



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.645.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- 1 Scan the Code and Download the AppCard App
- 2 Search for Freeman Foods & Select Go to Store
- 3 Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



**NATIONAL
FRUIT &
VEGETABLE
MONTH**

Family Pack
**PORK
SIRLOIN CHOPS**
Bone-In
Pork Sirloin Roast 1.69 lb.
40 Oz., Frozen
Tyson Boneless Chicken Tenderloins 8.99



5.99 lb.
USDA Choice
Arm Roast



2.49 lb.
Previously Frozen
Split Fryer Breast



13.99 lb.
Family Pack, USDA Choice
T-Bone Steaks



4.99 lb.
Grillmaster Ribs



2/\$7
Old Dutch Potato Chips
Selected Varieties, 10 Oz.



11.99
Dr. Pepper Products
Selected Varieties, 24 Pk. Cans



3.49
Turkey Hill Ice Cream
Selected Varieties, 1.44 Qt.



3.99
Halo Top Ice Cream or Bars
Selected Varieties, 16 Oz. or 4 Ct.



3.99
Trolli Gummi Pops
Selected Varieties, 10 Pk.



3.99
Frito-Lay Doritos or Ruffles
Selected Varieties, 6-10.75 Oz.



**HEALTHIER
PICKS
FOR YOU**
2 Lb.
Strawberries 2.99
Tomatoes On the Vine **99¢**
California
Yellow Peaches or Nectarines 2.49 lb.
5 Lb. Bag
Best Choice
Russet Potatoes **1.99**
California
Red or Black Plums 2.49 lb.



99¢
Hunt's Ketchup
20 Oz.



2/\$5
Wish-Bone or Western Salad Dressing
Selected Varieties, 15 Oz.



2.49
Kool-Aid Jammers
Selected Varieties, 10 Ct.



7.99
Dunkin' Donuts or Folgers 1850 Coffee
Selected Varieties, 11-31 Oz. or 10 Ct.



3.99
Pure Life Water
24 Pk./1.5 Liter Bottles or 24 Pk./8 Oz. Bottles



4.49
Bellatoria Cheese Bread
Selected Varieties, 12.1 Oz.



99¢
Hunt's Pasta Sauce
Selected Varieties, 24 Oz.



3.99
Tombstone or DiGiorno Classic Crust Pizza
Selected Varieties, 17.2-21.3 Oz.



3.99
Milo's Lemonade
Selected Varieties, Gallon

Check Out Our Weekly Ad Specials Online!
www.northenglish.freemanfoods.net www.wellman.freemanfoods.net Prices Effective June 2025

tues 17 wed 18 thurs 19 fri 20 sat 21 sun 22 mon 23

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GROCERY FAVORITES



Jif Peanut Butter or Smucker's Jelly or Jam
Selected Varieties
15-32 Oz.

2.99



Juicy Juice
Selected Varieties
64 Oz. or 8 Ct.

2/\$5



Maxwell House or Gevalia Coffee or Pods
Selected Varieties
12 Oz. or 6-12 Ct.

8.49



Classico Pasta Sauce
Selected Varieties
8.1-24 Oz.

2/\$5



Cremette Pasta
Selected Varieties, 12-16 Oz.

3/\$4

Best Choice Steak Sauce

2.49



Old Orchard Juice
Selected Varieties, 64 Oz.

2/\$4



Zatarain's Rice Sides
Selected Varieties, 6.3-6.9 Oz.

2/\$3



Kraft Macaroni & Cheese or Spirals
Selected Varieties, 4-5 Pk.

4.99



Best Choice BBQ Sauce
Selected Varieties, 18 Oz.

1.69

Bumble Bee Solid White Tuna

1.99



Starkist Chunk Light Tuna
Selected Varieties, 5 Oz.

1.19

MT. Olive Relish

1.99



Mt. Olive Pickles
Selected Varieties, 24-32 Oz.

2/\$6



Best Choice Mayonnaise or Whipped Dressing
Selected Varieties, 30 Oz.

3.79

Famous Dave's Pickles

3.79



Famous Dave's BBQ Sauce
Selected Varieties, 19-20 Oz.

2.99

Mt. Olive Single Serve Pickles

99¢



Mt. Olive Munchies Pouches
Selected Varieties, 4.8 Oz.

1.49



Nissin Cups
Selected Varieties, 2.25 Oz.

2/\$1

Original Chick-Fil-A Sauce

4.99



Plochman's Yellow Mustard
19 Oz.

2.49



Chicken of the Sea Tuna Pouches or Sardines
Selected Varieties, 2.5-3.75 Oz.

99¢



Red Gold Ketchup or Salsa
Selected Varieties, 15.5-32 Oz.

2/\$5



Best Choice Baked Beans
Selected Varieties, 28 Oz.

1.79

Best Choice Toaster Pastries

1.99



Dole Fruit Bowls
Selected Varieties, 12 Pk.

7.99



Swanson Chunk Chicken Breast
4.5 Oz.

2/\$5



Best Choice Applesauce
Selected Varieties, 23-24 Oz.

2.29



Pillsbury or Martha White Muffin Mix
Selected Varieties, 7-7.6 Oz.

4/\$5



Best Choice Sugar Ice Cream Cones
12 Ct.

1.89



Best Choice Peaches, Pears or Fruit Cocktail
Selected Varieties, 14.5-15.25 Oz.

2.19

Texas Roadhouse Steak Sauce

3.99



Wesson Cooking Oil
Selected Varieties, 128 Oz.

11.99

Huggies Wipes
Selected Varieties, 168-192 Ct.

6.49

Gerber Puffs, Lil' Biscuits, Meals or Lil' Crunchies
Selected Varieties, 1.48-6.6 Oz.

2/\$5

HOME & HEALTH



Milk-Bone Dog Treats
13 Lb., Original Purina Kit & Kaboodle Cat Food

3.99

4.5-24 Oz. Selected Varieties Milk-Bone Dog Treats

12.99



Xtra Laundry Detergent
70-200 Fl. Oz. Selected Varieties Glad Press 'N Seal or Cling Wrap

5.99

136.4-139.2 Oz. Selected Varieties Xtra Laundry Detergent

2.99



Dixie Plates or Bowls
4 Lb. or 22.2 Oz., Selected Varieties Milk-Bone Dog Treats

3.49

20-50 Ct. Selected Varieties Dixie Plates or Bowls

8.79



Meow Mix Wet Cat Food
12 Pk. Selected Varieties

8.99



Royal Oak Charcoal
8-15.4 Lb. Selected Varieties

5.99

8-15.4 Lb. Selected Varieties Royal Oak Charcoal



Beneful Dog Food
14 Lb. Selected Varieties

16.99

14 Lb. Selected Varieties Purina Beneful Dog Food

DON'T MISS OUT ON THESE GREAT SAVINGS!



Kool-Aid Bursts
Selected Varieties
6 Ct.

1.79



General Mills Cereal
18-18.8 Oz. Cheerios,
18.8 Oz. Cinnamon Toast Crunch,
18.8 Oz. Lucky Daisies, 18.7 Oz. Honey Puffs,
18.3 Oz. Cookie Crisp,
18.1 Oz. Cocoa Puffs or 16.1 Oz. Trix
11-14.4 Oz. Selected Varieties
Nabisco Honey Maid Grahams or Nilla Wafers

2/\$8
3.99



Nabisco Oreo
Selected Varieties, 7.5-14.03 Oz.
2.67-5.12 Oz. Selected Varieties
Frito-Lay Mini Snacks

2/\$5



Hi-C Juice Box
Selected Varieties, 8 Ct.
4-8 Oz. Selected Varieties
V8 Energy, Vegetable or Spicy Hot Juice

2/\$5
4.49



V8 Splash Juice
Selected Varieties, 64 Oz.

2/\$4



8.85-10 Oz. Selected Varieties
Taco Bell Dinner Kits or
Flavored Shells

2.99



15 Oz. Selected Varieties
TACO BELL
QUESO

3.29

15-15.7 Oz. Selected Varieties
Taco Bell Dips

3.99



12.8-22.6 Oz. Selected Varieties
TACO BELL
CRAVING KITS

6.99

1-1.4 Oz. Selected Varieties
Taco Bell Seasoning

79¢



7.5 Oz. Selected Varieties
TACO BELL
SAUCES

1.79

12 Oz. Selected Varieties
Taco Bell Spicy Sauces

1.99



12 CRUNCHY TACO SHELLS

2.49

National Dairy Month

6-8 Oz. Selected Varieties
Cracker Barrel Cheese

2/\$6

12 Oz.
Parkay Squeeze

2.99

59-64 Oz. Selected Varieties
Silk Almond Milk

2/\$6



2/\$5



Sargento Slices or Shreds
Selected Varieties, 5-8 Oz.

5.49



Jell-O
4 Ct. Selected Varieties
Jell-O Gelatin or Pudding Cups

2/\$6



Minute Maid
59 Oz. Selected Varieties
Minute Maid Fruit Punch or Lemonade

2/\$4



Pillsbury Crescent Rolls
4-12 Oz. Selected Varieties
Pillsbury Crescent Rolls, Grands, Cinnamon Rolls or Flaky Layer Biscuits

3/\$5



Jell-O
2.25-7 Oz. Selected Varieties
Jell-O Gelatin Desserts, Ore-Ida Just Crack An Egg Scrambles or Oscar Mayer Scrambles

2/\$4



Philadelphia Cheesecake Crumbles
2 Ct. Selected Varieties

3.99

52-59 Oz. Selected Varieties
Dole Fruit Juice Blends

2.99

32 Oz.
California Farms Barista Blend Oat Milk

4.59

4 Pk. Selected Varieties
Dannon Light + Fit, Oikos or Danimals

3.99



Chobani Flips or Creations Yogurt
Selected Varieties, 4.5-6.7 Oz.

8/\$10

46 Oz. Selected Varieties
Tropicana Essentials

2/\$4

40-48 Oz. Selected Varieties
Starbucks Iced Coffee

5.99

21 Oz. Selected Varieties
Best Choice Stir Fry Dinners

3.99



Best Choice Whipped Topping
Selected Varieties, 8 Oz.

1.29

8-40 Oz. Selected Varieties
Premier Protein Pancakes or Waffles

4.99

6-8 Ct. or 8-16 Oz. Selected Varieties
Best Choice Garlic Bread, Toast, Dinner Rolls or Breadsticks

2.49



De Wafelbakkers Pancakes
Selected Varieties, 14.1-14.8 Oz.

2/\$5

DELUXE
12-16 Oz. Selected Varieties
Kraft Singles

4.49



Kraft Singles
4-6 Oz. Selected Varieties
Yoplait Yogurt

10/\$6



Yoplait Yogurt
64 Oz. Selected Varieties
Turkey Hill Tea or Lemonade

2/\$4



Turkey Hill Tea or Lemonade
48 Oz. Selected Varieties
Califia Farms Almond or Oat Milk

3.99



Califia Farms Almond or Oat Milk
24 Oz. Selected Varieties
Kraft Natural Shreds or Chunks

6.99



Kraft Natural Shreds or Chunks
13 Oz. Selected Varieties
Reddi Wip Topping

5.99



Reddi Wip Topping
24 Ct. Best Choice
Sweet Corn On the Cob

6.99

Michelin's
4.5-8.5 Oz. Selected Varieties
Michelin's Entrées

4/\$5



Michelin's Entrées
24-28 Oz. Selected Varieties
On-Cor Entrées

3.99



On-Cor Entrées
4 Ct. Selected Varieties
Smucker's Uncrustables

2.99



Smucker's Uncrustables
13-15 Oz. Selected Varieties
Boston Market Entrées

2.99



Boston Market Entrées
19.8-22.2 Oz. Selected Varieties
Home Bake Mains

9.99



Home Bake Mains
24 Ct. Best Choice
Sweet Corn On the Cob

6.99

10-14 Oz. Selected Varieties
Green Giant Vegetables or Veggie Tots

3.49



Green Giant Vegetables or Veggie Tots
5.25-12 Oz. Selected Varieties
MorningStar Farms Entrées

2/\$7



MorningStar Farms Entrées
13.5-28 Oz. Selected Varieties
Alexia Onion Rings, Sweet Potatoes or Waffle Fries

4.99



Alexia Onion Rings, Sweet Potatoes or Waffle Fries
15-22.2 Oz. Selected Varieties
Home Bake Sides

4.99



Home Bake Sides
12 Oz. Selected Varieties
Flav-R-Pac Vegetables

1.99



Flav-R-Pac Vegetables
12 Oz. Frozen Concentrate
Best Choice Lemonade

1.59



Best Choice Lemonade

PREMIUM QUALITY MEATS



GROUND FRESH DAILY!

93% LEAN GROUND BEEF

5⁹⁹ lb.



5⁹⁹ lb.
USDA Choice
Arm Steak

Family Pack
Minute Steak 6.99 lb.



14⁹⁹ lb.
Family Pack, USDA Choice
Porterhouse Steak

Family Pack
Lean Stew Meat 6.99 lb.



2.49 lb.
Lean & Meaty
Pork Spare Ribs

40 Oz., Selected Varieties
Tennessee Pride Sausage Patties 9.99

3.99
16 Oz. Selected Varieties
Tennessee Pride Pork Sausage

2/\$4
15 Oz. Selected Varieties
Ball Park Meat Franks

28 Oz., Selected Varieties
Oscar Mayer Deli Sub Kits 7.99

2.99
16 Oz., Selected Varieties
Oscar Mayer Sliced Bologna or Salami



2/\$3
6.4 Oz., Selected Varieties
Banquet Brown 'N Serve Sausage Links or Patties

12-16 Oz., Selected Varieties
Hormel Black Label Sliced Bacon 5.49

7.99
24 Oz. Stack Pack
Selected Varieties Wright Brand Sliced Bacon

4.99
10-14 Oz. Selected Varieties
Nathan's Famous Beef Franks

16-19 Oz., Selected Varieties
Carando Bratwurst & Italian Sausage or Meatballs 4.99

2/\$4
22-4.4 Oz. Selected Varieties
Oscar Mayer Basic Lunchables

ON THE GRILL
SATURDAY, JUNE 21
11 AM-1 PM
North Side of Freeman Foods
in Wellman & North English

RIBEYE STEAK SANDWICH \$7.00

MARINATED CHICKEN BREAST \$4.00

SMOKED CHOP ON-A-STICK \$4.00

FRESH BRAT \$3.00

PORK BURGER \$3.00

HOT DOG \$1.00 OR \$2.00



FRESH PRODUCE

2⁹⁹ lb.
California
Fresh Apricots 3⁹⁹ lb.

3⁹⁹ lb.
Red or Green
Seedless Grapes

3⁹⁹ ea.
Head
Lettuce 1⁹⁹ ea.

3⁹⁹ ea.
6 Oz.
Blackberries or Raspberries

34⁹
2.5 lb. Bag
Sweet Onions

4/\$5
Fresh
Mangos

99[¢] ea.
Hothouse
Cucumbers

1.29 lb.
Washington Premium
Cosmic Crisp Apples

2.99
24 Oz. Selected Varieties
The Little Potato Company Potatoes

4/\$5
Hass
Avocados

3⁹⁹
16.5 Oz.
NaturesSweet Cherubs

3.99
12 Oz. Selected Varieties
Marzetti Dressing

2/\$7
4.5-7.75 Oz. Selected Varieties
Ready Pac Bistro Bowls

Deli & Bakery

Not Available at All Locations.



7.99 lb.
Sliced to Order, Selected Varieties
Kretschmar Turkey Breast



5.99 lb.
Sliced to Order
Kretschmar Provolone or Muenster Cheese



3.99
4.2 Oz., Original or Light
Mini Babybel Cheese



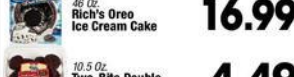
6.99
26 Oz., Selected Varieties
Café Valley Ring Cakes



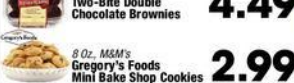
5.99
16 Oz.
King's Hawaiian Sweet Round Bread



4.99
12 Ct.
Clyde's Variety Pack Donuts



16.99
46 Oz.
Rich's Oreo Ice Cream Cake



4.49
10.5 Oz.
Two-Bite Double Chocolate Brownies

2.99
8 Oz., M&M's
Gregory's Foods Mini Bake Shop Cookies



29.99
Crown Royal Whiskey
Selected Varieties, 750 mL



2.00 OFF
Coors Light or Miller Lite Beer
Selected Varieties, 12 Pk.

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