



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP

Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Previously Frozen

BABY BACK PORK RIBS

18.4-23 Oz., Selected Varieties

Smithfield Seasoned Pork Tenderloins or Loin Fillets

3.49 lb.

Boston Butt Pork Roast

2.49 lb.

15-26 Oz., Selected Varieties

Oscar Mayer Beef Hot Dogs

3.99



4.99 lb.

Family Pack, Market Fresh

80% Lean Ground Beef



1.99 lb.

Whole Boston Butt Pork Roast



2/\$3

14-16 Oz., Selected Varieties

Oscar Mayer Hot Dogs



2.99

Niagara Water

24 Pk./1.5 Liter Bottles or 24 Pk./8 Oz. Bottles

6.5-8.5 Oz., Selected Varieties

Frito-Lay Cheetos

3.99



2/\$5

Frito-Lay XL Lay's

Selected Varieties, 5-8 Oz.



2/\$7

Best Choice Soda

Selected Varieties, 12 Pk./12 Oz. Cans

4 Pk., Selected Varieties

Blue Ribbon Twist Ice Cream Cones

3.99



1.99

Blue Ribbon Classics Frozen Dairy Dessert

Selected Varieties, 48 Oz.

STAR SPANGLED PRODUCE



3.99 ea.

Red Cherries

2.49 lb.



12/\$5 ears

Sweet Corn



2/\$4

Pringles Chips

Selected Varieties, 4.9-5.57 Oz.

2-4 Oz., Selected Varieties

Kraft Easy Mac or Velveeta Shells & Cheese Big Cups

4.49



2.99

Kraft Deluxe Macaroni & Cheese or Velveeta Shells & Cheese

Selected Varieties, 9.4-14 Oz.



2.49

Kraft Salad Dressing

Selected Varieties, 16 Oz.



2/\$4

Bush's Best Baked Beans

Selected Varieties, 4.9-5.28 Oz.



2/\$3

Sunny D Punch

Selected Varieties, 64 Oz.



2/\$4

Dean's Dips

Selected Varieties, 12-16 Oz.

16 Oz., Selected Varieties

Sweet Baby Ray's Marinade Sauce

2/\$5



3.49

Milo's Tea

Selected Varieties, Gallon



2/\$4

General Mills Cereal

8.9-10.8 Oz. Cheerios, 12 Oz. Cinnamon Toast Crunch, 10.5 Oz. Lucky Charms, 11.5 Oz. Reese's Puffs, 10.6 Oz. Cookie Crisp, 10.7 Oz. Tru, 10.4 Oz. Cocoa Puffs or 11.7 Oz. Golden Grahams



2/\$3

Sweet Baby Ray's BBQ or Dipping Sauce

Selected Varieties, 14-18 Oz.



2/\$5

Bomb Pop Novelties

Selected Varieties, 12 Ct.

18 Oz., Selected Varieties

Open Pit BBQ Sauce

4/\$5



4/\$5

Kraft BBQ Sauce

Selected Varieties, 17.5-18 Oz.

25 Lb., Selected Varieties

Kingsford Pellets

14.99



9.99

Kingsford Charcoal

Selected Varieties, 12-16 Lb.



12.99

Pepsi Products

Selected Varieties, 24 Pk. Cans



\$3 OFF

Busch Light Beer

Selected Varieties, 24 Pk.



16.99

Tito's Vodka

Selected Varieties, 750 mL



11.99

Chi-Chi's Cocktails

Selected Varieties, 1.75 Liter

Check Out Our Weekly Ad Specials Online!

www.northenglish.freemanfoods.net

www.wellman.freemanfoods.net

Prices Effective

June thru July 2025

wed 24

thurs 25

fri 26

sat 27

sun 28

mon 29

tues 30

wed 31

4th of July Cookout Essentials

19-30 Oz., Selected Varieties
Kraft Miracle Whip **4.99**



3.99
Kraft Mayonnaise
Selected Varieties
22-30 Oz.

20 Oz., Selected Varieties
Hellmann's Mayonnaise **5.49**



5.99
Hellmann's Mayonnaise
Selected Varieties, 30 Oz.

12 Oz., Selected Varieties
French's Dijon or Honey Mustard **3.19**



2/\$3
French's Yellow Mustard
20 Oz.

12-13 Oz., Selected Varieties
Frank's Hot Sauce **2/\$7**



2/\$6
Frank's RedHot or Wing Sauce
Selected Varieties, 12 Oz.



1.19
Best Choice Cake Ice Cream Cones
12 Ct.



6.99
Sunny D Punch
Selected Varieties, 18 Pk.

4 Pk. Bottles, Selected Varieties
IBC Sodas or Orange Crush **4.49**



6.99
Yoo-Hoo Chocolate Drink
12 Pk./11 Oz. Cans



4.49
A1, Heinz 57 Steak
Sauce or Lea & Perrins
Worcestershire Sauce
Selected Varieties
10 Oz.



2.99
Lawry's Marinades
Selected Varieties, 12 Oz.

37 Oz., Selected Varieties
Vlasic Sauerkraut **2.99**



2/\$5
Vlasic Pickles or Relish
Selected Varieties, 16-24 Oz.

12 Oz., Original
Louisiana Wing Sauce **2.99**



2/\$6
Bertolli Pasta Sauce
Selected Varieties, 15-24 Oz.

16-21 Oz., Selected Varieties
Soy Vay or KC Masterpiece Marinades **2.79**



4/\$5
KC Masterpiece BBQ Sauce
Selected Varieties, 16 Oz.



1.99
ReaLemon or ReaLime Juice
15 Oz.



2.49
Luzianne Family Size Tea Bags
Original, 24 Ct.

14 Oz.
Heinz Yellow Mustard **2/\$4**



2.99
Heinz Ketchup
Selected Varieties
29.5-38 Oz.



1.19
Green Giant Vegetables
Selected Varieties, 14.5-15.25 Oz.

12 Oz.
Louisiana Hot Sauce **2.19**



3.99
2 Sisters' Salsa
Selected Varieties, 16 Oz.

2 Lb., Selected Varieties
Mahatma Rice **2.49**



2/\$3
Starkist Smart Bowls
Selected Varieties, 4.5 Oz.



3.49
Country Bob's All Purpose Sauce
13 Oz.



2.89
Kikkoman Stir Fry, Teriyaki
Baste or Low Sodium Soy Sauce
Selected Varieties, 10-12.1 Oz.



4.49
Bisquick Pancake Mix
Selected Varieties, 40 Oz.



4/\$5
Prince, San Giorgio
or Mueller's Pasta
Selected Varieties
12-16 Oz.



1.99
Best Choice Pretzels
Selected Varieties, 12-16 Oz.

12 Oz.
Best Choice Honey Bear **3.99**



3.99
Best Choice Peanut Butter
Selected Varieties, 28 Oz.



2/\$3
Ro-tel Tomatoes
Selected Varieties, 10 Oz.



1.99
Musco Pearls Olives
Selected Varieties, 5.75-6 Oz.



2.29
Kikkoman Soy, Teriyaki or Sweet & Sour Sauce
Selected Varieties, 10-11.5 Oz.

0.4-1 Oz., Selected Varieties
Hidden Valley Ranch Dry Mix **2/\$3**



3.99
Hidden Valley Ranch Salad
Dressing or Secret Sauce
Selected Varieties, 12-16 Oz.

HOME & HEALTH ESSENTIALS

5-44 Oz., Selected Varieties
Downy or Gain Fabric Softener **4.99**



3 Lb., Selected Varieties
Nutrish Cat Food **7.99**



20 Oz., Selected Varieties
Palmolive Dish Soap **2.99**



12.5-18 Oz., Selected Varieties
Down EZ Squeeze Dish Soap **2.99**



11.99



9-16 Oz.
Selected Varieties
Cascade Action Pacs **4.99**



2.99



12-110 Ct., Selected Varieties
Hefly Slider Bags **3.99**



Patriotic Savings Throughout the Store

6 Ct., Selected Varieties
Mott's Applesauce

2.99



Crisco Cooking Oil
Selected Varieties
40 Oz.

3.99

3 Ct., Selected Varieties
Jolly Time Popcorn

2/\$4



Nutri-Grain Bars or Rice Krispies Treats
Selected Varieties, 16 Ct.

4.49



Bugs, Chex Mix or Garden of Eatin'
Selected Varieties, 7-8.6 Oz.

2/\$3

SAVE 2 WHEN YOU BUY 2 QUANTITIES LESS THAN \$5.00

Country Time or Crystal Light
Selected Varieties, 12 Qt. or 9-10 Ct.

2.99



Crystal Light, Kool-Aid or Country Time Drink Mix
Selected Varieties, 12 Qt. or 9-10 Ct.

2.99

Kool-Aid, Country Time or Tang Drink Mix
Selected Varieties, 6-8 Qt.

2/\$8



11 Oz., Selected Varieties
Tropicana Singles

3/\$5



Pillsbury Grands!, Crescents or Cinnamon Rolls
Selected Varieties, 8-16.3 Oz.

2/\$5

32 Oz., Selected Varieties
Best Choice Yogurt

2.49



45 Oz., Selected Varieties
Shedd's Country Crock Spread

4.99



32 Oz., Selected Varieties
Gold Peak Tea, Minute Maid Zero or Simply Juice

2/\$5



14-50 Oz., Selected Varieties
Coffee-mate Creamer or Iced Coffee

2/\$8



8 Ct., Selected Varieties
Yoplait GoGurt

2/\$5



16 Oz., Selected Varieties
Blue Bonnet Margarine

2/\$3



16 Oz., Selected Varieties
Best Choice Sour Cream

1.89



16 Oz., Selected Varieties
Best Choice Sour Cream

1.89

9-12.7 Oz. or 12 Ct., Selected Varieties
Cheez-It or Keebler Grahams Caddy Packs

6.99



9-12.7 Oz. or 12 Ct., Selected Varieties
Cheez-It or Keebler Grahams Caddy Packs

6.99

Cheez-It Crackers
Selected Varieties, 5.75-12.4 Oz.

2/\$8



Fiber One or Nature Valley Protein
Selected Varieties, 5 Ct.

2/\$5

SAVE 2 WHEN YOU BUY 2 QUANTITIES LESS THAN \$5.00

Nature Valley or Fiber One Granola Bars
Selected Varieties, 5 Ct.

2/\$5



Country Time or Kool-Aid
Selected Varieties, 12 Qt. or 9-10 Ct.

2.99



Kool-Aid, Country Time or Tang Drink Mix
Selected Varieties, 6-8 Qt.

2/\$8

6-4.7 Oz., Selected Varieties
Kraft Cracker Cuts or Cubes

2/\$6



Kraft Natural Shreds, Chunks, Crumbles or Slices
Selected Varieties, 5-8 Oz.

2/\$5



8 Oz., Selected Varieties
Best Choice Soft Cream Cheese

1.99



10.7-12 Oz., Selected Varieties
Kraft Singles

2.99



32 Oz., Selected Varieties
International Delight Creamer

2/\$7



8 Oz., Selected Varieties
Best Choice Grated Parmesan Cheese

2.99



4-5 Oz., Selected Varieties
Yoplait Out or Häagen-Dazs Yogurt

2/\$3



6.5 Oz., Selected Varieties
Reddi Wip Topping

2.99



12 Oz., Selected Varieties
Heluva Good! Dip

3/\$5



12 Oz., Selected Varieties
Heluva Good! Dip

3/\$5

12 Oz., Selected Varieties
Heluva Good! Dip

3/\$5

4 Ct., Selected Varieties
Hostess Donettes

1.99



Hostess Donettes
Selected Varieties, 9.5-10.75 Oz.

1.99

6 Fl., Selected Varieties
Pure Life Water

2/\$3



Splash Blast Water
Selected Varieties, 6 Fl.

2/\$5



1.74-4.2 Oz., Selected Varieties
Mars King Size Candy Bars

1.99



Orville Redenbacher's Popcorn or Angie's Boom Chicka Pop
Selected Varieties, 4.4-7 Oz. or 2-3 Ct.

2/\$5



16 Oz. or 230 Ct., Selected Varieties
Equal Sweetener

5.99



Dolly Parton's Cookie Mix
Selected Varieties, 15.25 Oz.

2.99



48 Oz., Selected Varieties
Stok Cold Brew

4.99



Tony's Pizzeria Pizza
Selected Varieties, 18.56-20.6 Oz.

2/\$6



11-20 Oz. or 4 Ct., Selected Varieties
Picsweet Farms Skillet, Grilling, Roasting or Air Fryer Vegetables

2/\$7



40-50 Ct., Selected Varieties
Totino's Pizza Rolls or Breakfast Bites

3.99



90 Oz., Selected Varieties
Marie Callender's Family Size Lasagna

14.99



10-10.8 Oz., Selected Varieties
Birds Eye Vegetables

2/\$3



12.5 Oz., Selected Varieties
Pepperidge Farm Turnovers

3.99



10-24 Ct., Selected Varieties
Eggo Waffles or Pancakes

5.99



10-24 Ct., Selected Varieties
Eggo Waffles or Pancakes

5.99

10-24 Ct., Selected Varieties
Eggo Waffles or Pancakes

5.99

1.67-3 Oz., Selected Varieties
Kellogg's Rice Krispies Treats, Cheez-Its or Pringles Grab & Go

4/\$5



Kellogg's Pop-Tarts
Selected Varieties, 8 Ct.

2/\$6



3.17 Oz., Selected Varieties
Gatorlyte Powder

4.99



Dot's Pretzels
Selected Varieties, 16 Oz.

5.99



1.62 Oz., Selected Varieties
MIO or Crystal Light Liquid Drink Mix

2/\$5



Kool-Aid or Tang Liquid Drink Mix
Selected Varieties, 1.62 Oz.

2/\$4



Best Choice Granola
Selected Varieties, 11 Oz.

3.29



Ore-Ida Frozen Potatoes
Selected Varieties, 19-32 Oz.

3.99



8 Ct. Mini Ears
Best Choice Corn On The Cob

2.99



DeVour Big Bowls, TGI Fridays Appetizers or Lunchable Grilled Cheeses

3.99



9.25-10.3 Oz., Selected Varieties
Healthy Choice Café Steamers

2/\$6



32 Oz., Selected Varieties
Best Choice Cobbler

6.79



12-16 Oz., Selected Varieties
Best Choice Frozen Fruit

3.29



9-10 Oz., Selected Varieties
Farm Rich Poppers or Cheese Sticks

2.99



11.5-19 Oz., Selected Varieties
Sara Lee Coffee Cake or Cheesecake

4.99



11.5-19 Oz., Selected Varieties
Sara Lee Coffee Cake or Cheesecake

4.99

11.5-19 Oz., Selected Varieties
Sara Lee Coffee Cake or Cheesecake

4.99

11.5-19 Oz., Selected Varieties
Sara Lee Coffee Cake or Cheesecake

4.99

COOKOUT FAVORITES

FROM YOUR MEAT DEPARTMENT!



3.99
lb.



2.89
lb.
Family Pack
Pork Steaks

Family Pack Country Style Ribs

2.99 lb.



14.99
lb.
Family Pack, USDA Choice
Boneless Ribeye Steaks

BONELESS SKINLESS CHICKEN BREAST

40 Oz. Tyson Frozen Chicken Wings **7.99**



5.79 lb.
USDA Choice Arm Roast



5.99 lb.

3/\$10



12-16 Oz. Selected Varieties
Bob Evans Breakfast Sausage

3/\$10

6.99



16-26 Oz. Selected Varieties
Tyson Breaded Chicken Strips & Tenders

2/\$7

3.99



12-14 Oz. Selected Varieties
Johnsonville Cooked Smoked Brats

2/\$7

3.99



5.99
12 Oz. Selected Varieties
Vienna Beef Franks or Bagel Dogs

2 Lb. Vienna Sauerkraut

2.69



7.99
24 Oz. Stack Pack
Selected Varieties
Wright Brand Sliced Bacon

12 Oz. Selected Varieties
Smithfield Sliced Bacon

3.99



3.99
6-9 Oz. Selected Varieties
Oscar Mayer Deli Fresh Shaved, Select, Strips or Carving Board Lunch Meat

20-32 Oz. Selected Varieties
Clausen Pickles or Sauerkraut

3.99



2.99
8.3-14 Oz. Selected Varieties
Eckrich Smoked Sausage Links & Smokies

ON THE GRILL SATURDAY, JUNE 21ST 11 AM-1 PM

North Side of Freeman Foods in Wellman & North English

RIBEYE STEAK SANDWICH \$7.00

MARINATED CHICKEN BREAST \$4.00

SMOKED CHOP ON-A-STICK \$4.00

FRESH BRAT \$3.00

PORK BURGER \$3.00

HOT DOG \$1.00 OR \$2.00

ON THE GRILL SATURDAY, JULY 4TH FOLLOWING THE PARADE

North Side of Freeman Foods in Wellman & North English

RIBEYE STEAK SANDWICH \$7.00

SMOKED TURKEY LEG \$5.00

RIB ON-A STICK \$4.00

MARINATED CHICKEN BREAST \$4.00

STOREMADE BRAT \$3.00

PORK BURGER \$3.00

HOT DOG \$1.00 OR \$2.00

ON THE GRILL SATURDAY, JULY 5TH 11 AM-1 PM

North Side of Freeman Foods in Wellman & North English

RIBEYE STEAK SANDWICH \$7.00

MARINATED CHICKEN BREAST \$4.00

RIB ON-A STICK \$4.00

GRILLED TENDERLOIN \$3.00

HAMBURGER \$4.00

HOT DOG \$1.00 OR \$2.00

FRESH PRODUCE



2.99 lb.



1.79 lb.



1.79



99¢



2/\$7



99¢



2/\$6



4.49



5.99 lb.



11.99



2/\$6



4.99



2/\$7



3.49

5.99 lb.

5.99 lb.

2/\$6

2/\$7

11.99

4.99

3.49

3.99

3.99

3.99

3.99

3.99

5.99 lb.

5.99 lb.

2/\$6

2/\$7

11.99

4.99

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3.99

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5.99 lb.

5.99 lb.

2/\$6

2/\$7

11.99

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5.99 lb.

5.99 lb.

2/\$6

2/\$7

11.99

4.99

3.49

3.99

3.99

3.99

3.99</

4th of July COOKOUT SPECIALS

DATES VALID: JUNE 25 THRU JULY 8, 2025

30.5 Oz., Selected Varieties
Hills Bros. or
Chock Full o'Nuts Coffee

13.99



10⁹⁹

22.6-25.9 Oz., Selected Varieties
**FOLGERS
COFFEE**

14-16 Oz., Selected Varieties
Duncan Hines Frosting

2.29



2/\$3

15.25-18.3 Oz., Selected Varieties
**DUNCAN HINES
CAKE OR BROWNIE MIX**

2 Lb., Selected Varieties
Crystal Baking Sugar

2.99



4 Lb.
**CRYSTAL
GRANULATED SUGAR**

3⁴⁹



7⁴⁹

32 Oz., Selected Varieties
**VELVEETA
LOAF**



2/\$6

8 Oz., Selected Varieties
**PHILADELPHIA
CREAM CHEESE**



2/\$4

8 Oz., Selected Varieties
**COOL WHIP
DESSERT TOPPING**



2²⁹

6.5-8.3 Oz., Selected Varieties
**SUDDENLY
SALAD**



2⁷⁹

10 Oz., Selected Varieties
**CAPRI-SUN
DRINKS**



3⁴⁹

22-24 Oz., Selected Varieties
**HERSHEY'S
SYRUP**

20-21 Oz., Selected Varieties
Lucky Leaf Premium Pie Filling

3.49



21-22 Oz.
Selected Varieties
**LUCKY LEAF
PIE FILLING**

2⁹⁹



4⁴⁹

50-75 Ft., Selected Varieties
**REYNOLDS
FOIL**

Celebrate Independence Day with these Great Savings!



128 Oz., Selected Varieties
HAWAIIAN PUNCH

3²⁹



10-12.2 Oz. Frosted Flakes, 8.9-9.3 Oz. Fruit Loops,
8.9-10 Oz. Apple Jacks, 9-12.6 Oz. Krispies,
8.8 Oz. Corn Pops or 10-11.4 Oz. Krave
KELLOGG'S CEREAL

2/\$6



7 Oz. Kraft Marshmallow Creme
HERSHEY'S CANDY BARS

5⁹⁹



21 Oz., Selected Varieties
Jet-Puffed S'mores Marshmallows
JET-PUFFED STANDARD OR MINI MARSHMALLOWS

2/\$3



14-4 Oz., Selected Varieties
BEST CHOICE GRAHAM CRACKERS

2/\$5



7.1-8.1 Oz., Selected Varieties
Nabisco Toasted Chips
NABISCO CHIPS AHOY!, RITZ OR SNACK CRACKERS

2/\$7



10.75 Oz.
Selected Varieties
SARA LEE POUND CAKE

3⁹⁹



3 Oz.
MCCORMICK BLACK PEPPER

2⁹⁹



4.67-6 Oz., Selected Varieties
MCCORMICK GRILL MATES RUBS

4⁴⁹



16 Oz.
LAWRY'S SEASONED SALT

3⁴⁹



10-16 Oz., Selected Varieties
TWIZZLERS LICORICE OR JOLLY RANCHER ROPES

3⁴⁹



5 Oz., Selected Varieties
MCCORMICK WET MARINADES

1⁹⁹



5-6 Oz., Selected Varieties
PAM COOKING SPRAY

1³⁹



0.3-3.9 Oz.
Selected Varieties
JELL-O GELATIN OR PUDDING MIX

2/\$3