

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned,
Family Trusted



LIKE US!
Carstensen's
Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, JANUARY 15 THROUGH TUESDAY, JANUARY 21, 2025

Hearty & Healthy



Bolthouse Fresh Baby Cut Carrots
16 Oz.

99¢



Best Choice Russets Potatoes
5 Lb.

\$1.99



Imported Extra Large Cherries
3 Lb.

\$3.49



Dole Salad Blends or Baby Spinach
5-10 Oz. Selected Varieties

2/\$5



Fresh Roma Tomatoes

\$1.79



Extra Large Green Bell Peppers or Large Slicing Cucumbers

99¢



California Halos Mandarins
3 Lb.

\$4.99



Taylor Farms Green Beans or Brussels Sprouts
12 Oz.

\$3.99



Avocados
2 Lb. Bag



Sunion Sweet Yellow Onions
3 Lb.

\$2.99



Fresh Grape Tomatoes
10 Oz.

2/\$4



Imported Red, Green or Black Seedless Grapes

\$3.99



Best Choice Boneless Skinless Chicken Breast Tenderloins
2 Lb. **\$6.99**

Fresh Chicken Drumsticks or Thighs
Family Pack

\$1.29



Sea Best Tilapia Fillets
16 Oz.

\$3.99



Fresh 80% Lean Ground Beef
Family Pack

\$3.99



Fresh Boneless Beef Chuck Roast

\$6.79



Fresh Bone-In Pork Steaks

\$2.19



Fresh Bone-In Pork Shoulder Roast

\$1.99



El Monterey Burritos or Chimichangas
8 Pack Family Size, 30 & 32 Oz. Selected Varieties

\$5.49



Koch Foods Oven Cravers
5 Oz. Selected Varieties

\$1.49



Farmland Bacon
12-16 Oz. Selected Varieties

\$4.99



Bob Evans Side Dishes
12-24 Oz. Selected Varieties

\$3.99



Best Choice Cooked Shrimp
100-150 Cl. 12 Oz.

\$4.99



Ribeye Steaks
Lb.

\$15.99



Pan Ready Beef Stir Fry Kits
Lb.

\$6.99



Fresh Super Trim Chicken Breast
Lb.

\$5.99



Hidden Valley Ranch Salad Dressing or Dip Mix
4-11 Oz. Selected Varieties

\$1.69



Nabisco Teddy Grahams
10 Oz. Selected Varieties

\$3.49



Louisa Pasta
16-22 Oz. Selected Varieties

\$4.49



Juicy Juice 100% Juice
64 Oz. Selected Varieties

2/\$6



Purina Tidy Cats Clumping Litter
20 Lb. Selected Varieties

\$9.99



Rotella's Italian Bakery Cookout Bread
16 Oz.

\$2.49

Reser's Deli Salads
3 Lb.

\$6.99

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

National Soup Month!



WOW DEAL
Campbell's Chunky Soup
15.25-19 Oz., Selected Varieties
\$1.89



HELPER
Betty Crocker Hamburger, Chicken or Tuna Helper
4.7-8.7 Oz., Selected Varieties
2/\$3



WOW DEAL
Prego Pasta Sauce
23-24 Oz., Selected Varieties
2/\$3



Campbell's Tomato or Chicken Noodle Soup
10.75 Oz.
3/\$4



Bush's Best Chili Beans
15.5-18 Oz., Selected Varieties
5/\$5



Knorr Rice or Pasta Sides
4.8-8 Oz., Selected Varieties
4/\$5



Creamette Pasta
12-16 Oz., Selected Varieties
99¢



Best Choice Oyster Crackers
9 Oz.
2/\$3



Swanson Broth or Stock
32 Oz., Selected Varieties
\$2.29



Hidden Valley Ranch Dressing or Secret Sauce
12-16 Oz., Selected Varieties
\$3.99



Kraft Mac & Cheese Dinner
3.5-2.1 Oz., Selected Varieties
4/\$5



Heinz Ketchup
12-16 Oz., Selected Varieties
\$2.99



Keebler Sandwich Crackers
8.5 Oz., Selected Varieties
\$2.99



Nabisco Graham Crackers or Nilla Wafers
14.4 Oz. or 19 Oz., Selected Varieties
\$3.99



Best Choice Applesauce
8-Flask 4 Oz. Cans, Selected Varieties
2/\$5



Betty Crocker Frosting
12-16 Oz., Selected Varieties
\$1.69



Betty Crocker Cake Mix or Brownie Mix
13-25-34.25 Oz. or 16.3 Oz., Selected Varieties
\$1.79



Best Choice Soda or Mixers
12 Pack 12 Oz. Cans, Selected Varieties, Plus Deposit Where Required
\$3.79



Kellogg's Rice Krispies Treats or Pop-Tarts
7.8 Oz. or 8.1 Oz., Selected Varieties
\$2.49



Lay's 4.75-8 Oz., Kettle Cooked or Sun Chips
5 Oz. or 7 Oz., Selected Varieties
2/\$7



Best Choice Bleach
95 Oz., Selected Varieties
\$3.49



Lysol Toilet Bowl Cleaner
24 Oz., Selected Varieties
\$2.99

Don't Forget The Most Important Meal Of The Day!



Johnsonville Breakfast Sausage Links or Patties or Ground Sausage
12 Oz. or 16 Oz., Selected Varieties
\$3.99



Nestlé Coffee-mate Coffee Creamer
32 Oz., Selected Varieties
\$3.49



Old Orchard Cocktail Juice
64 Oz., Selected Varieties
2/\$4



From the Bakery
Clyde's Variety Donuts
12 Ct.
\$4.99



Simply Potatoes
20 Oz., Selected Varieties
\$2.49



Yoplait Greek 100 Yogurt
5.3 Oz., Selected Varieties
89¢



Pillsbury Toaster Strudel or Scrambles Pastries or Mini Cinnis Pull Apart
7.2-11.7 Oz. or 9.15-9.32 Oz., Selected Varieties
2/\$5



Quaker Life or Cap'n Crunch Cereal
11.2-13 Oz., Selected Varieties
\$3.49



Kellogg's Rice Krispies Cereal
24 Oz., Selected Varieties
\$4.49

DAIRY DEALS



Best Choice Grated Parmesan Cheese
8 Oz., Selected Varieties
\$2.99



Blue Bonnet Spread
15 Oz., Selected Varieties
\$1.49



Daisy Brand Sour Cream or Cottage Cheese
24 Oz., Selected Varieties
\$3.79



Pillsbury Ready To Bake Cookies or Cookie Dough
16-16.5 Oz., Selected Varieties
\$3.69

FROZEN DEALS



Reames Egg Noodles
16 Oz.
\$3.49



Blue Ribbon Classics Dairy Dessert
48 Oz., Selected Varieties
\$2.99



Tombstone or DiGiorno Classic Crust Pizza
17-2.27 Oz., Selected Varieties
\$3.99



Michelin's Entrées
4.5-8.5 Oz., Selected Varieties
4/\$5



Blue Ribbon Classics Vanilla Sundae Cones
8 Ct.
\$6.49