



119 N Main, North English, IA • 319.654.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



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NATIONAL BARBECUE CELEBRATION

Whole BONELESS PORK LOIN **1.99 lb.**

Boneless Pork Loin Roast **2.49 lb.**

Previously Frozen Boneless Chicken Tenders **3.29 lb.**

Family Pack, USDA Choice Boneless Chuck Steaks **6.49 lb.**

Previously Frozen Split Fryer Breast **2.49 lb.**

Family Pack, USDA Choice Ribeye Steaks **13.99 lb.**

USDA Choice Boneless Chuck Roast **5.99 lb.**

7 lb. Fresh Strawberries **2/\$5**

Michigan Fresh Asparagus **2.49 lb.**

Beefsteak Tomatoes **99¢ ea.**

Fresh Mangos **99¢ ea.**

Dr. Pepper Products **2/\$9**

Selected Varieties, 6 Pk./1.5 Liter Bottles

Powerade Sports Drinks **10/\$10**

Selected Varieties, 28 Oz. Bottles

Rice-A-Roni or Pasta Roni **4/\$5**

Selected Varieties, 4.3-7.2 Oz.

Milo's Tea **2/\$7**

Selected Varieties, Gallon

AE Chocolate Milk **5.49**

Selected Varieties, Gallon

Baskin Robbins Ice Cream **2.99**

Selected Varieties, 14 Oz.

Blue Ribbon Classics Novelties **5.49**

Selected Varieties, 12-20 Ct.

Hunt's Pasta Sauce **4/\$5**

Selected Varieties, 24 Oz.

UTZ Potato Chips **2/\$4**

Selected Varieties, 7.75 Oz.

Frito-Lay Ruffles, Cheetos or Dairy Dip **3.99**

Selected Varieties, 6.5-15.75 Oz.

Blue Ribbon Classics Frozen Dairy Desserts **5.99**

Selected Varieties, 128 Oz.

Nabisco Oreos **2.99**

Selected Varieties, 7.5-14.03 Oz.

Best Choice Frozen Potatoes **2.99**

Selected Varieties, 24-32 Oz.

Best Choice Soft Drinks **5/\$5**

Selected Varieties, 2 Liter Bottle

Pure Life Water **3.99**

28 Pk./1.5 Liter Bottles

COOKOUT FAVORITES



Prince, San Giorgio or Mueller's Pasta
Selected Varieties
12-16 Oz.

4/\$5



1.49
Kraft Mac & Cheese
11 Oz. Family Size



3.99
SPAM Luncheon Meat
Selected Varieties, 12 Oz.



79¢
Best Choice Mac & Cheese
Selected Varieties, 5.5-7.3 Oz.



2/\$3
Chicken of the Sea Tuna Infusions
Selected Varieties, 2.8 Oz.



1.79
Best Choice Ripe Pitted Olives
Selected Varieties, 5.75-6 Oz.



1.29
Best Choice Bacon Bits
2 Oz.



Kraft Easy Mac or Velveeta Shells & Cheese Cups
Selected Varieties
2.05-2.39 Oz.

2/\$3



3.49
Frank's RedHot or Wing Sauce
Selected Varieties, 12-13 Oz.
12.5 Oz. Selected Varieties
Popeye Spinach

1.69



4/\$5
Open Pit BBQ Sauce
Selected Varieties, 18 Oz.



3.99
Best Choice Mayonnaise
Selected Varieties, 30 Oz.



2.69
Chicken of the Sea Salmon Pouches
Selected Varieties, 3.5 Oz.



1.79
Best Choice Baked Beans
Selected Varieties, 28 Oz.



3.99
2 Sisters' Salsa
Selected Varieties, 16 Oz.



Vlasic Pickles or Relish
Selected Varieties
16-24 Oz.

2/\$5



5 Oz. Selected Varieties
Mrs. Cubbison's Croutons

2/\$3



3.99
Olive Garden Salad Dressing
Selected Varieties, 16 Oz.
10 Oz. Selected Varieties
Best Choice Steak Sauce

2.49



1.39
Best Choice Sweet Relish
Selected Varieties, 8 Oz.



89¢
Best Choice Vegetables
Selected Varieties, 8-8.5 Oz.



6.99
Nescafé Coffee
Selected Varieties, 3.5-8.1 Oz.



1.29
Best Choice Yellow Mustard
20 Oz.



3.99
Texas Roadhouse Sauces
Selected Varieties, 12 Oz.



Heinz Ketchup
Selected Varieties
13-20 Oz.

2.99



5/\$5
Nissin Bowls
Selected Varieties, 2.89-4 Oz.



2.39
Best Choice Apple Juice
Selected Varieties, 8 Oz.



1.49
Tabasco Hot Sauce
Selected Varieties, 2 Oz.



2.99
Best Choice Stuffed Olives
Selected Varieties, 4.5-6 Oz.



1.99
Best Choice Salad Dressing
Selected Varieties, 16 Oz.



4.99
Mt. Olive Pickles
Selected Varieties, 80 Oz.



8.99
12 Pk. Selected Varieties
Meow Mix Wet Cat Food



12.99
14 Lb. Selected Varieties
Gravy Train Dog Food



19.99
10.5-28 Lb. Selected Varieties
Arm & Hammer Cat Litter



2/\$10
3.15 Lb. Selected Varieties
9 Lives Cat Food



12.99
23.5 Oz. Selected Varieties
Pup-Peroni Dog Treats

HOME & HEALTH



2.99
56-57.6 Oz.
Selected Varieties
Xtra Laundry Detergent



2/\$5
1.48-5.5 Oz.
Selected Varieties
Gerber Baby Snacks



6.99
16 Lb. or 9.34 Liters
Selected Varieties
Best Choice Charcoal



11.99
28-36 Ct.
Selected Varieties
Finish Dishwasher Pods



9.99
8-18 Rolls
Selected Varieties
Scott Bath Tissue or Paper Towels



2.99
28 Oz. Selected Varieties
Ajax Dish Soap

14.99
6-12 Rolls
Selected Varieties
Charmin Bath Tissue or Bounty Paper Towels

DON'T MISS OUT ON THESE GREAT SAVINGS!



Nabisco Premium Saltine Crackers
Selected Varieties, 9-17 Oz.

3/49



Nabisco Nilla Wafers
Selected Varieties, 11 Oz.

3/99

14.4 Oz., Selected Varieties
Best Choice Graham Crackers 2.79



4/\$5
Hershey's Snack Size Candy
Selected Varieties, 4 Pk.



2.99
Orville Redenbacher's Popcorn
Selected Varieties, 2-3 Ct.



Kellogg's Cereal
13.6-16.1 Oz. Raisin Bran
13.3-16 Oz. Mini Wheats or 12.7 Oz.
Frosted Bran or 11.6 Oz. Complete Bran

2/\$5



2.79
Mott's Applesauce
Selected Varieties, 23-24 Oz.



3.49
Dolly Parton's Premium Brownie Mix
Selected Varieties, 16.7-17.6 Oz.



Betty Crocker Brownies, Cookies, Cake or Muffin Mix
9.3-19.1 Oz.

2/\$5

12-16 Oz., Selected Varieties
Best Choice Pretzels 1.99



2.99
Libby's Fruit Cups
Selected Varieties, 4 Pk.



1.79
Best Choice Frosting
Selected Varieties, 15.25 Oz.



15 Oz. Selected Varieties TACO BELL CON QUESO 3/29	12.88-22.6 Oz. Selected Varieties TACO BELL CRAVING KITS 6/99	7.5 Oz. Selected Varieties TACO BELL SAUCES 1/79	12 Ct., Crunchy TACO BELL TACO SHELLS 2/49
8.89-14.8 Oz. or 12 Ct. Selected Varieties TACO BELL DINNER KITS OR FLAVORED SHELLS 2/99	15-15.7 Oz. Selected Varieties TACO BELL DIPS 3/99	1-1.4 Oz. Selected Varieties TACO BELL SEASONING 7/99	12 Oz. Selected Varieties TACO BELL SPICY SAUCES 1/99

DAIRY & FROZEN

16 Oz., Selected Varieties
Best Choice Cottage Cheese 1.99



2/\$4
Best Choice Shredded Cheese
Selected Varieties, 8 Oz.

8 Oz., Selected Varieties
Best Choice Sour Cream 1.09



2/\$7
International Delight or Dunkin' Donuts Cold Foam or Creamer
Selected Varieties, 14-32 Oz.

24 Ct. Best Choice Sweet Corn On the Cob 6.99



4/\$5
Banquet Basics Dinners
Selected Varieties, 4.85-7 Oz.

22.5 Oz. Best Choice Garlic Texas Toast 3.99



8/99
Totino's Pizza Rolls or Old El Paso Taco Bites or Stuffed Nachos
Selected Varieties, 100 Ct. or 13-17 Oz.



5.99
20 Oz. Selected Varieties
Rana Pasta



2/\$4
22.5-3 Oz. Selected Varieties
Ore-Ida Just Crack An Egg Scrambles or Oscar Mayer Scrambles



3.29
9.25-10.3 Oz. Selected Varieties
Banquet Healthy Choice Café Steamers or Selections



4/\$5
8-16 Oz. Selected Varieties
PictSweet Farms Vegetables



2/\$3
11 Oz. Selected Varieties
Tropicana Juice



1.69
11.5 Oz. Selected Varieties
Bagels Forever Bagels



5.99
13-26 Oz. Selected Varieties
Farm Rich Appetizers



4/\$5
7 Oz. Selected Varieties
Banquet Pot Pies or Fruit Pies



2/\$4
59 Oz. Selected Varieties
Minute Maid Punch or Lemonade



5.99
40-48 Oz. Selected Varieties
Starbucks Iced Coffee



10.99
22 Oz. Hot & Spicy
Banquet Bone-In Wings



7.49
18.2-22 Oz. Selected Varieties
Bertolli or P.F. Chang's Entrées



10/\$10
1.58 Oz. Extra Sharp Yellow & White
Cracker Barrel Bites



1.99
8 Oz. Selected Varieties
Best Choice Cream Cheese



6.49
32 Oz. Selected Varieties
Best Choice Cobbles



3.69
12 Oz. Selected Varieties
Farm Rich French Toast Sticks



2.49
8 Oz. Selected Varieties
Best Choice Cheese Slices



2.29
12 Oz. Selected Varieties
Best Choice American Singles



5.99
23.4 Oz. Selected Varieties
Pillsbury Toaster Strudel



3.99
19-20 Oz. Selected Varieties
Best Choice Tortellini or Ravioli

SIZZLING SAVINGS FROM THE MEAT DEPARTMENT



5.49
lb.
85% Lean
Ground Beef

Family Pack
**BONELESS
PORK CHOPS**

2.99
lb.



12.99
lb.
Whole in the Bag
Prime Rib

Family Pack
Boneless Country Pork Ribs **3.99** lb.

Family Pack, USDA Choice
Boneless Beef Stew Meat **6.99** lb.



5.99 lb.
USDA Choice
Eye of Round
Steaks



2.49 lb.
Lean & Meaty
Pork
Spare Ribs



Family Pack
Minute Steak
6.99 lb.
3.49
Save 1.00 w/ In-Ad Coupon
16 Oz. Selected Varieties
Kentucky Legend
Sliced Bacon



4.99
23-29 Oz. Selected Varieties
Tyson Breaded
Chicken Nuggets
or Patties



12 Oz. Selected Varieties
Smithfield Sliced Bacon
3.99
5.99
20 Oz. Selected Varieties
Scott Pete Beef
Polish Sausage



14 Oz. Selected Varieties
Zatarain's Smoked Sausage
3.99
4.99
10-14 Oz. Selected Varieties
Nathan's Famous
Beef Franks



20 Oz. Selected Varieties
Scott Pete Smoked Sausage
3.99
2.27
7-9 Oz. Selected Varieties
Buddig Sliced
Lunch Meat



2.99
16 Oz. Selected Varieties
Oscar Mayer
Sliced Bologna

**ON THE
GRILL
SATURDAY,
MAY 31
11 AM-1 PM**

North Side of Freeman Foods
in Weilman & North English

**RIBEYE
STEAK
SANDWICH
\$7.00**

**MARINATED
CHICKEN
BREAST
\$4.00**

**RIB ON-A
STICK
\$4.00**

**GRILLED
TENDERLOIN
\$3.00**

**HAMBURGER
\$4.00**

**HOT DOG
\$1.00
OR
\$2.00**

PRODUCE FRESH PICKS



6.99
ea.
Seedless
Watermelons



3.99
6 Oz. Raspberries
or Blackberries



4/\$5
Green
Cabbage
59¢



99¢
ea.
Green
Bell Peppers



1.29 lb.
5 Lb. Bag
Best Choice
Russet Potatoes **1.99**



3.49 lb.



1.29 lb.



99¢ ea.



2/\$7



4.49



1.99



99¢ ea.



2/\$7



4.49



2.99



2/\$7



4.49

Deli & Bakery

Not Available at
All Locations.



Sliced to Order
Kretschmar
Deli Slicing Beef

10.99 lb.



Sliced to Order, Selected Varieties
Sara Lee
Turkey Breast

6.99 lb.



10 Oz., Selected Varieties
Sabra
Hummus

2/\$6



12 Ct., Original or Savory
King's Hawaiian
Rolls

3.99



6 Ct., Selected Varieties
Clyde's
Fritters

4.99



13.5 Oz., Selected Varieties
Shirley's
No Bake Cookies

2/\$7



35 Oz.
Rich's Double Layer
German Chocolate Cake

12.99



10.2 Oz.
King's Hawaiian
Original Pretzel Bites

5.99



4 Oz., Selected Varieties
JJ's
Snack Pies

3/\$2



32.99

Tito's Vodka
Selected Varieties, 1.75 Liter



21.99

Admiral Nelson's Rum
Selected Varieties, 1.75 Liter