



219 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



USDA Choice
CHUCK ROAST

Family Pack
Lean Stew Meat 6.99 lb.

Boston Butt Pork Roast 1.99 lb.

Previously Frozen, Lean & Meaty
Pork Spare Ribs 2.29 lb.



Whole
Boston Butt Pork Roast



Boneless Skinless
Chicken Breast



18.4-23 Oz., Selected Varieties
Smithfield Seasoned Pork Tenderloins or Loin Filets



4.99

3 Lb. Bag
Imported
Halos
Mandarins



2.99

3 Lb. Bag
Michigan
Ambrosia, Fuji, Red or Golden Delicious Apples



2/\$4

Ragù
Pasta Sauce

Selected Varieties, 16-24 Oz.



3.99

Nabisco
Oreos

Selected Varieties, 7.5-14.03 Oz.



3.99

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Selected Varieties, 7.5-14.03 Oz.



2.99

Kraft Deluxe Macaroni & Cheese
or Velveeta Shells & Cheese

Selected Varieties, 9.4-14 Oz.



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or Velveeta Shells & Cheese

Selected Varieties, 9.4-14 Oz.

Selected Varieties, 14-14.5 Oz.
Swanson Canned Broth

99¢



4/\$5

Campbell's Cream of Chicken
or Mushroom Soup

10-10.5 Oz.



4/\$5

Campbell's Cream of Chicken
or Mushroom Soup

10-10.5 Oz.



3.99

Crisco
Cooking Oil

Selected Varieties, 40 Oz.



33.99

Tito's Vodka
1.75 Liter



4/\$5

Bubbl'r
Selected Varieties, 12 Oz.



2/\$4

Best Choice Potato Chips
Selected Varieties, 8 Oz.



5.99 lb.

Secret Recipe
Grillmaster Ribs



2.99

Blue Ribbon Classics
Frozen Dairy Dessert

Selected Varieties, 48 Oz.



1.19

Best Choice
Soft Drinks

Selected Varieties, 2 Liter



3.99

Frito-Lay Doritos or Ruffles
Selected Varieties, 6-10.75 Oz.



2.99

General Mills Cereal

12 Oz. Cinnamon Toast Crunch,
10.8 Oz. Honey Nut Cheerios, 8.9 Oz. Cheerios,
11.5 Oz. Reese's Puffs, 10.7 Oz. Trix,
11.7 Oz. Golden Grahams or 10.4 Oz. Cocoa Puffs

Check Out Our Weekly Ad Specials Online! Prices Effective October 29 - November 4

www.northenglish.freemanfoods.net www.wellman.freemanfoods.net

GLEASE WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU. GLEASE_PG1_103024

PRE-HOLIDAY STOCK UP!



Hamburger, Chicken or Tuna Helper
Selected Varieties
4.7-8.7 Oz.

2/\$3



Chicken of the Sea Chunk Light Tuna
Selected Varieties
5 Oz.

99¢



Red Gold Tomatoes, Sauce, Sloppy Joe, Paste or Green Chiles
Selected Varieties
6-15 Oz.

5/\$5



Red Gold Salsa
Selected Varieties
15.5-16 Oz.

2/\$5



Green Giant Vegetables
Selected Varieties, 14.5-15.25 Oz.

99¢



Chef Boyardee Pasta
Selected Varieties, 14.5-15 Oz.

4/\$5



Juicy Juice
Selected Varieties, 64 Oz. or 8 Ct.
Maruchan Ramen

2.99

3.99



Nissin Chow Mein
Selected Varieties, 4 Oz.

4/\$5

5/\$5



Idahoan Potatoes
Selected Varieties, 1.5-4.1 Oz.
Ortega Taco Sauce
Selected Varieties, 16 Oz.

2/\$3

3.99



Yakisoba or Maruchan Bowls
Selected Varieties, 3.31-4.11 Oz.

89¢



Maruchan Ramen
Selected Varieties, 6 Ct.

2/\$4



Mama Mary's Pizza Crust
Selected Varieties, 3 Ct.
Brooks Chili Beans
Selected Varieties, 15.5 Oz.

3.49

4/\$5



Ortega Shells or Tortillas
Selected Varieties, 10-18 Ct.
Carroll Shelby Chili Kits
Selected Varieties, 3.65 Oz.

2.49

2.99



Libby's Pineapple Juice
Selected Varieties, 64 Oz.
Hunt's Tomato Sauce Starters
15 Oz.

4.49

1.99



Bumble Bee Chunk White Tuna
5 Oz.
Riceland Rice
5 Lb.

4/\$5

3.99



Armour Chili with Beans
14 Oz.
New York Texas Toast Croutons
Selected Varieties, 5 Oz.

1.69

2/\$3



McCormick Chili Seasoning
Selected Varieties, 1.25 Oz.
Hormel Bacon Pieces or Bits
Selected Varieties, 2.8-3 Oz.

4/\$5

2.79



Hunt's Tomato Sauce
Selected Varieties, 8 Oz.
Velveeta Skillets
Selected Varieties, 11.6-13.6 Oz.

79¢

2/\$6



Riceland Rice
Selected Varieties, 2 Lb.

1.89



Best Choice Stuffing Mix
Selected Varieties, 6 Oz.
Best Choice Flour
Selected Varieties, 5 Lb.

1.49

2.29



Wish-Bone or Western Dressing
Selected Varieties, 24 Oz.

3.99



Heinz Yellow Mustard
20 Oz.

2/\$5



Underwood Deviled Ham
4.25 Oz.

2/\$5



Best Choice Granulated Sugar
4 Lb.

2.99



Best Choice Hot Cocoa Mix
Selected Varieties, 8-10 Ct.

1.99



Best Choice Coffee Pods
Selected Varieties, 12 Ct.

4.49



Swanson Broth or Stock
Selected Varieties, 32 Oz.

2/\$4



Best Choice Peanut Butter
Selected Varieties, 16 Oz.

2.29

HOME & HEALTH



8.69
Selected Varieties, 2-6 Rolls
Charmin Bath Tissue or Bounty Paper Towels



3.49
Selected Varieties, 6.2-21.5 Oz.
OxiClean Laundry Stain Remover

7.99

Selected Varieties
203.1-206.4 Oz.
Xtra Laundry Detergent



5.99
Selected Varieties, 3-3.15 Lb.
Mow Mix Cat Foods

16.49

Selected Varieties
14 Lb.
Beneful Dog Food



3.99
Selected Varieties
20-40 Ct.
Hefty Compostable Plates



2.99
Selected Varieties
24.3 Oz.
Gain EZ-Squeeze Dish Soap



7.49
Selected Varieties, 16 Oz. or 4-27 Ct.
Finish or Jet Dry

9.49

Selected Varieties
50 Oz.
Woolite Laundry Detergent

DON'T MISS OUT ON THESE GREAT SAVINGS!

Selected Varieties, 7-8 Oz.
Martha White or Pillsbury Muffin Mix

4/\$5



Kellogg's Cereal

13.5-16.8 Oz. Raisin Bran,
13.5-16.8 Oz. Frosty Mini-Wheats,
15.4-15.9 Oz. Raisin Bran Crunch,
9.6-12.5 Oz. Special K, 9.6 Oz. Corn Flakes,
9-11 Oz. Rice Krispies, 12.6 Oz. Cocoa Krispies,
9.6 Oz. Cocoa, 12.7 Oz. Frosty Bran 11.9 Oz. All Bran Complete

2/\$6



2/\$5

Voortman Bakery Wafers

Selected Varieties, 10.6 Oz.



2/\$5

Hunt's Snack Pack Pudding or Gelatin

Selected Varieties, 6 Ct.

Selected Varieties, 16 Oz.
Best Choice Frosting

1.69



Best Choice Cake Mix

Selected Varieties

15.25 Oz.

1.19



8.99

Pringles Snack Stacks

12.91 Oz.



3.49

Log Cabin Syrup

Selected Varieties, 24 Oz.



Little Hug Fruit Juice Barrels

Selected Varieties

20 Ct.

4.59

Selected Varieties, 3 Ct.
Act II Popcorn

1.99



4/\$5

Cheez-It, Pringles or Rice Krispies Treats Grab & Go

Selected Varieties, 1.62-3 Oz.

Selected Varieties, 17.6 Oz.

Duncan Hines Brownie Mix

2.99



3.99

Kraft Mayonnaise, Miracle Whip or Aioli

Selected Varieties, 12-15 Oz.



Nabisco Premiums or Toasted Chips

Selected Varieties, 7.1-17 Oz.

2/\$7



2/\$5

Hawaiian Punch

Selected Varieties, 6 Ct.



69¢

Jiffy Corn Muffin Mix

Selected Varieties, 8.5 Oz.

DAIRY & FROZEN



2/\$5

Kraft Natural Slices

Selected Varieties, 7-8 Oz.



3.49

Imperial Spread

45 Oz.



11.99

Rana Lasagna

Selected Varieties, 40 Oz.



2/\$5

Dole Orange Juice

32 Oz.



2/\$4

Ore-Ida Just Crack An Egg Scrambles

Selected Varieties, 2.25-3 Oz.



2/\$5

Jell-O Gelatin or Pudding

Selected Varieties, 4 Ct.



3.49

Philadelphia Cheesecake Cups

Selected Varieties, 2 Ct.



4.49

Chobani Flips Yogurt

Selected Varieties, 4 Pk.



2/\$6

Pillsbury Grands! Cinnamon Rolls or Pizza Crusts

Selected Varieties, 8-16.3 Oz.



2/\$7

International Delight Creamer

Selected Varieties, 32 Oz.



1.99

Best Choice Shredded or Chunk Cheese

Selected Varieties, 6-8 Oz.



3.99

Frigo String Cheese or Snack Kits

Selected Varieties, 6.3-12 Oz.



2.99

Velveeta Slices

Selected Varieties, 12 Oz.



2/\$4

Jell-O Girl Scouts Pudding

Selected Varieties, 7 Oz.



3.99

Philadelphia Cheesecake Crumbles

Selected Varieties, 2 Ct.



2.79

Simply Potatoes

Selected Varieties, 20 Oz.



7.99

Totino's Pizza Rolls, Old El Paso Taco Bites or Stuffed Nachos

Selected Varieties, 100 Ct. or 13-17 Oz.



2.29

Bread Sticks, Texas Toasts, or Dinner Rolls or Breadsticks

Selected Varieties, 6-8 Ct. or 11.25-16 Oz.



1.99

Birds Eye Vegetables

Selected Varieties, 9.5-14.4 Oz.



2.99

Pie Crust

Selected Varieties, 15-16 Oz.



2/\$4

Smart Ones Frozen Entrées

Selected Varieties, 6.49-10.25 Oz.



5.99

Tostitos Taquitos

Selected Varieties, 16-22.5 Oz.



3.99

Pepperidge Farm Apple Turnovers

12.5 Oz.



3.99

Best Choice Potatoes

Selected Varieties, 24-32 Oz.



2/\$7

Banquet Family Size Entrées

Selected Varieties, 24-28 Oz.



3.99

P.F. Chang's Bowls, Rice or Vegetables

Selected Varieties, 10-16 Oz.



2/\$7

Hungry-Man Dinners

Selected Varieties, 14.5-16 Oz.



5.49

Banquet Boneless Chicken

Selected Varieties, 24-32 Oz.



4.49

Louisa Ravioli or Tortellini

Selected Varieties, 16-22 Oz.



4.99

Pepperidge Farm Cakes

Selected Varieties, 19.6 Oz.



2.99

Marie Callender's Cream Mini Pies

Selected Varieties, 6-7.5 Oz.



2.99

Best Choice Hash Browns

Selected Varieties, 28-32 Oz.

PREMIUM QUALITY MEATS



USDA Choice

CHUCK STEAKS

Family Pack
Beef Cube Steaks

6.99
Lb.

6.99 Lb.



Family Pack

Country Style Pork Ribs **2.99** Lb.

2.49
Lb.
Family Pack
Pork
Steaks



12.99
Lb.

USDA Choice
Boneless
Ribeye Steaks



5.99 Lb.

93% Lean
Ground Beef



3.99

12-16 Oz.
Selected Varieties
Farmland
Sliced Bacon



6.99

20 Oz.
Selected Varieties
Scott's Pete
Beef Polish Sausage

20 Oz. Selected Varieties
Scott's Pete Smoked Sausage

4.99



2/\$5

12-24 Oz.
Selected Varieties
Bob Evans
Side Dishes



7.99

24 Oz.
Hickory or Honey Smoked
Smithfield
Quarter Sliced
Boneless Ham



3.99

6-9 Oz. Selected Varieties
Oscar Mayer Deli Fresh
Shaved, Select, Strips
or Carving Board
Lunchmeats



2/\$3

12 Oz.
Selected Varieties
Bar-S
Franks



16 Oz. Selected Varieties
Jimmy Dean Sausage

3.99

5.99

18-28 Oz.
Selected Varieties
Cooked Perfect
Meatballs

PRODUCE FRESH PICKS



2 Lb. Bag
Always Save
Onions
1.49

1.49
Lb.

Michigan
Honeycrisp
Apples



Red, Green
or Black
Seedless
Grapes
2.99
Lb.



16 Oz. Selected Varieties
The Little
Potato Company
Potatoes

3.99

12 Oz.
Cranberries **2.49**



Zucchini
or Yellow
Squash **1.49** Lb.



Sleeved
Celery **1.79** Ea.

Bagged
Red
Radishes **1.99** Ea.

Not Available at
All Locations.

32 Oz. Variety Sampler
The Father's Table
Cheesecake **12.99**

8 Oz. Selected Varieties
Gregory's Foods
Mini Bake Shop Cookies **2.99**

12 Oz. White or Wheat
Toufayan
Pita Breads **1.89**

26 Oz. Selected Varieties
Jessie Lord
Cream Pies **9.99**

6 Ct. Selected Varieties
Clyde's
Fritters **4.99**

10.5 Oz. Best Choice
Brownie Bites **3.99**

12-13 Oz. Selected Varieties
Marzetti Salad
Dressing or Dip **4.99**

A1 Steak Sauce
Selected Varieties, 10 Oz. **4.99**

Lotzta Motzza
Pizza
Selected Varieties, 23-30 Oz. **2/\$12**

Tide Detergent
Selected Varieties, 84 Oz. **9.99**



2 Lb. Bag
Always Save
Onions
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