

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering Certified Angus Beef

# Carstensen's Meat and Grocery

Family Owned, Family Trusted



LIKE US!  
Carstensen's Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, MARCH 19 THROUGH TUESDAY, MARCH 25, 2025

## Spring into SAVINGS!

**Fresh Asparagus**  
**\$1.99**  
Lb.

**Best Choice Russets Potatoes**  
5 Lb.  
**\$1.99**

**Imported Red, Green or Black Seedless Grapes**  
**\$3.99**  
Lb.

**Dole Salad Blends or Spinach**  
5-12 Oz.  
Selected Varieties  
**\$2.49**

**Bolthouse Fresh Baby Cut Carrots** 16 Oz. or **Crisp Iceberg Lettuce** Head  
**\$1.99**

**Halos Mandarins** 3 Lb. or **California Navel Oranges** 4 Lb.  
**\$4.99**

**Fresh Red Ripe Strawberries** 16 Oz. or **Blackberries** 6 Oz.  
**\$2.99**

**Wholly Guacamole**  
7.5-10 Oz.  
Selected Varieties  
**\$2.99**

**Fresh Broccoli** Bunch or **Cauliflower** Head  
**\$2.99**

**Extra Large Roma or Slicing Tomatoes**  
**99¢**  
Lb.

**Imported Peaches or Nectarines**  
**\$2.99**  
Lb.

**Michigan Apples**  
3 Lb.  
Selected Varieties  
**\$3.99**

**Fresh Chicken Drumsticks or Thighs**  
Family Pack  
**\$1.19**  
Lb.

**Fresh 80% Lean Ground Beef**  
Family Pack  
**\$3.99**  
Lb.

**Best Choice Cooked Tail-On Shrimp**  
31-40 Ct., 12 Oz.  
**\$4.99**

**Fresh Bone-In Assorted Pork Loin Chops**  
**\$1.99**  
Lb.

**Fresh Boneless Beef Chuck Roast**  
**\$6.49**  
Lb.

**Fresh Boneless Beef Top Sirloin Steaks**  
**\$7.49**  
Lb.

**Wimmer's Little Smokies**  
10-14 Oz.  
Selected Varieties  
**\$3.99**

**Oscar Mayer Ham or Turkey Lunchmeat**  
16 Oz.  
Selected Varieties  
**\$3.99**

**Cedar Hollow Boneless Ham**  
Selected Varieties  
**\$4.99**  
Lb.

**Gary's Quick Steak**  
10.8 Oz.  
Selected Varieties  
**\$5.99**

**Aqua Star Steamer Meals**  
11-12 Oz.  
Selected Varieties  
**\$6.99**

**New York Bakery Texas Toast With Cheese**  
8 Ct. or **Ciabatta Rolls With Cheese**  
6 Ct.  
Selected Varieties  
**2/\$6**

**Stouffer's Entrees**  
8.8-12.75 Oz.  
Selected Varieties  
**\$2.99**

**Michelina's Entrees**  
4.5-8.5 Oz.  
Selected Varieties  
**99¢**

**Reames Egg Noodles**  
24 Oz.  
Selected Varieties  
**\$4.49**

**Rotella's Hamburger Buns**  
8 Ct.  
**\$1.99**

**Juicy Juice 100% Juice**  
64 Oz.  
Selected Varieties  
**2/\$6**

**Best Choice Potato Chips**  
7-8 Oz.  
Selected Varieties  
**3/\$5**

**Folgers Coffee**  
9.6 Oz. Ground or 10 Ct. 8-Cups.  
Selected Varieties  
**\$4.99**

**Best Choice Bath Tissue**  
6 Mega Rolls.  
Selected Varieties  
**\$4.49**

**French Twirl Vanilla Pastries**  
4 Ct.  
**\$2.99**

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

**WOW DEAL**  
Kraft Mac & Cheese Dinner  
8.5-9.7 Oz.  
Selected Varieties  
**88¢**

Nabisco Ritz Crackers  
8.8-13.7 Oz.  
Toasted Chips or Thin Crisps or Ritz Crisp & Thins or Crispers  
7-8.5 Oz.  
Selected Varieties  
**\$3.49**



Hunt's Pasta Sauce  
24 Oz.  
Selected Varieties  
**3/\$4**

Betty Crocker Potatoes  
4 Oz.  
Selected Varieties  
**\$1.79**

Chicken of the Sea Alaskan Pink Salmon  
14.75 Oz.  
**\$3.69**

Lay's Kettle Cooked Poppables 5 Oz. or Tostitos 9.13 Oz.  
Selected Varieties  
**2/\$7**

Progresso or Old El Paso Soup  
18-19 Oz.  
Selected Varieties  
**2/\$5**

Quaker Instant Oatmeal  
6-10 CL.  
Selected Varieties  
**\$2.99**

General Mills Cheerios  
8-10.8 Oz.  
Selected Varieties  
**\$2.99**

Kellogg's Special K Pastry Crisps  
12 CL.  
Selected Varieties  
**2/\$5**

Snack Pack Pudding or Juicy Gels  
4 CL.  
Selected Varieties  
**4/\$5**

Nabisco Chips Ahoy! Cookies  
Selected Varieties  
**\$3.49**

Nabisco Family Size Oreo or Nutter Butter Cookies  
10.68-20 Oz.  
Selected Varieties  
**\$4.49**

Bugles, Gardetto's or Cheez Mix Snacks  
Selected Varieties  
**\$2.99**

Cheez-It Crackers or Snack Mix  
9-12.4 Oz. or Cheez-It Snap'd or Puff'd Crackers  
5.75-7.5 Oz.  
Selected Varieties  
**\$3.49**



Hawaiian Punch  
Selected Varieties  
**\$2.49**

Campbell's Tomato Juice  
64 Oz. or V8 Vegetable or V-Fusion Juice  
5 CL. Can.  
Selected Varieties  
**\$3.69**

Dawn Ultra or Platinum Dish Detergent  
12-20 CL.  
Selected Varieties  
**\$2.99**

XTRA Laundry Detergent  
16-19.5 Oz. Liquid.  
Selected Varieties  
**\$2.99**



**Best Choice**  
*40<sup>th</sup> Anniversary*  
Celebrating 40 Years of Quality and Value

Best Choice Vegetables  
14.5-25.25 Oz.  
Selected Varieties  
**5/\$4**

Best Choice Chunk Light Tuna  
49 Oz.  
Selected Varieties  
**69¢**

Best Choice Egg Noodles  
Selected Varieties  
**\$2.49**

Best Choice Condensed Soup  
10.5-19.25 Oz.  
Selected Varieties  
**99¢**



Best Choice Steamable Vegetables  
12 Oz.  
Selected Varieties  
**5/\$5**

Best Choice Bread Crumbs  
8-15 Oz.  
Selected Varieties  
**\$1.89**

Best Choice All Purpose Flour  
10 LB.  
**\$5.49**

Best Choice Soda or Mixers  
2 Liter Bottle.  
Selected Varieties, Plus Deposit Where Required  
**99¢**



**March FROZEN FOOD Month**  
**FREEZER GIVEAWAY**  
MARCH 5 - 25, 2025

**9 GRAND PRIZE WINNERS**  
Each winner will receive a **\$500 VISA GIFT CARD** towards the purchase of a new freezer

Register for your chance to WIN!  
Scan QR Code or visit [www.frozenfoodgiveaway.com](http://www.frozenfoodgiveaway.com)

**FROZEN DEALS**

Marie Callender's Pot Pie or Entrée  
10.5-15 Oz.  
Selected Varieties  
**\$2.99**

Kellogg's Eggo Waffles  
10 CL.  
Selected Varieties  
**2/\$5**

Kemps Sherbet 54 Oz.  
Ice Cream Novelties or Pops 4-16 CL.  
Ice Cream or Frozen Yogurt 48 Oz. or Ittibat Ice Cream 6 Pack 14 Oz. Cups.  
Selected Varieties  
**\$3.99**

Tombstone or DiGiorno Classic Crust Pizza  
Selected Varieties  
**2/\$8**

Mr Dell's Hash Browns or Potatoes O'Brien  
24-32 Oz.  
Selected Varieties  
**\$3.49**

InnovAsian Cuisine Entrée  
Selected Varieties  
**\$5.99**

**DAIRY DEALS**



International Delight Iced Coffee  
64 Oz.  
Selected Varieties  
**\$4.49**



Activia Yogurt  
4 Pack 4 Oz.  
Selected Varieties  
**2/\$5**



Crystal Farms Cheese Singles  
12 Oz.  
Selected Varieties  
**\$2.99**



Pillsbury Ready To Bake Cookies or Cookie Dough  
16-16.5 Oz.  
Selected Varieties  
**\$3.49**