



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- 1 Scan the Code and Download the AppCard App
- 2 Search for Freeman Foods & Select Go to Store
- 3 Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!

APP CARD



2.49 lb.

Family Pack
BONELESS SIRLOIN PORK CHOPS

Family Pack
Boneless Pork Country Style Ribs **2.99** lb.

Fryer Thighs **1.89** lb.

Family Pack
Beef Stew Meat **6.99** lb.



1.29 lb.

Fryer Drumsticks



5.69 lb.

USDA Choice
Eye of Round Roast



5.49 lb.

Cooking Fresh Daily
85% Lean Ground Beef



2.99 lb.

Northwest Cherries



99¢

Dole Idaho Russet Potatoes

2.49 lb.

California Yellow or White Peaches or Nectarines

Buy 5 Save \$5

SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



2.99 EA.

-1.00

Starkist Chunk Light Tuna
Selected Varieties
12 Oz.

1.99 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



3.99 EA.

-1.00

Red Baron Pizza
Selected Varieties
15.77-23.45 Oz.

2.99 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



2.49 EA.

-1.00

Daisy Squeeze Sour Cream or Dips
Selected Varieties
14-16 Oz.

1.49 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



6.99 EA.

-1.00

Arm & Hammer Laundry Detergent or OxiClean Stain Remover
Selected Varieties:
45-105 Oz., 21-42 Oz. or 3 Lb.

5.99 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



4.99 EA.

-1.00

Nabisco Family Size Cookies or Crackers
Selected Varieties
7.5-20 Oz.

3.99 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



2.19

AE Lemonade
Selected Varieties, 1/2 Gallon



3.59

AE Milk
White Milk Only, Gallon

Buy 5 Save \$5
SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!
ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



3.99 EA.

-1.00

Blue Bunny Novelties
Selected Varieties
6-9 Oz.

2.99 EA.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



5.99

Blue Ribbon Classics Frozen Dairy Dessert
Selected Varieties, 128 Oz.



2/\$7

Frito-Lay Doritos
Selected Varieties, 6-10.75 Oz.

4 Ct., Selected Varieties
Dippin' Dots Sundae Cups **4.99**



4.99

Snickers, Twix or Milky Way Ice Cream Bars
Selected Varieties, 6 Ct.

11.62-16 Oz., Selected Varieties
Ben & Jerry's or Talenti Ice Cream **4.49**



3.99

Klondike or Magnum Ice Cream Bars
Selected Varieties, 3-6 Ct.



3.99

Pure Life Water



3/\$12

Dr. Pepper Products

Selected Varieties, 6 Pk./5 Liter Bottles



5/\$5

Kraft Macaroni & Cheese, Flavors, Premiums or Shapes
Selected Varieties, 5.5-7.25 Oz.



6.99

Lotz's Motzza Pizza

Selected Varieties, 23-30 Oz.



6.99

Best Choice Charcoal

Selected Varieties, 16 Lb.



2.99

Milo's Tea

Selected Varieties, Gallon

Check Out Our Weekly Ad Specials Online!
www.northenglish.freemanfoods.net www.wellman.freemanfoods.net

Prices Effective
July 2025

tues 8 wed 9 thurs 10 fri 11 sat 12 sun 13 mon 14



DON'T MISS OUT ON THESE GREAT SAVINGS!



32 Oz.
Juicy Juice Variety Pack
Capri-Sun
Drinks
Selected Varieties
10 Ct.

11.99
2.79



10-12 Oz., Selected Varieties
Crystal Light Drink Mix
Kool-Aid
Bursts
Selected Varieties
6 Ct.

2.99
1.79



Kellogg's Cereal
13.6-16.1 Oz. Raisin Bran,
13.3-16 Oz. Mini Wheats
or 11.6-12.7 Oz. Bran

2/\$6



6-12 Pk., Selected Varieties
Ice Mountain Water
Ice Mountain
Water
24 Pk./5 Liter Bottles
or 12 Pk./700 ml. Bottles

2/\$5
5.49



2.99
Voortman Bakery Cookies or Wafers
Selected Varieties, 5-11.3 Oz.



3/\$5
Pure Life Water
Selected Varieties, Gallon



2/\$4
Pace Salsa or Picante Sauce
Selected Varieties, 16 Oz.



4.49
Hershey's Candy or Bark Pouches
Selected Varieties, 6.24-9 Oz.



3.49
Ice Breakers Bottle Gum
Selected Varieties, 40 Ct.



2/\$3
Cousin Willie's Popcorn
Selected Varieties, 3 Ct.



3.49
Keebler Cracker Packs
Selected Varieties, 8 Ct.



4/\$5
Crunch 'n Munch or Slim Jim
Selected Varieties, 0.97-3.5 Oz.



1.79
Best Choice Sugar Ice Cream Cones
12 Ct.



2.99
Best Choice Graham Crackers
Selected Varieties, 14.4 Oz.



2.79
Hormel Compleats
Selected Varieties, 7.5-10 Oz.



4.99
Mt. Olive Pickles
Selected Varieties, 80 Oz.

DAIRY & FROZEN



8 Oz., Selected Varieties
Best Choice Cream Cheese
1.79
2/\$5
Kraft Natural
Slices
Selected Varieties, 7-8 Oz.



6.5 Oz., Selected Varieties
Best Choice Whipped Topping
2.49
8/\$10
Chobani Flips
or Creations Yogurt
Selected Varieties, 4.5-5.3 Oz.



32 Oz., Selected Varieties
Best Choice Cobbles
6.99
3/\$4
Totino's Party Pizza
or Pizza Rolls
Selected Varieties, 7.5-10.9 Oz.



8 Oz., Selected Varieties
Best Choice Whipped Topping
1.29
99¢
Banquet Fruit
or Pot Pies
Selected Varieties, 7 Oz.



2.19
59 Oz.
Selected Varieties
Pure Leaf
Tea
2/\$7
7.5-12 Oz., Selected Varieties
Kraft String Cheese,
Expertly Paired or
Cracker Barrel Sticks



2/\$3
59 Oz.
Selected Varieties
Tropicana
Twister
3.99
7.5-16 Oz., Selected Varieties
Philadelphia Soft,
Whipped Cream
Cheese or Frosting



1.39
4.85-7 Oz.
Selected Varieties
Banquet
Basics Dinners
2.99
6-7.5 Oz.
Selected Varieties
Marie Callender's
Mini Pies



5.49
24-32 Oz.
Selected Varieties
Banquet
Boneless Chicken
6.99
14.3-26 Oz.
Selected Varieties
Farm Rich
Appetizers



2.99
32 Oz.
Selected Varieties
Planet Oat
Creamer
4/\$5
16 Oz.
Imperial
Margarine Sticks



2.99
12 Oz.
Selected Varieties
Velveeta
Slices
12.99
32-40 Oz.
Selected Varieties
Rana Lasagna or
Enchilada Bake



3.99
9-10 Oz.
Selected Varieties
Healthy Choice
Steamers
2/\$7
8.8-12.75 Oz.
Selected Varieties
Stouffer's
Entrées



2/\$6
9-12 Oz.
Selected Varieties
Devour
Frozen Entrées
3.99
24-28 Oz.
Selected Varieties
On-Cor
Entrées



2/\$5
12-16 Oz., Selected Varieties
Parkay Bowls,
Sticks or
Squeeze Spread
2.29
12-16 Oz., Selected Varieties
Kemps Sour
Cream or
Cottage Cheese



2.79
20 Oz.
Selected Varieties
Simply
Potatoes
4.49
96 Oz.
Selected Varieties
Almond Breeze
Milk



2.49
10.5-16 Oz. or 6-8 Ct.
Selected Varieties
Best Choice Garlic
Bread, Texas Toast,
Bread Sticks or Dinner Rolls
7.99
80 Oz.
Ore-Ida
Crinkle Fries



1.99
10 Ct.
Selected Varieties
Best Choice
Pancakes or Waffles
4/\$5
10-12 Oz.
Selected Varieties
Best Choice
Steam Vegetables

PREMIUM QUALITY MEATS



Family Pack
**BONELESS
PORK CUTLETS**

2.99
lb.



5.99
lb.
USDA Choice
Eye of Round
Steaks

Family Pack
Minute Steak

6.99
lb.



12.99
ea.
12 Oz.
Ribeye
Steaks

**ON THE
GRILL
SATURDAY,
JULY 12
11 AM-1 PM**

North Side of Freeman Foods
in Wellman & North English

**RIBEYE
STEAK
SANDWICH
\$7.00**

**MARINATED
CHICKEN
BREAST
\$4.00**

**SMOKED
CHOP ON-A-
STICK
\$4.00**

**FRESH
BRAT
\$3.00**

**PORK
BURGER
\$3.00**

**HOT DOG
\$1.00
OR
\$2.00**



Admiral Nelson Rum
Selected Varieties, 750 mL



31.99

Tito's Vodka
Selected Varieties, 1.75 Liter



2.19
lb.
Pork
Sirloin Roast



6.99
lb.
USDA Choice
Boneless
Chuck Roast



2.79
lb.
2.99
8.3-14 Oz. Selected Varieties
Eckrich Smoked
Sausage Links or
Smokies



6.99
lb.
4.99
10-14 Oz.
Selected Varieties
Nathan's Famous
Beef Franks



3.99
16 Oz.
Selected Varieties
Kentucky Legend
Sliced Bacon



10.99
3.49
12-16 Oz.
Selected Varieties
Swaggerty's Farm
Pork Sausage



2.99
8 Oz. Selected Varieties
Smithfield Prime
Fresh Sliced Ham,
Turkey & Salami



2.79
1.00
1.79
1A
3.79
-1.00
2.79
1A

2-27-4-4 Oz. Selected Varieties
Oscar Mayer Basic Lunchables
2-2-3 Oz. Selected Varieties
Oscar Mayer Portable Protein P3 Packs

2/\$4
2/\$4

PRODUCE FRESH PICKS



3.99
ea.

4.99
ea.

5.99
16 Oz. Selected Varieties
Fruit Chunks or
Spears

4.49
ea.

Whole
Seedless
Watermelons

4.99
5.5 Lb. Bag
Vidalia
Onions

Honeydew or
Golden
Honeydew



79¢



99¢
ea.



1.29
14 Oz.

1 Lb.
Strawberries,
Pint
Blueberries
or 6 Oz.
Blackberries

2/\$7

24 Oz.
Selected Varieties
The Little Potato
Company Potatoes

2.99

1 Lb. Bag
Grimmway Farms
Peeled Baby Carrots

1.29



3.99



2/\$7
4.3-7.9 Oz.
Selected Varieties
Bistro Salad Bowls

2.99
5-12 Oz.
Selected Varieties
Fresh Express
Salad Blends

2.99

12.7-15.5 Oz.
Selected Varieties
Ocean Mist
Roastables

4.29

Deli & Bakery

Not Available at
All Locations.



Sliced to Order, Selected Varieties
Krestchmar
Virginia Hams

5.99
lb.



Sliced to Order
Krestchmar
Colby Cheese

5.99
lb.



12 Oz., Selected Varieties
Clyde's
Donut Holes

2.99



6 Ct.
King's Hawaiian
Mini Sub Buns

4.49



10 Oz. Banana or Blueberry
Ann Marie's Sugar Free
Mini Muffins

5.49



18 Oz., Selected Varieties
Jenny Lee
Cinnamon Bread

4.99



13.5 Oz.
Kimberley's Bakeshoppe
Oreo Frosted Cookies

4.99



4 Ct.
Specialty Bakers
Vanilla Creme Horns

3.49