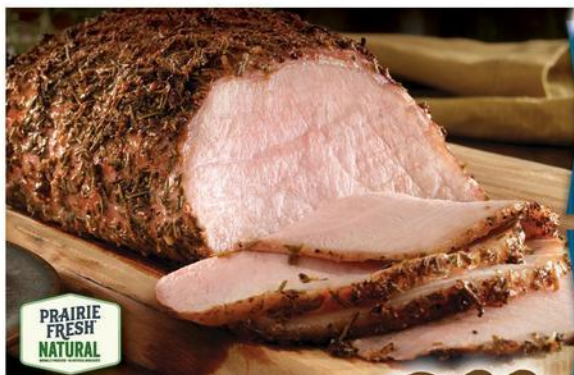




**PRAIRIE FRESH NATURAL**

PREMIUM ALL NATURAL  
**BONELESS CENTER CUT  
PORK LOIN ROAST**

**2.99**  
LB.



USDA CHOICE  **LOCAL FRESH**  
PREMIUM USDA CHOICE  
**BONELESS BEEF  
BOTTOM ROUND  
ROAST**

**5.99**  
LB.



**Fresh Ground**  
**LEAN GROUND BEEF**  
80% LEAN, 20% FAT, VALUE PACK

**4.99**  
LB.

Local stores supporting local products.

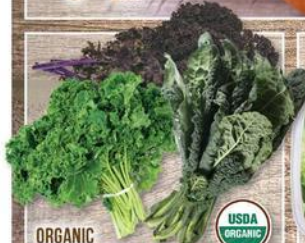
**LOCAL Equals FRESH**

# Fresh Produce



**DEKOPAN  
MANDARINS**

**4.99**  
LB.



**ORGANIC  
LACINATO, RED  
OR GREEN KALE  
BUNCH**

**1.99**  
EA.



**ORGANICGIRL  
WHOLE LEAVES**  
4 TO 7 OZ.

**4.99**  
EA.

**LOCAL Equals FRESH**



**TILLAMOOK  
SHREDDED CHEESE**  
SELECTED VARIETIES  
8 OZ.

**2/\$6**



**TILLAMOOK  
SLICED CHEESE**  
SELECTED VARIETIES  
7 TO 8 OZ.

**2/\$7**



**TILLAMOOK  
CHUNK CHEESE**  
SELECTED VARIETIES  
8 OZ.

**2/\$7**



**PACIFIC FOODS  
ORGANIC CHICKEN  
BONE BROTH**  
32 OZ.

**5.99**



**FRANZ  
NAKED BREAD**  
SELECTED VARIETIES  
22.5 OZ.

**2.99**



**ZOI  
GREEK YOGURT**  
SELECTED VARIETIES  
32 OZ.

**2.99**



**DARIGOLD  
MILK**  
SELECTED VARIETIES  
59 OZ.

**2/\$7**



**DARIGOLD  
SOUR CREAM**  
REGULAR OR MEXICAN STYLE  
16 OZ.

**2/\$4**



# Fresh PRODUCE



GOLD  
PINEAPPLE

**3.99**  
EA.



IDAHO  
RUSSET POTATOES **2/\$5**  
5 LB. BAG



RED OR GREEN  
LEAF LETTUCE

**1.79**  
EA.

## FARMSTAND Fresh



Fresh Express  
Premium Salad Kits  
Selected Varieties  
6 to 13.9 Oz.

**4.49**  
EA.

English  
Cucumbers

**1.99**  
EA.



Jumbo!  
Yellow  
Onions

**69¢**  
LB.



## ORGANIC Produce

ORGANIC  
BROCCOLETTE  
BUNCH

**2.49**  
EA.



ORGANIC  
CARROTS  
BUNCH

**3.49**  
EA.



ORGANIC  
GALA  
APPLES

**1.99**  
LB.



## FLORAL Favorites

Lovely  
Present  
Bouquet

**12.99**



3 Stem  
Bamboo  
with Lantern Ceramic



1 Inch  
Potted Bulb  
with Pot Cover

**12.99**

**3/\$10**

Litehouse  
Family Size  
Dressing  
Selected  
Varieties  
20 Oz.

**6.49**  
EA.



Calbee  
Harvest  
Snaps  
Selected  
Varieties  
3 to 3.3 Oz.

**2/\$5**



**KELLOGG'S  
EGGO WAFFLES**  
SELECTED VARIETIES  
10.75 TO 12.3 OZ.

**2/\$6**

TJ Farms  
Select  
Hashbrown  
Patties  
21.5 Oz.

**2/\$6**

Farm Rich  
Appetizers  
Selected Varieties  
15 to 22 Oz.

**4.99**

## FROZEN

Birdseye  
Steamfresh  
Vegetables  
Selected Varieties  
10 Oz.

**2/\$3**

Alexia  
Fries, Puffs  
or Onion Rings  
13.5 to 25 Oz.

**5.99**

Blakes  
Pot Pie  
Chicken or  
Shepherds  
8 Oz.

**3.99**

Morningstar  
Farms  
Meatless  
Products  
Selected Varieties  
5.45 to 12 Oz.

**2/\$9**

Hungry Man  
Dinners  
Selected Varieties  
16 Oz.

**3.99**

Seapak  
Seafood  
Selected Varieties  
8 to 16 Oz.

**7.99**

Reddi Wip  
Whipped  
Topping  
13 Oz.

**4.99**

Galbani  
Mozzarella  
Cheese  
Selected Varieties  
16 Oz.

**4.99**

ELLENOS  
YOGURT  
PLAIN OR VANILLA BEAN, 24 OZ.

**6.99**

Fage  
Total Yogurt  
Selected Varieties  
5.3 Oz.

**4/\$5**

Galbani  
Ricotta  
Cheese  
Part Skim  
or Dill Style  
32 Oz.

**4.99**

Nestle  
Toll House  
Cookie Dough  
Selected Varieties  
16 to 16.5 Oz.

**2/\$9**

Coffee Mate  
Creamer  
Selected Varieties  
64 Oz.

**6.99**

Yoplait  
Yogurt  
Selected Varieties  
4 to 6 Oz.

**3/\$2**

Mushroom  
Pho

VEGETABLE  
PHO

**SNAPDRAGON  
BOWLS**  
SELECTED VARIETIES, 2.1 OZ.

**2/\$5**

Alexia  
Potatoes  
Selected Varieties  
15 to 19 Oz.

**4.99**

Olipop  
Sparkling  
Tonic or Soda  
Selected Varieties  
12 Oz. Can

**2/\$4**

Dot's  
Homestyle  
Pretzels  
Selected Varieties  
16 Oz.

**6.99**

Milton's  
Crackers  
Selected Varieties  
4.5 to 8.4 Oz.

**2/\$7**

Murukan  
Rice Vinegar  
Selected Varieties  
12 Oz.

**3.49**

Nancy's  
Cream Cheese  
Cream Cheese or  
Garlic & Herb  
8 Oz.

**3.99**

Luna  
Bars  
Selected Varieties  
1.69 Oz.

**2/\$4**

Chocolive  
Chocolate  
Bars  
Selected Varieties  
2.9 to 3.3 Oz.

**2/\$7**

Napoleon  
Stuffed  
Olives  
Selected Varieties  
6.5 Oz.

**4.99**

Dave's  
Gourmet  
Pasta Sauce  
Selected Varieties  
24 Oz.

**6.99**

Organic Valley  
Shredded Cheese  
Italian Herb  
Mozzarella or  
Spicy Cheddar  
6 Oz.

**5.49**



## START YOUR MORNING RIGHT

**PEARL MILLING CO. PANCAKE MIX**  
SELECTED VARIETIES  
32 OZ.

**3.99**

**Kellogg's NutriGrain Bars**  
Selected Varieties  
8 Count

**3.99**

**General Mills Cereal**  
Selected Varieties  
12 to 16.8 OZ.

**5.99**

**Starbucks Via Instant Coffee**  
Selected Varieties  
8 Count

**8.99** **LOCAL FRESH**

**Starbucks K-Cup Coffee**  
Selected Varieties  
10 Count

**9.99** **LOCAL FRESH**

**Kellogg's Pop Tarts**  
Selected Varieties  
8 Count

**3.99**

**Starbucks Ground Coffee or Cold Brew**  
Selected Varieties  
11 to 32 OZ.

**9.99** **LOCAL FRESH**

**Franz English Muffins**  
SELECTED VARIETIES, 6 COUNT

**3/\$5**

## Winter Warm Ups

**NISSIN CUP NOODLE**  
SELECTED VARIETIES, 2.25 OZ.

**3/\$2**

**Progresso Classics Soup**  
Selected Varieties  
18 to 19 OZ.

**2/\$4**

**Progresso Rich & Hearty Soup**  
Selected Varieties  
18 to 19 OZ.

**2/\$4**

**Progresso Traditional Soup**  
Selected Varieties  
18 to 19 OZ.

**2/\$4**

**Bear Creek Soup Mix**  
Selected Varieties  
7.9 to 19 OZ.

**4.99**

## Sweet & Salty Snacks

**Doritos or Ruffles Chips**  
Selected Varieties  
7.25 to 10.75 OZ.

**2/\$8**

**Nabisco Cookies or Crackers**  
Selected Varieties  
20 to 27.4 OZ.

**6.49**

**Cheez-It Crackers**  
Selected Varieties  
5.75 to 14.4 OZ.

**4.99**

## EVERYDAY GROCERY VALUES

**KIKKOMAN TERIYAKI OR SOY SAUCE**  
40 OZ.

**6.99**

**De Cecco Pappardelle Egg Pasta or Gnocchi**  
6.8 to 17.5 OZ.

**2/\$6**

**Bounty Paper Towels**  
6 Roll

**24.99**

**Purina Friskies Cat Litter**  
Selected Varieties  
1.3 OZ.

**4/\$5**

**Minute Rice Long Grain White Rice**  
14 OZ.

**2/\$5**

**Tide Laundry Pods**  
Selected Varieties  
25 to 42 Count

**14.99**

**Purina Fancy Feast Cat Food**  
Selected Varieties  
1.4 OZ.

**2/\$3**

**B&M Oven Baked Beans**  
48 OZ.

**2/\$4**

**Tide Laundry Liquid**  
Selected Varieties  
84 OZ.

**17.99**

**Arm & Hammer Cat Litter**  
Selected Varieties  
20 Lb.

**9.99**

**Pompeian Organic Extra Virgin Olive Oil**  
Regular or Smooth  
38 OZ.

**19.99**

**Charmin Bath Tissue**  
Selected Varieties  
12 Mega Roll

**21.99**

**Bounce Sheets**  
Pet Hair & Lint  
180 Count

**14.99**

**Oxi Clean Stain Remover**  
Selected Varieties  
3 Lb.

**9.99**

## MAKE IT A TACO OR CHILI NIGHT

**Carroll Shelby Chili**  
Selected Varieties  
3.65 OZ.

**2.99**

**S&W Tomatoes**  
Selected Varieties  
14.5 OZ.

**3/\$5**

**Tillamook Shredded Cheese**  
Selected Varieties  
8 OZ.

**2/\$6** **LOCAL FRESH**

**Hunt's Tomatoes**  
Selected Varieties  
28 OZ.

**2/\$5**

**Hunt's Tomato Sauce**  
8 OZ.

**5/\$5**

**Rosarita Refried Beans**  
Selected Varieties  
15 to 16 OZ.

**2/\$4**

**Mission Pajita Tortillas**  
30 Count

**3.49** **LOCAL FRESH**

**Bush's Best Beans**  
Selected Varieties  
15 to 16 OZ.

**5/\$5**

**Darigold Sour Cream**  
Regular or Mexican Style  
16 OZ.

**2/\$4** **LOCAL FRESH**

**Old El Paso Taco Shells**  
Selected Varieties  
4.6 to 6.6 OZ.

**2/\$5**

## LUNCHBOX TREATS

**Frigo Cheeseheads String Cheese**  
24 OZ.

**7.99**

**Betty Crocker Fruit Snacks**  
Selected Varieties  
10 Count

**3.99**

**Betty Crocker Fruit Gushers**  
Selected Varieties  
6 Count

**3.99**

**Betty Crocker Fruit Roll-Ups**  
Selected Varieties  
6 to 10 Count

**3.99**

**Nature Valley Granola Bars**  
Selected Varieties  
5 to 6 Count

**2/\$9**

## BEVERAGES

**Pepsi Products**  
Selected Varieties  
12 Pack, 12 OZ. Cans

**6.99** **3/\$6**

**Pepsi Products**  
Selected Varieties  
8 Pack, 7.5 OZ. Cans

**2/\$9**

**7Up, A&W or Canada Dry Products**  
Selected Varieties  
12 Pack, 12 OZ. Cans

**6.99** **3/\$5**

**Bundaberg Ginger Beer or Lemonade**  
Selected Varieties  
4 Pack, 375 ml. Cans

**2/\$11**

**Bubly Sparkling Water**  
Selected Varieties  
8 Pack, 12 OZ. Cans

**3/\$12**

**Schweppes Tonic or Club Soda**  
Selected Varieties  
1 Liter Bottles

**3/\$5**

**Topo Chico Saboritos**  
Selected Varieties  
8 Pack, 12 OZ. Cans

**7.49**

**Bale Breaker**  
Selected Varieties  
6 Pack, 12 OZ. Cans

**11.98**

**Coors**  
Selected Varieties  
12 Pack, 12 OZ. Bottles or Cans

**14.98**

**Screwball Peanut Butter Whiskey**  
750 ml.

**37.98**

**Milagro Tequila**  
Silver or Reposado,  
750 ml.

**35.98**

## BEER and Wine

**Deschutes Non-Alcoholic**  
Selected Varieties  
6 Pack, 12 OZ. Cans

**11.98**

**White Claw Hard Seltzer**  
Selected Varieties  
12 Pack, 12 OZ. Cans

**22.98**

**Jim Beam Bourbon**  
Selected Varieties  
750 ml.

**24.98**

**Grey Goose Vodka**  
Selected Varieties  
750 ml.

**34.98**

**Oyster Bay**  
Selected Varieties  
750 ml.

**17.98**

**Josh Cellars**  
Selected Varieties  
750 ml.

**18.98**

**La Bella Prosecco or Rose**  
750 ml.

**10.98**

**Bota Box**  
Selected Varieties  
3 Liter

**21.98**



# Fresh MEAT



**The King of Steak**

**14<sup>99</sup> LB.**

St. Helens BEEF **USDA CHOICE** **LOCAL Fresh FRESH**

**PREMIUM USDA CHOICE BEEF T-BONE STEAK**

## OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS. WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.



**10<sup>99</sup> LB.**

St. Helens BEEF **USDA CHOICE** **LOCAL Fresh FRESH**

**PREMIUM USDA CHOICE BEEF FLANK STEAK**



**PRAIRIE FRESH NATURAL**

**PREMIUM ALL NATURAL BONELESS PORK LOIN CHOPS**

**349 LB.**

CENTER CUT, VALUE PACK



**USDA CHOICE** **St. Helens BEEF** **LOCAL Fresh FRESH**

**PREMIUM USDA CHOICE BONELESS BEEF BOTTOM ROUND STEAK OR COUNTRY STYLE RIBS**

**5<sup>99</sup> LB.**

VALUE PACK



**SIGNATURE FARMS CHICKEN DRUMSTICKS**

**149 LB.**

VALUE PACK

Signature Farms Chicken Thighs, Value Pack \$1.79/LB.



**PRAIRIE FRESH NATURAL**

**PREMIUM ALL NATURAL ST. LOUIS STYLE PORK SPARERIBS**

**349 LB.**

SINGLE PACK

## DELI MEAT Specials



**HORMEL ALWAYS TENDER PORK TENDERLOIN W/SEASONING**

**8<sup>99</sup> EA.**

SELECTED VARIETIES 18.4 OZ.

Jimmy Dean Sausage Rolls  
Selected Varieties  
16 Oz.

**5<sup>99</sup> EA.**



Land O Frost Deli Shaved Ham or Turkey  
9 Oz.

**2/\$5**



Bar S Corn Dogs  
2.67 Lbs.

**7<sup>99</sup> EA.**



John Morrell Braunschweiger  
16 Oz.

**2/\$7**



**HEMPLE'S SUMMER SAUSAGE**

**4<sup>99</sup> EA.**

12 OZ.

## Service DELI



**Sabra**

**Avocado Spread with Toast**

**449 EA.**

2.7 Oz.



**Dreamland**

**Grab & Go Mandarin Noodle Salad**

**5<sup>99</sup> EA.**

8 Oz.

**LOCAL Fresh FRESH**



**CASTELLO**

**Smoked Gouda, Gouda or Edam Cheese Rounds**

**549 EA.**

7 Oz.

**LOCAL Fresh FRESH**



**ELSWORTH**

**Fresh Cheese Curds**

**6<sup>99</sup> EA.**

Selected Varieties, 16 Oz.

**LOCAL Fresh FRESH**

## Service BAKERY



**French Demi Baguettes**

**4 Oz.**

**2/\$4**



**Dunford**

**Assorted Cake Doughnuts**

**8<sup>99</sup> EA.**

6 Count



**Grab & Go Desserts**

**329 EA.**

Selected Varieties, 3 Oz.

**SWEET-CRAFT**



**two-bite**

**Brownie Bites**

**4<sup>99</sup> EA.**

10.5 Oz.