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Now Proudly Offering Certified Angus Beef

# Carstensen's Meat and Grocery

Family Owned, Family Trusted



LIKE US!  
Carstensen's Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, SEPTEMBER 4 THROUGH TUESDAY, SEPTEMBER 10, 2024



## Savings FOR THE ENTIRE FAMILY

<b>Dole Chopped Salad Kit</b> 9.12.25 Oz. Selected Varieties	<b>Highline Whole White Mushrooms</b> 8 Oz.	<b>Premium Apples</b> Selected Varieties
<b>2/\$6</b>	<b>2/\$3</b>	<b>\$1.29 Lb.</b>

<b>Taylor Farms Vegetables</b> 10.12 Oz. Selected Varieties	<b>Best Choice Russet Potatoes</b> 10 Lb.	<b>California Peaches or Nectarines</b> Yellow or White Flesh	<b>Sweet N' Juicy Clementine Mandarins</b> or Imported Navel Oranges 3 Lb.
<b>2/\$5</b>	<b>\$3.49</b>	<b>\$2.99 Lb.</b>	<b>\$5.99</b>

<b>Avocados</b>	<b>Fresha Whole Carrots</b> 2 Lb. or Bothouse Farms Premium Sweet Pettes 12 Oz.	<b>Crisp Green Cabbage</b>	<b>Yellow Onions</b> 11 Lb.	<b>California Black or Red Plums</b>
<b>2/\$3</b>	<b>\$1.99</b>	<b>99¢ Lb.</b>	<b>\$1.99</b>	<b>\$2.99 Lb.</b>

<b>Fresh Boneless Pork Sirloin Roast</b> Product of the USA	<b>Fresh Chicken Wings</b> Family Pack. Product of the USA	<b>Fresh Boneless Beef Bottom Round Roast</b> Product of the USA
<b>\$1.79 Lb.</b>	<b>\$1.99 Lb.</b>	<b>\$5.69 Lb.</b>

<b>Fresh Boneless Pork Sirloin Chops</b> Product of the USA	<b>Fresh Boneless Beef Bottom Round Steaks</b> Product of the USA	<b>Fresh Boneless Beef Ribeye Steaks</b> Product of the USA	<b>Fresh Boneless Beef Cubed Steaks</b> Product of the USA
<b>\$1.99 Lb.</b>	<b>\$5.99 Lb.</b>	<b>\$14.99 Lb.</b>	<b>\$6.49 Lb.</b>

  

<b>Bar 5 Polish or Smoked Sausage</b> 32.40 Oz. Selected Varieties	<b>Oscar Mayer Basic Lunchables</b> 2.25-4.4 Oz. Selected Varieties	<b>El Monterey Burritos or Chimichangas</b> 9 Pack Family Pack. 30.4-32 Oz. Selected Varieties	<b>Gary's Quick Steak</b> 10.8 Oz. Selected Varieties	<b>Sheboygan Cocktail Smokies</b> 12.16 Oz. Selected Varieties	<b>Van de Kamp's Fish Filets, Sticks or Tenders</b> 18-24.8 Oz. Selected Varieties
<b>\$6.49</b>	<b>3/\$5</b>	<b>\$5.49</b>	<b>\$5.99</b>	<b>\$3.49</b>	<b>\$6.49</b>

SUPER DEALS

### 3 DAY SALE

Prices Effective  
Thursday, Friday & Saturday  
September 5, 6 & 7, 2024

**Smart Ones Entrées**  
6.49-10.25 Oz.  
Selected Varieties

**2/\$3**

**Campbell's Chunky Soup**  
15.25-19 Oz.  
Selected Varieties

**3/\$5**

**Nabisco Chips Ahoy! Cookies**  
9.5-13 Oz.  
Selected Varieties

**\$1.99**

From the Bakery  
**J. Skinner Gourmet Cinnamon Rolls**  
4 Ct.

**\$2.88**

**Big Buy Bacon**  
16 Oz.

**2/\$5**

**Crisp Iceberg Lettuce**  
Head

**99¢ Ea.**

**On The Vine Tomatoes**

**99¢ Lb.**

<b>Kraft Mac &amp; Cheese Original</b> 5 Pack	<b>Stouffer's Party Size Meals</b> 5.7-90 Oz. Selected Varieties	<b>Almond Breeze Milk</b> 64 Oz. Selected Varieties
<b>\$4.99</b>	<b>\$15.99</b>	<b>\$2.99</b>

  

<b>Blue Bunny Load'D Sundae</b> 8.5 Oz. Selected Varieties	<b>Bacon Wrapped Boneless Pork Chops</b>	<b>Best Choice Potato Chips</b> 7.75-8 Oz. Selected Varieties
<b>\$2.29</b>	<b>\$3.99 Lb.</b>	<b>2/\$4</b>

## BAKERY

**Carstensen's Chocolate Chip Cookies**  
Dozen

**\$6.99**

Now Available  
Brownberry Pan Breads  
and also Thomas  
Bagels and English Muffins

**WOW DEAL**

Best Choice Tomatoes  
10-15 Oz., Selected Varieties

**88¢**

**WOW DEAL**

Best Choice Easy Skillet Meals  
5.2-6.8 Oz., Selected Varieties

**98¢**

**WOW DEAL**

Best Choice Mayonnaise or Whipped Dressing  
30 Oz., Selected Varieties

**\$3.48**

Kraft Mac & Cheese Original  
1.1 Lb.

**\$4.99**

Best Choice Dressing  
16 Oz., Selected Varieties

**\$1.99**

Horrel Meats Meals  
7.5-10 Oz., Selected Varieties

**2/\$4**

Best Choice Onion Soup Mix  
2 Oz.

**99¢**

Best Choice Fruit Cups  
4 Ct., Selected Varieties

**\$2.69**

McCormick Taco Seasoning Mix  
1.1 Lb., Selected Varieties

**89¢**

Best Choice All Purpose Flour  
10 Lb.

**\$5.99**

Nabisco Premium Saltine or Soup & Oyster Crackers  
7-18 Oz., Selected Varieties

**\$3.49**

Nature Valley, General Mills, Fiber One or Chex Mix Bars, Biscuits, Brownies or Oatmeal Squares  
Selected Varieties

**\$2.99**

Old Orchard Juice Cocktail  
64 Oz., Selected Varieties

**2/\$4**

Kellogg's Raisin Bran Cereal  
9-10.1 Oz., Selected Varieties

**\$3.49**

General Mills Cheerios Cereal  
12-18.8 Oz., Selected Varieties

**\$3.99**

belVita Breakfast Biscuits  
6.8 Oz., Selected Varieties

**\$3.49**

Hostess Donettes  
9.5-10.75 Oz., Selected Varieties

**\$1.99**

Pop-Tarts  
8 Ct., Selected Varieties

**\$2.89**

Folgers Coffee  
22.6-25.9 Oz. Ground, Selected Varieties

**\$8.99**

Kool-Aid Bursts  
6 Ct., Selected Varieties

**\$1.79**

Pure Life Purified Water  
24 Pack 16.9 Oz. Bottles

**\$3.99**

Dawn Dishwashing Liquid  
24-28 Oz., Selected Varieties

**\$4.79**

Best Choice Bleach  
81 Oz., Selected Varieties

**\$3.29**

# Family MOVIE NIGHT

Tony's Pizzeria Style Crust Pizza  
18.56-20.6 Oz., Selected Varieties

**3/\$8**

Frito-Lay Party Size! Snacks  
8.125-18 Oz., Selected Varieties

**\$4.49**

M&M's Candy  
2.1 Ct., Theater Box, Selected Varieties

**99¢**

Best Choice Cookies  
3.4-16.0 Oz., Selected Varieties

**\$1.99**

Act II Microwave Popcorn  
3 Ct., Selected Varieties

**\$1.99**

Trail Mix  
18 Oz., Selected Varieties

**\$5.49**

Welch's Fruit Snacks  
8 Oz., Selected Varieties

**2/\$4**

Welch's Fruit Snacks  
8 Oz., Selected Varieties

**2/\$4**

Kellogg's Rice Krispies Treats  
7.8 Ct., Selected Varieties

**\$2.99**

## DAIRY DEALS

Best Choice Shredded or Chunk Cheese  
6-8 Oz., Selected Varieties

**\$1.89**

Yoplait Yogurt  
4-6 Oz., Selected Varieties

**10/\$5**

When You Buy 10 or Singles at \$0.60

Best Choice Cottage Cheese  
24 Oz., Selected Varieties

**\$2.99**

Pillsbury Ready To Bake Cookies or Cookie Dough  
16-28.3 Oz., Selected Varieties

**\$3.49**

Yoplait Go-Gurt  
16 Oz., Selected Varieties

**2/\$5**

Best Choice Deluxe Sliced American Cheese  
16 Oz.

**\$3.49**

## FROZEN DEALS

Best Choice Shredded Hashbrowns or Potatoes O' Brien  
28-32 Oz., Selected Varieties

**\$2.99**

Best Choice Frozen Vegetables  
16 Oz., Selected Varieties

**3/\$4**

Blue Bunny Premium Dairy Dessert or Ice Cream or Sherbet Cups  
46-48 Oz., Selected Varieties

**\$3.99**

DiGiorno Pizza  
16-28.3 Oz., Selected Varieties

**\$5.49**

Pillsbury Toaster Strudel or Scrambles Pastries  
7.2-11.7 Oz., Selected Varieties

**\$2.99**

Blue Ribbon Classics Novelties  
13.25 Oz. Ice Cream or Sherbet Cups  
15 Ct., Selected Varieties

**\$5.99**