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Now Proudly Offering
Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, MARCH 26 THROUGH TUESDAY, APRIL 1, 2025



Playball!



Extra Large Green Bell Peppers or Large Slicing Cucumbers

99¢ Ea.

Crisp Iceberg Lettuce Head

2/\$3

On The Vine Tomatoes

\$1.29 Lb.

avocados

99¢ Ea.

Best Choice Russet Potatoes 10 Lb.

\$3.49

Dole Premium Salad Kit 11.3-12.3 Oz., Selected Varieties

\$3.99

Taylor Farms Sugar Snap or Snow Peas 8 Oz. or Cauliflower Rice 12 Oz.

\$3.99

Fresh Cantaloupe

\$4.99 Ea.

March 26th is National Spinach Day

Dole Classic Spinach 8 Oz.

2/\$5

Gurley's In-Shell Peanuts 24 Oz., Salted or Unsalted

\$5.99

Bothouse Fresh Carrot Crinkles 16 Oz. or Carrot Sticks 12 Oz.

\$2.49

California Raspberry or Cara Cara Oranges or Minneola Tangelos

3/\$2

Fresh Red Ripe Strawberries 16 Oz.

\$3.99

Lent Specials

Frozen Alaskan Pollock

\$2.99 Lb.

Best Choice Cooked Tail-On Shrimp 31-40 Ct., 12 Oz.

\$5.49

Best Choice Crunchy Fish Sticks or Fillets 18.2-24 Oz., Selected Varieties

\$5.99

Sea Best Cod or Catfish Fillets 16 Oz.

\$6.49

Best Choice Shrimp Skewers 24 Oz.

\$9.99

Bar S Corn Dogs 2.34 Lb.

\$5.99

Ball Park Franks 15 Oz., Selected Varieties

\$1.99

Fresh Bone-In Pork Shoulder Roast

\$2.19 Lb.

Fresh Bone-In Pork Shoulder Steaks

\$2.49 Lb.

Fresh Whole Chicken

\$1.49 Lb.

Fresh Boneless Beef Arm Roast

\$5.49 Lb.

Farmland Bacon 12-16 Oz., Selected Varieties

\$3.99

Oscar Mayer Family Size Deli Fresh Lunchmeat 15-16 Oz., Selected Varieties

\$6.49

Oscar Mayer Fun Pack Lunchables 8-9-10.7 Oz., Selected Varieties

2/\$5

Wimmer's Skinnies Wieners 24 Oz., Selected Varieties

\$7.99

El Monterey Burritos or Chimichangas 4 Ct., 8 Pack Family Size, Selected Varieties

\$5.49

Kellogg's Family Size Cereal 16.4-24 Oz., Selected Varieties

\$5.49

Kellogg's Eggo Pancakes 5-40 Ct. or French Toaster Sticks 32 Ct., Selected Varieties

\$2.99

Best Choice Frozen Vegetable Blends 16-20 Oz., Selected Varieties

\$1.99

BAKERY SPECIALS

Rotella's Italian Bakery Hamburger Buns 8 Ct.

2/\$4

Silver Lake Supreme Sirloin Steak Certified Angus Beef

\$10.99 Lb.

Pace Picante Sauce or Salsa 24 Oz., Selected Varieties

\$3.49

Kemps Vanilla Ice Cream Sandwiches 6 Ct.

\$1.99

Cafe Valley Muffins 4 Ct., Selected Varieties

\$3.49



Jif Peanut Butter
15-16 Oz. or
9 Ct. 1.5 Oz. Cups,
Selected Varieties
\$1.99



Best Choice Pasta Sauce
24 Oz.,
Selected Varieties
2/\$3



Pillsbury Cake Mix
15.25 Oz.,
Selected Varieties
2/\$3



Ocean Spray Juice
64 Oz.,
Selected Varieties
\$3.49



Best Choice Specialty Potatoes
4.6-5 Oz.,
Selected Varieties
3/\$5



Dorothy Lynch Home Style Dressing
16 Oz.,
Selected Varieties
\$2.99



Vlasic Pickle Relish
10 Oz.,
Selected Varieties
\$1.89



Kraft Macaroni & Cheese or Velveeta Shells & Cheese Cup
7.25-2.39 Oz.
2/\$3



Best Choice Heavy Duty Cutlery
48 Ct.,
Selected Varieties
2/\$3



Best Choice Purified Drinking Water
24 Pack
16.5 Oz. Bottles
\$3.49



Hershey's Chocolate Candy
7.2-10.8 Oz.,
Selected Varieties
\$5.49



Pillsbury Frosting
15.6-16 Oz.,
Selected Varieties
\$1.79



Pillsbury Brownie Mix
16.4 Oz.,
Selected Varieties
\$1.79



Puffs Facial Tissues
24 Ct.,
Selected Varieties
\$1.99



Best Choice Premium Paper Towels
6 Giant Rolls
\$6.49



Best Choice Scented Cat Litter
20 Lb.,
Selected Varieties
\$4.99



Meow Mix Cat Food
3.3-15 Lb.,
Selected Varieties
\$5.99



Kibbles 'n Bits Dog Food
15 Lb.,
Selected Varieties
\$15.99

DUNKIN' FOR DEALS!

SLAM DUNK SNACK SAVINGS!



Bagel Bites
7 Oz.,
Selected Varieties
\$2.49



Johnsonville Summer Sausage
10-12 Oz.,
Selected Varieties
\$4.99



Cheetos Funyuns
8.25 Oz.,
Selected Varieties
\$3.99



Best Choice Soda or Mixers
12 Pack 12 Oz. Cans,
Selected Varieties,
Plus Deposit Where Required
\$3.79



Jolly Time Microwave Popcorn
3.4 Ct.,
Selected Varieties
\$1.99



Best Choice Pretzels
12-16 Oz.,
Selected Varieties
\$1.99



Nabisco Oreo, Cakesters or Fudge Covered Nutter Butter Cookies
7.9-14.03 Oz.,
Selected Varieties
\$3.99



Keebler Cookies
8.5-13.4 Oz.,
Selected Varieties
\$2.99



Fiesta Fresh Salsa
16 Oz.,
Selected Varieties
\$3.99

DAIRY DEALS



Best Choice Shredded or Chunk Cheese
6-8 Oz.,
Selected Varieties
2/\$3



Daisy Brand Sour Cream or Cottage Cheese
24 Oz.,
Selected Varieties
\$3.79



Crystal Farms Deli Sliced Cheese
6-8 Oz.,
Selected Varieties
\$2.99



Silk Almond Milk
59-64 Oz.,
Selected Varieties
\$2.99



Country Crock Spread
10.5-15 Oz. or
Plant Cream
16.9 Oz.,
Selected Varieties
\$2.99



Philadelphia Cream Cheese
8 Oz.,
Selected Varieties
\$2.49

FROZEN DEALS



Best Choice Garlic Texas Toast, Bread Sticks or Dinner Rolls or Garlic Bread
8 Ct.,
6 Ct. or
16 Oz.
\$1.99



Blue Bunny Premium Dairy Dessert or Frozen Yogurt
46-48 Oz.,
Selected Varieties
\$2.99



Louisa Pasta
19-22 Oz.,
Selected Varieties
\$4.49



Pillsbury Toaster Strudel or Scrambles Pastries or Mini Cinnis Pull Aparts
7.2-11.7 Oz. or
9.16 Oz.,
Selected Varieties
\$2.99



Blue Bunny Ice Cream Novelties
6-9 Ct.,
Selected Varieties
\$3.99