

COMFORTING FALL FLAVORS

Fresh
85% Lean
Ground Beef

4⁴⁹
lb.

Bakery Fresh
**Oatmeal
Raisin
Walnut
Cookies**
6 Count Package

4⁹⁹

Fresh
Blueberries
Pint

3⁹⁹

Cuties
Clementines
3 lb. Bag

5⁹⁹

Kraft
**Shredded
or Chunk
Cheese**
Selected Varieties
7-8 oz. Package

2/\$6

Fresh, Bone-In
**Pork
Shoulder
Roast**

2⁴⁹
lb.

Stone Ridge Creamery
Ice Cream

Selected Varieties, 48 oz. Package

3⁴⁹

Jack's
Original Pizza

Selected Varieties, 13.5-15.8 oz. Package

3/\$12

Creamette
Pasta

Selected Varieties, 12-16 oz. Box

4/\$5

Ragu
Pasta Sauce

Selected Varieties, 16-24 oz. Jar

2/\$5

Frito Lay
**Doritos Tortilla
Chips**

Selected Varieties, 6-10.75 oz. Bag

2/\$7

Sale Starts Sunday, Nov 3, 2024

SUN	MON	TUE	WED	THU	FRI	SAT
3	4	5	6	7	8	9

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

©2024 DWGCO

Almsted's
FRESH MARKET

Your Neighborhood Grocery Store

2021
SUN
READER'S
CHOICE
Awards
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive. N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
Top Round Roast

5⁷⁹
lb.

Recipe Here

Ingredients

2 pounds top round steak, 1-inch-thick or less
Dry mustard
Salt
Black pepper
Butter, softened

Directions

Two hours before cooking, allow steak to come to room temperature. Trim steak of any connective tissue on surface of the steak. If necessary, and using a meat mallet, pound steak to an even thickness.

Heat a large cast iron skillet over medium-high heat.

Rub dry mustard onto each side of steak. Sprinkle steak with salt and freshly ground black pepper. Spread softened butter onto each side of steak. Place steak in skillet; cook 3 minutes per side.

Remove skillet from heat, tent skillet with foil, and allow steak to sit for several minutes in skillet. Test for desired degree of doneness by using a small knife to check the color of the steak.



Fresh, Boneless
U.S.D.A. Choice Beef
Top Round Steak

5⁹⁹
lb.



Essential Everyday
Boneless Skinless
Chicken Breast
3 lb.
Individually Frozen

8⁹⁹



Jennie-O
Turkey Bacon
12 oz. Package

2⁹⁹



Simply Potatoes
Mashed Potatoes
Selected Varieties
24 oz.



3⁴⁹



Cloverdale
Tangy Summer Sausage
28 oz. Stick

9⁹⁹

Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
**Top Sirloin
Steak**

7⁹⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Lean & Meaty
**Pork Shoulder
Steak**
2⁷⁹
lb.



Lloyd's
BBQ Tub
Selected Varieties
15-16 oz. Package

5⁴⁹



Buddig
Lunch Meat
Selected Varieties
7-9 oz. Tub

2⁹⁹



Wholestone
**Pork
Spareribs**

2⁶⁹
lb.



Arctic Shores
**Cooked
Shrimp**
41/50 Count, 12 oz.

6⁴⁹



Cloverdale
**Applewood
Smoked
Bacon**
3 lb. Package

18⁹⁹



Banquet
**Brown 'N
Serve
Sausage**
Selected Varieties
6.4 oz. Package

2/\$4



Johnsonville
**Breakfast
Links**
Selected Varieties
12 oz. Package

2/\$8



Louis Kemp
**Imitation
Seafood**
Selected Varieties
7.5-8 oz. Bag

2/\$4



Pantry Specials



**Duncan Hines
Brownie Mix**
Selected Varieties, 18-18.3 oz. Box

2/\$3

**Pearl Milling Co.
Pancake
Mix**
Selected Varieties
3.2 oz. Box

3/49



**Jell-O
Pudding
or Gelatin**
Selected Varieties
3-3.9 oz. Package

2/\$3



**Hershey's
Baking
Chips**
Selected Varieties
8-12 oz. Package

2/\$6



**Essential Everyday
Marshmallows**
10 oz. Bag

1/39



**Essential Everyday
Pie Filling
or Topping**
Selected Varieties
20-21 oz. can

3/49



**Essential Everyday
Graham
Crackers**
Selected Varieties
14.4 oz. Package

3/99



**Nutella
Hazelnut
Spread**
13 oz. Jar

3/99



**Essential Everyday
Honey**
16 oz. Bottle

4/99



**JIF
Peanut
Butter**
Selected Varieties
40 oz. Jar

5/99



**Essential Everyday
Maraschino
Cherries**
Selected Varieties
10 oz. Jar

2/99



**Eagle Brand
Sweetened
Condensed
Milk**
14 oz. Can

2/99



**Essential Everyday
Walnuts**
Selected Varieties
6 oz. Package

2/99



**McCormick
Pure Extracts**
Selected Varieties
1-2 oz. Package

3/49



**McCormick
Cinnamon**
2.37 oz. Package

2/49



**McCormick
Pure Vanilla**
2 oz. Bottle

5/49



**Pear Milling Co.
Syrup**
Selected Varieties
24 oz. Bottle

3/99



**Village Hearth
Cottage
White Bread**
24 oz. Package

3/89



**Degree
Invisible
Deodorant**
Selected Varieties
2.6-3 oz. Package

4/99



**Sun-Maid
Raisins**
20 oz. Carton

4/49



**Frito Lay
Tostitos Salsa
or SunChips**
Selected Varieties
13.3 oz. Jar or
6.25-7 oz. Bag

2/\$7



**Nabisco
Premium
Fresh Stacks**
Selected Varieties
13.3-13.6 oz. Package

3/99



**Essential Everyday
Fruit**
Selected Varieties
14.5-15.25 oz. Can

2/\$4.44



**Essential Everyday
Bread
Crumbs**
Selected Varieties
8-15 oz. Package

1/99



**Crest
Complete
Toothpaste**
Selected Varieties
3.4 oz. Package

4/69



**Old Dutch
Restaurant Style
Tortilla Chips**
Selected Varieties
10-13 oz. Bag

2/\$8



**Old Dutch
Dutch Crunch
Potato Chips**
Selected Varieties
9 oz. Bag

2/\$8



**Nabisco
Premium
Saltines**
Selected Varieties
9-16 oz. Package

3/99



**Kraft
Mac &
Cheese**
Selected Varieties
5.5-7.3 oz. Box

3/\$4



**Kraft
Easy Mac**
Selected Varieties
4 Count Package

4/99



**EQUILINE
Cold & Flu
Relief**
Selected Varieties
12 oz. Package

7/99



Grocery Deals



Kellogg's Nutri Grain Bars
Selected Varieties
10.4 oz. Box

2/\$7



Quaker Oats Oatmeal
Selected Varieties
18-42 oz. Canister

5.99



Kellogg's Family Size Cereal
Selected Varieties
16.6-24 oz. Package

4.99



General Mills Cereal
Selected Varieties
8.9-15.6 oz. Box

2/\$7



Essential Everyday Chewy Granola Bars
Selected Varieties
8.4 oz. Package

2.99



Kellogg's Homestyle Rice Krispie Treats
6 Count Box

2/\$7



Hostess Donettes
Selected Varieties
9.5-10.75 oz. Package

2/\$4.44



Old Orchard Healthy Balance or Cocktail Juice
Selected Varieties
64 oz. Bottle

2/\$5



Kool-Aid Jammers
Selected Varieties
10 Count Package

2.99



Essential Everyday Graham Crackers
Selected Varieties
14.4 oz. Box

3.99



Bush's Variety Beans
Selected Varieties
15-16 oz. Can

4/\$5



Essential Everyday Marinades
Selected Varieties
12.25 oz. Bottle

2/\$5



Essential Everyday Gravy Mix
Selected Varieties
7.5-1 oz. Package

69¢



Essential Everyday Tomato Juice
64 oz. Bottle

2.99



Essential Everyday White Vinegar
128 oz. Bottle

3.29



Essential Everyday Dried Beans
16 oz. Package

1.69



Ken's Steak House Salad Dressing
Selected Varieties
16 oz. Bottle

3.49



Essential Everyday Pickle Spears
Selected Varieties
24 oz. Jar

2/\$5



Essential Everyday Green Olives
Selected Varieties
5.75 oz. Jar

2/\$3



Red Gold Tomatoes
Selected Varieties
14.5-15 oz. Can

3/\$4



Maruchan Ramen Noodles
Selected Varieties
6 Count Package

1.99



Essential Everyday Instant Potatoes
13.75 oz. Box

2.29



Essential Everyday Designer Plates or Bowls
Selected Varieties
24-34 Count Package

3.49



Essential Everyday Black Pepper
3 oz. Package

3.59



Essential Everyday Onion Soup Mix
2 oz. Box

1.49



Progresso Vegetable Classics Soup
Selected Varieties
18-19 oz. Can

2/\$6



Downy Unstopables
Selected Varieties
7.8 oz. Package

6.99



Ziploc Storage or Freezer Bags
Selected Varieties
14-24 Count Package

3.99



Essential Everyday Parchment Paper
Selected Varieties
30-45 Square Foot Package

3.49



EQUILINE Cold & Flu Relief
Selected Varieties
24 Count Package

5.99



Ricola Natural Throat Drops
34 Count Package

5.99



Dial Liquid Hand Soap
Selected Varieties
11 oz. Bottle

2/\$6



Essential Everyday Cat Litter
Selected Varieties
20 lb. Bag

5.99

Frozen & Dairy Deals

Cool Whip
Whipped
Topping
Selected Varieties
8 oz. Package

1.99



Eggo
Waffles,
French
Toast &
Pancakes
Selected Varieties
8-16.4 oz. Package

2/\$7



Birds Eye
Premium
Sides

Selected Varieties
13-13.5 oz. Package

3.99



Swanson
Hungry Man
Dinners &
Classics

Selected Varieties
14-16 oz. Package

3.99



Stone Ridge
Creamery
Ice Cream
Sandwiches
Selected Varieties
12-16 Count Box

4.99



Pepperidge Farm
Layer Cakes
Selected Varieties
19-19.6 oz. Package

4.99



Birds Eye
Voila!
Entrées & Meals
Selected Varieties
21 oz. Bag

4.99



Healthy Choice
Power Bowls
Selected Varieties
6-11 oz. Package

2/\$7



Banquet
Mega Meals
Selected Varieties
11.5-16.93 oz. Package

2/\$6



Birds Eye Steamfresh
Premium Veggies
Selected Varieties
6-16 oz. Package

2/\$4

Smart Ones
Entrées

Selected Varieties
6.49-10.25 oz. Package

4/\$8.88



Marie Callender's
Bowls &
Pot Pies

Selected Varieties
10-13 oz. Package

2/\$5



Marie Callender's
Dinners

Selected Varieties
11.5-14 oz. Package

2/\$6



Essential Everyday
Steamy
Vegetables

Selected Varieties
12 oz. Package

4/\$5



Chobani
Greek Yogurt

Selected Varieties
4.5 oz. Package

3/\$5



Dannon Activia
Yogurt

Selected Varieties
4 ct. Package

2/\$7



Crystal Farms
Butter
Quarters

Salted or Unsalted
16 oz. Package

4.99



Florida's Natural
Juice

Selected Varieties
52 oz. Container

4.49



International Delight
Cold Foam
Creamers

Selected Varieties
14 oz. Can

4.99



Kemps
Sour Cream
& Dip

Selected Varieties
12-16 oz. Container

2/\$5



Pillsbury
Sweet
Biscuits,
Crescents,
or Grands!

Selected Varieties
4-10.2 oz. Package

2/\$3



Rana
Pasta

Selected Varieties
20 oz. Bag

6.49



Essential Everyday
String
Cheese
24 oz. Package

6.99



Kraft
Grated
Parmesan
Selected Varieties
8 oz. Package

4.49



Kraft
Natural
Sliced Cheese
Selected Varieties
7-8 oz. Package

2/\$6



Essential Everyday
Cottage
Cheese
24 oz. Package

2/\$7



Kraft
Philadelphia
Cream Cheese
Selected Varieties
8 oz. Brick

2/\$6



Essential Everyday
Cream
Cheese
Selected Varieties
8 oz. Tub

2/\$6

2021
READERS' CHOICE
Awards
BEST DELI



FRESH IN OUR

Deli

FRESH

Deli Fresh
**8 Piece
Deli Chicken**
2 Breast, 2 Thighs, 2 Legs, 2 Wings

9⁹⁹

Signature

Fresh from Our Deli & Bakery

Signature

Kretschmar
**Mild
Cheddar
Cheese**

7⁹⁹
lb.



Mrs. Gerry's

Deli Fresh
**Cranberry
Almond
Pasta Salad**

6⁹⁹
lb.



Kaukauna
**Spreadable
Cheese**

Selected Varieties
6.3 oz. Package

4⁴⁹



2021
READERS' CHOICE
Awards
BEST BAKERY



*FUN, TASTY
Treats!*

Bakery Fresh
**Pumpkin or Apple
8" Pies**

6⁴⁹

Bakery Fresh
**Vienna
Bread**

16 oz. Loaf

3⁹⁹



New French
**Take & Bake
Breadsticks**

9.3 oz. Package

3⁷⁹



Cyrus O'Leary's
**Mini Cream
4" Pies**

Selected Varieties

3⁹⁹



Fresh Produce



Mission Mangoes

1⁴⁹
ea.

Mangoes are rich in vitamins A and C, antioxidants, and fiber, which support immune function, skin health, and digestion. They can be eaten fresh, added to smoothies, salads, or salsas, or blended into sauces and desserts for a sweet, tropical flavor boost.



Bolthouse Farms Baby-Cut Carrots

1²⁹

For a good source of antioxidants, beta carotene and vitamin C, and a rich source of vitamin A, enjoy our organic baby peeled carrots. Great for snacking!

GREAT TASTE
AND
Texture



Dole Cauliflower

3⁴⁹
ea.

Cauliflower Parmesan

Ingredients

1 Cauliflower head, trimmed and cut into 1-inch planks
Olive Oil
Salt & Pepper to taste
1-2 cups Marinara Sauce
1/4 cup grated parmesan cheese, plus more to taste
1 cup shredded Mozzarella cheese, plus more to taste
1/4 cup basil leaves, chopped
Crushed red pepper flakes, optional

Directions

Preheat the oven to 425 degrees F. Line a baking sheet with parchment paper. Slice the cauliflower into 4 planks and place in a single layer on a baking sheet.

Drizzle with olive oil and sprinkle with salt and pepper.

Bake for 30-35 minutes or until the cauliflower is tender and golden. Remove from the oven and top with marinara sauce. Add 1-2 cups, depending on how much marinara sauce you want, to taste.

Sprinkle with mozzarella and parmesan cheese.

Bake for an additional 5-7 minutes or until the cheese has melted and started to brown.

Top with additional cheese (optional) and chopped basil leaves. Sprinkle with red pepper flakes, optional. Enjoy!



Dole Classic Salad, Shredded Lettuce or Coleslaw

2/\$4

Selected Varieties, 8-14 oz. Bag

These packs are perfect for quick meals, often accompanied by dressing and toppings for easy preparation.



Yellow Potatoes

3⁹⁹

Yellow potatoes are a good source of vitamins B6 and C, potassium, and fiber, which support heart health, digestion, and energy metabolism. They can be boiled, mashed, roasted, or baked, offering a creamy texture and buttery flavor.



Peri Farms Sweet Onions

1²⁹
lb.

Sweet onions are rich in antioxidants like quercetin and sulfur compounds, which can help reduce inflammation and support heart health. Perfect for eating raw in salads, sandwiches, or salsas, as well as caramelizing for a sweet, savory addition to cooked dishes.



Fresh Beefsteak Tomatoes

2⁴⁹
lb.

Beefsteak tomatoes are among the larger varieties of tomato. They're plump, juicy and very flavorful. Great when sliced for burgers and BLT sandwiches, diced for salads and omelets or enjoy one fresh with a sprinkle of salt as a healthy snack.

Refreshing Beverages



Pepsi Products

2/\$11

Selected Varieties
6/16.9 oz. Bottles



Bubly Sparkling Water

Selected Varieties
8/12 oz. Cans

2/\$9



Lipton Iced Tea

2/\$14

Selected Varieties
12/16.9 oz. Bottles



Schweppes Mixers

3/\$4

Selected Varieties
1 Liter Bottles