

Open Monday-Sunday 7 AM - 9 PM  
100 PAUL GUST RD  
CHAMBERLAIN, SD  
605-234-5559

# Chamberlain Food Center

River City's Hometown Grocery

Locally Owned & Operated

 Follow us on facebook

CHAMBERLAINFOODCENTER.COM

Sign Up FOR EXCLUSIVE EMAIL OFFERS ON OUR WEBSITE



85% Lean  
Ground Beef  
Fresh, Family Pack

**4.99** lb



Boneless  
Rump Roast  
SWIFT BLACK ANGUS

**5.99** lb



Pazazz  
Apples

**1.29** lb



Dole  
Salad Blends  
5-12 oz pkg, Selected Varieties

**2/\$5**



Banquet  
Pot Pie  
7 oz pkg,  
Selected Varieties

**5/\$5**



Birds Eye  
Frozen Vegetables  
10-10.8 oz pkg,  
Selected Varieties

**4/\$5**



Essential Everyday  
Chunk or  
Shredded Cheese  
32 oz pkg,  
Selected Varieties

**7.77**



Dannon  
Greek, Oikos Pro or  
Remix Mix-Inz Yogurt  
4.5-5.3 oz cup,  
Selected Varieties

**10/\$10**



Progresso  
Rich & Hearty or  
Traditional Soup  
18-19 oz can,  
Selected Varieties

**2/\$4**



Kraft  
Flavored  
Mac & Cheese  
5.5-7.25 oz box,  
Selected Varieties

**5/\$5**



Quaker  
Cereal  
13 oz Life, 11.2-12.6 oz Cap'n Crunch, or  
14.5 oz Oatmeal Squares,  
Selected Varieties

**2/\$5**

**X509 REDEEMABLE COUPON RV0100**

Kellogg's Eggo  
French Toaster Sticks,  
Pancakes or Waffles  
10-42 ct box,  
Selected Varieties

**2/\$4**

RETAILER: Return to UNFI COUPON SERVICES via UNFI RebateLink® Form

GOOD ONLY AT UNFI SUPER STORES

Customer must purchase two (2) UNFI Super Store items. Limit one coupon per family. Priority effective March 12 thru June, March 19, 2015. Void only at Chamberlain Food Center.

005090

# Chamberlain Food Center

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QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE MARCH						
WED	THUR	FRI	SAT	SUN	MON	TUES
12	13	14	15	16	17	18

# BAKED GOODS

ALL ITEMS NOT AVAILABLE AT ALL LOCATIONS.

# DELI FRESH



Rye or Pumpernickel Bread  
32 oz pkg.  
Bakery Fresh  
**2.99**ea



Kretschmar Honey or Virginia Ham  
1lb Fresh  
**5.99**lb



Chicken Tenders  
7 oz pkg.  
Deli Fresh  
**5.99**lb



The Father's Table Cheesecake  
10.5 oz pkg.  
Selected Varieties  
**11.99**



Supreme Seafood Salad  
10 oz pkg.  
Deli Fresh  
**7.99**lb



Kerrygold Cheese  
7 oz pkg.  
Selected Varieties  
**4.99**



Two-Bite Brownies  
10.5 oz pkg.  
**4.49**



Two-Bite Mini Cupcakes  
10 oz pkg.  
Selected Varieties  
**3.99**



Laughing Cow Spreadable Cheese Wedges  
5.4 oz pkg.  
Selected Varieties  
**3.99**

# FROZEN & DAIRY



Ore-Ida Potatoes or Tater Tots  
19-22 oz pkg.  
Selected Varieties  
**3.99**



Blue Ribbon Classics Frozen Dairy Dessert  
48 oz pkg.  
Selected Varieties  
**6.88**



Florida's Natural Juice  
52 oz ch.  
Selected Varieties  
**3.99**



Yoplait Go-Gurt Yogurt  
48 oz ch.  
Selected Varieties  
**2.99**



Dole Fruit  
12-14 oz pkg.  
Selected Varieties  
**3.99**



Tillamook Ice Cream  
48 oz ch.  
Selected Varieties  
**5.99**



Essential Everyday American Singles  
16 oz pkg.  
**3.99**



Bizzy Cold Brew Coffee  
48 oz ch.  
Selected Varieties  
**4.99**



Ore-Ida Bagel Bites Pizza Snacks!  
7 oz pkg.  
Selected Varieties  
**2/\$5**



Halo Top Ice Cream  
16 oz pkg.  
Selected Varieties  
**4.99**



Dannon Danimals or Activia Yogurt or Probiotic Dailies Yogurt Drinks  
12 ct Danimals or 8-12 ct Activia.  
Selected Varieties  
**2/\$10**

# HOUSEHOLD GOODS



Essential Everyday Awesome Strength Paper Towels or Soft & Strong Bath Tissue  
9-12 ct Double Roll Bath Tissue.  
Selected Varieties  
**6.99**



Essential Everyday Tall Kitchen or Trash Bags  
25-30 ct box.  
Selected Varieties  
**7.99**



Lysol All Purpose Cleaner or Disinfecting Wipes  
32 oz 88 Cleaner or 30 ct Wipes.  
Selected Varieties  
**3.99**



Lysol Air Sanitizing Spray  
50 oz 88.  
Selected Varieties  
**7.49**



Essential Everyday Laundry Detergent  
50 oz 88.  
Selected Varieties  
**5.99**



Essential Everyday Fabric Softener  
42 oz 88.  
Selected Varieties  
**1.99**

# PET



Essential Everyday Dog Food  
23.7 oz can.  
Selected Varieties  
**2/\$3**



Wild Harvest Dog Food  
12.75 lb bag.  
Selected Varieties  
**24.99**



Essential Everyday Cat Litter  
18 lb jug.  
Selected Varieties  
**6.99**

# HEALTH & BEAUTY



Centrum Vitamins  
100-125 ct pkg.  
Selected Varieties  
**11.99**



Equaline Allergy Relief  
24 ct box.  
**2.99**



Parodontax or Sensodyne Toothpaste  
2.4-4.1 oz pkg.  
Selected Varieties  
**7.49**



OGX Shampoo or Conditioner  
13 oz 88.  
**6.99**



U by Kotex Pads or Tampons  
13-26 ct pkg.  
Selected Varieties  
**4.99**



Always Discreet Pads or Underwear  
20-40 ct pkg.  
Selected Varieties  
**14.99**

# GROCERY SPECIALS



**S&W Beans**  
15-15.5 oz can,  
Selected Varieties

**99¢**



**Kraft Pourable Dressing**  
14-16 oz bt, Selected Varieties

**2/\$6**



**Barilla Pasta or Ready Pasta**  
7-16 oz pkg, Selected Varieties

**2/\$3**



**Frito-Lay Lay's or Kettle Cooked Chips or Rold Gold Pretzels**  
4.75-8 oz Chips or 8.75-16 oz Pretzels,  
Selected Varieties

**2/\$6**



**Kellogg's Glazed or Crunch Cereal**  
10-15.8 oz box,  
Selected Varieties

**2/\$6**



**Kellogg's Pop-Tarts**  
Selected Varieties

**3.29**



**Nabisco Family Size Chips Ahoy! or Oreo Cookies or Ritz or Snack Crackers**  
18.25 oz Chips Ahoy!, 11.5 oz Oreo,  
17.8 oz Ritz or 11.5-14 oz Snack,  
Selected Varieties

**3.99**



**Essential Everyday Coffee**  
24.2-30.5 oz can,  
Selected Varieties

**6.99**



**Capri Sun Juice Drink**  
10 oz pkg,  
Selected Varieties

**3.49**

**X500 STORE COUPON**



**Armour Meatballs**  
11-14 oz pkg,  
Selected Varieties

**2.99**

Limit one with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X501 STORE COUPON**



**Johnsonville Bratwurst**  
10 oz pkg,  
Selected Varieties

**4.99**

Limit one with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X502 STORE COUPON**



**Sargento String Cheese**  
8.4-12 oz pkg,  
Selected Varieties

**3.99**

Limit one with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X503 STORE COUPON**



**Bellatoria Personal Size or Roma Pizza**  
5.67-7.8 oz Bellatoria or 10.54-11.05 oz Roma,  
Selected Varieties

**3/9.99**

Customer must purchase three.  
Limit three with this coupon.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X504 STORE COUPON**



**Klondike Ice Cream Bars or Sandwiches**  
6 oz pkg,  
Selected Varieties

**2/\$9**

Customer must purchase three.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X505 STORE COUPON**



**Essential Everyday Tortilla Chips**  
4 oz pkg,  
Selected Varieties

**2/\$4**

Customer must purchase ten.  
Limit five with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X506 STORE COUPON**



**Essential Everyday Fruit Bowls**  
Selected Varieties

**2/4.44**

Customer must purchase ten.  
Limit five with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.

**X507 REDEEMABLE COUPON RV0300**



**Cheez-It or Club Crackers, Kellogg's Pop-Tarts Bites or Crunch Poppers, Rice Krispies Treats, or Nutri-Grain Bars**  
9-12.4 oz Crunch, 11-12.4 oz Bites, 1.7 oz Bites, 5 oz Poppers, 6 oz Rice Krispies, or 8 oz Nutri Grain

**3/\$6**

Customer must purchase three.  
Limit three with this coupon.  
Limit one coupon per family.  
Prize effective thru March 12 thru Sat., March 18, 2025.  
Valid only at stores listed on the front page.



**Essential Everyday Ketchup**  
24 oz bt

**1.29**



**Essential Everyday Mustard**  
8 oz bt

**1.49**



**Essential Everyday Marinades**  
12.25 oz bt, Selected Varieties

**2/\$5**



**Essential Everyday Whipped Dressing**  
30 oz jar

**4.99**



**Essential Everyday Dried Beans**  
16 oz pkg,  
Selected Varieties

**1.69**



**Essential Everyday Chili With Beans**  
15 oz can

**2/4.44**



**Essential Everyday Baby Dill Pickles**  
Selected Varieties

**2/\$5**



**Essential Everyday Diced Tomatoes With Green Chilies**  
10 oz can,  
Selected Varieties

**99¢**



**Essential Everyday Croissants**  
5 oz pkg,  
Selected Varieties

**2/\$3**



**Essential Everyday Chicken Breast Meat**  
16 oz can

**1.79**



**StarKist Solid White Albacore Tuna**  
5 oz can

**2/\$3**



**Rice A Roni Heat & Serve Flavored Rice**  
8.8 oz pkg,  
Selected Varieties

**2/\$5**



**Frito Lay Tostitos Dip**  
9-11.3 oz jar,  
Selected Varieties

**2/\$8**



**Old Dutch Ripples, Super Size Potato Chips, Tortilla Chips, Popcorn or Pretzels**  
18.25 oz Ripples, 15 oz Super Size,  
17.5 oz Tortilla Chips, 12 oz Popcorn,  
13.14 oz Pretzels, Selected Varieties

**2/\$10**



**Sensible Portions Veggie Straws or Chips**  
6.7 oz bag,  
Selected Varieties

**2/\$7**



**Knorr Rice Cups**  
8 oz box,  
Selected Varieties

**1.99**



**Voortman Cookies**  
5-11.3 oz pkg,  
Selected Varieties

**2.99**



**Essential Everyday Clover Honey**  
12 oz jar

**3.79**



**Jet-Puffed Marshmallow Creme or Marshmallows**  
7 oz jar Creme or 8-10 oz Marshmallows, Selected Varieties

**1.69**



**Essential Everyday Rice Crisps**  
8.66-7.04 oz pkg, Selected Varieties

**3.49**



**Jolly Time Microwave Popcorn**  
9 oz box,  
Selected Varieties

**4.99**



**BUILD A BETTER TACO!**

**Essential Everyday Taco Seasoning Mix**  
2.25 oz packet

**3/\$2**



**Old El Paso Dinner Kits, Sauce, Shells, Pockets or Seasoning**  
8.4-11.4 oz Dinner Kits, 8.4-8.7 oz Sauce,  
8-10 oz Shells, 8-10 oz Pockets, 8-10 oz Seasoning, Selected Varieties

**2/\$7**



**Old El Paso Taco Shells or Enchilada Sauce**  
1.5-2 oz Shells or 10-12 oz Enchilada Sauce,  
Selected Varieties

**2/\$4**



**Essential Everyday Peppers**  
8 oz jar,  
Selected Varieties

**2/\$5**



**Essential Everyday Refried Beans**  
8 oz jar,  
Selected Varieties

**2/\$3**



**Essential Everyday Hunt's Tomatoes**  
24 oz can

**2/\$5**



**Frito-Lay Tostitos Salsa**  
16 oz jar

**2/\$7**



**Essential Everyday Picante Sauce or Salsa**  
16 oz jar

**2/\$5**

PHIL MCKAY '20

# FRESH MEAT & SEAFOOD



**Boneless New York Strip Steak**  
SWIFT BLACK ANGELO  
**14.99**lb



**Boneless Bottom Round Steak**  
SWIFT BLACK ANGELO  
**6.99**lb



**Just Bare Chicken Thighs or Drumsticks**  
20 oz pkg. Fresh. All Natural  
**2/\$5**



**Center Cut Pork Chops**  
Bone-In, Fresh  
**2.79**lb



**Pork Loin Back Ribs**  
Previously Frozen  
**3.99**lb



**Arctic Shores Extra Large Raw Shrimp**  
16 oz pkg. 21-45, Tail-On!  
**6.99**



**Hormel Always Tender Pork Loin Fillets**  
1.5 lb pkg. Selected Varieties  
**7.99**



**Farmland Sliced Bacon**  
12 oz pkg. Selected Varieties  
**5.49**



**Swaggy's Sausage Links, Patties or Rolls**  
20 oz pkg. Selected Varieties  
**3.99**



**Holtzen Thick'n Juicy Beef Patties**  
5 lb pkg. Selected Varieties  
**9.99**



**Simek's Entrées**  
10 oz pkg. Selected Varieties  
**8.99**



**Bob Evans Family Size Side Dishes**  
20 oz pkg. Selected Varieties  
**5.49**



**Buddig Premium Deli Lunchmeat**  
7 oz pkg. Selected Varieties  
**2.99**



**Oscar Mayer Fun Pack Lunchables, P3 Packs or Bites**  
3.75 oz pkg. Selected Varieties  
**2.99**

## St. Patty's SAVINGS

**Cook's Corned Beef Brisket**  
2.5 lb pkg. Selected Varieties  
**5.99**lb

**Flanagan Sauerkraut**  
2.5 lb pkg. Selected Varieties  
**3.49**

**Green Cabbage**  
7 lb pkg.  
**69¢**lb

**Farmer's Promise Red Potatoes**  
5 lb pkg.  
**2.99**

# FARM FRESH PRODUCE



**Bolthouse Cello Carrots**  
7 lb bag  
**1.99**



**Dole Celery**  
Crisp  
**1.79**ea



**Sweet Onions**  
**99¢**lb



**On The Vine Tomatoes**  
**1.89**lb



**Sumo Mandarins**  
**3.69**lb



**Cotton Candy Grapes**  
**4.99**lb

## FLORAL

All items not available at all locations.

**St. Patrick's Carnations**  
**11.99**

**Lucky Clover Bouquet**  
**12.99**

**Pepsi Products**  
24 pk-12 oz cans, Selected Varieties  
**11.99**

**Pepsi Products**  
2 liter btl, Selected Varieties  
**1.99**

**Bubb'l'r** 6 pk-12 oz cans,  
**Pure Leaf Tea** 6 pk-16.9 oz btl,  
**Aquafina Water** 24 pk-16.9 oz btl,  
**Gatorade** 8 pk-20 oz btl  
**3/\$20**

**Bud, Bud Light, Golden Light or Select 55**  
12 pk-12 oz cans or btl  
**11.99**

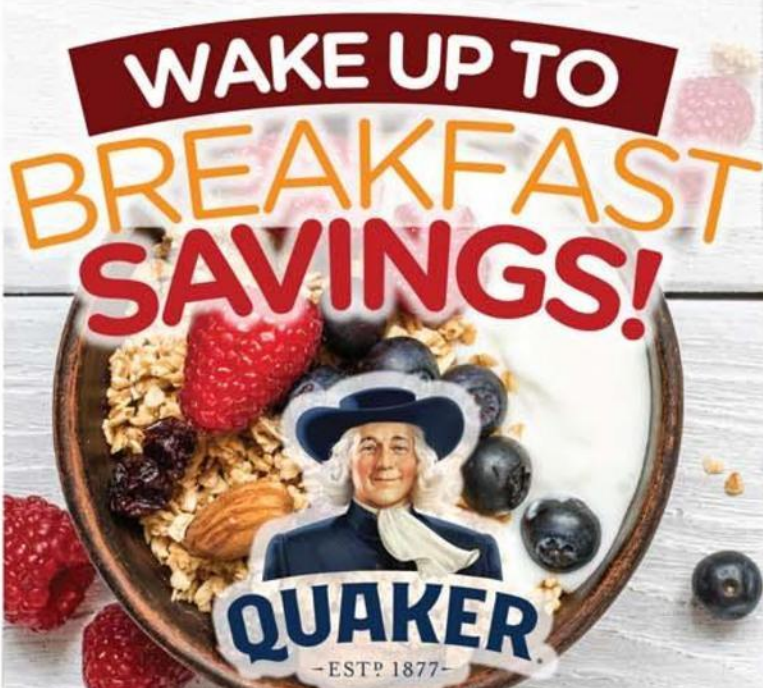
**Busch Light Beer**  
12 pk-12 oz cans or btl  
**11.49**

**Prairie Farms Chocolate Milk**  
Half Gallon  
**250pts**

**Flora Paper Towels**  
6 Rolls  
**500pts**

**Essential Everyday Texas Toast**  
11-14 oz pkg, Selected Varieties  
**200pts**

**Old Orchard 100% Apple Juice**  
64 oz btl  
**260pts**



WAKE UP TO

BREAKFAST SAVINGS!



Quaker Instant Oatmeal  
7.4-14.1 oz box,  
Selected Varieties

2.99



Quaker Steel Cut, Quick, Old Fashioned Oats or Premium Instant Oatmeal  
8.4-42 oz,  
Selected Varieties

4.49



Quaker Chewy Granola Bars  
6.5-7.4 oz box,  
Selected Varieties

2/\$6



Pearl Milling Company Pancake Mix or Syrup  
32 oz box Mix or  
24 oz btl Syrup,  
Selected Varieties

2/\$7

X510 REDEEMABLE COUPON RV0300

Save \$300

When You Purchase Any 5  
\*Participating Quaker® Products.



Participating products include: Quaker Instant Oatmeal, Premium Oatmeal or Standard Oats; Pearl Milling Co Pancake Mix or Syrup; or Quaker Chewy Granola Bars. Selected Varieties.

RETAILER: Return to UNFI COUPON SERVICES  
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED  
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT  
UNFI SUPPLIED STORES



Customer must purchase five.  
Limit five with this coupon.  
Limit one coupon per family.  
Prices effective Wed., March 12  
thru Tues., March 18, 2025.  
Valid only at stores listed on the front page.

# SAVOR

THE TASTE OF  
REAL FOOD...  
JUST FROZEN!



TAKE A  
**FRESH  
LOOK**  
AT FROZENS!

Enter for a chance to win  
one of 20 Store Gift Cards!

1st Place Prize: \$250 Store Gift Card  
(10 prizes awarded)

2nd Place Prize: \$100 Store Gift Cards  
(10 prizes awarded)

## FROZEN FOOD MONTH ENTRY FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

STORE NAME \_\_\_\_\_

**NO PURCHASE NECESSARY TO ENTER OR WIN.**

Promotion starts on 3/2/25 and ends 3/22/25. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailer. Limit one (1) entry per participant. See participating stores for official rules.



**Banquet  
Entrées**  
4.85-8 oz pkg,  
Selected Varieties

**4/\$5**



**Banquet  
Classics Meals**  
7.4-11.88 oz pkg,  
Selected Varieties

**3/\$5**



**Banquet  
Mega Meals**  
11.5-16.95 oz pkg,  
Selected Varieties

**2/\$6**



**Van de Kamp's  
Fish Sticks,  
Fillets or Tenders**  
18-24.6 oz pkg,  
Selected Varieties

**4.99**



**Marie Callender's  
Dinner Bowl or  
Small Pot Pie**  
10-13 oz pkg,  
Selected Varieties

**2/\$5**



**Hungry-Man  
Dinners**  
14-16 oz pkg,  
Selected Varieties

**3.99**



**Healthy Choice  
Classics or  
Cafe Steamers**  
9.25-10.7 oz pkg,  
Selected Varieties

**2/\$6**



**Healthy Choice  
Power or  
MAX Protein Bowls**  
9-14 oz pkg,  
Selected Varieties

**2/\$7**



**Bertolli  
Skillet Entree or  
P.F. Chang's  
Home Menu Meal**  
22-25 oz Bertolli or 18-22 oz P.F. Chang's,  
Selected Varieties

**5.99**



**P.F. Chang's  
Dinner Bowls**  
11 oz pkg,  
Selected Varieties

**2/\$7**

*Register to Win*  
one of **20 Prizes!**

**\$250** Store Gift Certificate 10 Winners

**\$100** Store Gift Certificates 10 Winners

*a great time to visit the*  
**FROZEN FOOD AISLE**