz. **Ice Mountain or Deer Park Aluminum Bottle**

2.19



3/\$5

Pure Life Aluminum Can
20 Oz.



22-32 Oz. or 2 Ct. Selected Varieties **Lysol All Purpose Cleaner**

3.99



28 Oz. Selected Varieties **Lysol Multi-Surface Cleaner**

3.49



41 Oz. Selected Varieties **Lysol Laundry Sanitizer**

6.99



75-80 Ct., Selected Varieties **Lysol Wipes**

4.99

24 Oz. Selected Varieties **Lysol Toilet Cleaner**

2.99

HOME & HEALTH



4 Lb., Selected Varieties **Nature's Recipe Dog Food**

6.99

4-8 Rolls Selected Varieties **Angel Soft Bath Tissue or Sparkle Paper Towels**

11.49



1.4 Oz., Selected Varieties **Nutrish Purfect Cat Broth**

99¢

2.99

120 Ct. Selected Varieties **Best Choice Fabric Softener Sheets**

12.99

22.5 Oz. Selected Varieties **Pup-Peroni Dog Treats**



6.5 Lb., Selected Varieties **Tidy Cats Cat Litter**

14.99



14.99

16 Lb. Selected Varieties **Kibbles 'n Bits Dog Food**



10.99

3.5 Lb. Selected Varieties **Purina ONE Cat Food**

DON'T MISS OUT ON THESE GREAT SAVINGS!



General Mills Family Size Cereal

18-18.8 Oz. Cheerios,
18.6 Oz. Cinnamon Toast Crunch,
18.6 Oz. Lucky Charms,
19.7 Oz. Reese's Puffs,
18.3 Oz. Cookie Crisp,
18.1 Oz. Cocoa Puffs or 16.1 Oz. Tot

3.99

64 Oz. Selected Varieties
Old Orchard Cranberry Juice

2.79



2.79
Old Orchard Juice
Selected Varieties, 64 Oz.



2.99
Post Cereal
Selected Varieties
11-16.6 Oz.

2.99

17-49 Oz. Selected Varieties
Hostess Donettes



2/5.6

Kellogg's Cereal
9.6-13.3 Oz. Special K, 9.6 Oz. Corn Flakes,
9.6 Oz. Crispix or 11 Oz. Extra



1.79
Betty Crocker Frosting
Selected Varieties
11.9-16.3 Oz.

3/5



2/5
Capri-Sun Drink
Selected Varieties, 64 Oz.



2/5.3
Nabisco Premium Saltine Crackers
Selected Varieties
9-17 Oz.



2/5.7
Nabisco Oreo's or BelVita
Selected Varieties, 5-14.03 Oz.



15 Oz. Selected Varieties TACO BELL CON QUESO 3.29	12-8-22.6 Oz. Selected Varieties TACO BELL CRAVING KITS 6.99	7.5 Oz. Selected Varieties TACO BELL SAUCES 1.79	12 Oz. Selected Varieties TACO BELL SPICY SAUCES 1.99
8.45-14.6 Oz. Selected Varieties TACO BELL DINNER KITS 2/5.6	15-15.7 Oz. Selected Varieties TACO BELL DIPS 3.99	1-1.4 Oz. Selected Varieties TACO BELL SEASONING 79¢	12 Ct. Selected Varieties Taco Bell Flavored Shells 2.99
			12 Ct. TACO BELL CRUNCHY SHELLS 2.49

DAIRY & FROZEN

8 Oz. Kraft Grated Parmesan Cheese 3.99 Tropicana Orange Juice Selected Varieties, 46 Oz.	15 Oz. Selected Varieties Imperial Spread 1.99 40-48 Oz. Selected Varieties Starbucks Iced Coffee 5.99 10/\$10 Chobani Greek Yogurt Selected Varieties, 5.3 Oz.	24 Oz. Best Choice Corn On the Cob 6.99 12-16 Oz. Selected Varieties Best Choice Frozen Fruit 3.29 2/\$7 Banquet Family Size Entrées Selected Varieties, 24-28 Oz.	24 Oz. Selected Varieties Banquet Chicken Filets 5.99 16.5 Oz. Best Choice Buttermilk Pancakes 1.99 2.49 Best Choice Texas Toast, Garlic Bread or Bread Sticks Selected Varieties, 11.75 Oz. or 5-8 Ct.
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28-32 Oz. Selected Varieties Coffee-mate Natural Bliss or Starbucks Creamer 4.99	24 Oz. Twin Pack Kraft American Singles 6.49	12 Oz. Selected Varieties Flav-R-Pac Vegetables 1.49	100 Ct. or 13-17 Oz. Selected Varieties Tostitos Pizza Rolls or Old El Paso Taco Bites or Stuffed Nachos 8.99
46 Oz. Selected Varieties Tropicana Essentials 2/\$4	4.5-5.3 Oz. Selected Varieties Dannon Light + Fit, Oikos or Too Good Greek Yogurt 10/\$12	8-14 Oz. Selected Varieties PictSweet Farms Favorites or Southern Classic Vegetables 2.29	10 Oz. Best Choice Chopped Spinach 1.19
22 Oz. Selected Varieties Kemps Cottage Cheese 3.99	7-11 Oz. Selected Varieties Rana Pasta or Sauce 4.49	20-22 Oz. Selected Varieties McCain Fries 4.29	16-22 Oz. Selected Varieties Louisa Toasted Ravioli 4.49
13 Oz. Selected Varieties Reddi Whip Topping 5.99	59 Oz. Selected Varieties Florida's Natural Lemonade 2.79	9 Oz. Beef Merlot Atkins Entrées 3.99	60 Oz. Homestyle Farm Rich Meatballs 13.99
52 Oz. Selected Varieties Planet Oat Oatmilk 2.99	24 Oz. French Onion Helluva Good! Dip 3.49	48 Oz. Farm Rich Mozzarella Sticks 11.99	21 Oz. Selected Varieties Best Choice Frozen Skillet Meals 3.99
59-64 Oz. Selected Varieties Silk Almond Milk 2/\$6	1.58 Oz. Extra Sharp Yellow & White Cheese Cracker Barrel Bites 10/\$10	30-32 Oz. Selected Varieties Mr. Dell's Hash Browns 3.49	6 Ct. Selected Varieties Eggo Thick & Fluffy Waffles 2/\$7

PREMIUM QUALITY MEATS

GROUND FRESH DAILY!

93% LEAN GROUND BEEF

6⁹⁹ lb.

5⁹⁹ lb.
Arm Roast

6.99 lb.
Lean Stew Meat

9⁹⁹ lb.
Whole Sirloin Steak

3.69 lb. Previously Frozen Boneless Chicken Tenders	2.99 8.3-14 Oz., Selected Varieties Eckrich Smoked Sausage Links or Smokies
3.69 12 Oz. Selected Varieties Jimmy Dean Sliced Bacon	3.99 9.6-12 Oz., Selected Varieties Johnsonville Fresh or Fully Cooked Breakfast Sausage Links & Patties
13.99 40 Oz. Hickory Smoked Wright Brand Sliced Bacon	3.99 16 Oz., Selected Varieties Johnsonville Ground Pork
11.99 32 Oz. Holten's Chop House Smashed Burgers	6.99 23-29 Oz., Selected Varieties Tyson Breaded Chicken Nuggets or Patties
11.99 4 lb. Holten's Extra Value Beef Patties	6.49 15-16 Oz., Selected Varieties Oscar Mayer Deli Fresh Shaved Ham or Turkey
2.99 7-8 Oz., Selected Varieties Smithfield Prime Fresh Sliced Lunch Meat	

ON THE GRILL
SATURDAY, JULY 19
11 AM-1 PM

North Side of Freeman Foods in Wellman & North English

RIBEYE STEAK SANDWICH \$7.00

MARINATED CHICK-EN BREAST \$4.00

RIB ON-A STICK \$4.00

GRILLED TENDERLOIN \$3.00

HAMBURGER \$4.00

HOT DOG \$1.00 OR \$2.00

PRODUCE FRESH PICKS

1⁹⁹ lb. California Red or Black Plums	2⁹⁹ lb. California Yellow or White Peaches or Nectarines	3⁹⁹ ea. Fresh Blueberries 2/\$6
1⁷⁹ ea. Head Lettuce	2.99 24 Oz. Selected Varieties The Little Potato Company Potatoes	1²⁹ lb. Vidalia Onions
1.29 1 Lb. Bag Grimmway Farms Baby Carrots	99¢ ea. Fresh Avocados	4.29 12.7-15.5 Oz. Selected Varieties Ocean Mist Roastables
2/\$4 9-11 Oz. Dole Classic Romaine or Greener Selection	1²⁹ lb. Tomatoes On the Vine	2/\$7 8 Oz. Taylor Farms Sugar Snap or Snow Peas
2/\$6 5-6 Oz. Selected Varieties Fresh Express Salad Blends	2/\$4 12 Oz. Selected Varieties POM Wonderful Tea	3⁹⁹ 13 Oz. Selected Varieties Litehouse Dressing

Deli & Bakery

Not Available at All Locations.

8.99 ea. Whole Rotisserie Chicken	7.99 lb. Sliced to Order Kretschmar Off the Bone Turkey Breast
5.99 lb. Sliced to Order Kretschmar Provolone or Muenster Cheese	6.99 8.5 Oz., Original Babybel Cheese

6.99 16 Oz. The Father's Table Variety Cheesecake	4.99 16 Oz., Selected Varieties Olson's Sliced Loaf Cakes
2.99 11.5 Oz., Take & Bake New French Bakery French Baguettes	4.99 8 Oz. Two-Bite Assorted Iced Mini Donuts
16.99 46 Oz. Rich's Oreo Ice Cream Cake	4.29 10.5 Oz. Best Choice Brownie Bites

16.99 Absolut Vodka Selected Varieties, 750 mL	16.99 Fireball Whiskey Selected Varieties, 750 mL
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