



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!

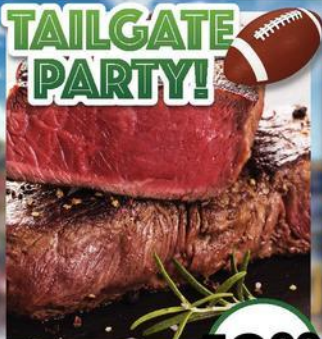


GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Family Pack, USDA Select
RIBEYE STEAKS

12.99
Lb.

Family Pack, Boneless
Country Style Pork Ribs

2.19
Lb.



2.99
Lb.

Family Pack
Boneless Pork Chops



5.99
Lb.

USDA Choice
Boneless Chuck Roast



4.99
Lb.

Family Pack, Market Fresh
85% Lean Ground Beef



4.99
Lb.
Secret Recipe
Grillmaster Ribs



3.89
AE
Cottage Cheese or Sour Cream
Selected Varieties, 24 Oz.

farm fresh PRODUCE



99¢
Ea.
Hass Avocados



99¢
Lb.
Michigan Honeycrisp Apples



3.99
Frito-Lay
Doritos, Fritos or Cheetos
Selected Varieties, 6-10.75 Oz.



2.99
Bertolli or Ragù
Pasta Sauce
Selected Varieties, 15-45 Oz.



3.99
Nabisco
Oreos
Selected Varieties, 7.5-14.03 Oz.



2/\$11
Lotza Motzza Pizza
Selected Varieties, 23-30 Oz.



2.99
Quaker
Instant Oatmeal
Selected Varieties, 6-10 Oz.



3.49
Nabisco Premium
Salties or Toasted Chips
Selected Varieties, 7.1-17 Oz.



2/\$2
Totino's
Pizza Rolls or Party Pizza
Selected Varieties, 9.8-10.9 Oz. or 15 Ct.



5.99
Blue Ribbon Classics
Frozen Dairy Dessert
Selected Varieties, 128 Oz.



4.99
Scott
Comfort Plus Bath Tissue
Selected Varieties, 6-12 Roll



6.99
Tide Detergent, Bounce or
Downy Fabric Softener
Selected Varieties, 7.8-66 Oz. or 15-160 Ct.



2/\$6.50
Old Dutch
Potato Chips
Selected Varieties, 10 Oz.



2/\$7
Best Choice Soft Drinks
Selected Varieties, 12 Pk./12 Oz. Cans

Check Out Our Weekly Ad Specials Online! Prices Effective **tues 15 wed 16 thurs 17 fri 18 sat 19 sun 20 mon 21** October 2024

-10 -20

grocery TOUCHDOWNS



10



Bush's Best Chili Beans
Selected Varieties
15.5-16 Oz.

5/\$5



Barilla Pasta
Selected Varieties
7-16 Oz.

2/\$3



Starkist Chunk Light Tuna
Selected Varieties
5 Oz.

99¢



Knorr Pasta or Rice Sides
Selected Varieties
4-5.8 Oz.

2/\$3



Campbell's SpaghettiOs
Selected Varieties, 15.6-15.8 Oz.

4/\$5

Kraft Easy Mac or Velveeta Shells & Cheese Big Bowls

2.99



Maxwell House Pods or Gevalia Coffee or Pods
Selected Varieties, 12 Oz. or 12 Ct.

6.99

Kraft Miracle Whip

4.99



Malt-O-Meal Cereal
Selected Varieties, 30-37 Oz. or 9-12 Ct.

4.99

Heinz Ketchup

3.99



Kellogg's Pop-Tarts
Selected Varieties, 12 Ct.

3.79



Betty Crocker Potatoes
Selected Varieties, 4-5 Oz.

3/\$5

Best Choice Flour

2.29



Old Orchard Juice
Selected Varieties, 64 Oz.

2/\$5



Heinz Squeeze Mustard
Selected Varieties, 14 Oz.

2/\$4



Campbell's Soup
Selected Varieties, 10.5-11.5 Oz.

2/\$3



Barilla Al Bronzo Pasta
Selected Varieties, 12-14.1 Oz.

4/\$5

Old El Paso Taco Seasoning

79¢



Old El Paso Enchilada Sauce, Green Chiles or Refried Beans
Selected Varieties, 4-16 Oz.

2/\$3

Best Choice Granulated Sugar
4 Lb.

2.79

Old Orchard Cranberry Juice
Selected Varieties, 64 Oz.

2.79

Red Gold Tomato Sauce

69¢

Old El Paso Taco Shells, Tortillas, Beans or Rice
Selected Varieties, 8.8 Oz. or 8-12 Ct.

2/\$7

Crystal Light Drink Mix

2/\$6

Red Gold Tomatoes, Sauce, Ketchup, Salsa or Tomato Juice
Selected Varieties, 15.5-46 Oz.

2/\$5

Chicken of the Sea Sardines or Tuna Pouches
Selected Varieties, 2.5-3.75 Oz.

5/\$5

Morton Kosher Salt, Season All or Salt & Pepper Shaker
Selected Varieties, 5.25-16 Oz.

1.99

Kool-Aid, Country Time or Tang Drink Mix
Selected Varieties, 6-8 Quart

3.79

Subway or Arby's Sauce
Selected Varieties, 16-20 Oz.

3.79

Viasic Sauerkraut
Selected Varieties, 32 Oz.

2.99

Cremaette Spaghetti

89¢

Pompeian Olive Oil

4.49

Tabasco Sriracha Sauce

3.99

Eagle Brand Condensed Milk

2.79

No Yolk Noodles
Selected Varieties, 12 Oz.

2/\$4

Morton Grinders
Selected Varieties, 1.2-2.5 Oz.

2.39

Plochman's Mustard
19 Oz.

2.29

Pet Evaporated Milk
12 Oz.

1.69

home & health zone



Best Choice Wood Chips

3.29

Hetty White Plates

5.49

Arm & Hammer Laundry Detergent

7.49

Cottonelle Ultra Comfort Ultra Clean Bath Tissue

18.99

Beggin' Strips Dog Treats

3.49

Kleenex Facial Tissue

8.49

Pampers Wipes

7.49

Poise Pads or Liners

5.99

Angel Soft Bath Tissue or Sparkle Paper Towels

6.99

Pampers Easy Ups

9.99

Suavitel Fabric Softener

8.99

rush in for great GAMEDAY SAVINGS!

Selected Varieties, 4-6 Ct.
Dole Fruit Bowls

2.99

Selected Varieties, 8 Ct.
Hi-C Juice Box

2.19

Selected Varieties, 3.625-5.125 Oz.
Frito-Lay Minis

2/\$5

Selected Varieties, 34-38 Oz.
M&M's Stand Up Pouch

11.99



1.79

Dole Pineapple
Selected Varieties
15.25-20 Oz.



6.99

Sunny D Punch
18 Pk.



10.99

Juicy Juice Variety Pack
32 Ct.



3.29

Betty Crocker Cake, Muffin or Brownie Mix
Selected Varieties
9.3-17.3 Oz.



1.59

Pure Life Water

2.49

Best Choice Powdered or Brown Sugar
Selected Varieties, 2 Lb.



2/\$7

Club, Town House or Keebler Graham Crackers
Selected Varieties, 7.1-15 Oz.



4.99

Cheez-It, Snap'd, Puff'd or Club Family Size Crackers
Selected Varieties, 9.6-21 Oz.



2.49

Special K Pastry Crisps

2/\$5

Jolly Time Popcorn
Selected Varieties, 3-4 Ct.



3.99

Yoo Hoo Chocolate Drink
10 Ct.



2/\$3

Best Choice Oil
Selected Varieties, 48 Oz.



2/\$5

Musselman's Applesauce
Selected Varieties, 24 Oz. or 6 Pk.



3.49

Baker's Joy Baking Spray

7.99

Crisco Shortening
Selected Varieties, 3 Lb.



5.99

Folgers Instant Coffee
8 Oz.



6.99

Folgers Instant Decaf Coffee
8 Oz.



4.49

Jiffy Corn Muffin Mix
6 Ct.



3.99

Bisquick Pancake Mix
Selected Varieties, 40 Oz.

dairy & frozen LINEUP



2/\$6

Pillsbury Grands!, Crescents or Cinnamon Rolls
Selected Varieties, 8-16.3 Oz.



2/\$7

Tropicana Pure Premium Orange Juice
Selected Varieties, 46 Oz.



2/\$7

Banquet Family Size Entrées
Selected Varieties, 24-28 Oz.



2/\$6

Tony's Pizzeria 12-Inch Pizza
Selected Varieties, 18.56-20.6 Oz.



4.49

Fairlife Milk
Selected Varieties
52 Oz.



2/\$5

Pure Leaf Tea
Selected Varieties
59 Oz.



3.99

Stouffer's Entrées
Selected Varieties
6.6-20 Oz.



2/\$4

Micheline's Grande Entrées
Selected Varieties
12.5-14 Oz.



5.49

Starbucks Iced Coffee
Selected Varieties
40-48 Oz.



3/\$4

Tropicana Singles
Selected Varieties
11-12 Oz.



5.49

Banquet Boneless Chicken
Selected Varieties
24-32 Oz.



5.49

Alexia Sweet Potato Fries or Onion Rings
Selected Varieties
13.5-28 Oz.



7.49

Velveeta Loaf
Selected Varieties
32 Oz.



3.49

Velveeta Queso
Selected Varieties
15 Oz.



2.99

Kraft Macaroni & Cheese or DeVour Entrées
Selected Varieties
9-12 Oz.



3.99

TGIF Snacks or Lunchable Grilled Cheesies
Selected Varieties
5.71-11 Oz.



4/\$5

Imperial Margarine Sticks
16 Oz.



5.99

Rana Pasta
Selected Varieties
20 Oz.



5.49

Sara Lee Pies
Selected Varieties
34 Oz.



2.79

Pillsbury Toaster Strudels, Scrambles or Mini Cinnis Pull Apart Rolls
Selected Varieties
7.3-11.7 Oz.



3.99

Dannon Light + Fit, Oikos Yogurt or Danimals
Selected Varieties, 4 Ct.



7.99

Sheff's Spread Country Crock or I Can't Believe It's Not Butter
Selected Varieties, 45-67.5 Oz.



2.99

SuperPretzel Pretzels or Bites
Selected Varieties
9-21.78 Oz.



14.99

Mario Callender's Family Size Lasagna
80 Oz.

football grilling ESSENTIALS



6.29
Lb.

Family Pack
USDA Choice
**Boneless
Chuck Steaks**

Family Pack, USDA Choice
Boneless Beef Stew Meat 6.99 Lb.



2.49
Lb.

Family Pack
**Pork
Steak**

Family Pack
**PORK
TENDERLOINS**

3.49
Lb.



7.99

Sold in 10 Lb. Bag
Previously Frozen
**Chicken
Leg Quarters**



3.99

12 Oz., Applewood
or Hickory Smoked
**Jimmy Dean
Sliced Bacon**

24 Oz., Selected Varieties
Wright Brand Stack Pack Sliced Bacon

7.79

3.99

6-9 Oz., Selected Varieties
**Oscar Mayer Deli Fresh
Shaved, Select, Strips
or Carving Board
Lunchmeats**



12 Oz.
Oscar Mayer Turkey Bacon

3.99

3.99

12-16 Oz., Selected Varieties
**Bob Evans
Breakfast Sausage**



11-14 Oz., Selected Varieties
Armour Homestyle Meatballs

2/5

8 Oz.
Sugardale Pepperoni



3.49 Lb.

Previously Frozen
**Baby Back
Pork Ribs**



3.99

9.6-12 Oz.
Links or Patties
**Johnsonville Fresh
or Fully Cooked
Breakfast Sausage**



2/5

2.2-4.4 Oz.
Selected Varieties
**Oscar Mayer
Basic Lunchables**



2/5

3.3 Oz., Selected Varieties
Oscar Mayer Natural Snacking Plates



2/5

12-24 Oz.
Selected Varieties
**Bob Evans
Side Dishes**

game day PRODUCE FAVORITES



3.49
3 Lb. Bag, Michigan
**Gala, McIntosh, Red or
Golden Delicious, Fuji
or Jonathan Apples**



2.99
Lb.
Red, Green
or Black
Seedless Grapes



5.99
3 Lb. Imported
**Halos
Mandarins**



3.49
5 Lb.
**Best Choice
Red or Gold
Potatoes**



79¢
Lb.
**Jumbo
Yellow
Onions**



1.99 Ea.
3 Oz. Made with Real
**Happy Apples
Caramel Apples**



4/5
12 Oz. Selected Varieties
**POM
Tea**



2/5
12 Oz., Selected Varieties
**POM
Pomegranate
Juice**



4.99
12 Oz. Selected Varieties
**POM
Tea**



2/10
15.2 Oz. Selected Varieties
**Naked
Juice**



3.99
64 Oz. Imported
**River Ridge
Apple Cider**



1.99
8-11 Oz. Selected Varieties
**Dole
Salads**



8.99
32 Oz. Selected Varieties
**Panera
Bread Soup**



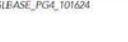
8.99
28 Oz.
**Panera
Mac & Cheese**



2.99
16 Oz., Selected Varieties
**Reser's
Premium Salads**



11.99
30 Oz.
**Rich's Double Layer
Cookies & Crême Cake**



3.49
14 Oz., 2-Pack
**New French Bakery
Take & Bake Baguette**

**ON THE
GRILL
SATURDAY,
OCTOBER 19
11 AM-1 PM**
North Side of Freeman Foods
in Wellman & North English

**RIBEYE
STEAK
SANDWICH
\$7.00**

**MARINATED
CHICKEN
BREAST
\$4.00**

**RIB ON-A
STICK
\$4.00**

**GRILLED
TENDERLOIN
\$3.00**

**HAMBURGER
\$4.00**

**HOT DOG
\$1.00
OR
\$2.00**

10/9
Powerade
Selected Varieties
28 Oz.

11.49
Dr. Pepper
Products
Selected Varieties
24 Pk.