

# FLAVORS of FALL

USDA PREMIUM CHOICE "AGED TO PERFECTION" BONELESS TOP SIRLOIN STEAK

**\$9<sup>98</sup>** Lb.



ALL NATURAL PORK SHOULDER ROAST

**\$1<sup>98</sup>** Lb.



ALL NATURAL BONELESS HUSKER CHOPS

**\$3<sup>98</sup>** Lb.



USDA CHOICE STORE GROUND 90 - 93% LEAN GROUND SIRLOIN

**\$5<sup>98</sup>** Lb.

This is the one to use when you want to eat leaner. It is still JUICY AND DELICIOUS, but since it is made from our Sirloin steak trim it has very little fat!

## Spaghetti Squash with Greek Meat Sauce

SERVES 8

### GREEK MEAT SAUCE:

- 2 T olive oil
- 1 onion
- 1.5 lbs Leon's ground beef
- 1 C water
- 9 oz tomato paste
- 2 T red wine vinegar
- 2 cloves minced garlic
- 1 tsp salt
- Freshly ground black pepper to taste
- 1 tsp whole mixed pickling spice (this is the secret ingredient!)
- 1/2 stick cinnamon



FOODIE RECIPE



In a large saucepan, brown the hamburger and onions. Add the water, tomato paste, vinegar, garlic, salt and pepper. Tie the pickling spice and cinnamon in a small piece of cheesecloth and add to the stew. Reduce the heat to low, cover, and simmer for 1 hour, stirring occasionally and adding additional water if necessary. Discard the cheesecloth.

### SQUASH:

- 1 large spaghetti squash (about 3lbs)
- 1/4 tsp salt
- 1/4 tsp freshly ground pepper
- 2 T unsalted butter (or none!)
- 1 avocado, sliced
- 12 cherry tomatoes (red and yellow) halved
- 1/2 C fresh Parmesan or Pecorino Romano cheese shavings
- 2 T chopped fresh flat leaf parsley

Preheat the oven to 350°F. Line a baking sheet with parchment paper. Cut the squash in half lengthwise and scoop out the seeds. Place the squash, cut side down, on the prepared pan. Bake until the flesh can be easily scraped into strands with a fork, 50-70 minutes. Using a fork, scoop out all the flesh into a bowl and fluff the spaghetti like strands. Toss in the salt and pepper.

STAGE DOOR DELI MAPLE & APPLE GLAZED PORK LOIN

**\$11<sup>98</sup>** Lb.



STAGE DOOR DELI HOMEMADE PUMPKIN CHEESECAKE Per Slice

**\$8<sup>98</sup>**



BUY FRESH BUY LOCAL

NEW CROP! FALL SQUASH Acorn, Spaghetti, Butternut or Buttercup

**88¢** Lb.



HONEYCRISP, GALA, OR FUJI APPLES

**98¢** Lb.



SUGARBEE APPLES

**\$1<sup>98</sup>** Lb.



THE MILL CIDER SPICES 6oz. **\$5<sup>98</sup>**



KIMMEL ORCHARD NEBRASKA CITY APPLE CIDER Half Gallon

**\$4<sup>98</sup>**

CURBSIDE AND DELIVERY

GET GROCERIES IN AS FAST AS 2 HOURS!



SHOP ONLINE: [leonsgourmetgrocer.com](http://leonsgourmetgrocer.com)

PRICES EFFECTIVE WEDNESDAY, OCT 2 THRU TUESDAY, OCT 8, 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
6	7	8	2	3	4	5

Store Hours

MON-SAT: 8AM-9PM  
SUNDAY: 9AM-6:30PM

2200 WINTHROP ROAD  
(402) 488-2307

JOIN OUR COMMUNITY

SINCE

19  
33

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS.

# Grocery

WE STRIVE TO OFFER THE FINEST EVERYDAY AND EXOTIC GOODS.

Our selection of top-quality groceries along with Lincoln's widest range of specialty items makes Leon's perfect for everyday shoppers and foodies alike.

**SUPER digital DEALS**



Hamburger, Chicken, or Tuna Helper  
4.7 - 8.7 oz. **4/\$4**

Must Buy 4, Limit 1 Digital Coupon, Additional Quantities 4/35

**SUPER digital DEALS**



Best Choice Shredded or Chunk Cheese  
6 - 8 oz. **2/\$3**

Must Buy 2, Limit 1 Digital Coupon, Additional Quantities 2/54

**SUPER digital DEALS**



Dawn EZ-Squeeze Dish Soap  
12.2 - 14.7 oz. **98¢**

Limit 1 Digital Coupon, Additional Quantities 2/98

**SUPER digital DEALS**



Pringles Potato Crisps  
4.9 - 5.57 oz. **2/\$3**

Must Buy 2, Limit 1 Digital Coupon, Additional Quantities 2/35

**SUPER digital DEALS**



Blue Bunny Premium Dairy Dessert or Frozen Yogurt  
46 - 48 oz. **\$2.48**

Limit 1 Digital Coupon, Additional Quantities 3/48



Betty Crocker Delights Brownie or Bar Mix  
16 - 19.1 oz. **2/\$4**  
Muffin Mix  
12.3 - 17.5 oz. **2/\$4**

Must Buy 2 or Singles at \$3.99



Best Choice Flour  
5 lb. **\$1.98**



Best Choice Granulated Sugar  
4 lb. **\$2.98**



Best Choice Pumpkin  
15 oz. **2/\$3**



Tide Laundry Detergent  
15 - 20 Ct. Pods or 42 oz. Liquid  
**\$6.98**



Bounty Paper Towels  
6 Triple Plus Rolls  
**\$14.98**



Jolly Time Microwave Popcorn  
2 - 4 Ct. **2/\$5**



Cheez-It Crackers or Snack Mix  
5.75 - 12.4 oz. **2/\$5**



12 Pack Pepsi Products  
12 oz. Cans **\$5.48**



6 Pack Diet Pepsi Products  
12 oz. Cans **\$5.48**



6 Pack Gatorade  
20 oz. Bottles **\$6.98**



6 Pack Propel  
.5 Liter Bottles **\$4.48**

**FLAVORS of FALL**



**Kraft  
BBQ Sauce**  
17.5 - 18 oz.  
**2/\$3**



**Campbell's  
Chunky Soup**  
18.6 - 19 oz.  
**2/\$5**



**Kellogg's  
Zesta or Krispy  
Saltine Crackers**  
16 oz.  
**\$2.98**



**Capri Sun  
Drink Pouches**  
10 Ct.  
**\$2.78**



**Quaker  
Instant  
Oatmeal**  
6 - 10 Ct.  
**\$2.98**



**Kellogg's  
Family Size  
Cereal**  
15.6 - 24 oz.  
**\$3.98**



**Kraft  
Caramels or  
Caramel Bits**  
11 oz.  
**\$2.48**



**Nature Valley, General Mills,  
Fiber One, or Chex Mix  
Bars, Biscuits,  
Brownies, or  
Oatmeal Squares**  
5 - 8 Ct. **2/\$4**  
Must Buy 2 or Singles at \$3.00



**Betty Crocker  
or Mott's  
Fruit Snacks**  
6 - 10 Ct. **2/\$4**  
Must Buy 2 or Singles at \$3.00



**Doritos** 6 - 10.75 oz.  
**Tostitos** 9 - 13 oz.  
**\$3.48**

## Frozen & Dairy

OFFERING YOU THE HIGHEST QUALITY COLD AND FROZEN GOODS.

From time-tested classics to exotic surprises, Leon's only offers our customers the finest frozen goods and sweet treats.



**Pillsbury  
Ready to Bake Cookies  
or Cookie Dough**  
16 - 16.5 oz.  
**2/\$5**  
Must Buy 2 or Singles at \$3.50



**Best Choice  
Salted or Unsalted  
Butter**  
16 oz.  
**2/\$7**



**Yoplait  
Yogurt**  
4 - 6 oz.  
**10/\$6**



**Eggo  
Waffles**  
10 Ct.  
**2/\$5**



**Best Choice  
Frozen  
Vegetables**  
16 oz.  
**3/\$4**



**Louisa  
Pasta**  
16 - 22 oz.  
**2/\$7**



**Healthy Choice  
Steamers**  
9.25 - 10.3 oz.  
**2/\$5**

# Foodie Favs

## HUMBL ROOTS

### CARINARA PASTA SAUCE

The mission at Humbl Roots is simple: Bring people to the table and most importantly, have them leave the table feeling good! If you have ever had acid reflux then you know that **REFLUX SUX!** That is exactly why husband and wife team Jacques and Jake of Omaha, NE started Humbl Roots Food Co. These "Carinara sauces" that use carrots instead of tomatoes for the base of the sauce are homemade and packed with wholesome ingredients that come from the earth. They come in three flavors and the **FOODIES** at Leons think you will love them!

Original, Spicy Cracked Pepper, and Sweet Basil Carinara.

**\$7.98**  
25 oz.



**VEGGIE CRAFT PASTA**  
Asst., 8 oz.

**\$2.98**

## DAVE'S GOURMET PASTA SAUCE

Over the past twenty years, Dave and his team have worked tirelessly to save the world from blandness and banality—one delicious product at a time. When looking at the sea of similar red pasta sauces one day in a supermarket, Dave became determined to design innovative pasta sauces using the best tasting and highest quality ingredients he could find. Creations such as Butternut Squash, Organic Red Heirloom and Wild Mushroom have earned more than seventeen prestigious Specialty Outstanding Food Innovation Awards (SOFI), including "best in category" four times. Twice, his pasta sauces were honored as "best in the industry." The **FOODIES** at Leons have been a proud purveyor of Dave's products since the start and this week we thought we would offer them on sale to delight both your tastebuds and wallet!

**\$6.98**  
18 - 25.5 oz.



**SFOGLINI CASCATELLI, REGINETTI, OR TRUMPETS**  
16 oz.

**\$3.98**

## MIRACLE NOODLE READY TO EAT MEALS

Whether you're cutting out carbs for now, or forever, Miracle Noodle's plant based noodles and ready to eat meals are the way to make a change without compromise! Miracle Noodle is a shirataki noodle made from the flour of Konnyaku Imo (konjac) plant. These noodles made from 97% water and 3% plant fiber are naturally low in calories. This natural fiber makes you feel full while still enjoying the satisfaction of eating noodles!

**\$3.98**  
Asst., 9 oz.



**FUNNY FARM GOAT CHEDDAR CHEESE MACARONI DINNER**  
Asst., 9.5 oz.

**\$2.98**

You can't live a **FULL** life on and **EMPTY** stomach.

UNKNOWN



**HIPPEAS CHICKPEA PUFFS**  
4 oz.

**\$2.98**

## CEDAR'S HOMMUS

They've been making (and spelling) their Hommus the same way since the beginning. Simple, great tasting and good for you. No one makes Hommus the way Cedar's does. Their unique process allows them to deliver the freshest, most dipable Hommus you'll ever taste—without the preservatives. Their ingredients are as pure as their process. From the chickpeas, to the tahini, to the spices they use—everything they add makes their Hommus taste better and is better for you.

**2/\$5**  
8 oz.



**CEDAR'S BAKED PITA CHIPS**  
Asst., 6 oz.

**2/\$5**

## MUSH READY TO EAT OVERNIGHT OATS

Rather than heating their oats they soak them cold. This removes a coating found on oats called phytic acid which means that you can absorb more of the benefits of oats including zinc, iron, calcium and magnesium. Plant-based, protein rich, good fiber, gluten free, dairy free, artificial flavor & color free, preservative free, filler free. Less than 8 natural ingredients. No artificial anything.

Vanilla Bean, Cinnamon Apple, or Strawberry.

**\$1.98**  
5 oz.



**GIMME SEAWEED ROASTED SEAWEED SNACKS**  
Asst., 6 Pk. - 17 oz. Bags

**\$2.98**

**FLAVORS of FALL**

# Stage Door Deli

Pictures shown are for illustration purposes only. Actual products may vary.

THE HIGHEST QUALITY MEATS & CHEESES

One of Lincoln's first in-store delis, Leon's provides only the finest Boar's Head meats and cheeses, along with delicious ready-to-eat items from our hot case.



**STAGE DOOR DELI  
PUMPKIN  
CHILI**  
16 oz.

**\$7<sup>98</sup>**  
Lb.



## FEATURED MEALS

**\$6<sup>98</sup>** Includes 2 Sides & a Dinner Roll

Wed.	Chicken Enchiladas
Thurs.	Reuben Casserole
Fri.	Fried Cod
Sat.	Pulled Pork
Sun.	Pulled Pork Hash
Mon.	Goulash
Tues.	Beef Lasagna



**STAGE DOOR DELI  
PUMPKIN &  
PORK KABOB**

**\$9<sup>98</sup>**  
Ea.



**STAGE DOOR DELI  
HOMEMADE  
BEEF STEW**

**\$7<sup>98</sup>**  
Ea.



**STAGE DOOR DELI  
CRANBERRY AND  
PUMPKIN MUFFIN**

**\$3<sup>98</sup>**  
Ea.



**DELI FRESH  
HOMESTYLE  
POTATO SALAD**

**\$4<sup>98</sup>**  
Lb.

## SPECIALTY Cheeses



**HENNING'S  
CRANBERRY**

**\$4<sup>98</sup>**



**LOCATELLI  
PECORINO ROMANO**

**\$7<sup>48</sup>**



**BOAR'S HEAD  
CREAMY HAVARTI**

**\$9<sup>98</sup>**  
Lb.



**BOAR'S HEAD  
PITCRAFT SMOKED  
TURKEY**

**\$12<sup>98</sup>**  
Lb.

# Rock Island Brew Stop

**HIGH WEST  
BOURBON OR  
DOUBLE RYE**

750 mL  
**\$31<sup>98</sup>**



**KHOR  
PLATINUM  
VODKA**

1.75 Liter  
**\$22<sup>98</sup>**



**24 PACK  
MILLER LITE**

12 oz. Cans  
**\$20<sup>98</sup>**



**6 PACK  
ANGRY ORCHARD**

12 oz. Cans or Bottles  
**\$7<sup>98</sup>**



**6 PACK  
GLACIAL TILL**

12 oz. Cans  
**\$8<sup>98</sup>**

## WINE & CHEESE PAIRING OF THE WEEK



**SEGHESSIO  
SONOMA COUNTY  
ZINFANDEL**

750 mL  
This Zinfandel captivates with a complex fusion of blackberry, black currant, plum, cherry and baking spice aromas. Its lively palate showcases succulent fruit interwoven with supple tannins, persisting from mid-palate to a gratifying finish.

**\$19<sup>98</sup>**



**LONG  
CLAWSON  
STILTON**

5.3 oz.  
Stilton's creamy interior with blue and green veins pairs well with Zinfandel's robust characteristics. The pungent and salty flavors of the cheese provide a striking counterpoint to the wine's fruitiness, creating a harmonious balance. A bold and unforgettable pairing.

**\$5<sup>98</sup>**

# BUTCHER BLOCK

Leon's incomparable Butcher Block Meat Department features USDA Choice "Aged to Perfection" meats that are cut fresh every day by actual butchers. No overwrapped factory-cut meat here!



USDA PREMIUM CHOICE  
"AGED TO PERFECTION"  
BEEF CUBED STEAK

**\$5<sup>98</sup>**  
Lb.

USDA PREMIUM CHOICE  
"AGED TO PERFECTION"  
EXTRA LEAN  
BONELESS  
STEW MEAT

**\$5<sup>98</sup>**  
Lb.



**FISH**  
OF THE WEEK

TILAPIA  
FILLETS

**\$6<sup>98</sup>**  
Lb.

ALL NATURAL  
SMOKED PORK  
LOIN CHOPS

**\$5<sup>98</sup>**  
Lb.



ALL NATURAL  
BUTTERFLY  
CHOPS

**\$3<sup>98</sup>**  
Lb.

ALL NATURAL  
STUFFED  
HUSKER CHOPS

**\$4<sup>98</sup>**  
Lb.



FAIRBURY  
TOMBOY  
HOT DOGS  
16 oz. Pkg.

**\$4<sup>98</sup>**

USDA PREMIUM CHOICE  
"AGED TO PERFECTION"  
SIRLOIN  
TIP ROAST  
16 oz. Pkg.

**\$5<sup>98</sup>**  
Lb.



# Produce

ONLY THE FRESHEST, LOCALLY SOURCED, "IN SEASON" PRODUCE.

By buying our produce locally and in season, Leon's provides the freshest, healthiest selection of fruits and vegetables from local farmers to your table.



RUSSET  
POTATOES  
8 Lb. Bag

**\$2<sup>48</sup>**



SEEDLESS  
MANDARINS  
3 Lb. Bag

**\$4<sup>98</sup>**



**BULK ITEM**  
OF THE WEEK

MINT CHOCOLATE  
COOKIE  
MALT BALLS **\$7<sup>98</sup>**  
Lb.



NATURESWEET  
CHERBUS  
TOMATOES  
10 oz.

**\$1<sup>98</sup>**



DOLE  
CHOPPED  
SALAD KITS  
9-13 oz.

**\$2<sup>98</sup>**



RED & GREEN  
SEEDLESS  
GRAPES **\$1<sup>98</sup>**  
Lb.



RED, ORANGE,  
AND YELLOW  
BELL PEPPERS **98¢** Ea.

CURBSIDE  
AND  
DELIVERY

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