



119 N Main, North English, IA • 319.664.3453
260 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk In Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- 1 Scan the Code and Download the AppCard App
- 2 Search for Freeman Foods & Select Go to Store
- 3 Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



Family Pack, USDA Select

RIBEYE STEAK

12.99
lb.

Boneless
Pork Loin Roast

2.89
lb.

Fresh
Gourmet Pub Burgers

6.99
lb.



2.19
lb.

Whole
Boneless Pork Loins



4.49
lb.

Family Pack, Market Fresh
80% Lean Ground Beef



2.79
lb.

Previously Frozen
Whole Chicken Wings



5.49 lb.

Storemade
BBQ Pork



3.99

AE
Cottage Cheese
Selected Varieties, 24 Oz.



4.99
Eg.

Whole
Seedless
Watermelon

2 Lb.
Michigan
Blueberries
4.99

4 1/2 Oz.
Dole Classic
Romaine or
Greener Selection
1.79



3/99¢
Ears

Sweet
Corn



2/\$5

Capri-Sun
Drinks

Selected Varieties, 10 Oz.



7.99

AE
Orange Juice

Selected Varieties, Gallon



2/\$7

Nabisco Chips Ahoy!, Ritz,
belVita or Snack Crackers

Selected Varieties, 3.5-13.7 Oz. or 5 Ct.



2/\$7

Blue Bunny Premium
Ice Cream or Novelties

Selected Varieties, 46-48 Oz. or 6-9 Ct.



2/\$5

Frito-Lay
Lay's

Selected Varieties, 5-8 Oz.



2/\$7

Best Choice
Soft Drinks

Selected Varieties, 12 Pk.



2/\$5

Prego
Pasta Sauce

Selected Varieties, 23-24 Oz.



7.49

Nestlé
Drumsticks

Selected Varieties, 8-20 Ct.



3.79

Best Choice
Charcoal

Selected Varieties, 8 Lb.



10/\$10

Powerade

Selected Varieties, 32 Oz.



4.99

Flora Bath Tissue,
Paper Towels or Napkins

Selected Varieties, 6-12 Roll or 500 Ct.



2/\$15

Lotzza Motzza
Pizza

23-30 Oz.



2/\$7

Old Dutch
Ripples Chips

Selected Varieties, 8 Oz.

Check Out Our Weekly Ad Specials Online!

www.northenglish.freemanfoods.net

www.wellman.freemanfoods.net

Prices Effective

July 2024

tues 23 wed 24 thurs 25 fri 26 sat 27 sun 28 mon 29

COOKOUT FAVORITES



Chef Boyardee Pasta
Selected Varieties
14.5-15 Oz. **4/\$5**



Arizona Tea
Selected Varieties
128 Oz. **2/\$7**



Suddenly Salad
Selected Varieties
6.5-8.3 Oz. **2/\$4**



Van Camp's Pork & Beans
15 Oz. **88¢**



Best Choice Peanut Butter
Selected Varieties, 16-16.3 Oz.
Selected Varieties, 32 Oz.
1.99
Vlasic Sauerkraut
2.99



2.29
Red Gold Tomatoes, Juice, Ketchup or Salsa
Selected Varieties, 16-46 Oz.
Selected Varieties, 3.24 Oz.
MIO Big Bottle Liquid Drink Mix **4.99**



1.29
Best Choice Dinners
Selected Varieties, 5.2-6.7 Oz.
Best Choice Salsa or Picante Sauce **2.29**



Selected Varieties, 5 Oz.
Best Choice CROUTONS **1.39**



1.99
Vlasic Relish
Selected Varieties, 9-10 Oz.



2/\$6
Crystal Light Drink Mix
Selected Varieties, 10-12 Oz. or 9-10 Ct.
Best Choice Egg Noodles **1.99**



3.49
Tabasco Hot Sauce
Selected Varieties, 5-11 Oz.
Best Choice Pudding **1.19**



Wish-Bone or Western Salad Dressing
Selected Varieties, 15 Oz. **2/\$5**



1.99
Best Choice Instant Rice
Selected Varieties, 14 Oz.



2.29
Best Choice Spaghetti
Selected Varieties, 32 Oz.



2/\$3
Best Choice Macaroni & Cheese
Selected Varieties, 12-14 Oz.



1.89
Best Choice Salt & Pepper Shaker
Selected Varieties, 5 Oz.



2.29
Best Choice Juice
Selected Varieties, 64 Oz.



4/\$5
Open Pit BBQ Sauce
Selected Varieties, 18 Oz.



4.29
Best Choice Oil
Selected Varieties, 48 Oz.



4.99
Duke's Mayonnaise
Selected Varieties, 14 Oz.
2.25 Oz.
Lindsay Olives **1.99**



8.99
Hills Brothers Coffee
Selected Varieties, 23-30.5 Oz.



2/\$3
Veg-All Mixed Vegetables
Selected Varieties, 15 Oz.



2.99
2.29
Kikkoman Soy, Sweet & Sour or Teriyaki Sauces
Selected Varieties, 10 Oz.



1.69
Best Choice Baked Beans
Selected Varieties, 28 Oz.

HOME & HEALTH



Selected Varieties, 32-44 Oz.
Downy Liquid Fabric Softener **4.99**
5.99
Selected Varieties
44-46 Oz. or 16-120 Ct.
Gain Detergent, Fabric Softener or Bounce Dryer Sheets



Selected Varieties
2-4 Roll
Quilted Northern Bath Tissue or Brawny Paper Towels **5.99**



Selected Varieties
16 Oz. or 4-21 Ct.
Finish or Jet-Dry Dish **7.99**



4.99
Selected Varieties
22.5 Oz.
Canine Carry Outs Dog Treats



4.79
Selected Varieties
46-56 Oz.
Fabuloso All Purpose Cleaner



17.99
Selected Varieties
15 Lb.
Cat Chow Cat Food

DON'T MISS OUT ON THESE GREAT SAVINGS!



General Mills Family Size Cereal
 18.8 Oz. Honey Nut Cheerios, 18.8 Oz. Cheerios, 18.8 Oz. Cranberry Toast Crunch, 18.8 Oz. Lucky Charms, 18 Oz. Multi-Grain Cheerios, 18.7 Oz. Honey Nut Cheerios, 18.1 Oz. Cocoa Puffs, 18.4 Oz. Cookie Crisp or 18.1 Oz. Tea

SAVE '2 WHEN YOU BUY 2 QUANTITIES LESS THAN 3 AND 4.30 EA.

2/\$7

2.49
Pringles Party Stacks
 Selected Varieties, 6.84-7.16 Oz.
 Selected Varieties, 3 Oz.
Best Choice Popcorn 1.79



5.49
Best Choice Trail Mix
 Selected Varieties, 18 Oz.
 Selected Varieties, 12 Oz.
Best Choice Brown, Dijon or Honey Mustard 1.69



1.49
Best Choice Mustard or BBQ Sauce
 Selected Varieties, 18-20 Oz.



3.99
Post Cereal
 Selected Varieties 15-20.5 Oz.
 Selected Varieties, 8-15 Oz.
Best Choice Bread Crumbs 1.99



2/\$7
SkinnyPop Popcorn
 Selected Varieties, 4.4-5.3 Oz.
 Selected Varieties, 20 Oz.
Libby's Pineapple 2/\$3



2/\$4
Libby's Canned Fruit
 Selected Varieties, 14.5-15.25 Oz.
1.69
Best Choice Worcestershire Sauce
 10 Oz.



1.69
Best Choice Worcestershire Sauce
 10 Oz.



3.99
Cheez-It Crackers, Snap'd or Puff'd
 Selected Varieties 5.75-12.4 Oz.



2/\$5
Orville Redenbacher's or Angie's Boom Chicka Pop Popcorn
 Selected Varieties, 4.4-7 Oz. or 2-3 Ct.
 Selected Varieties, 7.4-10.05 Oz.
M&M's Stand Up Pouch 4.49



2.99
Mott's Applesauce
 Selected Varieties, 6 Fl.
2.29
Best Choice Steak Sauce
 Selected Varieties, 10 Oz.



2.29
Best Choice Steak Sauce
 Selected Varieties, 10 Oz.



4.29
Kellogg's Cereal
 18.5 Oz. Corn Flakes, 18.5 Oz. Rice Flakes, 21.7 Oz. Frosty Flakes, 15.6-18 Oz. Special K, 20.1-24 Oz. Bran Bran, 18.6 Oz. Frost Flakes, 24 Oz. Big Size Mini Wheat, 18.4 Oz. Corn Pops, 18.6 Oz. Apple Jacks or 20.7-23.5 Oz. Bran Bran Crunch



2/\$5
Quaker Popped Rice Snacks
 Selected Varieties, 3.03-3.52 Oz.
 Selected Varieties, 16.7-17.6 Oz.
Dolly Parton's Brownie Mix 3.29



2.29
Dolly Parton's Biscuit or Combread Mix
 Selected Varieties, 16 Oz.



4.99
Best Choice Coffee Pods
 Selected Varieties, 12 Ct.

SAVINGS FIESTA

15 Oz. Selected Varieties TACO BELL CON QUESO 3.29

8.85-14.8 Oz. or 12 Oz. Selected Varieties TACO BELL DINNER KITS OR FLAVORED SHELLS 2/\$6

1-1.4 Oz. Selected Varieties TACO BELL SEASONING MIX 79¢

7.5-8 Oz. Selected Varieties TACO BELL SAUCES 1.79

12 Ct. TACO BELL TACO SHELLS 2.49

12 Oz. Selected Varieties TACO BELL SPICY SAUCES 1.99

DAIRY & FROZEN

Selected Varieties, 32 Oz. 7.49
Velveta Loaf

2/\$3
Pillsbury Grandt's, Cinnamon Rolls or Flaky Layer Biscuits
 Selected Varieties, 4-12 Oz.

Selected Varieties, 4.5 Oz. 4/\$5
Noosa Yogurt

3.79
Florida's Natural Juice
 Selected Varieties, 52 Oz.

Selected Varieties, 24 Ct. 5.99
Eggo Waffles

3/\$10
Red Baron French Bread or Deep Dish Pizza or Edwards Pie Slices
 Selected Varieties, 5.2-11.8 Oz.

2/\$7
Banquet Family Size Entrées
 Selected Varieties, 24-28 Oz.

3.99
Lactaid Milk
 Selected Varieties 52-64 Oz.
Lactaid Milk

2/\$7
Dannon Light + Fit, Oikos, Danimals or Two Good Greek Yogurt
 Selected Varieties, 4 Ct.
2/\$4
Ore-Ida Just Crack An Egg Scrambles
 Selected Varieties 2.25-3 Oz.

2/\$3
Birds Eye Vegetables
 Selected Varieties 10-10.8 Oz.
3.29
Banquet Mega Bowls, Meats or Pot Pies
 Selected Varieties 11.5-16.95 Oz.

6.49
Birds Eye Family Size Oven Roasters
 Selected Varieties 28-28 Oz.

2/\$4
Pure Leaf Tea
 59 Oz.

2.99
Crystal Farms Cheese Slices
 Selected Varieties 6-7 Oz.

2/\$7
MorningStar Farms Meatless Entrées
 Selected Varieties 5.25-12 Oz.

1.89
Best Choice Lemonade
 12 Oz.

2/\$5
Tropicana Fruit Juice or Lemonade
 Selected Varieties, 52 Oz.

2.49
Blue Bonnet Margarine Spread
 Selected Varieties, 15 Oz.

5.49
Alexia Sweet Potato Fries or Onion Rings
 Selected Varieties 13.5-28 Oz.

3.19
Best Choice Poppers or Mozzarella Sticks
 Selected Varieties, 8 Oz.

3/\$5
Blue Bonnet Margarine Sticks
 Selected Varieties, 16 Oz.

2.49
Blue Bonnet Margarine Spread
 Selected Varieties, 15 Oz.

4.99
Eggo Grab & Go Waffles
 Selected Varieties 4-10 Ct.

5.99
Best Choice Ice Cream Pail
 4 Quart
4.49
Best Choice Stir Fry Entrées
 21 Oz.

2/\$8
Silk Milk
 Selected Varieties 59-64 Oz.

6.99
Kraft Natural Chunks or Shreds
 Selected Varieties 24 Oz.

4.99
Eggo Grab & Go Waffles
 Selected Varieties 4-10 Ct.

4.49
Best Choice Stir Fry Entrées
 21 Oz.

SIZZLING SAVINGS FROM THE MEAT DEPARTMENT



8⁹⁹
Lb.
USDA Choice
Premium
Sirloin Steak

Family Pack
**BONELESS
PORK CHOPS**

2⁹⁹
Lb.



6⁹⁹
Lb.
USDA Choice
Whole
Sirloin Steak

3.49 Lb.
Previously Frozen
Baby Back
Pork Ribs

5.99
18.4-27.2 Oz.
Selected Varieties
Smithfield Seasoned
Pork Tenderloins
or Loin Filets

3.99
15 Oz.
Selected Varieties
Ball Park
Beef Franks

1.79
12 Oz.
Selected Varieties
Eckrich
Meat Franks

4.99
30 Oz.
Ball Park Family Pack Franks

2/⁵4
12 Oz. Selected Varieties
Eckrich Sliced Bologna or Cotto Salami

2/⁵
7.5-9 Oz. Selected Varieties
Land O'Frost
Deli Shaved
Lunch Meat

6.49
15-16 Oz.
Selected Varieties
Oscar Mayer
Deli Fresh Shaved
Lunch Meat

5.49
19.2-23 Oz. Selected Varieties
Delimex Taquitos

4.99
20.5-32 Oz.
Selected Varieties
Tyson Breaded
Chicken Nuggets,
Tenders or Patties

5.49
19 Oz. Selected Varieties
Johnsonville Fresh
Brats or Italian
Sausage Links

4.99
12-16 Oz. Selected Varieties
Farmland Sliced Bacon

3.99
12-14 Oz. Selected Varieties
Johnsonville Cooked Smoked Sausage or Brats

**ON THE
GRILL
NORTH
ENGLISH
FUN DAYS!**
**SATURDAY
JULY 27**
**FOLLOWING THE
PARADE UNTIL 1 PM**
North Side of Freeman Foods
in Wellman & North English
While Supplies Last

**RIBEYE
STEAK
SANDWICH
\$7.00**

**RIB ON-A
STICK
\$4.00**

**MARINATED
CHICKEN
BREAST
\$5.00**

**STOREMADE
BRAT
\$3.00**

**PORK
BURGER
\$3.00
HOT DOG
\$1.00
OR
\$2.00**

PRODUCE FRESH PICKS

1⁹⁹
Plet Michigan
Blueberries

5⁹⁹
3 Lb.
Summer
Halos

2.99 Lb.
Red, Green
or Black
Seedless
Grapes

2/⁵4
12 Oz. Selected Varieties
POM Tea

2.99 Lb.
Blackberries

2.99 Ea.
Mini
Cucumbers

1²⁹
1 Lb.
Grimmway
Baby Carrots

3⁹⁹
15.2 Oz. Selected Varieties
Naked
Juice

1.29 Lb.
Vidalia
Onions

3.49
2 Lb. Summerripe
Nectarines
or Peaches

3.49
1 Lb. Selected Varieties
The Little
Potato Company
Potatoes

3.99 Ea.
Mini
Watermelons

Deli & Bakery
Not Available at
All Locations.

Sliced to Order, Selected Varieties
Kretschmar
Deli Loaves **5.99** Lb.

Sliced to Order
Kretschmar
Colby Jack Cheese **6.49** Lb.

16 Oz. Selected Varieties
Reser's
Premium Salads **2.99**

Sliced to Order, Honey or Brown Sugar
Sara Lee
Ham **6.99** Lb.

6.75-7.33 Oz. Selected Varieties
Stacy's
Pita or Bagel Chips **3.49**

Sliced to Order
Scott Pete
Braunschweiger **3.99** Lb.

18 Oz. Selected Varieties
Jenny Lee
Cinnamon Bread **4.99**

9.3 Oz. Selected Varieties
Sill Knapp's
Dunker Donuts **4.49**

30 Oz.
Rich's Double Layer
Cookies & Creme Cake **11.99**

16 Oz.
The Father's Table
Variety Cheesecake **6.99**

16 Oz.
Gonnella
Vienna Bread **4.49**

4 Ct. Selected Varieties
Kimberly's
Cupcakes **4.99**