

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering Certified Angus Beef

# Carstensen's Meat and Grocery

Family Owned, Family Trusted



LIKE US!  
Carstensen's Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

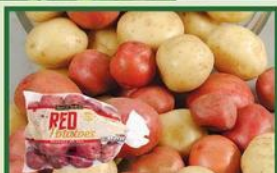
201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, MARCH 12 THROUGH TUESDAY, MARCH 18, 2025

SAINT Patrick's DAY

# SALE



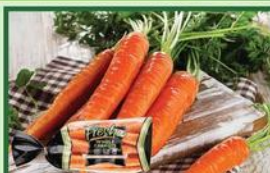
Best Choice Red or Gold Potatoes 5 Lb.

2/\$4



Crisp Green Cabbage

39¢ Lb.



Fresha Whole Carrots 2 Lb.

2/\$4



Premium Apples Selected Varieties

\$1.99 Lb.



Imported Red, Green or Black Seedless Grapes

\$1.99 Lb.



Dole Classic Romaine 9 Oz. Greener Selection 11 Oz. or Classic Spinach 8 Oz.

2/\$5



Yellow Onions 3 Lb.

\$1.99



Imported Peaches, Nectarines or Black Plums

\$2.99 Lb.



California Cara Cara or Raspberry Oranges 3 Lb. or Lemons 2 Lb.

\$3.99



Extra Large Green Bell Peppers or Large Slicing Cucumbers

99¢ Ea.



Fresh Grape Tomatoes 10 Oz.

\$1.99



Taylor Farms Green Beans or Brussels Sprouts 12 Oz.

\$3.99

## Lent Specials

Sea Best Tilapia Fillets \$4.49 16 Oz.

Best Choice Cooked Shrimp \$5.49 52-70 Ct. 12 Oz.

Frozen Cod Fillets \$6.49 Lb.

Fisher Boy Fish Sticks \$7.99 60 Oz.

Sea Best Bay Scallops \$7.99 80-120 Ct., 16 Oz.

AquaStar Breaded Butterfly Shrimp \$9.99 1.5 Lb., Selected Varieties



Corned Beef Flats \$5.99 Lb.

Corned Beef Points \$4.99 Lb.



Fresh Boneless Pork Loin Chops \$2.49 Lb.



Fresh Boneless Skinless Chicken Breast Tenderloins \$3.99 Lb.



Fresh Boneless Beef Arm Roast \$6.49 Lb.



Fresh 85% Lean Ground Round Value Pack \$5.69 Lb.



Best Choice Bacon 16 Oz., Selected Varieties \$3.99

Bar 5 Franks 12 Oz., Selected Varieties \$1.29

Tyson Breaded Chicken 20.5-29 Oz., Selected Varieties \$6.99

El Monterey Taquitos 18-20.7 Oz., Selected Varieties \$7.99



Lotzza Motzza Pizza 20-27 Oz., Selected Varieties \$6.99



Pan Ready Stir Fry Beef Strips Certified Angus Beef \$6.99 Lb.



Kemps Dip or Cottage Cheese 16 Oz., Selected Varieties \$1.99



Florida's Natural Orange Juice 52 Oz., Selected Varieties \$3.99



Chicken of The Sea Chunk Light Tuna 5 Oz., Selected Varieties 99¢



Farm Rich Appetizers 14.3-26 Oz., Selected Varieties \$4.99



Louisiana Fish Fry Breading Mix 7.5-10 Oz., Selected Varieties \$1.79



Vlasic Whole Kosher Dill Pickles 32 Oz. \$3.49

## DELI & BAKERY

Izzio Sourdough Bread 24 Oz. \$4.99

St. Pierre Brioche Sliders 24 Ct. \$6.49

Wilson Roast Beef 1 Lb. \$7.99

Kretschmar Pepper Jack Cheese 12 Ct. \$6.99 Lb.

**General Mills Cereal**  
8.9-12 Oz., Selected Varieties  
**\$2.99**

**Old El Paso Enchilada Sauce**  
10 Oz., **Refried Beans**  
16 Oz. or **Chopped Green Chiles** 4 Oz., Selected Varieties  
**2/\$3**

**Creamette Pasta**  
12-16 Oz., Selected Varieties  
**99¢**

**Nabisco Premium Salines or Soup & Oyster Crackers**  
24 Oz., Selected Varieties  
**\$3.49**

**Manwich Sloppy Joe Sauce**  
15-18 Oz., Selected Varieties  
**4/\$5**

**Old El Paso Flour Tortillas or Taco Shells**  
8-10 Cl. or 10-12 Cl., Selected Varieties  
**2/\$4**

**Old El Paso Taco Seasoning Mix**  
48.1 Oz., Selected Varieties  
**89¢**

**Prego Pasta Sauce**  
23-24 Oz., Selected Varieties  
**2/\$5**

**Nabisco Premium Salines or Soup & Oyster Crackers**  
24 Oz., Selected Varieties  
**\$3.49**

**Swanson Broth or Stock**  
32 Oz., Selected Varieties  
**2/\$5**

**Bush's Best Beans**  
15-16 Oz., Selected Varieties  
**4/\$5**

**Campbell's SpaghettiOs or Spaghetti**  
15.6-15.8 Oz., Selected Varieties  
**4/\$5**

**Best Choice Pancake & Waffle Syrup**  
24 Oz., Selected Varieties  
**\$2.99**

**Best Choice Pancake & Waffle Syrup**  
24 Oz., Selected Varieties  
**\$2.99**

**beVita Breakfast Biscuits**  
8.8 Oz., Selected Varieties  
**\$3.49**

**Old Orchard Juice Cocktail**  
Selected Varieties  
**2/\$4**

**Best Choice Designer Series Paper Plates**  
20-24 Ct., Selected Varieties  
**\$2.49**

**Clorox Bleach**  
40-43 Oz., Selected Varieties  
**\$3.99**

# SLAM DUNK SNACK SAVINGS

**Pringles Potato Crisps**  
Selected Varieties  
**2/\$4**

**Best Choice Deli Sliced Cheese**  
8 Oz., Selected Varieties  
**2/\$5**

**Best Choice Ham or Turkey Lunchmeat**  
8 Oz., Selected Varieties  
**\$2.29**

**From The Bakery Rotella's Italian Bakery Split Top Hoagies**  
8 Ct., Selected Varieties  
**\$2.99**

**Frito-Lay Party Size! Snacks**  
8.125-18 Oz., Selected Varieties  
**\$4.99**

**Club Crackers**  
71 Oz., Selected Varieties  
**\$3.49**

**Kellogg's Club, Town House or Graham Crackers or Graham Crackers or Club Crisps**  
4.9-9.57 Oz. or 9-15 Oz., Selected Varieties  
**\$3.49**

**Nabisco Snack Crackers**  
3.5-8.5 Oz., Selected Varieties  
**\$3.49**

**Club & Cheddar Crackers**  
8 Ct., Selected Varieties  
**\$2.99**

**Boithouse Fresh Baby Cut Carrots or Fresh Red Radishes**  
2 Lb. or 1 Lb., Selected Varieties  
**\$2.99**

**March Frozen Food Month FREEZER GIVEAWAY**  
MARCH 5 - 25, 2025

**9 GRAND PRIZE WINNERS**  
Each winner will receive a **\$500 VISA GIFT CARD** towards the purchase of a new freezer

**Register for your chance to WIN!**  
Scan QR Code or visit [www.frozenfoodgiveaway.com](http://www.frozenfoodgiveaway.com)

## FROZEN DEALS

**Best Choice Frozen Potatoes**  
24-32 Oz., Selected Varieties  
**\$2.99**

**Tony's Pizzeria Style Crust Pizza**  
18.56-20.6 Oz., Selected Varieties  
**\$2.99**

**Blue Ribbon Classics Dairy Dessert**  
128 Oz., Selected Varieties  
**\$6.49**

**Best Choice Frozen Vegetables**  
16 Oz., Selected Varieties  
**3/\$4**

**Smucker's Uncrustables Sandwiches**  
4 Ct., Selected Varieties  
**2/\$7**

**Blue Ribbon Classics Dairy Dessert**  
48 Oz., Selected Varieties  
**\$2.99**

## DAIRY DEALS

**Nestlé Coffee-mate Coffee Creamer or Iced Coffee Cold Foam Creamer**  
28-32 Oz. or 50 Oz., Selected Varieties  
**\$3.49**

**Pillsbury Crescents or Grands! Biscuits or Sweet Rolls**  
8 Oz., 16.3 Oz., or 12.4-13.9 Oz., Selected Varieties  
**\$2.99**

**Best Choice Butter**  
16 Oz., Selected Varieties  
**2/\$7**

**David's Deli Bagels or English Muffins**  
14.2-14.25 Oz., Selected Varieties  
**\$2.19**

**Yoplait Go-Gurt**  
18 Oz., Selected Varieties  
**\$2.99**

**Simply Potatoes**  
20 Oz., Selected Varieties  
**\$2.69**

**Best Choice Cream Cheese**  
8 Oz., Selected Varieties  
**\$1.99**